

Gardenside Begins Roof Repairs

Roof work began at JCH&L Gardenside on Feb. 17. This project will involve some repairs above the ceiling inside and complete removal of the existing roof overlay and insulation and application of a new layer of insulation and a sealed roof overlay. Residents, staff and visitors will experience some noise during this process while work is being done over head. The work will not begin before 9:00 a.m. and will be completed by 6:00-8:00 p.m. each evening so as not to disturb the residents' sleep. The noise will vary from day to day and will be dependent upon what task is occurring and the location. Earplugs will be available for anyone who

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Joan McKenzie and staff member Sara Huss work on Valentine's to share.

Thank you for helping us keep residents healthy!

Thank you for your cooperation with masking, and not visiting when you have symptoms of illness. So far we have been fortunate not to have much illness at Gardenside this season.

Please continue to use caution. Do not visit if you are ill—having a fever, cough, sneezing, diarrhea or vomiting. Do not visit if you have recently been exposed to influenza or other serious illness. If you would like to call your loved one you can always call our desk at 402-729-5220 and we will make sure you can talk to your loved one.

Currently, anyone who is not vaccinated for influenza is asked to mask when visiting. Influenza has had high rates in our area, and school-age children have had the most diagnosed cases.

Our status and precautions may change without notice.

We appreciate your patience and assistance as we strive to keep our residents healthy.

Join us for the Ukaladies!

7 p.m. Wednesday, March 18, in the day room

Free and open to the public

Ready for entertainment



Residents and guests prepare for entertainment in the day room.

Admissions

- Donna Mitchell, Feb. 4
- Frederic Wrigley, Feb. 7

Birthdays

- ♦ Alice Stanton, March 1
- ♦ Mary Endorf, March 9
- ♦ Joan McKenzie, March 10

Deaths

Gardenside was saddened by the death of two residents in the past month. Our sympathy is with the families of:

- Jerome "Jerry" Likens, Feb. 4
- Donna Mitchell, Feb. 5

Anniversary

- ♦ Freddie and Ruth Drexler, March 13—56 years

Our Team to Serve You

Interim Chief Executive Officer

Victor Lee

Administrator

Deb Sutton RN

Director of Nursing—Laura DeBoer RN

Assistant DON—Anne Itzen RN

MDS Coordinator—Linda Collins RN

Social Services Coordinator—Raven Gerths

Social Services Designee—Amy Hansen

Activities Director

Barb Schwisow

Rehabilitation Aide

Karen Spilker

Dietitian

Lisa Edeal

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Patrick Hoins

Facilities Supervisor—Mick Bruce

Director of Envir. Services/Purchasing

Stephanie McDaniel

Director of Public Relations

Lana Likens

Most recent state survey:

In a folder on east side of the wall by the Activity Room.

**E-mail: barb.schwisow@JCHhealthandLife.org
JCHhealthandLife.org**

Gardenside News is a monthly publication of Jefferson Community Health & Life. **Subscriptions are free.** To subscribe or unsubscribe, write: Gardenside News, P.O. Box 277, Fairbury, NE 68352, or call Lana Likens at 402-729-6855

Satisfaction Surveys

Thank you to all residents and family members who have filled out surveys and returned them.

Surveys help us to determine if there are areas where we can serve our residents better, and if there are areas where we can recognize staff for doing a great job.

We want our residents to feel at home here—and to be safe, comfortable, healthy, as active as they are able, and well fed.

We welcome the feedback of our residents and family members who represent them.

We will share information on the survey in a future issue of the newsletter.

Results of the most recent state survey are available on the east side of the wall by the Activity Room. Nurse staffing hours are posted west of the nurses station.

March 2020

Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 L: Cranberry glazed ham OR mock filet mignon S: Deli sandwich and soup OR fish sticks	2 L: Baked chicken and rice OR hot roast beef sandwich S: Tuna noodles OR Swedish meatballs	3 L: Chili OR breaded pork outlet S: Barbecue ribettes OR breaded chicken patty	4 L: Roast turkey OR beef tips au jus S: Grilled cheese sandwich and soup OR macaroni beef au gratin	5 L: Swiss steak OR chicken tenders S: Italian meatloaf OR ham and bean soup	6 L: smothered steak with onions OR breaded baked cod S: Chicken broccoli bake OR hot roast beef and swiss sandwich	7 L: Chuckwagon steak OR smothered pork chop S: Hot turkey sandwich OR corned beef on rye sandwich
8 L: Oven fried chicken OR beef minute steak S: Ham sandwich OR fruit and cottage cheese plate	9 L: Beef stew OR seasoned baked chicken S: Beer batter fish OR Chicken lasagna	10 L: Roast turkey OR beef tips with gravy S: Roast beef sandwich OR chicken and dumplings	11 L: Mushroom chopped steak OR Polish sausage S: Lasagna or breaded chicken on a bun	12 L: Ham with pineapple OR chili S: Turkey tetrazzini OR egg salad sandwich	13 L: Fried shrimp OR Chicken Fried Steak S: Egg bake, sausage and waffle OR Chicken Salad croissant	14 L: Roast beef OR Turkey Noodle Casserole S: Fruit and cottage cheese plate OR meatballs
15 L: Baked pork chop or chicken fritters S: Hamburger or turkey sandwich	16 L: Spaghetti with meat sauce OR baked ham S: Roast beef sandwich and soup or sausage pizza	17 St. Patrick's Day meals	18 L: Mexican casserole OR crispy ranch chicken S: Tuna melt OR hamburger on bun	19 L: Oven fried chicken or crispy pork outlet S: Smoked pulled pork or chicken tenders	20 L: Swedish meatballs OR Lemon pepper fish S: Creamed turkey and biscuit or grilled cheese sandwich	21 L: Salmon patty OR sloppy joe S: Chicken salad sandwich OR BBQ ribettes
22 L: Pot roast OR marinated chicken breast S: Ham and bean soup OR beef tips with gravy	23 L: Smothered steak with onions OR smoked sausage and fried potatoes S: turkey sandwich and soup OR barbecue beef sandwich	24 L: Seasoned baked chicken OR liver and onions S: Hot pork sandwich OR egg salad sandwich	25 L: Beef stroganoff with noodles OR Hot turkey sandwich S: Chili OR roast beef sandwich	26 L: BBQ Pork or goulash S: Chicken fried chicken OR deluxe deli sandwich	27 L: Breaded fish au gratin OR poached chicken breasts S: Hamburger gravy over mashed potatoes OR turkey tetrazzini	28 Lunch: Meatloaf OR pork chop and rice casserole S: Macaroni and cheese OR ham and cheese sandwich
29 L: Roast turkey OR chicken fried steak S: Chicken tenders OR fish patty with cheese	30 L: Roast beef or ham loaf S: Egg bake, bacon and french toast OR beef and pasta casserole	31 L: Pork roast and kraut OR tator tot casserole S: Breaded chicken on bun OR hamburger pizza				

Guests are welcome to join us for meals. To make planning easier, please notify the charge nurse a day or two in advance if you will join us for a meal. Please pay for guest meals in the cafeteria. Guest meals are \$5 (tax incl.) Holiday meals are \$10 per meal (tax incl.) Holiday reservations must be made several days in advance. Guest meals are not billed to resident rooms. Thank you!

March 2020

Activities

S	M	T	W	T	F	S
1 2:45 PM Worship Pastor Freese	2 10:00 AM Bible study 3:00 PM Taylor Kline	3 10:00 AM Toss-A-Cross 2:00 PM Bingo	4 10:30 AM Aerobics 11:30 AM Piano with Maryann 2:00 PM St. Patrick's Cards	5 10:00 AM Prayer Group 2:00 PM Music with Les 6:30 PM Crossword	6 10:00 AM Horseshoes 2:00 PM Horse Racing	7 Write a letter
8 2:45 PM Worship Pastor Lutze	9 10:00 AM Bible study, Pastor Freese 2:00 PM Word games	10 10:00 AM Coffee with Kitty 2:30 PM Grace ladies	11 10:30 AM Aerobics 3:00 PM Communion, Pastor Hart	12 10:00 AM Prayer Group 2:00 PM Peer Support Group 3:00 PM Current events 6:30 PM Crossword	13 10:00 AM Balloon tennis 2:00 PM Rosettes	14 Exercise
15 2:45 PM Worship Pastor McDonald	16 10:00 AM Bible study 2:00 PM Name that Tune with Ruth	17 10:00 AM Bass fishing 2:00 PM St. Patrick's Day Party	18 10:00 AM Kickball 2:00 PM Afternoon activity 7:00 PM Ukuladies	19 10:00 AM Prayer Group 2:00 PM Current events 6:30 PM Crossword	20 10:00 AM Ping pong toss 2:00 PM Giant Ring Toss	21 Visit a neighbor
22 2:45 PM Worship Pastor Novotny	23 10:00 AM Bible study 2:00 PM Afternoon activity	24 10:00 AM Magic Ball 2:00 PM Birthday party with Mr. Fisher	25 10:00 AM Horseshoes 2:00 PM Horse racing	26 10:00 AM Prayer Group 6:30 PM Word games	27 10:00 AM Ring Toss 2:00 PM Crossword	28 Sit outdoors
29 2:45 PM Worship Pastor K. Moody	30 10:00 AM Bible study 2:00 PM Music with Mr. Short	31 10:00 AM Balloon tennis 2:00 PM Sing Along with Susie Q	Happy birthday Alice Stanton, March 1 Mary Endorf - March 9 Joan McKenzie, March 10			

Gardenside begins roof project

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would like them during this process. Gardenside will make whatever accommodations possible on a day to day basis to keep residents comfortable.

Some interior work will also be completed above the ceilings. Most of this work will be in the north hallway and a section of the dayroom. Plastic containment walls will be in place for everyone's safety during this portion of the project. Starting on Feb. 25, there will be a portion of the day room and the east courtyard inaccessible through Friday, Feb. 28. Beginning Friday, a few residents may be relocated and there will be a containment wall in part of the north hallway.

Anyone with questions or concerns can contact Deb Sutton RN, Administrator, at 402-729-5220

February brings lots of entertainment

By Nate Behrends, Activities

As March roars in, we look back at a very fast but entertaining month of February here at Gardenside.

Residents and staff anxiously await the return of Barb, as she recovers from her surgery. She is now able to return to do some paperwork and hopefully will be returning soon, good as new.

Paul Ramp, an old friend at Gardenside, returned to entertain, and we had our first visit from The Chengs, a wonderful husband-and-wife duo who came to play the piano and violin for us. They were very talented and I would encourage anyone who has a chance to see them perform to do so. They have very agreed to return to entertain at Gardenside, so look for them on our activity schedule. Helen's hats also performed on Valentine's Day, and the Man, the Myth, the Legend Johnny Ray Gomez had the audience in tears of laughter and singing along with his whimsical accordion. He is such an entertainer, still at age 76 and we love having him come back to entertain. Les Lienemen finished up February's entertainment lineup and we give a big thanks to all.

We also had a trip to "Gardenside Downs" for a rousing day at the horse races. We also had a visit from Ms Kitty, St. Micheal's came in for bingo and the Grace Lutheran Ladies and the Senior Songsters came in for sing alongs.

For Valentine's day our residents made and sent cards to the Norfolk Veterans Home in Norfolk Nebraska as our random act of kindness.

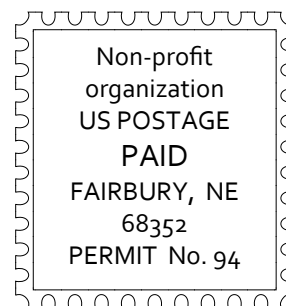
Looking forward to what's on the horizon. Taylor Kline will start of the fun in March and we look forward to the return of Grace Ladies sing along as well. On March 18 at 7 p.m. we have another new group to entertain us, The Ukaladies of Seward County will be Live at Gardenside Dayroom Amphitheatre. These Ladies were recently featured on Pure Nebraska and we can't wait to have them perform for us. The public is welcome to enjoy their performance as always so we hope to see you on March 18.



Lela Bauer enjoys as she is entertained with music.

Here is hoping for an early Spring for all!

2200 H St. P.O. Box 277
Fairbury, NE 68352



CHANGE SERVICE REQUESTED

Photos Inside!

Happy Anniversary

*Ruth and Freddie Drexler will
celebrate their 56th wedding
anniversary on March 13.*

Congratulations!

