

Cadillac Ride is Dream Come True

Gardenside staff and management are always trying to come up with new, fresh and creative ideas to make the residents' days a little brighter. One of the ideas is to find a wish that is on each resident's "bucket list" and see if we can make that dream come true.

Richard "Dick" Bugbee was the first recipient to see a "bucket list" wish come true. Dick had had a stroke and became dependent on staff for transfers and a lift to move from one place to another. Dick was frustrated



because he wanted to be able to go to the family car for church and other functions. He told Director of Nursing Laura DeBoer RN "I will do whatever it takes to get into a car again." He continued to work hard with Karen Spilker, rehab aide, 4-5 times a week to build up his strength. He used the Nu-Step bicycle most days and was eventually able to start walking short distances with Karen, but still needed the lift. He made so much progress, but was still weak in the right leg. Toward the end of July he asked Laura "Could we please try to get me into a car now?" Laura worked with Wayne Franzen, day shift activity coordinator, on how to make this happen. Wayne knew Dick had a love for Cadillacs, and offered to bring his Cadillac to work. On Aug. 2, Laura escorted Dick to the front entry of JCH&L in his wheelchair to the beautiful shiny black Cadillac, where Wayne was waiting to make Dick's dream come true. Wayne opened the car door and Laura got things ready to assist Dick out of the wheelchair—and before Laura could get out of the way Dick was standing up and put himself in the Cadillac. He nearly knocked Laura out of the way to get in. As Laura and Wayne were buckling him up he said, "Load the cooler, let's go!" Dick was smiling ear to ear.

Wayne drove Dick to Steele City and areas he wanted to see out in the county. When he returned, Dick was smiling ear to ear and told everyone he met in the hallway what he had just done. He looked at Laura and said: "If I die today, I will be the happiest man."

These are truly the "moments" that are embedded in our minds as health care workers to keep doing what we love. The simplest things to us are the biggest things to our elders.

Sweet Corn Time



Bev Leseberg helps to shuck corn to prepare it for Gardenside residents to enjoy. The corn was purchased from an area farmers market.

Admissions

- Dorothy Cassell, Aug. 10

Birthdays

- Merlene Schmidt, Sept. 11
- Wayne Stewart, Sept. 20
- Ardith Rickers, Sept. 23
- Mary Adkins, Sept. 27

Return Home/Transfer

- ♦ Dorothy Cassell, Aug. 15

Deaths

Gardenside was saddened by the death of one resident in the past month. Our sympathy is with the families of:

- Mary Endorf, Aug. 1

Facetime and Skype

Please schedule calls ahead of time to ensure staff availability to assist. To schedule a time, call (402) 729- 5220 (press 1)

Our Team to Serve You

Chief Executive Officer & Administrator

Burke Kline, DHA

Director of Nursing—Laura DeBoer RN

Assistant DON—Anne Itzen RN

MDS Coordinator —Melissa Bennett RN

Social Services Coordinator—Kelli Pohlmann

Activities Coordinators

Wayne Franzen, Nate Behrends

Rehabilitation Aide

Karen Spilker

Infection Preventionist

Kelli Doty, RN

Dietitian

Lisa Edeal

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Patrick Hoins

Facilities Supervisor—Mick Bruce

Director of Envir. Services/Purchasing

Jennifer Jung

Director of Public Relations

Lana Likens

Most recent state survey:

In a folder on east side of the wall by the Activity Room.

E-mail: wayne.franzen@JCHHealthandLife.org

Website: JCHHealthandLife.org

Gardenside News is a monthly publication of Jefferson Community Health & Life. **Subscriptions are free.** To subscribe

or unsubscribe, write: Gardenside News, P.O. Box 277, Fairbury, NE 68352, call Lana Likens at 402-729-6855, or email lane.likens@jchealthandlife.org.

Thank yous

- Thank you to Wymore Farmers Market for donation of a watermelon for residents to enjoy.
- Thank you to the family of Ron Bear for a memorial donation for Gardenside courtyards.
- Thank you to Lori and Jim Phelps for donation in memory of John Folkner designated for activities.
- Thank you to the family of Marcella "Marcy" Harper for a memorial donation for the aviary, and for the donation of Bible verse puzzle books.



Results of the most recent state survey are available on the east side of the wall by the Activity Room. Nurse staffing hours are posted west of the nurses station.

September 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1 2:00 Current Events 6:45 Word Games	2 10:00 Bus Ride 2:00 BINGO Happy Hour!	3 Nebraska vs. North Dakota 2:30pm
4 Church Radio/T.V.	5	6 10:00 Video Church 2:00 Bus/Van Ride 6:45 Word Games	7 10:00 Balloon Tennis 2:00 BINGO 6:45 Bus Ride	8 2:00 Current Events 6:45 Crossword	9 10:00 Massage Therapy 2:00 Happy Hour	10 G.A Southern vs. Nebraska 6:30pm
11 Pastor Emery 3:00pm	12 10:00 W/C Walks 2:00 Big Ring Toss 6:45 Crossword	13 10:00 Video Church 2:00 Bus/Van Ride 6:45 Word Games	14 10:00 Balloon Tennis 10:30 W/C Aerobics 2:00 Frog Pond 6:45 TV Games	15 2:00 Current Events 6:45 Headbandz	16 10:00 Kickball 2:00 BINGO Happy Hour! 6:45 Bus Ride	17 Oklahoma vs. Nebraska 11AM
18 Church Radio/T.V.	19 10:00 Jake the Dog 2:00 Birthday Party! Paul Romp 6:45 Bus Ride	20 10:00 Video Church 2:00 BINGO	21 10:00 Balloon Tennis 2:00 Flickin Chicken 6:45 Word Games	22 2:00 Current Events 6:45 Crossword	23 10:00 One on Ones 2:00 Happy Hour! 6:45 Headbandz	24 Listen to Music!
25 Church Radio/T.V.	26 10:00 Fancy Nails 2:00 Giant Bowling/Ring Toss 6:45 Crossword	27 10:00 Video Church 2:00 Frog Pond 6:45 Bus Ride	28 10:00 Balloon Tennis 10:30 W/C Aerobics 2:00 BINGO 6:45 Word Games	29 2:00 Current Events	30 10:00 Bus Ride 2:00 Happy Hour Rick Clarence	1 Read the Bible!

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Happy Birthday!!

Merlene Schmidt 11th Mary Adkins 27th
Wayne Stewart 20th Ardith Rickers 27th



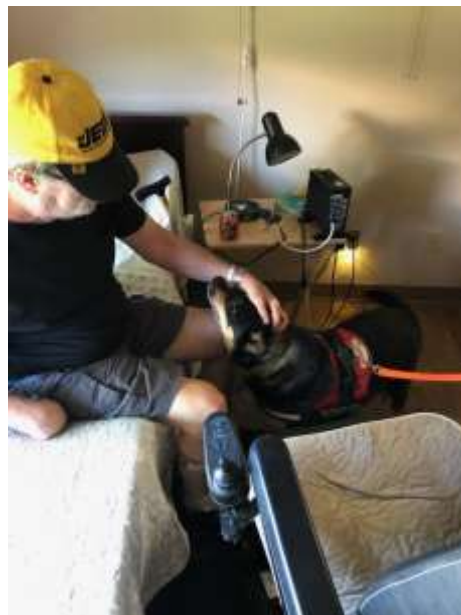
September 2022

Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 L: Brown sugar glazed ham S: Pancakes and sausage links	2 L: Lasagna S: Chicken Caesar Salad	3 L: Turkey tetrazzini S: Pan pizza
4 L: Glazed meatloaf S: Chicken tenders	5 L: Chicken fried chicken S: Smoked pork sandwich	6 L: Swiss steak S: Battered fried shrimp	7 L: Liver and onions S: Philly cheesesteak sandwich	8 L: Salmon patty S: Steak fingers	9 L: breaded fish au gratin S: Chicken Parm	10 L: chef salad S: meatballs with gravy
11 L: Oven fried chicken S: Polish sausage on bun	12 L: Beef tacos S: chicken lasagna	13 L: Creamy Swiss chicken S: Sloppy joe on a bun	14 L: Meatloaf S: Turkey club on croissant	15 L: Salisbury steak S: Breaded chicken on bun	16 L: Oven Fried fish S: Chili and cinnamon roll	17 L: Roast Beef S: Chicken Tender Salad
18 L: Bacon wrapped chopped steak S: Ham and bean soup	19 L: Oriental beef stir fry S: Creamed chipped beef over toast	20 L: Spagetti with meat sauce S: Boneless barbecue wings	21 L: Chicken Fried Steak S: Pan pizza	22 L: Beef tips with gravy S: Fairbury hot dog with bun	23 L: Tuna noodle casserole S: Fish sandwich	24 L: Glazed ham S: Tator tot casserole
25 L: Virginia Turkey Roast S: Philly cheesesteak sandwich	26 L: breaded pork steak S: Kielbasa	27 L: Chicken cordon bleu S: Baked ham	28 L: chef salad S: sloppy joe	29 L: BBQ ribette S: Creamed turkey over biscuit	30 L: Beer batter fish S: Hot roast beef and swiss	

Guests are welcome to join us for meals. To make planning easier, please notify the charge nurse a day or two in advance if you will join us for a meal. Please pay for guest meals in the cafeteria. Guest meals are \$5 (tax incl.) Guest meals are not billed to resident rooms. Thank you!

Residents Enjoy a Variety of Entertainment



Variety of Entertainment—At left, residents watch the Czech dancers from Wilber prior to the annual Czech festival. Center, Dorothy Stewart enjoys looking at a book of pictures. At right, Roger Junker spends some time petting Jake, the therapy dog.

COVID Precautions

Because of our county's COVID numbers, Gardenside unvaccinated and unboosted staff are testing routinely. Because no cases have been reported among Gardenside residents, residents are able to share meals in the dining room, and participate in activities together. Residents can be out of their rooms (unless they have symptoms and are waiting for a test result.) Although residents are not required to mask when they are out of their rooms, masking is encouraged. Residents are not required to be tested unless they have symptoms.

Visitors continue to be screened before entering and MUST continue to abide by the strict core principals of infection control: masking, social distancing and good hand hygiene. If they are not able to comply they will be asked to leave. Visitors must also understand there is a risk that they could be exposed to COVID while visiting. Appointments are encouraged by calling (402)-729-5220.

Visitors continue to use Door 31. Door 31 is now unlocked from 8 a.m. to 8 p.m. Once inside the breezeway, visitors must screen at the kiosk, and then use the doorbell on the west wall to let staff know you are ready to visit. Staff will then allow you entrance to the Gardenside door.

Residents are allowed to go out of the facility for outings with family. We encourage them to avoid large gatherings. Staff appreciates a 24-hour notice to ensure proper paperwork is completed. Please call 402-729-5220 Monday through Friday to schedule outings.



Check out our website — JCHealthandLife.org

Like us on Facebook— [@jchealthandlife](https://www.facebook.com/jchealthandlife)

Follow us on Twitter— [@jchealthandlife](https://twitter.com/jchealthandlife)



Enjoying activities, treats, music and therapy dog visit



At left, residents enjoy balloon tennis.



At right, Donna Starr watches as Joan McKenzie stirs up cookies.



At left, Lela Bauer, Bev Leseberg and Nate Behrends watch a cooking demonstration. Middle, Willard Endorf and Eugene Musil spend time with Jake, the therapy dog. Right, Helen Riddle enjoys some fresh tomatoes from Karen Spilker's garden.



Bottom, Dorothy Stewart, left, and Helen Riddle, right, are ready to make some music.

Looking toward fall activities

By Nate Behrends

Evening Activity coordinator

As August draws to a close, we look out the rear window and see a fun-filled month and fondly wave goodbye to August for another year. We took several bus rides, visiting Crystal Springs, the Winter farm—watching the colts grow up has been fun for all—driving past the Longhorn cattle has been hit or miss through the month, but when we see them they are magnificent.

We had Fancy Nails for the ladies, cooking classes, Flickin' Chicken, Giant Ring toss, Giant Ring Bowling, crosswords, Bingo, and balloon tennis—and even more activities.

Jake the therapy dog has been a big hit for our residents. Thanks Jake for your visits.

August birthdays had a big surprise with the return of the wonderfully talented Bobby Gadoury and his piano and crooning skills. A great big thanks for putting smiles on a lot of faces. The Senior Songsters also visited and sang for us here. Thanks!

And as we turn our eyes to the front window, we see the next phase of our trip.

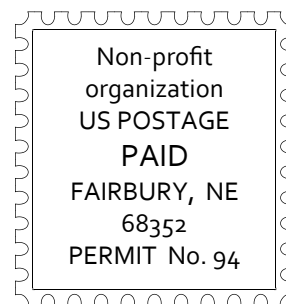
Husker fans know it is that time of year—tailgate parties! Yes, we will be doing our best here to root on the Big Red machine as it blasts through Ireland and gaining momentum to come and knock all opponents off.

Paul Ramp returns in September. Paul is a local favorite known for his joyful birthday party program. Paul is able to keep feet tapping and voices singing with his songs of yesteryear. Rick Clarence will also join in our entertainment fun.

We will be taking as many rides as weather permits to see the start of the fall foliage and harvest time activities. We hope your hot chocolate mugs are full of marshmallows and your hearts are full of warmth and love for one another. 'til next time!



2200 H St. P.O. Box 277
Fairbury, NE 68352



CHANGE SERVICE REQUESTED

Photos Inside!

Happy Birthday!



Happy August birthdays to Jane Bakewell, Adelia Maatsch, Richard Bugbee and Eugene Musil.