January 2020

Menu						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			L: Smoked pulled pork OR Chicken wings	L: Ham with pineapple OR chili	L: Fried shrimp OR Chicken Fried Steak	L: Roast beef OR Turkey Noodle Casserole
			S: Lasagna or breaded chicken on a bun	S: Turkey tetrazzini OR egg salad sandwich	S: Egg bake, sausage and waffle OR Chicken Salad croissant	S: Fruit and cottage cheese plate OR meatballs
5	6	7	8	9	10	11
L: Baked pork chop or chicken fritters S: Hamburger or turkey sandwich	L: Spaghetti with meat sauce OR baked ham S: Roast beef sandwich and soup or sausage pizza	L: Turkey and dressing casserole OR chopped steak with peppers S: Pork roast OR Fairbury Brand hotdog	L: Mexican casserole OR crispy ranch chicken S: Tuna melt OR hamburger on bun	L: Oven fried chicken or crispy pork cutlet S: Smoked pulled pork or chicken tenders	L: Swedish meatballs OR Lemon pepper fish S: Creamed turkey and biscuit or grilled cheese sandwich	L: Salmon patty OR sloppy joe S: Chicken salad sandwich OR BBQ ribettes
12	13	14	15	16	17	18
L: Pot roast OR marinated chicken breast S: Ham and bean soup OR beef tips with gravy	L: Smothered steak with onions OR smoked sausage and fried potatoes S: turkey sandwich and soup OR barbecue beef sandwich	L: Seasoned baked chicken OR liver and onions S: Hot pork sandwich OR egg salad sandwich	L: Beef stroganoff with noodles OR Hot turkey sandwich S: Chili OR roast beef sandwich	L: BBQ Pork or goulash S: Chicken fried chicken OR deluxe deli sandwich	L: Breaded fish au gratin OR poached chicken breasts S: Hamburger gravy over mashed potatoes OR turkey tetrazzini	Lunch: Meatloaf OR pork chop and rice casserole S: Macaroni and cheese OR ham and cheese sandwich
19	20	21	22	23	24	25
L: Roast turkey OR chicken fried steak S: Chicken tenders OR fish	L: Roast beef or ham loaf S: Egg bake, bacon and french toast OR	L: Pork roast and kraut OR tator tot casserole S: Breaded chicken on bun	L: baked beef brisket OR hot turkey salad casserole S: tuna salad sandwich and	L: Chicken cordon blue OR cheesburger deluxe S:Lasagna OR	L: Hot turkey sandwich OR boiled pork dinner S: Sloppy Joe or chicken	L: Herbed pork loin OR oven fried chicken S: bratwurst on bun OR pork
patty with cheese	beef and pasta casserole	OR hamburger pizza	sandwich and soup OR pork fritter	turkey salad sandwich and soup	nuggets	chop
26	27	28	29	30	31	
L: Cranberry glazed ham OR mock filet mignon S: Deli sandwich and soup OR fish sticks	L: Baked chicken and rice OR hot roast beef sandwich S: Tuna noodles OR Swedish meatballs	L: Chili OR breaded pork cutlet S: Barbecue ribettes OR breaded chicken patty	L: Roast turkey OR beef tips au jus S: Grilled cheese sandwich and soup OR macaroni beef au gratin	L: Swiss steak OR chicken tenders S: Italian meatloaf OR ham and bean soup	L: smothered steak with onions OR breaded baked cod S: Chicken broccoli bake OR hot roast beef and swiss sandwich	

Guests are welcome to join us for meals. To make planning easier, please notify the charge nurse a day or two in advance if you will join us for a meal. Please pay for guest meals in the cafeteria. Guest meals are \$5 (tax incl.) Holiday meals are \$10 per meal (tax incl.) Holiday reservations must be made several days in advance. Guest meals are not billed to resident rooms. Thank you!