Health & Life Gardenside News

Volume 28 Issue 11

November 2021

Residents Share What They are Thankful For

It has been a tradition that each year at Thanksgiving time we ask our residents what they are thankful for. Residents this year were happy to share many things they are thankful for.

Mary Endorf—Family, fair health, for the care here, radio church service

Lucille Roland—Being alive, family

Wayne Stewart—I'm alive, daughter and granddaughter and great grandkids

Dick Bugbee — Thankful for place to be, memory, friends

Gaylord Smith—health, family

Connie Sutton — my family, my health, and good care

Mervin Houser — I'm alive

Virgil Wasserman—My loving family, health

Orville Weichel — Family, Good food

Jody Brantley — Health, family, and care received

Carol Hart — Health, family

Melody York — Family, staff, health

Dorothy Stewart—My nice family, friends and many more things

Melvin "Mick" Melander — Thankful I'm alive Willard Endorf — Family, pretty good health Lela Bauer—My family, my church and church family, pray for God to bless the USA. There are so many

things to be thankful for Lillian Adams — Everything

Roger Junker—Being helpful to others, and my health

John Folkner — Health is better, here with friends Joyce Ude—family



Jane Bakewell shares what she is thankful for

Donna Starr — That I'm alive, health, family Roma Heitzenrader — Everyone I love Beverly Leseberg—family, everything Eugene Musil — Good place to stay, family appreciation Marvin Saathoff — Family, wife, health Dorothy Reid — Being here at Gardenside Joan McKenzie — Lord and Svaior, home and care, family - especially Michael Jane Bakewell—Good health for my age and my family and their good health Bertha Friesen — My family, food, and good company

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Admissions

• Pauline Hynek, Oct. 4

Birthdays

- Lucille Roland, Nov. 10
- Melvin Melander, Nov. 24
- Lillian Adams, Nov. 28

Return Home/Transfer

Pauline Hynek, Oct. 15



Our Team to Serve You

Chief Executive Officer Burke Kline, DHA **Administrator** Deb Sutton RN Director of Nursing-Laura DeBoer RN Assistant DON_Anne Itzen RN MDS Coordinator — Melissa Bennett RN Social Services Coordinator—Raven Gerths Social Services Designee—Amy Hansen Activities Coordinators Wayne Franzen, Nate Behrends **Rehabilitation Aide** Karen Spilker <u>Dietitian</u> Lisa Edeal Pharmacy Director Brandon Bleich, PharmD Facilities Director—Patrick Hoins Facilities Supervisor—Mick Bruce Director of Envir. Services/Purchasing Stephanie McDaniel **Director of Public Relations** Lana Likens Most recent state survey: In a folder on east side of the wall by the

Activity Room.

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COVID-19 Report

Gardenside is fortunate to report that we have had no Gardenside residents test positive for COVID-19 since the onset of the pandemic in March 2020.

We are required by regulation to report the cumulative number of positive tests among Gardenside staff since the onset of COVID-19 in March 2020. As of Oct. 26, we have had 31 staff test positive for COVID-19, with the last positive result in October. This report is updated weekly on our website.

Current visitation information can also be found on our website. JCHealthandLife.org/locations/Gardenside

We offer both Facetime and Skype

Please remember: Calls must be scheduled ahead of time to ensure staff ability to assist residents. To schedule a time, please call (402) 729– 5220 (press 1 at the prompt).

Results of the most recent state survey are available on the east side of the wall by the Activity Room. Nurse staffing hours are posted west of the nurses station. Activities calendar goes here

Menues calendar goes here

Staff Spotlight

Gardenside is fortunate to have exceptional staff who build fond relationships with each of our Residents. Each month, we would like to introduce to you to a few of the staff members who help make Gardenside a 5 Star facility!

Kacy Garber, RN

Gardenside Evening/Night Shift Nurse



Kacy has been employed with Gardenside for 6 years. She has grown throughout her time here as she was a CNA/MA, LPN, and most recently graduated with her Associates Degree in Nursing from Cloud County Community College with her RN. Kacy enjoys her dog Charlie. In her spare time, Kacy likes to camp, fish, spend time with her family, go on long car rides with friends, read, and watch movies. Kacy's future plan is to pursue a Bachelor Degree in Nursing.

ocial Services Corner:

Gardenside Social Services department staff are certified Nebraska SHIP counselors. They assist Residents with Medicare Part D Prescription Drug Program, Medicaid enrollment, as well periodic plan changes throughout the year. Each year we review every residents' Medicare D prescription drug plans to ensure they are on the most cost effective plan to meet their individual needs. Med D Prescription drug plans change every year as do their contracts with our pharmacy. Individual plans can change their coverage terms meaning a drug covered in the past may not be covered in the future, increase premiums or even co-pays. Ensuring appropriate Prescription drug coverage and/or Medicaid eligibility is vital to the physical and fiscal health of everyone. As plans are reviewed, we will notify the resident or their representative of any necessary changes. If you have questions, please feel free to call Gardenside Social Services at (402)729-6849.

NEBRASKA

Local help for Nebraskans with Medicare

October Brings Wide Variety of Activities

October came and went like the flutter of a falling leaf. Many activities filled the days: bus rides, Husker football and volleyball games, flickin chicken game, ring toss, ball toss, trivia, crosswords, and of course Bingo (which is always a favorite.)

Paul Ramp entertained the October birthday party crowd, bringing his renditions of yesteryear. He is a real showman. Mike McCracken joined in the October activities here at Gardenside indoor/outdoor arena, bringing his singing and playing talents to share with everybody. October's main event was the incomparable Talents of Branson's 2-time entertainer of the year Bill Chrastil.

Several bus and van rides were taken throughout the month. We went to Kumpf's pumpkin patch, Rock Creek Station, Alexandria State Lakes, and Crystal Springs. We got our closest look at the llamas and Alpacas as they came right up to the fence, several comments from cute to homely came from the back of the bus. We went to see and hear what Mr. talking donkey has been up to. The changing colors of fall are a beautiful sight and brought a feeling of peace to many as we ventured through Rock Creek Station and down through a winding canyon road. As we approached the end of the month, we ventured out to see the scare in the air around the town.

Gardenside was able to have a haunted tunnel walk for the local ghosts and goblins to walk through, and walk up to the big picture window show off their spooky costumes and grab a bag of ghoulish gifts on their way out, if they were able to survive the tunnel of scare a second time.

November looks to be full of fun as we move closer to Thanksgiving. More Nebraska football and volleyball, games galore, bus and van trips. Gardenside welcomes brand new entertainment as Chris Sayre comes here for the first time, and the return of the Links, a singing duo greatly enjoyed on their last trip through. Great things to come here at Gardenside. We wish you all the blessings of a bountiful harvest. And remember as we do here — be Grateful and Thankful for all you receive. Until next time, Peace be with You.

COVID Booster Clinics Available in November

COVID booster shot clinics will be held Nov. 5, 12, and 19, at the Presbyterian Church in Fairbury. Boosters will be available for:

*Those 65 and older;

*Those who are 18-64 and at high risk for severe COVID

*those who are 18-64 with occupational exposure

*Must be at least 6 months after second dose of Moderna or Pfizer or 2 months after Johnson and Johnson vaccine

*You may choose to get a booster of the same vaccine series or you may choose to get a booster of a different brand of vaccine

Appointments are required. For appointment please call 402-587-5188. Please leave your name, telephone number, date of birth, vaccine you prefer and date you prefer. If you need carside service, please let us know in the message.

When you come to the booster clinic, please mask; bring your insurance card and photo ID; bring your vaccine card; wear a short sleeved shirt; and plan to be observed for at least 15 minutes before leaving.

October brings variety of activities











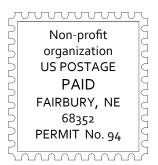


JCH&L Gardenside News



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CHANGE SERVICE REQUESTED



Photos Inside!

Happy Birthdays!



Happy September birthday to Wayne Stewart!