

## Residents enjoy many Christmas activities

By: Nate Behrends

Just like that, December has come and gone! Gardenside was very festive this holiday season with many Christmas activities enjoyed maintaining the festive spirit. Both residents and staff enjoyed weekly holiday themes with Wacky Holiday Wednesdays. Such events as a cookie exchange & holiday/ugly sweater day, hot cocoa bar & holiday socks, holiday hat/hair & sub sandwiches, holiday window painting contest and much more.

The JCHL Nutrition Services Department created an outstanding holiday display in the dining room complete with a Christmas Village and Santa chimney scene.

There were bus rides around the community and countryside providing residents with an opportunity to take in the Christmas lights. Residents also had an opportunity to see the living nativity sponsored by Grace Lutheran Church at Crystal Springs.



**Christmas hats and smiles**—Resident Jane Bakewell and Nursing Director Laura DeBoer enjoyed Christmas hats during a Wacky Wednesday in December at Gardenside.

Residents sent out homemade Christmas cards to several nursing homes throughout Nebraska. The opportunity to make and send some Christmas spirit brightened the hearts of those completing them with additional coloring pages and messages added as well. Many smiles, love and laughter were shared as this activity was from the heart. The Chengs performed a Christmas Concert with phenomenal music played by this dynamic duo. A resident/staff holiday party was celebrated with a gift exchange and Christmas sing-along.

As we approach the New Year and the many blessings it brings, our sincerest gratitude for the continued support throughout the past year. We hope 2022 brings each of you more joy, love, good health, & happiness than the year before. Merry Christmas & Happy New Year!!!

## Cookie Exchange



*Wayne Franzen, day activity coordinator, assists Beverly Leseberg through the cookie walk provided by staff. Yum!*

## Admissions

- Merlene Schmidt, Dec. 9
- Adelia Maatsch, Dec. 27

## Birthdays

- Roma Heitzenrader, Jan. 25
- Joyce Brantley, Jan. 30

## Deaths

Gardenside was saddened by the death of two residents in the past month. Our sympathy is with the families of:

- John Folkner, Dec. 3
- Lucille Roland, Dec. 17

## Facetime and Skype

Please schedule calls ahead of time to ensure staff availability to assist. To schedule a time, call (402) 729- 5220 (press 1 at the prompt).

## Our Team to Serve You

Chief Executive Officer & Administrator

Burke Kline, DHA

Director of Nursing—Laura DeBoer RN

Assistant DON—Anne Itzen RN

MDS Coordinator—Melissa Bennett RN

Social Services Coordinator—Raven Gerths

Social Services Designee—Amy Hansen

Activities Coordinators

Wayne Franzen, Nate Behrends

Rehabilitation Aide

Karen Spilker

Dietitian

Lisa Edeal

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Patrick Hoins

Facilities Supervisor—Mick Bruce

Director of Envir. Services/Purchasing

Stephanie McDaniel

Director of Public Relations

Lana Likens

Most recent state survey:

In a folder on east side of the wall by the Activity Room.

**E-mail:** [wayne.franzen@JCHhealthandLife.org](mailto:wayne.franzen@JCHhealthandLife.org)

**Website:** [JCHhealthandLife.org](http://JCHhealthandLife.org)

Gardenside News is a monthly publication of Jefferson Community Health & Life. **Subscriptions are free.** To subscribe or unsubscribe, write: Gardenside News, P.O. Box 277, Fairbury, NE 68352, call Lana Likens at 402-729-6855, or email [lane.likens@jchealthandlife.org](mailto:lane.likens@jchealthandlife.org).

## Holiday Gifts & Thank You

- 🕒 Thank you to the United Methodist Church Women for the holiday cards & candy canes for residents
- 🕒 Thank you to Sandy Adams for the holiday card & candy for staff
- 🕒 Thank you to our Secret Santa's and their generous gifts shared this holiday season
- 🕒 Thank you to Jefferson Intermediate 5<sup>th</sup> Grade Class for the festive holiday cards & greetings shared with Gardenside residents
- 🕒 Thank you to The Daughters of the American Revolution for remembering our Veteran's this holiday season



Results of the most recent state survey are available on the east side of the wall by the Activity Room. Nurse staffing hours are posted west of the nurses station.

# January 2022

## Activities

S M T W T F S						
						<b>1</b> Call a family member
<b>2</b> Church, TV and Radio	<b>3</b> 10:00 AM Fancy Nails 2:00 PM Bus/van rides 6:45 PM Crossword	<b>4</b> 10:00 AM Church service 2:00 PM Old Glory 6:45 PM Jingo	<b>5</b> 10:00 AM Flickin' Chicken 2:00 PM Bingo 6:45 PM American Trivia	<b>6</b> 2:00 PM Current events 6:45 PM 5 Senses	<b>7</b> 10:00 AM Virtual Tour USA 2:00 PM Everybody Knows 6:45 PM Tip of the tongue	<b>8</b> Read a Bible/Newspar
<b>9</b> Church, TV and Radio	<b>10</b> 10:00 AM One-on-ones 2:00 PM This and That and Everything American	<b>11</b> 10:00 AM Church service 2:00 PM Life on a Farm 6:45 PM Crossword	<b>12</b> 10:00 AM Finish the Line 2:00 PM Flickin' Chicken 6:45 PM 5 Senses	<b>13</b> 2:00 PM Current events 6:45 PM Everybody Knows	<b>14</b> 10:00 AM Bus ride 2:00 PM Bingo 6:45 PM This and That and Everything	<b>15</b> Talk with a friend
<b>16</b> Church, TV and Radio	<b>17</b> 10:00 AM Fancy Nails 2:00 PM National Parks Bingo 6:45 PM Everybody knows	<b>18</b> 10:00 AM Church service 2:00 PM Birthday party The Chergs 6:45 PM This and That and Everything Things	<b>19</b> 10:00 AM Virtual Tour, Colorado 2:00 PM Parachute 6:45 PM Jingo	<b>20</b> 2:00 PM Current events 6:45 PM Crossword	<b>21</b> 10:00 AM Everybody knows 2:00 PM Bingo 6:45 PM Make Valentine's Cards	<b>22</b> Watch TV
<b>23</b> Church, TV and Radio	<b>24</b> 10:00 AM One-on-ones 2:00 PM Afternoon activity 6:45 PM Word Games	<b>25</b> 10:00 AM Church service 2:00 PM Afternoon crossword 6:45 PM Old Glory	<b>26</b> 10:00 AM Bus rides 2:00 PM Work on Valentine Cards 6:45 PM Jingo	<b>27</b> 2:00 PM Current events 6:45 PM American Trivia	<b>28</b> 10:00 AM Bean Bag Toss 2:00 PM Bingo 6:45 PM Crossword	<b>29</b> Call a family member
<b>30</b> Church, TV and Radio	<b>31</b> 10:00 AM Fancy Nails 2:00 PM Afternoon activity 6:45 PM Crossword					



# January 2022

## Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> L: Chuckwagon steak S: Hot turkey sandwich
<b>2</b> L: Oven fried chicken S: Ham sandwich	<b>3</b> L: Beef stew S: Beer batter fish	<b>4</b> L: Roast turkey S: Chicken and dumplings	<b>5</b> L: Crispy or soft beef taco S: Lasagna	<b>6</b> L: Chili S: Turkey tetrazzini	<b>7</b> L: Fried shrimp S: Egg bake, sausage and waffle	<b>8</b> L: Roast Beef S: Meatballs
<b>9</b> L: Chicken fritters S: Hamburger or turkey sandwich	<b>10</b> L: Spaghetti with meat sauce S: Sausage pizza	<b>11</b> L: Roast turkey S: Fairbury Brand hotdog	<b>12</b> L: Crispy ranch chicken S: Tuna melt	<b>13</b> L: Oven fried chicken S: Chicken tenders	<b>14</b> L: Swedish meatballs S: Creamed turkey and biscuit	<b>15</b> L: Sloppy joe S: BBQ ribettes
<b>16</b> L: Pot roast S: Ham and bean soup	<b>17</b> L: Smothered steak with onions S: Chicken Parmesan	<b>18</b> L: Liver and onions S: Smoked Sausage	<b>19</b> L: Beef stroganoff with noodles S: Chili	<b>20</b> L: Baked ham S: Chicken fried chicken	<b>21</b> L: Breaded fish au gratin S: Turkey tetrazzini	<b>22</b> Lunch: Meatloaf S: Fish Sticks
<b>23</b> L: Chicken fried steak S: Chicken tenders	<b>24</b> L: Ham loaf S: Egg bake, bacon and french toast	<b>25</b> L: Pork roast and kraut S: Hamburger pizza	<b>26</b> L: Tator Tot Casserole S: Pork fritter	<b>27</b> L: Chicken cordon bleu S: Lasagna	<b>28</b> L: Hot turkey sandwich S: Steak fingers	<b>29</b> : Oven fried chicken S: bratwurst on bun
<b>30</b> L: Mock filet mignon S: Fish sticks	<b>31</b> L: Hot roast beef sandwich S: Swedish meatballs					

Guests are welcome to join us for meals. To make planning easier, please notify the charge nurse a day or two in advance if you will join us for a meal. Please pay for guest meals in the cafeteria. Guest meals are \$5 (tax incl.) Holiday meals are \$10 per meal (tax incl.) Holiday reservations must be made several days in advance. Guest meals are not billed to resident rooms. Thank you!

## Holiday fun—crazy hat and hair day



*Above, staff and residents pose in their holiday attire. Below from left, Lillian Adams and Richard Bugbee show off their holiday hats.*



### **S**ocial Services Corner:

If your loved one received new clothing for Christmas, please make sure it gets to the nurses so we can properly mark the items. It may be a good time for you to go through your loved one's closet, as well, and remove items which may need replacement.



## Crazy sock and shoe day, Ugly Sweater Day, Festive dress day



*Gardenside staff participated in various holiday-themed events throughout December. Our CEO, Dr. Burke Kline, (far left of bottom photo) even got into the holiday spirit.*



### ***Memorial Thank You from the family of Joyce Ude***

*Thank you for the beautiful plate given to us and for the love and care you showed to our mother for 6 years.  
We are deeply grateful for everything you did for our mother.  
Crystal Stall, Rita Ude-Kellen & Holly Tracy*



## Residents Enjoy Opening Gifts



*Gift opening—Top, Melody York and staff member Penny Koss check out a gift Melody received.*

*Bottom, from left, Tina Smith assists Joyce Brantley with trying on her new slippers; Willard Endorf shows his new personalized sign; Roger Junker received a new bird feeder from a Secret Santa.*



## More Residents Receiving Gifts



*At left, Donna Starr shows a new sweatshirt she received. At right, Orville Weichel shows one of his gifts, chips.*



*At left, Wayne Franzen helps Lillian Adams open a gift. At right, Mick Melander shows Anne Itzen the gift he has just opened.*





## More gift opening

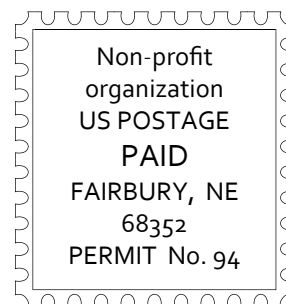


*Nate Behrends assists Mary Endorf as she opens a gift.*



*Opening gifts are, from left, Marvin Saathoff; Dorothy Reid; and Merlene Schmidt.*

2200 H St. P.O. Box 277  
Fairbury, NE 68352



CHANGE SERVICE REQUESTED

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*Photos Inside!*

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## Happy Birthdays!



Happy December birthdays to, from left, Orville Weichel and Dorothy Stewart.