

September 2019

Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 L: Virginia turkey roast or glazed meatloaf S: Philly cheesesteak sandwich OR chicken Caesar salad	2 L: Cheeseburger deluxe OR breaded pork steak S: Egg salad sandwich OR Kielbasa	3 L: Chicken cordon bleu OR brasied beef tips S: Scalloped potatoes with ham OR Roast beef sandwich	4 L: Salisbury steak OR chef salad S: Tuna salad sandwich OR sloppy joe	5 L: BBQ ribette OR chicken burrito pie S: Creamed turkey OR grilled cheese sandwich	6 L: Beer batter fish OR baked ham S: Hot roast beef and Swiss sandwich OR chicken Italian salad	7 L: herb baked chicken OR bbq beef on bun S: Tater tot casserole OR fried shrimp
8 L: Roast beef OR roast turkey S: Egg sausage bake OR steak fingers	9 L: Peppered pork loin OR honey glazed meatballs S: Goulash OR ham and cheese sandwich	10 L: Roast turkey OR chuckwagon steak S: Chicken salad croissant OR egg and cheese sandwich	11 L: Mushroom chopped steak OR chicken and dumplings S: Macaroni and cheese bake or Corned beef and Swiss on rye	12 L: Brown sugar glazed ham OR cheeseburger deluxe S: Pancakes and sausage links OR hot pork sandwich	13 L: Lasagna or Polish sausage S: Seasoned tilapia OR BLT sandwich	14 L: Grilled chicken OR glazed meatloaf S: Pan pizza OR tuna salad sandwich
15 L: Mexican casserole OR pork steak with sour cream S: Grilled cheese sandwich OR chicken tenders	16 L: Baked chicken OR roast beef S: BBQ Pork on bun OR Reuben sandwich	17 L: Swiss steak OR baked pork chop S: Battered fried shrimp OR hamburger on bun	18 L: Roast turkey OR Liver and onions S: Beef Barley Soup and chicken salad sandwich OR Philly cheesesteak sandwich	19 L: Salmon patty OR crispy pork steak S: Steak fingers OR turkey club on croissant	20 L: Baked beef brisket OR breaded fish au gratin S: Chicken parmesan sandwich OR creamed chipped beef	21 L: Baked glazed ham OR chef salad S: Egg salad sandwich OR meatballs with gravy
22 L: Oven fried chicken OR spaghetti with meat sauce S: Patty melt OR Polish sausage	23 L: Beef taco OR roast turkey S: Tuna salad plate OR chicken lasagna	24 L: Baked pork chop OR grilled chicken S: Grilled cheese sandwich OR scalloped potatoes with ham	25 L: Meatloaf OR peppered pork loin S: Deli sandwich OR corned beef and Swiss on rye	26 L: Barbecued chicken OR Salisbury steak S: Breaded chicken on bun cinnamon French toast and sausage links	27 L: Oven Fried chicken OR cheeseburger S: Turkey club OR Polish Sausage on a bun	28 L: Roast Beef OR turkey noodle caserole S: Chicken Tender Salad OR beef salad sandwich
29 L: Pork roast OR Bacon wrapped chopped steak S: Ham and bean soup OR Sloppy joe on a bun	30 L: Chicken breast with mushrooms or Oriental beef stir fry S: Creamed chipped beef over toast OR Chicken salad sandwich					

Guests are welcome to join us for meals. To make planning easier, please notify the charge nurse a day or two in advance if you will join us for a meal. Please pay for guest meals in the cafeteria. Guest meals are \$5 (tax incl.) Guest meals are not billed to resident rooms. Thank you!