

Residents Hope to See Families, Volunteers Soon

By Barb Schwisow, Day activity director

Residents are missing the volunteers who come to sing, share devotions, and make them laugh, smile and even sing. We hope that soon we can have volunteers safely come again.

We continue to offer one-to-one activities in rooms and small groups in the hallways. We are working toward moving to the day-room, and will still have limited group numbers.

We celebrated the Fourth of July with social distancing and face masks outdoors. Resident sat back relaxing in the fresh air watching a beautiful display of fireworks

Residents had fun playing Price is Right. As we offer hall programs, more residents are able to hear the fun other residents are having, and more are telling staff they would like to come join the activity. That is one good thing that has come from COVID-19 at least.

All residents were treated to lunch of McDonald's hamburgers donated by Ginny Hutcheson, daughter of resident Margaret Hardy. What a treat! There were no leftovers that day! Thanks, Ginny, you made their day!

Our outdoor entertainment was Tim Javorsky, performing a variety of different era music on a very hot and humid day. Hats of to Tim!

There were no July birthdays.

Thank you to families who have been so patient waiting to see their loved ones. We continue to offer window visits, Skype and Facetime. Please call ahead of time to set up time for a Skype or Facetime. Please see the article on page 5 with an update on working toward visiting.

Be safe and wear your mask!



Enjoying a burger—Margaret Hardy enjoys a McDonald's hamburger. Burgers were donated for all residents by Ginny Hutcheson.

Caring with Cards



During her last few days as the 2019 Miss Jefferson County, Abby Judd hand painted watercolor postcards with inspirational words for all the

Admissions

- Darrel Owens, June 29
- Jane Bakewell, July 2
- Elaine Cortney, July 21

Return Home/Transfer

- ◆ Darrell Owens, July 2

Anniversary

- ◆ Marvin and Wilma Saathoff, Aug. 20 (59 years)

Birthdays

- Elaine Cortney, Aug. 6
- Jane Bakewell, Aug. 7
- Marvin Saathoff, Aug. 16
- Richard Bugbee, Aug. 27
- Eugene Musil, Aug. 29

Deaths

- There have been no deaths in July as of July 20.

Our Team to Serve You

Chief Executive Officer

Burke Kline, DHA
Administrator
Deb Sutton RN

Director of Nursing—Laura DeBoer RN

Assistant DON—Anne Itzen RN

MDS Coordinator—Linda Collins RN

Social Services Coordinator—Raven Gerths

Social Services Designee—Amy Hansen

Activities Director

Barb Schwisow

Rehabilitation Aide

Karen Spilker

Dietitian

Lisa Edeal

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Patrick Hoins

Facilities Supervisor—Mick Bruce

Director of Envir. Services/Purchasing

Stephanie McDaniel

Director of Public Relations

Lana Likens

Most recent state survey:

In a folder on east side of the wall by the Activity Room.

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JCHHealthandLife.org

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Thank you!

Thank you to all donors of fabric masks. We will continue to collect fabric masks so that we are able to have them available for visitors once we are able to open back up to family and friends. Fabric masks can be dropped off to any staff member.

Thank you to Ginny Hutcheson for her donation of McDonalds hamburgers for all residents. They loved them!

Thank you to 2019 Miss Jefferson County Abby Judd for sharing hand-painted watercolor postcards with residents.

We offer both Facetime and Skype

Please remember: Calls will need to be scheduled ahead of time to ensure staff ability to assist residents. To schedule a time, please call (402) 729- 5220 (press 1 at the prompt).

Results of the most recent state survey are available on the east side of the wall by the Activity Room. Nurse staffing hours are posted west of the nurses station.

August 2020

Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 L: Baked glazed ham OR chef salad S: Egg salad sandwich OR meatballs with gravy
2 L: Oven fried chicken OR spaghetti with meat sauce S: Patty melt OR Polish sausage	3 L: Beef taco OR roast turkey S: Tuna salad plate OR chicken lasagna	4 L: Baked pork chop OR grilled chicken S: Grilled cheese sandwich OR scalloped potatoes with ham	5 L: Meatloaf OR peppered pork loin S: Deli sandwich OR corned beef and Swiss on rye	6 L: Barbecued chicken OR Salisbury steak S: Breaded chicken on bun OR cinnamon French toast and sausage links	7 L: Oven Fried chicken OR cheeseburger S: Turkey club OR Polish Sausage on a bun	8 L: Roast Beef OR turkey noodle casserole S: Chicken Tender Salad OR pimento cheese sandwich
9 L: Pork roast OR Bacon wrapped chopped steak S: Ham and bean soup OR Sloppy joe on a bun	10 L: Chicken breast with mushrooms or Oriental beef stry S: Creamed chipped beef over toast OR Chicken salad sandwich	11 L: Spagetti with meat sauce OR Pork steak supreme S: Turkey sandwich OR Macaroni and cheese	12 L: BBQ Pork on bun OR Chicken Fried Steak S: Chicken tenders OR Pan pizza	13 L: Beef tips with gravy OR turkey dressing casserole S: Roast beef sandwich OR Fairbury hot dog with bun	14 L: Oven fried chicken OR tuna noodle casserole S: Ham sandwich OR later tot casserole	15 L: Green pepper steak OR baked glazed ham S: Fisherman's sandwich OR Patty melt
16 L: Virginia turkey roast or glazed meatloaf S: Philly cheesesteak sandwich OR chicken Caesar salad	17 L: Cheeseburger deluxe OR breaded pork steak S: Egg salad sandwich OR Kielbasa	18 L: Chicken cordon bleu OR brasied beef tips S: Scalloped potatoes with ham OR Roast beef sandwich	19 L: Salisbury steak OR chef salad S: Tuna salad sandwich OR sloppy joe	20 L: BBQ ribette OR Chicken burrito pie S: Creamed turkey OR grilled cheese sandwich	21 L: Beer batter fish OR baked ham S: Hot ham and cheese slider OR chicken Italian salad	22 L: herb baked chicken OR bbq beef on bun S: Tater tot casserole OR fried shrimp
23 L: Roast beef OR roast turkey S: Egg sausage bake OR Pork fritter	24 L: Peppered pork loin OR honey glazed meatballs S: Goulash OR ham and cheese sandwich	25 L: Roast turkey OR chuckwagon steak S: Chicken salad croissant OR egg and cheese sandwich	26 L: Mushroom chopped steak OR chicken and dumplings S: Macaroni and cheese bake or Corned beef and Swiss on rye	27 L: Brown sugar glazed ham OR cheeseburger deluxe S: Pancakes and sausage links OR hot pork sandwich	28 L: Lasagna or Polish sausage S: Seasoned tilapia OR BLT sandwich	29 L: Grilled chicken OR glazed meatloaf S: Pan pizza OR tuna salad sandwich
30 L: Turkey Tetrazini OR Pork steak with sour cream S: Grilled cheese sandwich OR chicken tenders	31 L: Baked chicken OR roast beef S: BBQ Pork on bun OR Turkey reuben sandwich					

Guests are welcome to join us for meals. To make planning easier, please notify the charge nurse a day or two in advance if you will join us for a meal. Please pay for guest meals in the cafeteria. Guest meals are \$5 (tax incl.) Guest meals are not billed to resident rooms. Thank you!

“What’s Up Wednesdays” on Ol’ Red 99.5

Ol’ Red 99.5 continues to offer What’s Up Wednesdays from 1 p.m. to 2 p.m. each Wednesday. The radio station started offering this to bring some good cheer and messages of care to nursing home residents and assisted living tenants throughout our area who are not allowed to have visitors.

Every Wednesday from 1-2 Ol’ Red 99-five listeners will be able to call in and give a well wish, an I love you, or a simple hello on the air. **Call the studio line at 402-729-3383.**

Tune in from 1 p.m. to 2 p.m. on Wednesdays, for What’s Up Wednesday, brought to you by Caspers Construction, NewsChannel Nebraska, and Ol’ Red 99.5.

The Price is Right!



Residents enjoy playing the Price is Right—Showing off items are, top left, Harold Endorf; top right, Dorothy Stewart; bottom left, Lela Bauer; and bottom right, Abby Vacek.

Gardenside, Cedarwood Delay Reopening

Visits by family members to JCH&L Gardenside and Cedarwood have been delayed. We will evaluate each week based on the positivity rates in our county and adjoining counties, in addition to other criteria.

"An increase in cases of COVID-19 in the surrounding counties in our public health district earlier this month make us feel we must postpone visits," said Deb Sutton RN, BS, NHA. "We know everyone is excited to be able to see family again, but safety must be our first priority."

JCH&L and Cedarwood work closely with Public Health Solutions district health department, and comply with state and federal guidelines. Moving forward, the long-term care and assisted living facilities will re-view area stats and make decisions on a week-by-week basis, working with the local medical director and the public health department.

Visits had been announced to begin on July 15 after the facilities have been closed to visitors since March 14 because of state and federal guidelines for the COVID-19 pandemic. The Department of Health & Human Services and CDC have provided guidelines that nursing homes and assisted living facilities must follow to reopen to visitors, including strict standards for social distancing and the use of face masks for all visits. Community incidence of the virus must also be taken into consideration.

Check the website at JCHhealthandLife.org for updates.

Anyone with questions about the requirements should contact Deb Sutton at 402-729-6843.

More Price is Right!

Price is Right items shown by —

Left, Bertha Friesen, and right,

Dorothy Reid.



Keeping Up With Changes

To keep up with changes at Jefferson Community Health & Life during the COVID-19 pandemic, please follow us on Facebook or Twitter, or check out our website at JCHhealthandLife.org.



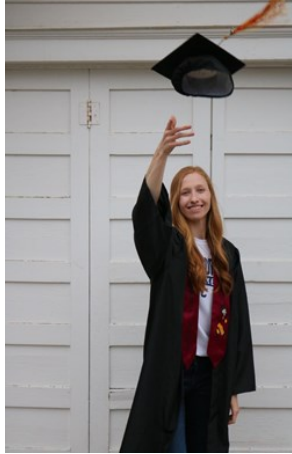
Enjoying McDonald's Hamburgers



*Enjoying McDonald's hamburgers -
Top left, Marvin Saathoff; to right, Alice Stanton;
middle left, Paul Prellwitz; middle right, Joyce Ude;
bottom left, Lela Bauer.*

Staff Spotlight

Gardenside is fortunate to have exceptional staff who build fond relationships with each of our Residents. Each month, we would like to introduce to you to a few of the staff members who help make Gardenside a 5 Star facility!



Sara Huss, CNA

I've worked at Gardenside for one year and recently graduated from high school in June 2020. I will be attending Concordia University in the fall majoring in Biology/Pre-Physical Therapy. I will play volleyball and run track on the teams while in college. I have one older brother and one younger sister. When I'm not working, I love playing the piano, doing craft projects with my sister, hanging with friends and family and being active in the community. Fun fact: I was born and raised on a farm southwest of Fairbury where my family raises Hereford cattle.



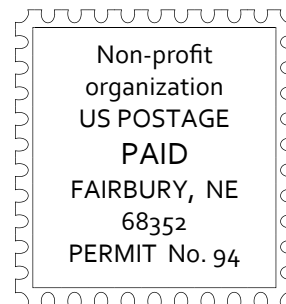
Bobbie Ortgies, CNA-Bath Aide

I have worked in long term care since I was 16 years old and have been at Gardenside for 5+ years with my current position as the Bath Aide. When I am not working, I enjoy spending my time with my significant other, Brandon and our children. Together we have 4 children, Josh, Kalee, Addie and Triton. I enjoy caring for all the Residents at Gardenside.

Getting Creative

During COVID-19, we have been getting creative with activities. This photo shows a very small group doing hallway armchair aerobics.





CHANGE SERVICE REQUESTED

Photos Inside!

Happy Fourth of July!



***Fireworks** — Residents enjoyed a fireworks display in honor of the Fourth of July put on by Barb Schwisow and Nate Behrends. At right, Marvin Saathoff and other residents enjoy the fireworks.*