

# Merry Christmas!

## Dec. 25, 2019



We are happy to have guests join us!

If you plan to join your resident for a meal on or near Christmas or Christmas Eve, we **MUST** have reservations no later than

**NOON on Monday, Dec. 16.**

**PLEASE NOTE:** There will be a \$10 per meal charge for guests for holiday meals. Guests will pick up and pay for their meals in the cafeteria.

**Reservations will be limited based on space available for seating.**

*Please note: advance reservations are always needed for meals. During the holiday season it is especially important to have extra notice to assure the availability of space and food. Thank you!*

**To make reservations, call (402) 729-5220.**



## Wide variety of activities held in November



**Go Big Red!** — Gardenside residents sporting their Husker shirts at our tailgate party. Read more about the Husker shirt project on page 6.

As November draws to a close, we are thankful for a bountiful harvest in the area. Husker football is about to end with a season of growth. Coach Frost is offered an extension on his contract to continue the rebuilding of the Husker culture.

Activities at Gardenside were in full swing, as ghouls and goblins visited for Halloween. Also music filled the dayroom as we had many entertainers visit. Mary Anne visited during lunch to play the piano, Tim came and entertained, and Paul Ramp sang for our November birthday party, Lucille Rolland and Margaret Hardy celebrated birthdays this month. Margaret celebrated her 104<sup>th</sup> birthday. Wow. The Fairbury Softball State Champions visited to talk about their State journey and showed their State Trophy and Gold medals to the very intrigued crowd.

November was also bittersweet for Gardenside as Bertie "she's our gal" L'Ecuyer retired and Tiff Eyer moved on to another chapter in her nursing career moving to Home Health. Also our prayers continue for Barb Schwisow on a speedy recovery from shoulder surgery.

We enjoyed many laughs together this month. Men's Group went on a bus ride to check out the local harvest, Rock Creek Station, 2 farms where we visited with chickens, turkeys, goats, elk, llama, horses, cows, and, of course, our favorite stop to see the talking donkey. We also drove through Crystal Springs to say hey to the Canadian Geese. Our biggest thrill this last session' was a program set up for our staff to donate a Ne-

*(Continued on page 8)*

## Trick or Treat



**Ready for trick or treaters** — Residents Paul Prellwitz, Peggy Novotny, and Eileen Holliday are ready to hand out treats to trick or treaters at Gardenside on Halloween.

### Our Team to Serve You

Interim Chief Executive Officer

Victor Lee

Administrator

Deb Sutton RN

Director of Nursing—Laura DeBoer RN

Assistant DON—Anne Itzen RN

MDS Coordinator—Linda Collins RN

Social Services Coordinator—Raven Gerths

Social Services Designee—Amy Hansen

Activities Director

Barb Schwisow

Rehabilitation Aide

Karen Spilker

Dietitian

Lisa Edeal

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Patrick Hoins

Facilities Supervisor—Mick Bruce

Director of Envir. Services/Purchasing

Stephanie McDaniel

Director of Public Relations

Lana Likens

**Most recent state survey:**

In a folder on east side of the wall by the Activity Room.

E-mail: [barb.schwisow@JCHHealthandLife.org](mailto:barb.schwisow@JCHHealthandLife.org)  
JCHHealthandLife.org

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## Resident and Family Christmas Party

Saturday, Dec. 14

10 a.m.

Entertainment by Paul Seibert

Brunch to follow

*Families of residents should have received flyers. If you have not received a flyer and have questions, please call Raven or Amy at 402-729-6849.*

**Reservations are needed by Thursday, Dec. 6, please!**



Results of the most recent state survey are available on the east side of the wall by the Activity Room. Nurse staffing hours are posted west of the nurses station.

## Admissions

- ♦ Kathleen Dee Sturm Eggert, Oct. 29
- ♦ Melvin Melander, Nov. 6
- ♦ Lois Yantz, Nov. 18
- ♦ Jerome Likens, Nov. 20
- ♦ Knetta Sand, Nov. 25

## Return Home/Transfer

- ♦ Adelia Maatsch, Nov. 6

## Birthdays

- ♦ Peggy Novotny, Dec. 10
- ♦ Dorothy Stewart, Dec. 18
- ♦ Orville Weichel, Dec. 22
- ♦ John Folkner, Dec. 25

## Deaths

Gardenside was saddened by the death of two residents in the past month. Our sympathy is with the family of:

- Kathleen Dee Sturm Eggert, Nov. 10
- Sharol Knobel, Nov. 13

# December 2019

## Activities

S	M	T	W	T	F	S
<b>1</b> 2:45 PM Worship Pastor Lutze	<b>2</b> 10:00 AM Bible study - Pauline 2:00 PM Bible Bingo 6:45 PM Bell practice	<b>3</b> 10:00 AM Penny Pitch 2:00 PM Crossword	<b>4</b> 10:30 AM Aerobics 11:30 AM Piano with MaryAnn 2:00 PM Word games 5:30 PM Molly B.	<b>5</b> 10:00 AM Prayer group 2:00 PM Current events	<b>6</b> 10:00 AM Wildlife Bingo 2:00 PM Birthday party, Wilma Bartels 4:00 PM Big Joe	<b>7</b> 6:00 PM L. Welk Write Christmas Cards RFD Channel 231
<b>8</b> 2:45 PM Worship Pastor McDonald	<b>9</b> 10:00 AM Bible Study - Pastor Freese 3:00 PM Crossword 6:45 PM Bell practice	<b>10</b> 10:00 AM Coffee with Kitty 2:30 PM Sing-A-Long Trinity Lutheran	<b>11</b> 10:30 AM Aerobics 3:00 PM Communion 5:30 PM Molly B.	<b>12</b> 10:00 AM Prayer group 2:00 PM Current events 6:45 PM Word games	<b>13</b> 10:00 AM Christmas Bingo 2:00 PM Mens Group 4:00 PM Big Joe	<b>14</b> 10:00 AM Resident/Fam Christmas party, Paul Seibert, 6:00 PM L. Welk
<b>15</b> 2:45 PM Worship - Pastor Freese 5:15 PM Harbine carolers	<b>16</b> 10:00 AM Bible study - Pastor Burger 2:00 PM United States Bingo 6:45 PM Bell practice	<b>17</b> 10:00 AM This That and Everything 1:59 PM Johnny Ray	<b>18</b> 9:00 AM Day Spa 2:00 PM Bingo - St. Mike's 5:30 PM Molly B.	<b>19</b> 10:00 AM Prayer group 2:00 PM Current events 6:45 PM Music with Nate	<b>20</b> 10:00 AM Horseshoe pitch 2:00 PM Resident and staff Christmas party, Jodi Lucking 4:00 PM Big Joe	<b>21</b> 6:00 PM L. Welk RFD Channel
<b>22</b> 2:45 PM Worship Pastor K. Moody	<b>23</b> 10:00 AM Bible study 2:00 PM Bingo 7:00 PM Bell Concert	<b>24</b> 9:30 AM Finish the Lines 2:00 PM Christmas movie	<b>25</b> 5:30 PM Molly B. Merry Christmas	<b>26</b> 10:00 AM Prayer group 2:00 PM Current events	<b>27</b> 10:00 AM Basketball 2:00 PM Big Ball Reminisce 4:00 PM Big Joe	<b>28</b> 6:00 PM L. Welk Puzzles RFD Channel 231
<b>29</b> 2:45 PM Worship Pastor R. Moody	<b>30</b> 10:00 AM Bible study 2:00 PM Crossword	<b>31</b> 10:00 AM Ring Toss 2:00 PM New Year's Party, Paul Ramp	Happy Birthday to: Residents -- Peggy Novotny, Dec. 10 Gertrude Endorf, Dec. 10 Dorothy Stewart, Dec. 18 Orville Weichel, Dec. 22 John Folkner, Dec. 25 Staff -- Melissa Bennett, Dec. 5 Bobbie Ortgies, Dec. 6 Amanda Sufi, Dec. 8 Krystal Ward, Dec. 24			



# December 2019

## Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> L: Baked pork chop or chicken fritters  S: Hamburger or turkey sandwich	<b>2</b> L: Spaghetti with meat sauce OR baked ham  S: Roast beef sandwich and soup or sausage pizza	<b>3</b> L: Turkey and dressing casserole OR chopped steak with peppers  S: Pork roast OR Fairbury Brand hotdog	<b>4</b> L: Mexican casserole OR crispy ranch chicken  S: Tuna melt OR hamburger on bun	<b>5</b> L: Oven fried chicken or crispy pork cutlet  S: Smoked pulled pork or chicken tenders	<b>6</b> L: Swedish meatballs OR Lemon pepper fish  S: Creamed turkey and biscuit or grilled cheese sandwich	<b>7</b> L: Salmon patty OR sloppy joe  S: Chicken salad sandwich OR BBQ ribettes
<b>8</b> L: Pot roast OR marinated chicken breast  S: Ham and bean soup OR beef tips with gravy	<b>9</b> L: Smothered steak with onions OR smoked sausage and fried potatoes  S: turkey sandwich and soup OR barbecue beef sandwich	<b>10</b> L: Seasoned baked chicken OR liver and onions  S: Hot pork sandwich OR egg salad sandwich	<b>11</b> L: Beef stroganoff with noodles OR Hot turkey sandwich  S: Chili OR roast beef sandwich	<b>12</b> L: BBQ Pork or goulash  S: Chicken fried chicken OR deluxe deli sandwich	<b>13</b> L: Breaded fish au gratin OR poached chicken breasts  S: Hamburger gravy over mashed potatoes OR turkey tetrazzini	<b>14</b> L: Christmas party brunch  S: Macaroni and cheese OR ham and cheese sandwich
<b>15</b> L: Roast turkey OR chicken fried steak  S: Chicken tenders OR fish patty with cheese	<b>16</b> L: Roast beef or ham loaf  S: Egg bake, bacon and french toast OR beef and pasta casserole	<b>17</b> L: Pork roast and kraut OR tator tot casserole  S: Breaded chicken on bun OR hamburger pizza	<b>18</b> L: baked beef brisket OR hot turkey salad casserole  S: tuna salad sandwich and soup OR pork fritter	<b>19</b> L: Chicken cordon blue OR cheesburger deluxe  S: Lasagna OR turkey salad sandwich and soup	<b>20</b> L: Hot turkey sandwich OR boiled pork dinner  S: Sloppy Joe or chicken nuggets	<b>21</b> L: Herbed pork loin OR oven fried chicken  S: bratwurst on bun OR pork chop
<b>22</b> L: Cranberry glazed ham OR mock filet mignon  S: Deli sandwich and soup OR fish sticks	<b>23</b> L: Baked chicken and rice OR hot roast beef sandwich  S: Tuna noodles OR Swedish meatballs	<b>24</b> L: Chili OR breaded pork cutlet  S: Christmas eve supper	<b>25</b> L: Christmas dinner  S: Grilled cheese sandwich and soup OR macaroni beef au gratin	<b>26</b> L: Swiss steak OR chicken tenders  S: Italian meatloaf OR ham and bean soup	<b>27</b> L: smothered steak with onions OR breaded baked cod  S: Chicken broccoli bake OR hot roast beef and swiss sandwich	<b>28</b> L: Chuckwagon steak OR smothered pork chop  S: Hot turkey sandwich OR corned beef on rye sandwich
<b>29</b> L: Oven fried chicken OR beef minute steak  S: Ham sandwich OR fruit and cottage cheese plate	<b>30</b> L: Beef stew OR seasoned baked chicken  S: Beer batter fish OR Chicken lasagna	<b>31</b> L: Roast turkey OR beef tips with gravy  S: Roast beef sandwich OR chicken and dumplings				

Guests are welcome to join us for meals. To make planning easier, please notify the charge nurse a day or two in advance if you will join us for a meal. Please pay for guest meals in the cafeteria. Guest meals are \$5 (tax incl.) Holiday meals are \$10 per meal (tax incl.) Holiday reservations must be made several days in advance. Guest meals are not billed to resident rooms. Thank you!

# Halloween, State Softball Champs and Lil Red



**Lots of visitors** — Top left, Preschool Learning Center sings Halloween songs. Middle, left, Jerry Gaston with granddaughter Brityn Wentz (player), and right, Melody York with granddaughters Mallonee and Marlee Biehl (players), son Tony and daughter-in-law Taylor (coaches of state champion softball team.) Bottom left, Beth Weiner with Lil' Red.



# Halloween Fun



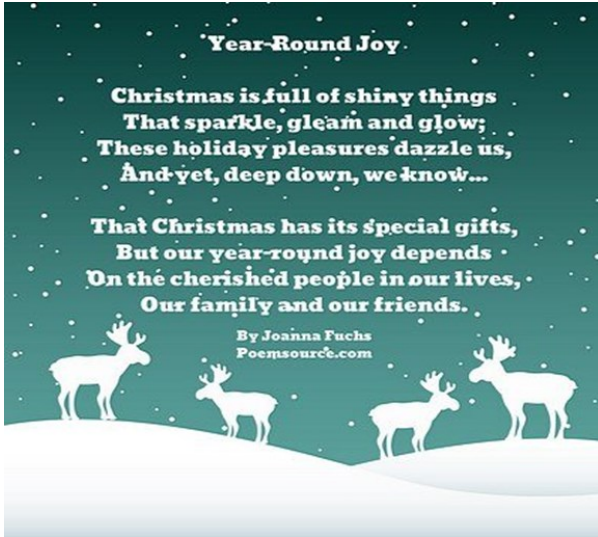
**Getting into the Halloween spirit** — Top left, Paul Prellwitz; Top right, Dorothy Reid; Middle left, Isaac Kroeker; middle right, staff member Wayne Franzen; Bottom, staff members Tara Hatfield, Linda Collns and Anne Itzen.





# Social Services Corner

## Welcome DeBoer, Itzen



### Decorations Must Follow Guidelines

As we head into the fall and winter seasons, there are several holidays that some enjoy decorating for. Whether it's Halloween, Thanksgiving or Christmas please remember that all decorations must follow some basic guidelines.

A few things to please keep in mind:

- ♦ **NO extension cords or power strips**
- ♦ **NO live trees**
- ♦ **NO candles**
- ♦ **Anything electrical must be checked by our facilities department. Door decorations must be fire retardant.** Activity staff have a fire-retardant spray and will spray items you wish to hang on doors. Please leave the items in the activity room with the residents' names on them. Activity staff will spray the decorations if needed, and hang them for you.

If you have questions, please ask and we will be glad to help you.

We would like to welcome Laura DeBoer, our new Director of Nursing Services at Gardenside. Laura comes to us from Beatrice Community Hospital, where she had worked for the past 13 years. Laura graduated from SCC Beatrice as a LPN in 1987 then from Bryan School of Nursing in 1995 with her RN.

She is married to Gary DeBoer and lives in Beatrice. She has 3 adult children and 6 grandchildren. Her favorite past times include gardening, outdoor activities and spending time with her family.

*We are excited to have Laura join our Gardenside family!*



We would like to formally introduce you to Anne Itzen. Anne is our Assistant Director of Nursing and MDS Coordinator. She came to us from Fillmore County Hospital, where she worked in the geriatric mental health inpatient unit for 3 1/2 years. Anne has previously worked extensively with wounds and had obtained her certification as a wound nurse.

She is married to Kurt Itzen and lives on a farm west of Fairbury. She has one daughter Ashley. In her personal time Anne loves to scrapbook, read and enjoys gardening.

Anne will be in charge of our care conferences with our residents and family members and has been a wonderful addition to our team!



# Fall brings

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*(Continued from page 1)*

braska shirt to residents who did not have a Husker shirt to wear during tailgates and Husker Game days. This was very BIG success. (See the photo of all of our residents decked out in Husker red on Page 1!)

The month also included Husker Tailgates, Bingo, and sing a longs, giant crosswords and other activities to fill up our activities calendar.

As we move into Thanksgiving, we celebrated with a potluck brought in by staff. The different tastes of the season were enjoyed by all. The bell Choir has begun its practice for Christmas concert, set for Monday evening Dec. 23 at 7 bells (7 p.m.) As we move into December we will have a Birthday Party with Wilma Bartels, a much-anticipated return of Johnny Ray Gomez, Gomez, Gomez. Our Resident Family Christmas party will be Saturday, Dec. 14, with entertainment by Paul Siebert at 10 a.m. and brunch to follow. Resident staff party will be Friday, Dec. 20, with Jody Lucking performing at 2 p.m.. Paul Ramp will be returning New Year's Eve at 2 p.m. for entertainment. Gardenside would like to wish everyone a Merry Christmas and a Happy Prosperous New Year.

## Help us keep residents healthy!

As we head into cold and flu season, we ask everyone to help us keep our residents healthy.

We ask that you not visit if you are ill—having a fever, cough, sneezing, diarrhea or vomiting. We also ask that you not visit if you have recently been exposed to influenza or other serious illness. If you would like to call your loved one you can always call our desk at 402-729-5220 and we will make sure you can talk to your loved one.

We have hand sanitizer by the doorways and recommend that you use hand sanitizer both coming and going, for the protection of our residents and your own health. We also have masks by the doors—so if you must visit and have any symptoms (scratchy throat, cough, etc.) you are welcome to use a mask.

If our community experiences a high incidence of influenza, we may at times require masking for anyone who has not had an influenza vaccination, we may not allow large groups to come to volunteer or entertain, and we may at times recommend no one visit. These decisions are made based on the community incidence of influenza or other illnesses.

We appreciate your patience and assistance as we strive to keep our residents healthy.





## Veterans Honored



*Our Veteran's were honored for their service by AseraCare Hospice. Our speaker was Master Sergeant Shawn Vater (retired.) Honored were: top left, Jerry Gaston; top right, Isaac Kroeker; bottom left, Melvin Melander; bottom right, Peggy Novotny.*

## Bell Choir Performance

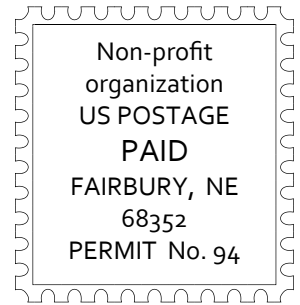
Monday, Dec. 23

7 pm.

All are welcome to attend!!







CHANGE SERVICE REQUESTED

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*Photos Inside!*

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## Happy Birthday



**Happy Birthday** - Celebrating November birthdays were, from left, Margaret Hardy, Melvin Melander, and Lucille Rolland.