March 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			L: Beef stroganoff with noodles OR Hot turkey sandwich S: Chili OR roast beef sandwich	2 L: BBQ Pork or goulash S: Chicken fried chicken sandwich OR deluxe deli sandwich	J L: Breaded fish au gratin OR poached chicken breasts S: Hamburger gravy over mashed potatoes OR turkey tetrazzini	Lunch: Meatloaf OR pork chop and rice casserole S: Macaroni and cheese OR ham and cheese sandwich
5 L: Roast turkey OR chicken fried steak S: Chicken tenders OR fish patty with cheese	L: Roast beef or ham loaf S: Egg bake, bacon and french toast OR beef and pasta casserole	L: Pork roast and kraut OR tator tot casserole S: Breaded chicken on bun OR hamburger pizza	& L: baked beef brisket OR hot turkey salad casserole S: tuna salad sandwich and soup OR pork fritter	9 L: Chicken cordon blue OR cheesburger deluxe S:Lasagna OR turkey salad sandwich and soup	L: Hot turkey sandwich OR boiled pork dinner S: Sloppy Joe or chicken nuggets	L: swiss steak with tomatoes OR oven fried chicken S: bratwurst on bun OR pork chop
12 L: Cranberry glazed ham OR mock filet mignon S: Deli sandwich and soup OR fish sticks	13 L: Baked chicken and rice OR hot roast beef sandwich S: Tuna noodles OR Swedish meatballs	14 L: Chili OR breaded pork cutlet S: Barbecue ribettes OR breaded chicken patty	L: Roast turkey OR beef tips au jus S: Grilled cheese sandwich and soup OR macaroni beef au gratin	16 L: herbed pork loin OR chicken tenders S: Italian meatloaf OR ham and bean soup	17 L: St. Patty's Day meal S: Chicken broccoli bake OR hot roast beef and swiss sandwich	18 L: Chuckwagon steak OR smothered pork chop S: Hot turkey sandwich OR corned beef on rye sandwich
19 L: Oven fried chicken OR beef minute steak S: Deluxe ham sandwich OR fruit and cottage cheese plate	20 L: Beef stew OR seasoned baked chicken S: Beer batter fish OR Chicken lasagna	21 L: Roast turkey OR beef tips with gravy S: Roast beef sandwich OR chicken and dumplings	22 L: Mushroom chopped steak OR Polish sausage S: Lasagna or breaded chicken on a bun	23 L: Ham with pineapple OR chili S: Turkey tetrazzini OR egg salad sandwich	24 L: Fried shrimp OR Chicken Fried Steak S: Egg bake, sausage and waffle OR Chicken Salad croissant	25 L: Roast beef OR Turkey Noodle Casserole S: Fruit and cottage cheese plate OR meatballs
26 L: Baked pork chop or chicken fritters S: Hamburger or turkey sandwich	27 L: Spaghetti with meat sauce OR baked ham S: Roast beef sandwich and soup or sausage pizza	28 L: Turkey and dressing casserole OR chopped steak with peppers S: Pork roast OR Fairbury Brand hotdog	29 L: Mexican casserole OR crispy ranch chicken S: Tuna melt OR hamburger on bun	30 L: Oven fried chicken or crispy pork cutlet S: Smoked pulled pork or chicken tenders	31 L: Swedish meatballs OR Lemon pepper fish S: Creamed turkey and biscuit or grilled cheese sandwich	

Guests are welcome to join us for meals. To make planning easier, please notify the charge nurse a day or two in advance if you will join us for a meal. Please pay for guest meals in the cafeteria. Guest meals are \$5 (tax incl.) Holiday meals are \$7.50 per meal (tax incl.) Guest meals are not billed to resident rooms. Thank you!