

## June Offers Variety of Activities

By Nate Behrends  
Evening Activities Coordinator

Well Gardenside hopes to find you all well as July begins. Gardenside has seen many changes just in the first part of the year, and we anxiously proceed into the second phase of 2021.

June was full of music, bus rides, games, a magician and some videos shared with us from Karen Spilker who had recently visited the Creation Museum in Ohio and The Ark Encounter in Kentucky. Thanks Karen! Residents also enjoy "Cooking with Wayne and Nate." (Sampling is the best part!)



***Cooking up treats**—Wayne Franzen, day activity coordinator, cooks up a treat for Gardenside residents to sample.*

Janet Jefferies started out the month of June with her music stylings, followed by a June Birthday Party with Paul Ramp performing in the West Garden. Magician Evan Card kept his audience enthralled with antics from his bag of tricks. We enjoyed a bus trip to Alexandria State Lakes, the Kumpf Pumpkin Patch and petting Zoo, Crystal Springs, the Haake farm to see and hear the Talking Donkey, and a trip to early to the day Lilly Farm, where we were told to come visit in a couple weeks when the flowers should all be in full bloom. Many games such as Old Glory, Bingo, lots of variety of Jingo games trivia, crosswords were enjoyed.

July will start out with a Bang as we have Bill Chrastil Here to Entertain both Cedarwood and Gardenside residents Friday night in the Gardenside parking lot, followed by a fireworks extravaganza as we will combine the resources of Gardenside and Cedarwood to have a bigger

*(Continued on page 6)*

## Magician Performs



*Magician Evan Cord performs for residents.*

## Admissions

- Judy Troxel, June 11
- Ortrude Snyder, June 14

## Birthdays

- None in July

## Deaths

Our sympathy is with the family of one resident who passed away:

- June Wendlandt, May 26

## COVID UPDATE

Check out our website for current information regarding visitation status and COVID!

**JCHhealthandLife.org/  
locations/gardenside**

## Our Team to Serve You

### Chief Executive Officer

Burke Kline, DHA

### Administrator

Deb Sutton RN

Director of Nursing—Laura DeBoer RN

Assistant DON—Anne Itzen RN

MDS Coordinator—Melissa Bennett RN

Social Services Coordinator—Raven Gerths

Social Services Designee—Amy Hansen

### Activities Coordinators

Wayne Franzen, Nate Behrends

### Rehabilitation Aide

Karen Spilker

### Dietitian

Lisa Edeal

### Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Patrick Hoins

Facilities Supervisor—Mick Bruce

Director of Envir. Services/Purchasing

Stephanie McDaniel

Director of Public Relations

Lana Likens

### Most recent state survey:

In a folder on east side of the wall by the Activity Room.

E-mail: [wayne.franzen@JCHhealthandLife.org](mailto:wayne.franzen@JCHhealthandLife.org)

Website: [JCHhealthandLife.org](http://JCHhealthandLife.org)

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or unsubscribe, write: Gardenside News, P.O. Box 277, Fairbury, NE 68352, call Lana Likens at 402-729-6855, or email [lane.likens@jchhealthandlife.org](mailto:lane.likens@jchhealthandlife.org).

## COVID-19 Report

Gardenside is fortunate to report that we have had no Gardenside residents test positive for COVID-19 since the onset of the pandemic in March 2020.

We are required by regulation to report the cumulative number of positive tests among Gardenside staff since the onset of COVID-19 in March 2020. **As of June 29, 2021, we have had 25 staff test positive for COVID-19, with the last positive result in February 2021.** This report is updated weekly on our website.

## We offer both Facetime and Skype

**Please remember: Calls must be scheduled ahead of time to ensure staff ability to assist residents. To schedule a time, please call (402) 729- 5220 (press 1 at the prompt).**

Results of the most recent state survey are available on the east side of the wall by the Activity Room. Nurse staffing hours are posted west of the nurses station.



# JULY 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1 10:00 Care Conferences 2:00 Current Events	2 Celebrating the 4th! 7:00 Bill Christil and the Crackers	3 Enjoy the Sunshine!
4 Happy 4th of July	5 10:00 Word Games 2:00 Crossword	6 10:00 Wheelchair Walks 2:00 BINGO 6:45 Journey Through The Creation Museum	7 10:00 Fancy Nails 2:00 Parachute 6:45 Word Games	8 10:00 Care Conferences 2:00 Current Events 6:45 Crossword	9 10:00 One on Ones 3:00 Rick Clarence	10 Take a Walk with Staff!
11 Church Radio/ T.V.	12 10:00 Fancy Nails 2:00 Cooking with Nate & Wayne 6:45 Word Games	13 10:00 Massage Therapy 2:00 Noah's Ark 6:45 Bus Rides	14 10:00 Aerobics with Craig 2:00 Ice Cream Cones 6:45 Crossword	15 10:00 Care Conferences 2:00 Current Events 6:45 JINGO	16 10:00 Van & Bus Rides 2:00 Shooting Gallery	17 Phone a Friend!
18 Church Radio/ T.V.	19 10:00 Fancy Nails 3:00 The Chengs 6:45 Bus Rides	20 10:00 Wheelchair Walks 2:00 Bus Rides 6:45 Crossword	21 10:00 Massage Therapy 2:00 BINGO 6:45 Bus Rides	22 10:00 Care Conferences 2:00 Current Events	23 10:00 One on Ones 2:00 Root Beer Floats 6:45 Word Games	24 Work on a Puzzle!
25 Church Radio/ T.V.	26 10:00 Fancy Nails 1:30 Treats 3:00 Mike McCracken 6:45 Bus Rides	27 10:00 Building of the Ark Encounter 2:00 Word Games 6:45 Crossword	28 10:00 Aerobics with Craig 2:00 BINGO 6:45 Bus Rides	29 10:00 Care Conferences 2:00 Current Events 6:45 JINGO	30 10:00 Wheelchair Walks 2:00 Watermelon Feed 6:45 Bus Rides	31 Read a great Book!
No July Birthdays!						



# July 2021

## Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				L: BBQ ribeye OR Chicken burrito pie  S: Creamed turkey OR grilled cheese sandwich	L: Beer batter fish OR baked ham  S: Hot roast beef and swiss OR chicken cobb salad	L: herb baked chicken OR bbq beef on bun  S: Tater tot casserole OR fried shrimp
4	5	6	7	8	9	10
Fourth of July L: Chicken Wings OR hot dog  S: Bacon cheeseburger OR pork fritter	L: Peppered pork loin OR honey glazed meatballs  S: Goulash OR ham and cheese sandwich	L: Roast turkey OR chuckwagon steak  S: Chicken salad croissant OR egg and cheese sandwich	L: Mushroom chopped steak OR chicken and dumplings  S: Macaroni and cheese bake or Corned beef and Swiss on rye	L: Brown sugar glazed ham OR cheeseburger deluxe  S: Pancakes and sausage links OR hot pork sandwich	L: Lasagna or Polish sausage  S: Seasoned tilapia OR BLT sandwich	L: Grilled chicken OR glazed meatloaf  S: Pan pizza OR tuna salad sandwich
11	12	13	14	15	16	17
L: Turkey Tetrazini OR Pork steak with sour cream  S: Grilled cheese sandwich OR chicken tenders	L: Chicken fried chicken OR roast beef  S: BBQ Pork on bun OR Reuben sandwich	L: Swiss steak OR baked pork chop  S: Battered fried shrimp OR hamburger on bun	L: Roast turkey OR Liver and onions  S: Chicken salad sandwich OR Philly cheesesteak sandwich	L: Salmon patty OR crispy pork steak  S: Steak fingers OR turkey club on croissant	L: Baked beef brisket OR breaded fish au gratin  S: Chicken Parm sandwich OR cream chipped beef	L: Glazed ham OR chef salad  S: Egg salad sandwich OR meatballs with gravy
18	19	20	21	22	23	24
L: Oven fried chicken OR spaghetti with meat sauce  S: Patty melt OR Polish sausage on bun	L: Beef taco OR roast turkey  S: Tuna salad plate OR chicken lasagna	L: Baked pork chop OR grilled chicken  S: Grilled cheese sandwich OR scalloped potatoes with ham	L: Meatloaf OR peppered pork loin  S: Deli sandwich OR corned beef and Swiss on rye	L: Barbecued chicken OR Salisbury steak  S: Breaded chicken on bun OR cinnamon French toast and sausage links	L: Oven Fried chicken OR cheeseburger  S: Turkey club OR chili	L: Roast Beef OR turkey noodle casserole  S: Chicken Tender Salad OR hot ham and cheese
25	26	27	28	29	30	31
L: Oven fried chicken OR spaghetti with meat sauce  S: Patty melt OR Polish sausage on bun  L: Pork roast OR Bacon wrapped chopped steak  S: Ham and bean soup OR Slippy pie on a bun	L: Chicken breast with mushrooms or Oriental beef stir fry  S: Creamed chipped beef over toast OR Cranberry chicken salad	L: Spaghetti with meat sauce OR Pork steak supreme  S: Turkey sandwich OR Macaroni and cheese	L: BBQ Pork on bun OR Chicken Fried Steak  S: Chicken tenders OR Pan pizza	L: Beef tips with gravy OR turkey dressing casserole  S: Roast beef sandwich OR Fairbury hot dog with bun	L: Oven fried chicken OR tuna noodle casserole  S: Ham sandwich OR tater tot casserole	L: Green pepper steak OR baked glazed ham  S: Fisherman's sandwich OR Patty melt

Guests are welcome to join us for meals. To make planning easier, please notify the charge nurse a day or two in advance if you will join us for a meal. Please pay for guest meals in the cafeteria. Guest meals are \$5 (tax incl.) Guest meals are not billed to resident rooms. Thank you!

# Staff Spotlight

Gardenside is fortunate to have exceptional staff who build fond relationships with each of our Residents. Each month, we would like to introduce to you to a few of the staff members who help make

## Billie Eisenhauer, Gardenside/Cedarwood Beautician



Billie has provided salon services for all Gardenside/Cedarwood Residents for the past 8 months. She is married to her husband and together they have a 7mo old Great Pyrenees puppy. In her spare time, Billie enjoys gardening, working on puzzles, diamond painting and even painting (walls not art). Sitting outside on her wrap around porch while enjoying life or playing volleyball with her husband are some of her favorite past times. She also loves to spend time with her sisters, nieces, and nephews.

## Tina Smith- LPN



Tina Smith has worked at JCHL-Gardenside for 28 years. She started working in the dietary department when she was 16 years old and later as a CNA. Out of high school, Tina attended nursing school and has since been an LPN for the past 22 years. She has two children (Madalyn, 9 & Holden, 7) and loves spending time with her kids and outdoors. Tina is proud & appreciative to work at Gardenside, the residents she cares for, and her work family.

## Gardenside HVAC System Being Upgraded

As a part of our overall improvement projects and in an effort to improve our air quality to reduce spread of respiratory illnesses, the JCH&L Board of Directors approved a new HVAC (heating, ventilation and air conditioning) system to be installed in Gardenside. The current system was installed when the nursing home was built in 1963. This project will be completed in two phases, the first has already began and involves the installation of the new HVAC units in each room. For this phase staff are relocating residents 2 rooms at a time, for 3-4 hours while the units are installed. After all units are installed the electrical work will be completed and the system will be activated.

Once the new system is functional Phase 2 will begin. Phase 2 will be the removal of the old units from each room. This phase will be more involved and will require residents in the selected rooms to relocate for 3-5 days. The old units will be removed and the exterior walls will have to be repaired then residents will be moved back to their original room. We will be contacting residents and family members as this phase begins as work begins in your room and relocation is scheduled.

We appreciate your patience and understanding as we make these improvements in our facility to improve our air quality and temperature control.

## June offers variety

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show. Gardenside welcomes back Rick Clarence, The Chengs and Mike McCracken for entertainment throughout the month of July. Bus rides, root beer floats, watermelon feeds and BINGO of course will fill in the days here at Gardenside.

As always we wish you all well, and thank you for your continued care for our residents and the activities we offer to them.

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*At right, residents enjoy entertainment.*



### **Directions for SignUp Genius**

**SignUp Genius must be used for all visits. Here's how to access it:**

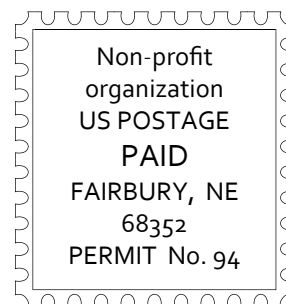
1. Go to [jchealthandlife.org](http://jchealthandlife.org) website
2. Top bar on right side, hover over locations and click on Gardenside
3. Once on the Gardenside page, on the right hand side of the page click on "click here to use SignUp Genius"
4. Gardenside SignUp Genius site will open (save this site on your computer so you do not have to go to the JCH&L website for future visits)
5. Look for the date/time you would like to visit and click white "Sign Up" box then click green "Submit and Sign Up" box at the bottom of the page (remember the dates/times lock 24 hours prior to the date/time selected so if there is a Lock symbol in the white Sign Up box that time is already locked out).
6. A new window will open and ask for the name of the resident you are visiting, your first and last name, your email and phone number. You must respond to each of the questions asked then click the green "Sign Up Now" box at the bottom of the page.
7. After you have signed up for your visit, an email will be sent to the email address you listed to confirm your appointment and to give you the instructions for your visit.



## Tasting Time!



Tasting treats — clockwise, from top left: Jody Brentley, Lela Bauer, Beverly Leseberg, LaVon Mason.



CHANGE SERVICE REQUESTED

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*Photos Inside!*

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## Happy Birthdays!



*Celebrating birthdays in June were, left, Joyce Ude, and right, Viola Johnson.*