

Reading, Valentines, Groundhog Highlight February

By Barb Schwisow
Activities Director

Mr. Phil, the groundhog, promised us 6 more weeks of winter, but the residents at Gardenside are laughing at the prediction that isn't holding true so far, at least. They are very thankful for the nice weather. We are enjoying the extremely warm February temperatures, and taking advantage of being outdoors in the fresh air.

Residents were excited to have the third grade students from Jefferson Intermediate School taught by Cyndi Shinn visiting and reading. Mrs. Shinn brought students to read to the resident. She started this program last year, explaining that it is important for students and residents to stay connected with each other. Our residents were excited to have students sitting next to them reading and visiting. Residents offered to hold the book for their special student, and there were smiles from both the students and the residents. They are looking forward to the next visit.



Reading time — Noel Ebeling enjoys a visit by a third grade student during the reading program.

We celebrated Valentine's Day with music from Allen and Connie Parker. Allen even sang some special love songs to his wife. Residents enjoyed homemade kolaches, with a choice of prune, apricot, cherry or apple. What a decision for some!

The monthly birthday party was celebrated with music from Dave Hunt. Only Norma Bernasek was celebrating a birthday in February. Mary Prellwitz, Norma's daughter, furnished homemade ice cream for an extra treat with the cake.

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Valentine's Crafts



Valentine's Day project — Showing their Valentine's projects are Clarice Siemsen and Roma Heitzenrader.

Results of the most recent state survey are available and nurse staffing hours are posted on the wall west of the nurses' station.

Our Team to Serve You

Chief Executive Officer

Chad Jurgens

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Director of Nursing

Linda Collins RN

MDS Coordinator

Melissa Bennett RN

Social Services Designee

Mary Hasselbring, Raven Gerths

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Director of Envir. Services/Purchasing

Stephanie McDaniel

Director of Public Relations

Lana Likens

Most recent state survey:

In a folder just west of the nurses station.

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JCHHealthandLife.org

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Admissions

- ♦ Albina Vacek, Feb. 1

Birthdays

- ♦ Noel Ebeling, March 12

Deaths

We were saddened by the loss of one resident in the past month. Our sympathy is with the family of :

- ♦ Evelyn Berg, Feb. 3

Thank you

Thanks to those who help to brighten our lives!

- ♦ Valentine's, Tri County FFA
- ♦ Valentine cookies, LuAnn Wurm

The Olde Mercantile

The first store opening is in the boots. On Friday, Feb. 17, the store opened for the first time with many different items—from trinkets to shirts; meals from McDonald's, Runza and Pizza Hut; special occasion cards to stamped envelopes; and much more.

This store is designed to encourage the residents to be involved in activities, and also gives them an opportunity to shop (with simulated money) and to socialize.

On the Horizon

Music & Memory is a program based on music, and using music to stimulate memories. We at Gardenside are in the early stages of building a culture of music in our small community that will last long into the future. Stay tuned for more updates.

Email and Skype

If you would like to get an email message to your loved one at Gardenside, please feel free to email barb.schwisow@jchc.us and Barb would be glad to print off and deliver the message or photo to your loved one. We also have Skype. Please let Barb know if you would like to try out this new technology to see and talk to your loved one!

March 2017

Activities

S	M	T	W	T	F	S
<p style="text-align: center;">Happy Birthday to:</p> <p style="text-align: center;">Resident: Staff:</p> <p style="text-align: center;">Noel Ebeling, March 12 Raven Gerths, March 3</p>			<p style="text-align: center;">1</p> <p>10:30 AM Aerobics</p> <p>2:00 PM Chorus</p> <p>4:15 PM Sunshine</p> <p>6:45 PM Horseshoes</p>	<p style="text-align: center;">2</p> <p>9:00 AM Third grade readers</p> <p>10:00 AM Prayer Group</p> <p>2:00 PM Current events</p> <p>4:15 PM Sunshine</p> <p>6:45 PM Magic Ball</p>	<p style="text-align: center;">3</p> <p>10:00 AM Kickball</p> <p>1:30 PM Classe Nails</p> <p>2:00 PM Mens Group</p> <p>4:15 PM Sunshine</p> <p>6:45 PM Never 2 Late</p>	<p style="text-align: center;">4</p> <p>6:00 PM L. Welt</p> <p>Newspapers</p> <p>Walks</p>
<p style="text-align: center;">5</p> <p>2:45 PM Worship</p> <p>Pastor K. Moody</p>	<p style="text-align: center;">6</p> <p>10:00 AM Bible Study</p> <p>2:00 PM Nina's Chill</p> <p>4:15 PM Sunshine</p> <p>6:45 PM Sharpen Senses</p>	<p style="text-align: center;">7</p> <p>9:30 AM Coffee with Kitty</p> <p>2:00 PM Kitchen Band</p>	<p style="text-align: center;">8</p> <p>9:30 AM Fairbury Band</p> <p>3:00 PM Communion</p> <p>4:15 PM Sunshine</p> <p>6:45 PM Crossword</p>	<p style="text-align: center;">9</p> <p>10:00 AM Prayer Group</p> <p>2:00 PM Current events</p> <p>4:15 PM Sunshine</p> <p>6:45 PM Will</p>	<p style="text-align: center;">10</p> <p>10:00 AM Balloon tennis</p> <p>2:00 PM Bingo</p> <p>4:15 PM UNO group</p>	<p style="text-align: center;">11</p> <p>6:00 PM L. Welt</p> <p>Puzzles</p> <p>Cards</p>
<p style="text-align: center;">12</p> <p>2:45 PM Worship</p> <p>Pastor R. Moody</p>	<p style="text-align: center;">13</p> <p>10:00 AM Bible Study</p> <p>2:00 PM Resident Council</p> <p>4:15 PM Sunshine</p> <p>6:45 PM Never To Late - Travel</p>	<p style="text-align: center;">14</p> <p>10:00 AM Ping Pong</p> <p>2:00 PM Gospel - Clarence and Marlyn Black</p> <p>4:15 PM Sunshine</p> <p>5:00 PM S's Trio</p> <p>6:45 PM Bible Trivia</p>	<p style="text-align: center;">15</p> <p>10:30 AM Tim J.</p> <p>1:30 PM Classe Nails</p> <p>2:00 PM Mens Group</p> <p>4:15 PM UNO group</p> <p>6:45 PM Ring Toss</p>	<p style="text-align: center;">16</p> <p>10:00 AM Prayer Group</p> <p>2:00 PM Current events</p> <p>4:15 PM Sunshine</p> <p>6:45 PM Never 2 Late Trivia</p>	<p style="text-align: center;">17</p> <p>10:00 AM Penny Pitch</p> <p>2:00 PM Birthday Party Odyssey Band</p> <p>4:15 PM Sunshine</p> <p>6:45 PM Magic Ball</p>	<p style="text-align: center;">18</p> <p>6:00 PM L. Welt</p> <p>Puzzles</p> <p>Movie</p>
<p style="text-align: center;">19</p> <p>2:45 PM Worship</p> <p>Pastor R. Novotny</p>	<p style="text-align: center;">20</p> <p>10:00 AM Bible Study</p> <p>2:00 PM Music with Pat</p> <p>4:15 PM Sunshine</p> <p>6:45 PM Horse shoes</p>	<p style="text-align: center;">21</p> <p>9:45 AM Praisers</p> <p>2:00 PM Old Glory</p> <p>4:15 PM Sunshine</p> <p>6:45 PM Red Hat</p>	<p style="text-align: center;">22</p> <p>10:00 AM Kickball</p> <p>2:00 PM Horse racing</p> <p>4:15 PM Sunshine</p> <p>6:45 PM Rabbit therapy</p>	<p style="text-align: center;">23</p> <p>10:00 AM Prayer Group</p> <p>2:00 PM Current events</p> <p>4:15 PM UNO group</p> <p>6:45 PM Crossword</p>	<p style="text-align: center;">24</p> <p>10:00 AM Ring Toss</p> <p>2:00 PM Rootbeer floats</p> <p>4:15 PM Sunshine</p> <p>6:45 PM Magic Ball</p>	<p style="text-align: center;">25</p> <p>6:00 PM L. Welt</p> <p>Take a Walk</p>
<p style="text-align: center;">26</p> <p>2:00 PM Good News Band</p>	<p style="text-align: center;">27</p> <p>10:00 AM Bible Study</p> <p>2:00 PM Bingo</p> <p>4:15 PM Sunshine</p> <p>6:45 PM Never 2 Late</p>	<p style="text-align: center;">28</p> <p>10:00 AM Horseshoes</p> <p>2:00 PM Car Show</p> <p>6:45 PM Magic Ball</p>	<p style="text-align: center;">29</p> <p>10:00 AM Balloon Tennis</p> <p>2:00 PM Molly B</p> <p>4:15 PM Sunshine</p> <p>6:45 PM Movie</p>	<p style="text-align: center;">30</p> <p>10:00 AM Prayer Group</p> <p>2:00 PM Current events</p> <p>4:15 PM Sunshine</p> <p>6:45 PM Art Project</p>	<p style="text-align: center;">31</p> <p>10:00 AM Basketball</p> <p>1:30 PM Classe Nails</p> <p>2:00 PM Mens Group</p> <p>6:45 PM Never 2 Late</p>	<p>Polka music can be found on Channel 26.1 at 10 a.m. on Mondays.</p>

March 2017

Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 L: Beef stroganoff with noodles OR Hot turkey sandwich S: Chili OR roast beef sandwich	2 L: BBQ Pork or goulash S: Chicken fried chicken sandwich OR deluxe deli sandwich	3 L: Breaded fish au gratin OR poached chicken breasts S: Hamburger gravy over mashed potatoes OR turkey tetrazzini	4 Lunch: Meatloaf OR pork chop and rice casserole S: Macaroni and cheese OR ham and cheese sandwich
5 L: Roast turkey OR chicken fried steak S: Chicken tenders OR fish patty with cheese	6 L: Roast beef or ham loaf S: Egg bake, bacon and french toast OR beef and pasta casserole	7 L: Pork roast and kraut OR labor day casserole S: Breaded chicken on bun OR hamburger pizza	8 L: baked beef brisket OR hot turkey salad casserole S: tuna salad sandwich and soup OR pork fritter	9 L: Chicken cordon blue OR cheesburger deluxe S: Lasagna OR turkey salad sandwich and soup	10 L: Hot turkey sandwich OR boiled pork dinner S: Sloppy Joe or chicken nuggets	11 L: swiss steak with tomatoes OR oven fried chicken S: bratwurst on bun OR pork chop
12 L: Cranberry glazed ham OR mock filet mignon S: Deli sandwich and soup OR fish sticks	13 L: Baked chicken and rice OR hot roast beef sandwich S: Tuna noodles OR Swedish meatballs	14 L: Chili OR breaded pork cutlet S: Barbecue ribettes OR breaded chicken patty	15 L: Roast turkey OR beef tips au jus S: Grilled cheese sandwich and soup OR macaroni beef au gratin	16 L: herbed pork loin OR chicken tenders S: Italian meatloaf OR ham and bean soup	17 L: St. Patty's Day meal S: Chicken broccoli bake OR hot roast beef and swiss sandwich	18 L: Chuckwagon steak OR smothered pork chop S: Hot turkey sandwich OR corned beef on rye sandwich
19 L: Oven fried chicken OR beef minute steak S: Deluxe ham sandwich OR fruit and cottage cheese plate	20 L: Beef stew OR seasoned baked chicken S: Beer batter fish OR Chicken lasagna	21 L: Roast turkey OR beef tips with gravy S: Roast beef sandwich OR chicken and dumplings	22 L: Mushroom chopped steak OR Polish sausage S: Lasagna or breaded chicken on a bun	23 L: Ham with pineapple OR chili S: Turkey tetrazzini OR egg salad sandwich	24 L: Fried shrimp OR Chicken Fried Steak S: Egg bake, sausage and waffle OR Chicken Salad croissant	25 L: Roast beef OR Turkey Noodle Casserole S: Fruit and cottage cheese plate OR meatballs
26 L: Baked pork chop or chicken fritters S: Hamburger or turkey sandwich	27 L: Spaghetti with meat sauce OR baked ham S: Roast beef sandwich and soup or sausage pizza	28 L: Turkey and dressing casserole OR chopped steak with peppers S: Pork roast OR Fairbury Brand hotdog	29 L: Mexican casserole OR crispy ranch chicken S: Tuna melt OR hamburger on bun	30 L: Oven fried chicken or crispy pork cutlet S: Smoked pulled pork or chicken tenders	31 L: Swedish meatballs OR Lemon pepper fish S: Creamed turkey and biscuit or grilled cheese sandwich	

Guests are welcome to join us for meals. To make planning easier, please notify the charge nurse a day or two in advance if you will join us for a meal. Please pay for guest meals in the cafeteria. Guest meals are \$5 (tax incl.) Holiday meals are \$7.50 per meal (tax incl.) Guest meals are not billed to resident rooms. Thank you!

Resident of the Month

Clarence Smith



Clarence Smith was born to be a farmer on Nov. 7, 1925. He was the youngest of five children. He attended school in Jansen until the eighth grade, and then went to Fairbury and graduated from Fairbury High School in 1944.

After graduation, Clarence continued farming and also did some part-time work at Smitty's in Jansen, delivering furniture.

In 1947 he married his wife, Darlene. They had five children—four sons and a daughter.

Clarence is very social. He loves his family, farming, collecting old cars and other junk.

Reading together— A Fairbury third grade student reads to Clarence.

Gardenside salutes Clarence Smith, resident of the month.

Thank you notes

To the JCH&L Auxiliary and Gardenside -

Thank you for the Husker blanket. I really appreciate it.

Sincerely, John Folkner

JCH&L Gardenside staff,

Thank you for the wonderful care you gave to Buck Welsh. It was a short stay, but we truly appreciate you making it possible for him to be home in Fairbury in his last days—and to receive the wonderful and compassionate care he received. We appreciate your care and support of us, as well, during a very difficult time.

Sincerely, Buck's family — Lois Welsh; Tony, Lana, Trevin and Tori Likens

JCH&L Gardenside staff,

The family of Joseph Placek acknowledges with deep appreciation your kind expression of sympathy.

Pauline Placek and family

Reading, Valentines

(Continued from page 1)

Since February was chocolate month we made homemade fudge. Residents enjoyed sampling the fudge just a few minutes after it set up. Yum! No one ever seems to turn down fudge.

We are so thankful for our volunteers who help out in any way throughout the month. Thanks to all of you!

Students read with residents

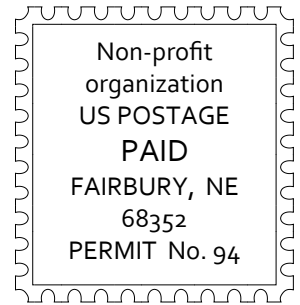


Reading together— students read to, from top left, Rozella Prellwitz, Margaret Hardy; from bottom left, Isaac Kroeker, Elaine Vieth.

Kickball, treats, visits enjoyable



Participating in activities—Top left, playing kickball are Frances Schoenrock, Hazel Schmidt, and Leona Gaydusek; top right, playing kickball are Joyce Ude, Leona Bruns and Susan Danner; middle left, Hazel Schmidt enjoys a kolache; middle right, Clarissa Pohlmann and Frances Schoenrock enjoy kolaches; bottom left, Beth Weiner enjoys a visit from Chewy.



CHANGE SERVICE REQUESTED

Photos Inside!

Happy Birthday!



February birthday — Norma Bernasek was our only birthday honoree in February. She is holding her great-granddaughter Aria Noelle. Pictured with her are her granddaughter, Ann, and daughter, Teresa.