Health & Life Gardenside News

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August 2021

June Offers Variety of Activities

By Nate Behrends Evening Activities Coordinator

Booms, Crackles and Popping sounds arose from the west parking lot Amphitheatre as July was brought in with a BANG!!!

Bill Chrastil entertained in the open air arena to start the festivities doing his always amazing show. Thanks, Bill. Fireworks lit up the sky as bugs flew every direction to get away from the smoke. Don Sutton was able to keep all his appendages as he assisted with the fireworks barrage. Thanks, Don. And thanks to all staff who helped with festivities. We had a BLAST Celebrating our Country's FREEDOM.

During July, Rick Clarence was also here to entertain us with his music. The Chengs returned to story tell and perform their music, and Mike McCracken sang and played music for us

Many bus rides were taken throughout the month. We visited the daylily farm,

the Kumpf Family Pumpkin Patch and Petting Zoo,

the Alexandria State Lakes, Rock Creek Station, Crystal Springs, and of course a visit to see the talking Donkey. These trips are an important part of keeping up spirits.

Games galore throughout the month played in the dayroom kept us smiling, thinking, sharing, and laughing. Bingo is the biggest draw, word games like Finishing the Lines, American Trivia, Jingo, Old Glory, and 5 Senses just to name a few are also fun and thought provoking. Parachute games has been a big draw bringing many laughs while exercising. Some games like Bowling, Giant Ring toss, Bean bag toss, whiffle ball toss and more anxiously await their chance to be played again when possible.

Thanks to Craig who comes over for Armchair Aerobics every other week, Cooking with Wayne, and Fancy Nails. These are some of the other options throughout the month to participate in.

August is shaping up to be just as fun-filled as July. We are eager for the return of Paul Ramp for the August Birthday party, and Helen's Hats returns for her musical rendition and outfits and hats through the years. Brand new entertainment comes in August as the Houston Solution husband-and-wife team come to perform at Gardenside. Games and other activities will fill up Gardenside's days and nights for August.

We wish you all well and thank you for your continued interest in Gardenside. Until next month!



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Our Team to Serve You

Chief Executive Officer Burke Kline, DHA **Administrator** Deb Sutton RN Director of Nursing-Laura DeBoer RN Assistant DON—Anne Itzen RN MDS Coordinator — Melissa Bennett RN Social Services Coordinator—Raven Gerths Social Services Designee—Amy Hansen Activities Coordinators Wayne Franzen, Nate Behrends **Rehabilitation Aide** Karen Spilker <u>Dietitian</u> Lisa Edeal Pharmacy Director Brandon Bleich, PharmD Facilities Director—Patrick Hoins Facilities Supervisor—Mick Bruce Director of Envir. Services/Purchasing Stephanie McDaniel **Director of Public Relations** Lana Likens Most recent state survey:

In a folder on east side of the wall by the Activity Room.

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COVID-19 Report

Gardenside is fortunate to report that we have had no Gardenside residents test positive for COVID-19 since the onset of the pandemic in March 2020.

We are required by regulation to report the cumulative number of positive tests among Gardenside staff since the onset of COVID-19 in March 2020. As of July 27, we have had 26 staff test positive for COVID-19, with the last positive result in July 2021. This report is updated weekly on our website.

Current visitation information can also be found on our website. JCHealthandLife.org/locations/Gardenside

We offer both Facetime and Skype

Please remember: Calls must be scheduled ahead of time to ensure staff ability to assist residents. To schedule a time, please call (402) 729– 5220 (press 1 at the prompt).

Results of the most recent state survey are available on the east side of the wall by the Activity Room. Nurse staffing hours are posted west of the nurses station.

Admissions

- Fern Maschman, June 24
- Virgil Wasserman, June 30

Birthdaus

- Jane Bakewell, Aug. 7
- Marvin Saathoff, Aug. 16
- Richard Bugbee, Aug. 27
- Eugene Musil, Aug. 29

Anniversary

 Marvin and Wilma Saathoff, celebrating 60 years Aug. 20

Deaths

Our sympathy is with the families of three residents who passed away:

- Fern Maschman, June 25
- Paul Prellwitz, July 5
- Viola Johnson, July 22

Return Home/Transfer

Judy Troxel

Activities calendar goes here



Menues calendar goes here

Staff Spotlight

Gardenside is fortunate to have exceptional staff who build fond relationships with each of our Residents. Each month, we would like to introduce to you to a few of the staff members who help make

Amy McKillip, Day Shift CNA/MA



Amy has worked at Gardenside for 5months but has worked as a CNA for 20+ years. Originally, Amy is from Chadron, NE, but moved to Beatrice in 2005. She has a son Austin (20), currently stationed in Tampa, FL, where he serves in the US Air Force. Her daughter Braylee (11), will soon be entering middle school. Aside from her children, Amy enjoys being outdoors and spending time with her family along with her numerous pets which include an Aussie/Doodle dog named Chewy, a hamster, and even a frog.



Anna Scouboe, Evening Shift CNA

Anna has worked at Gardenside for more than 8 months. Prior to working at Gardenside she was attending Doane University where she graduated in 2020 with a Bachelor's Degree in Exercise Science. In her spare time, Anna enjoys running outdoors (long distance), reading mystery novels, and watching Netflix (medical shows or mysteries). Anna loves to travel and her bucket list vacation spot would be to see Greece someday.

Gardenside HVAC System Being Upgraded

The HVAC (heating, ventilation and air conditioning) system upgrade continues at Gardenside.

This project is being completed in two phases. The first — the installation of the new HVAC units in each room — is nearly complete. For this phase, staff relocated residents 2 rooms at a time, for 3-4 hours while the units were installed. After all units are installed the electrical work will be completed and the system will be activated.

Once the new system is functional Phase 2 will begin. Phase 2 will be the removal of the old units from each room. This phase will be more involved and will require residents in the selected rooms to relocate for 3-5 days. The old units will be removed and the exterior walls will have to be repaired then residents will be moved back to their original room. We will be contacting residents and family members as this phase begins as work begins in your room and relocation is scheduled.

We appreciate your patience and understanding as we make these improvements in our facility to improve our air quality and temperature control.



Directions for SignUp Genius

SignUp Genius must be used for all visits. Here's how to access it:

1. Go to jchealthandlife.org website

2. Top bar on right side, hover over locations and click on Gardenside

3. Once on the Gardenside page, on the right hand side of the page click on "click here to use SignUp Genius

4. Gardenside SignUp Genius site will open (save this site on your computer so you do not have to go to the JCH&L website for future visits)

5. Look for the date/time you would like to visit and click white "Sign Up" box then click green "Submit and Sign Up" box at the bottom of the page (remember the date/times lock 24 hours prior to the date/time selected so if there is a Lock symbol in the white Sign Up box that time is already locked out).

6. A new window will open and ask for the name of the resident you are visiting, your first and last name, your email and phone number. You must respond to each of the questions asked then click the green "Sign Up Now" box at the bottom of the page.

7. After you have signed up for your visit, an email will be sent to the email address you listed to confirm your appointment and to give you the instructions for your visit.

Taking Time to Exercise





2200 H St. P.O. Box 277 Fairbury, NE 68352

CHANGE SERVICE REQUESTED



Photos Inside!

Subscriptions

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**If you have a family member, friend or volunteer who would like to receive the newsletter, please have them call Lana Likens at (402) 729-6855 and ask to be added to the Gardenside mailing list. Please give name, address, and city state and ZIP.

The newsletter can also be found on our website at JCHealthandLife.org/locations/ Gardenside, "download Gardenside News."