

November 2019

Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 L: Swedish meatballs OR Lemon pepper fish S: Creamed turkey and biscuit or grilled cheese sandwich	2 L: Salmon patty OR sloppy joe S: Chicken salad sandwich OR BBQ ribettes
3 L: Pot roast OR marinated chicken breast S: Ham and bean soup OR beef tips with gravy	4 L: Smothered steak with onions OR smoked sausage and fried potatoes S: turkey sandwich and soup OR barbecue beef sandwich	5 L: Seasoned baked chicken OR liver and onions S: Hot pork sandwich OR egg salad sandwich	6 L: Beef stroganoff with noodles OR Hot turkey sandwich S: Chili OR roast beef sandwich	7 L: BBQ Pork or goulash S: Chicken fried chicken OR deluxe deli sandwich	8 L: Breaded fish au gratin OR poached chicken breasts S: Hamburger gravy over mashed potatoes OR turkey tetrazzini	9 Lunch: Meatloaf OR pork chop and rice casserole S: Macaroni and cheese OR ham and cheese sandwich
10 L: Roast turkey OR chicken fried steak S: Chicken tenders OR fish patty with cheese	11 L: Roast beef or ham loaf S: Egg bake, bacon and french toast OR beef and pasta casserole	12 L: Pork roast and kraut OR tator tot casserole S: Breaded chicken on bun OR hamburger pizza	13 L: baked beef brisket OR hot turkey salad casserole S: tuna salad sandwich and soup OR pork fritter	14 L: Chicken cordon blue OR cheesburger deluxe S: Lasagna OR turkey salad sandwich and soup	15 L: Hot turkey sandwich OR boiled pork dinner S: Sloppy Joe or chicken nuggets	16 L: swiss steak with tomatoes OR oven fried chicken S: bratwurst on bun OR pork chop
17 L: Cranberry glazed ham OR mock filet mignon S: Deli sandwich and soup OR fish sticks	18 L: Baked chicken and rice OR hot roast beef sandwich S: Tuna noodles OR Swedish meatballs	19 L: Chili OR breaded pork cutlet S: Barbecue ribettes OR breaded chicken patty	20 L: Roast turkey OR beef tips au jus S: Grilled cheese sandwich and soup OR macaroni beef au gratin	21 L: herbed pork loin OR chicken tenders S: Italian meatloaf OR ham and bean soup	22 L: smothered steak with onions OR breaded baked cod S: Chicken broccoli bake OR hot roast beef and swiss sandwich	23 L: Chuckwagon steak OR smothered pork chop S: Hot turkey sandwich OR corned beef on rye sandwich
24 L: Oven fried chicken OR beef minute steak S: Ham sandwich OR fruit and cottage cheese plate	25 L: Beef stew OR seasoned baked chicken S: Beer batter fish OR Chicken lasagna	26 L: Roast turkey OR beef tips with gravy S: Roast beef sandwich OR chicken and dumplings	27 L: Mushroom chopped steak OR Polish sausage S: Lasagna or breaded chicken on a bun	28 Thanksgiving Meal	29 L: Fried shrimp OR Chicken Fried Steak S: Egg bake, sausage and waffle OR Chicken Salad croissant	30 L: Roast beef OR Turkey Noodle Casserole S: Fruit and cottage cheese plate OR meatballs

Guests are welcome to join us for meals. To make planning easier, please notify the charge nurse a day or two in advance if you will join us for a meal. Please pay for guest meals in the cafeteria. Guest meals are \$5 (tax incl.) Holiday meals are \$10 per meal (tax incl.) Holiday reservations must be made several days in advance. Guest meals are not billed to resident rooms. Thank you!