

Wayne Franzen Named Caring Kind

Wayne Franzen, day activity coordinator at Gardenside, was named Jefferson Community Health & Life's Caring Kind employee at a facilitywide announcement ceremony.

Wayne has been employed by JCH&L Gardenside for 14 years, and has been in the current position for a year. The Caring Kind recognition has been sponsored by the Nebraska Hospital Association for more than 40 years. It honors those who commit themselves to the betterment of their facilities, their customers, their coworkers and their communities. Each NHA member hospital and health system is invited to nominate one employee from their facility who exemplifies caring, compassion, teamwork and service excellence in their job responsibilities. At JCH&L we invite all staff to nominate staff members who they feel have those traits, and from those nominations, a committee chooses the recipient.

Wayne's nominator said he is dedicated to making a positive environment for our Gardenside residents. When residents must be confined to their rooms, he happily helps deliver room trays, singing songs up and down the hallways. Though he is now activities coordinator rather than working as a CNA, he continues to lend a helping hand on the floor as the need arises. He even comes in early to make sure all residents are cared for. He is the first to volunteer to take on extra tasks, such as transporting residents to appointments outside the facility. One resident really longed for a ride in his black Cadillac – so he brought it to work, got the proper permissions, and took the resident for a ride. The resident's smile said it all. He also takes time to make sure each resident feels special – singing "You are my Sunshine" to them when he is with them. Whenever Wayne is around, giggles and smiles are sure to follow! Many residents and staff lovingly call him "Mr. Wonderful" for how amazing he is as a CNA, activities coordinator and all-around person.

Awards will be presented to recipients at the annual awards luncheon, which is held in conjunction with the NHA Annual Convention, and is scheduled for **Friday, October 21, 2022**, at in La Vista, NE.

Congratulations, Wayne!



Piecing a Quilt



Joan McKenzie pieces a quilt.

Admissions

- None in September

Birthdays

- Melody York, Oct. 26



Deaths

- We had no deaths of residents in the past month

Facetime and Skype

Please schedule calls ahead of time to ensure staff availability to assist.

To schedule a time, call
(402) 729- 5220 (press 1)

Our Team to Serve You

Chief Executive Officer & Administrator

Burke Kline, DHA

Director of Nursing—Laura DeBoer RN

Assistant DON—Anne Itzen RN

MDS Coordinator —Melissa Bennett RN

Social Services Coordinator—Kelli Pohlmann

Activities Coordinators

Wayne Franzen, Nate Behrends

Rehabilitation Aide

Karen Spilker

Infection Preventionist

Kelli Doty, RN

Dietitian

Lisa Edeal

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Patrick Hoins

Facilities Supervisor—Mick Bruce

Director of Envir. Services/Purchasing

Jennifer Jung

Director of Public Relations

Lana Likens

Most recent state survey:

In a folder on east side of the wall by the
Activity Room.

E-mail: wayne.franzen@JCHealthandLife.org

Website: JCHealthandLife.org

Gardenside News is a monthly publication of
Jefferson Community Health & Life. **Subscriptions
are free.** To subscribe

or unsubscribe, write: Gardenside News,
P.O. Box 277, Fairbury, NE 68352, call Lana Likens at
402-729-6855, or email
lane.likens@jchealthandlife.org.

Thank yous

We would like to thank the entire Gardenside staff for the care of Ron. He enjoyed the special times outside in the garden areas. The family decided his memorial should go to the outside areas so many others can enjoy them also. — The family of Ron Bear

Subscriptions

****If you wish to stop receiving this newsletter, please call Lana Likens at (402) 729-6855 and ask to be removed from the Gardenside mailing list. (Voice mail is available at this number 24 hours a day, 7 days a week.)**

****If you have a family member, friend or volunteer who would like to receive the newsletter, please have them call Lana Likens at (402) 729-6855 and ask to be added to the Gardenside mailing list. Please give name, address, and city state and ZIP.**

The newsletter can also be found on our website at JCHealthandLife.org/locations/Gardenside, "download Gardenside News."

Results of the most recent state survey are available on the east side of the wall by the Activity Room. Nurse staffing hours are posted west of the nurses station.

October 2022

Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 L: Salisbury Steak S: Fried Shrimp
2 L: Roast Beef S: Pork Fritter	3 L: BBQ Meatballs S: Cranberry chicken salad on croissant	4 L: Roast Turkey S: Reuben	5 L: Chicken and dumplings S: BLT	6 L: Brown sugar glazed ham S: Panckle and sausage links	7 L: Lasagna S: Chicken ceasar salad	8 L: Turkey Tetrazini S: Pan pizza
9 L: Glazed meatloaf S: Chicken tenders	10 L: Beef stew S: Beer batter fish	11 L: Roast turkey S: Chicken and dumplings	12 L: Crispy or soft beef taco S: Lasagna	13 L: Chili S: Turkey tetrazzini	14 L: Fried shrimp S: Egg bake, sausage and waffle	15 L: Roast Beef S: Meatballs
16 L: Chicken fritters S: Hamburger or turkey sandwich	17 L: Spaghetti with meat sauce S: Sausage pizza	18 L: Roast turkey S: Fairbury Brand hotdog	19 L: Crispy ranch chicken S: Tuna melt	20 L: Oven fried chicken S: Chicken tenders	21 L: Swedish meatballs S: Creamed turkey and biscuit	22 L: Sloppy joe S: BBQ ribettes
23 L: Pot roast S: Ham and bean soup	24 L: Smothered steak with onions S: Chicken Parmesan	25 L: Liver and onions S: Smoked Sausage	26 L: Beef stroganoff with noodles S: Chili	27 L: Baked ham S: Chicken fried chicken	28 L: Breaded fish au gratin S: Turkey tetrazzini	29 Lunch: Meatloaf S: Fish Sticks
30 L: Chicken fried steak S: Chicken tenders	31 L: Ham loaf S: Egg bake, sausage link and french toast					

Guests are welcome to join us for meals. To make planning easier, please notify the charge nurse a day or two in advance if you will join us for a meal. Please pay for guest meals in the cafeteria. Guest meals are \$5 (tax incl.) Holiday meals are \$10 per meal (tax incl.) Holiday reservations must be made several days in advance. Guest meals are not billed to resident rooms. Thank you!

October 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	1 Nebraska vs. Indiana
2 Church Radio/T.V.	3 10:00 Kickball 2:00 Cooking Class 6:45 Crossword	4 10:00 Video Church 2:00 Bus/Van Ride 6:45 Word Games	5 10:00 Balloon Tennis 2:00 BINGO 6:45 JINGO	6 2:00 Current Events 6:45 Head Bands	7 10:00 Fancy Nails 1:30 Houston Solution/ Happy Hour 6:45 TV Games Nebraska vs. Rutgers	8
9 3:00 Pastor Emery	10 10:00 One on Ones 2:00 BINGO	11 10:00 Video Church 1:30 Senior Songsters 2:30 Birthday Party!	12 10:00 Balloon Tennis 10:30 W/C Aerobics 2:00 Frog Pond	13 2:00 Current Events	14 10:00 Bus Ride 2:00 Happy Hour!	15 Nebraska vs. Purdue
16 Church Radio/T.V.	17 10:00 Jake the Dog 2:00 Cooking Class 6:45 Word Games	18 10:00 Video Church 2:00 Big Ring Toss 6:45 Decorate Halloween Bags	19 10:00 Balloon Tennis 2:00 BINGO 6:45 Head Bands	20 2:00 Current Events 6:45 Decorate Halloween Bags	21 10:00 One on Ones 2:00 Happy Hour!	
23 Church Radio/T.V.	24 10:00 Fancy Nails 2:00 Flickin' Chicken 6:45 Word Games	25 10:00 Video Church 2:00 BINGO 6:45 Decorate Halloween Bags	26 10:00 Balloon Tennis 10:30 W/C Aerobics 2:00 Cooking Class "Taste of Fall" 6:45 Crossword	27 2:00 Current Events 6:45 Decorate Halloween Bags	28 10:00 Fancy Nails 2:00 Happy Hour! 6:45 Fill Halloween Bags	29 Nebraska vs. Illinois

OCTOBER BIRTHDAYS

Melody York 26th

30 Church Radio/T.V.	31 10:00 Halloween Movie 2:00 Halloween Party! 6:30 Trick or Treats!
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Friday Tailgates are Popular



Fridays are tailgate days!

***From left, Helen Riddle,
Lela Bauer and Willard
Endorf enjoy some snacks and drinks at a Friday tailgate.***

COVID changes coming

CDC and CMS have recently adapted new guidelines for screening and masking. We are reviewing all CDC and CMS regulations, and will be diligent in making the best possible decisions for our residents and staff. As of the printing of this newsletter, we are awaiting further guidance from the state and the ICAP group we have received guidance from throughout the pandemic.

Our county's COVID numbers, specifically our transmission rate, will continue to be a part of what guides us.

Visitors will continue to use Door 31. Door 31 is now unlocked from 8 a.m. to 8 p.m. Once inside the breezeway, visitors must screen at the kiosk, and then use the doorbell on the west wall to let staff know you are ready to visit. Staff will then allow you entrance to the Gardenside door.

Residents are allowed to go out of the facility for outings with family. We encourage them to avoid large gatherings. Staff appreciates a 24-hour notice to ensure proper paperwork is completed. Please call 402-729-5220 Monday through Friday to schedule outings.

Please watch our webpage at JCHealthandLife.org/Locations/Gardenside for updates. We will also communicate changes with our resident's families.



Check out our website — JCHealthandLife.org

Like us on Facebook— @jchealthandlife

Follow us on Twitter— @jchealthandlife



Doty is new Infection Preventionist at Gardenside



Hi, my name is Kelli Doty, RN and I have accepted the Infection Prevention position in Gardenside. I am new to Nebraska myself but have spent a bit of time here intermittently as my sister lives in Beatrice. I have been in the medical field for a "few" years, first as a CNA for 13 yrs., then as an LPN for 2 yrs. and then became a RN in 2012 (we don't really need to do the math, lol). As a RN I have worked in multiple areas of nursing including post-surgical, tele, psych, detention facility and hospice. After trying different areas, I have decided that I feel most comfortable being near to geriatric. I love hearing stories from "back in the day" and being able to put a smile on the faces of those who may feel like the world has forgotten them. I have 3 grown children, 1 daughter and 2 sons. Those have given me 7.5 (son's girl is preggies) grandkids. I am missing them greatly but hope to have them with me soon. I am looking for a permanent home here in Fairbury and at least 3 of those grandkids will join me here. I love dogs and between me, my daughter and my grandchildren, we always seem to have more pets than we bargain for (gotta love em). Thank you to all who have welcomed me and made me feel comfortable here.

Welcome new baby Pohlmann

Kelli Pohlmann, MSW, social services worker, and her husband Micah had their second child on Aug. 29.

Elaina Rose was born at 9:43 pm on Aug. 29. She was 7 pounds 1 ounce and 20.5 inches long. She was welcomed home by a 1-year-old brother, Matthias.



Look at those Fancy Nails!

Several times a month, the ladies are offered the chance to get their nails done by Wayne—aka Franzen's Fancy Nails.



Jane Bakewell shows off her Fancy Nails!



Residents Enjoying Fall Activities

By Nate Behrends

Evening Activity coordinator

September, move over! October is coming on strong. Many bus rides were taken when the weather was cool enough. Everyone has noticed changes in the leaves and how much shorter the days are becoming. A birthday party for our September birthdays was held on Sept. 19 with Paul Ramp entertaining. We celebrated birthdays for Merlene Schmidt, Sept. 11; Wayne Stewart, Sept. 20; Ardith Rickers, Sept. 24; and Mary Adkins, Sept. 27.

Rick Clarence also entertained in September.

We played many different games throughout the month, and enjoyed cooking class and Fancy Nails with Wayne.

As October brings brisker days, football, the end to another baseball season and harvest, we await the return of the Houston Connection, Jake the dog and whatever fun-filled activities might spook us.

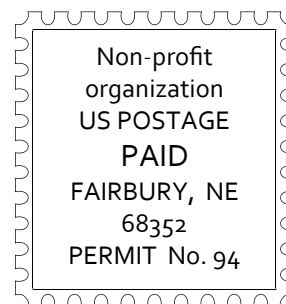
We bid you adieu until next time!

Jake the Therapy dog visits residents



Residents love it when Jake the Therapy Dog visits. From left with Jake are: Vivian Belding, Lillian Adams, Willard Endorf (top), and Mary Adkins (bottom.)

2200 H St. P.O. Box 277
Fairbury, NE 68352



CHANGE SERVICE REQUESTED

Photos Inside!

Happy Birthday!



Happy September birthdays to Mary Adkins, Wayne Stewart, Merlene Schmidt, and Ardith Rickers.