

Visitation Updates Allow More Visitors

Gardenside has updated visitation guidelines to reflect current CMS guidelines, which have lightened restrictions for visitors. Please note that visitation guidelines and instructions are different for Gardenside and Cedarwood, because of their different licensures.

New Guidelines for Visitation at Gardenside:

- Gardenside will no longer limit the frequency or length of visits for residents.
- Because of Gardenside's space limitations and the continuing need to distance for infection prevention, we recommend no more than 3 visitors at a time. Please visit with Social Services or the Director of Nursing about larger groups if needed.
- Appointments continue to be recommended to help Gardenside staff accommodate visits and space and maintain the core principals of infection prevention for COVID-19. Appointments can be made through SignUp Genius on the webpage, [JHealthandLife.org](https://www.jchealthandlife.org), locations, Gardenside; OR may be made by calling the facility at 402-729-5220. Appointments are NOT required.
- When visitors arrive on campus they are asked to call the Gardenside nurses desk at 402-729-5220 and come to door 31 (located between Gardenside and Cedarwood.)
- All visitors must screen at the kiosk before entering Gardenside.
- All visitors must perform hand hygiene before entering, during the visit and prior to leaving, and any time they touch their face mask.
- Proper face covering or mask is required for the entire visit.
- Physical distancing of at least 6 feet is required between visitor and residents and/or staff.



Dorothy Reid enjoyed delivering Girl Scout cookies to Gardenside residents & staff. Cookies were donated by her family (Greg & Teresa Hansmire & family).

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Honoring our Veterans



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Admissions

- LaRae Vawser, Dec. 17

Birthdays

- Dorothy Stewart, Dec. 18
- Orville Weichel, Dec. 22
- John Folkner, Dec. 25

Deaths

Gardenside was saddened by the death of three residents in the past month. Our sympathy is with the families of:

- Connie Sutton, Nov. 5
- Joyce Ude, Nov. 19
- Mervin Houser, Nov. 23

Our Team to Serve You

Chief Executive Officer

Burke Kline, DHA

Administrator

Deb Sutton RN

Director of Nursing—Laura DeBoer RN

Assistant DON—Anne Itzen RN

MDS Coordinator—Melissa Bennett RN

Social Services Coordinator—Raven Gerths

Social Services Designee—Amy Hansen

Activities Coordinators

Wayne Franzen, Nate Behrends

Rehabilitation Aide

Karen Spilker

Dietitian

Lisa Edeal

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Patrick Hoins

Facilities Supervisor—Mick Bruce

Director of Envir. Services/Purchasing

Stephanie McDaniel

Director of Public Relations

Lana Likens

Most recent state survey:

In a folder on east side of the wall by the Activity Room.

E-mail: wayne.franzen@JCHHealthandLife.org

Website: JCHHealthandLife.org

Gardenside News is a monthly publication of Jefferson Community Health & Life. **Subscriptions are free.** To subscribe

or unsubscribe, write: Gardenside News, P.O. Box 277, Fairbury, NE 68352, call Lana Likens at 402-729-6855, or email lane.likens@jchealthandlife.org.

COVID-19 Report

Gardenside is fortunate to report that we have had no Gardenside residents test positive for COVID-19 since the onset of the pandemic in March 2020.

We are required by regulation to report the cumulative number of positive tests among Gardenside staff since the onset of COVID-19 in March 2020. **As of Oct. 26, we have had 31 staff test positive for COVID-19, with the last positive result in October.** This report is updated weekly on our website.

Current visitation information can also be found on our website.

JCHHealthandLife.org/locations/Gardenside

We offer both Facetime and Skype

Please remember: Calls must be scheduled ahead of time to ensure staff ability to assist residents. To schedule a time, please call (402) 729– 5220 (press 1 at the prompt).

Results of the most recent state survey are available on the east side of the wall by the Activity Room. Nurse staffing hours are posted west of the nurses station.

Activities calendar goes here

Menues calendar goes here

Staff Spotlight

Gardenside is fortunate to have exceptional staff who build fond relationships with each of our Residents. Each month, we would like to introduce to you to a few of the staff members who help make Gardenside a 5 Star facility!

Carol Strunk

JCHL/Gardenside-Laundry Services



Carol has worked in the JCHL/Gardenside Laundry Services Department for 5+ years. Her son Ryan and daughter in law Marla have 2 children (Dawson & Clayton). In her spare time, Carol enjoys fishing, working on puzzles or activity books, and attending her grandson's activities.

Social Services Corner:

Christmas is just around the corner and with this comes holiday decorating. Residents are welcome to have holiday/seasonal decorations in their rooms as space allows. Holiday decorations



can increase the nostalgia and happiness felt during this time of year. Anyone desiring to bring holiday décor for their resident/loved one's room, please bring to the facility with the resident's name on it. Staff will begin holiday decorating and will be helping those who need it. A few reminders: door decor must be flame retardant (we can assist if it's not already done or you're unsure), all electrical appliances must be safety checked prior to being used, and no electrical cords/power strips/adapters are allowed in the facility per state regulations.

Cards are welcome!

Our residents love to receive greetings from family and friends—at the holidays, and year round!

If you would like to send a holiday card, please send it to:

*Resident's Name
JCH&L Gardenside
PO Box 277
Fairbury, NE 68352*

(You are not required to have the residents room number.)



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- Visitors should enter and go directly to their visit. Please don't wander the halls, stand at the nurses station or go to the day room or dining room. Please don't get closer than 6 feet to any residents who are in the halls.
- Visits may be held in the resident's room if they have a private room or a semi private room with no roommate. Otherwise, visits will be scheduled in visitation rooms.
- Do NOT enter the facility if you are ill, have a recent positive COVID-19 test, or have been asked to quarantine or isolate.
- Residents are allowed to go out of the facility for outings with family at any time. We encourage them not to participate in large gatherings. Staff appreciates a 24-hour notice to ensure proper paperwork is completed. Please contact social services at 402-729-6849 Monday through Friday, 8 a.m. to 4:30 p.m. to schedule outings.
- Visitors who do not adhere to the core principals of COVID-19 infection prevention (including screening, masking, hand sanitizer, distancing, etc.) they will be asked to leave the facility and prohibited from visiting.
- Gardenside is currently working on some additional enhancements to make it more convenient for visitors to screen and enter the facility. Please watch the website for updates.

"Gardenside and Cedarwood are among a very small group of nursing homes and assisted living facilities in the state of Nebraska who have had no cases of COVID-19 diagnosed among residents or tenants," said Laura DeBoer, Gardenside Director Nursing Services. "We have worked very hard throughout the pandemic to keep our residents and tenants safe, and we will continue to follow the guidelines that have made this possible."

Those with questions about the guidelines may contact:

- Laura DeBoer RN - Gardenside Director of Nursing Services -- 402-587-5228
- Raven Gerths - Gardenside Social Services Coordinator -- 402-729-6849

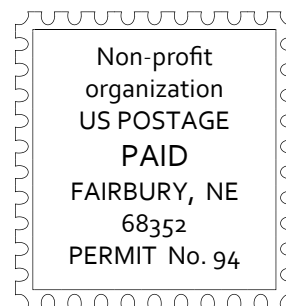


November—Thankfulness and Fun

We need an activity review for this space please—It can be pretty short—or I can shrink the pictures some to make room for more!



2200 H St. P.O. Box 277
Fairbury, NE 68352



CHANGE SERVICE REQUESTED

Photos Inside!

Happy Birthdays!



Happy November birthdays to, from left, Lucille Roland, Melvin Melander, and Lillian Adams.