

October 2019

Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 L: Seasoned baked chicken OR liver and onions S: Hot pork sandwich OR egg salad sandwich	2 L: Beef stroganoff with noodles OR Hot turkey sandwich S: Chili OR roast beef sandwich	3 L: BBQ Pork or goulash S: Chicken fried chicken OR deluxe deli sandwich	4 L: Breaded fish au gratin OR poached chicken breasts S: Hamburger gravy over mashed potatoes OR turkey tetrazzini	5 Lunch: Meatloaf OR pork chop and rice casserole S: Macaroni and cheese OR ham and cheese sandwich
6 L: Roast turkey OR chicken fried steak S: Chicken tenders OR fish patty with cheese	7 L: Roast beef or ham loaf S: Egg bake, bacon and french toast OR beef and pasta casserole	8 L: Pork roast and kraut OR tator tot casserole S: Breaded chicken on bun OR hamburger pizza	9 L: baked beef brisket OR hot turkey salad casserole S: tuna salad sandwich and soup OR pork fritter	10 L: Chicken cordon blue OR cheesburger deluxe S: Lasagna OR turkey salad sandwich and soup	11 L: Hot turkey sandwich OR boiled pork dinner S: Sloppy Joe or chicken nuggets	12 L: swiss steak with tomatoes OR oven fried chicken S: bratwurst on bun OR pork chop
13 L: Cranberry glazed ham OR mock filet mignon S: Deli sandwich and soup OR fish sticks	14 L: Baked chicken and rice OR hot roast beef sandwich S: Tuna noodles OR Swedish meatballs	15 L: Chili OR breaded pork cutlet S: Barbecue ribettes OR breaded chicken patty	16 L: Roast turkey OR beef tips au jus S: Grilled cheese sandwich and soup OR macaroni beef au gratin	17 L: herbed pork loin OR chicken tenders S: Italian meatloaf OR ham and bean soup	18 L: smothered steak with onions OR breaded baked cod S: Chicken broccoli bake OR hot roast beef and swiss sandwich	19 L: Chuckwagon steak OR smothered pork chop S: Hot turkey sandwich OR corned beef on rye sandwich
20 L: Oven fried chicken OR beef minute steak S: Ham sandwich OR fruit and cottage cheese plate	21 L: Beef stew OR seasoned baked chicken S: Beer batter fish OR Chicken lasagna	22 L: Roast turkey OR beef tips with gravy S: Roast beef sandwich OR chicken and dumplings	23 L: Mushroom chopped steak OR Polish sausage S: Lasagna or breaded chicken on a bun	24 L: Ham with pineapple OR chili S: Turkey tetrazzini OR egg salad sandwich	25 L: Fried shrimp OR Chicken Fried Steak S: Egg bake, sausage and waffle OR Chicken Salad croissant	26 L: Roast beef OR Turkey Noodle Casserole S: Fruit and cottage cheese plate OR meatballs
27 L: Baked pork chop or chicken fritters S: Hamburger or turkey sandwich	28 L: Spaghetti with meat sauce OR baked ham S: Roast beef sandwich and soup or sausage pizza	29 L: Turkey and dressing casserole OR chopped steak with peppers S: Pork roast OR Fairbury Brand hotdog	30 L: Mexican casserole OR crispy ranch chicken S: Tuna melt OR hamburger on bun	31 L: Oven fried chicken or crispy pork cutlet S: Smoked pulled pork or chicken tenders		

Guests are welcome to join us for meals. To make planning easier, please notify the charge nurse a day or two in advance if you will join us for a meal. Please pay for guest meals in the cafeteria. Guest meals are \$5 (tax incl.) Holiday meals are \$10 per meal (tax incl.) Holiday reservations must be made several days in advance. Guest meals are not billed to resident rooms. Thank you!