October 2022

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------------------------------------------------|------------------------------------------------------------|---------------------------------------------|---------------------------------------------|---------------------------------------------------------|----------------------------------------------------------------|------------------------------------------|
| Surruay | Monuay | Tuesuay | Wednesday | - Hursuay | Thuay | I L: Salisbury Steak S: Fried Shrimp |
| 2 L: Roast Beef S: Pork Fritter | 3 L: BBQ Meatballs S: Cranberry chicken salad on croissant | 4 L: Roast Turkey S: Reuben | 5 L: Chicken and dumplings S: BLT | 6 L: Brown sugar glazed ham S: Pancke and sausage links | 7 L: Lasagna S: Chicken ceasar salad | 8 L: Turkey Tetrazini S: Pan pizza |
| 9 L: Glazed meatloaf S: Chicken tenders | 10 L: Beef stew S: Beer batter fish | L: Roast turkey S: Chicken and dumplings | 12 L: Crispy or soft beef taco S: Lasagna | 13 L: Chili S: Turkey tetrazzini | 14 L: Fried shrimp S: Egg bake, sausage and waffle | 15 L: Roast Beef S: Meatballs |
| 16 L: Chicken fritters S: Hamburger or turkey sandwich | 17 L: Spaghetti with meat sauce S: Sausage pizza | 18 L: Roast turkey S: Fairbury Brand hotdog | 19 L: Crispy ranch chicken S: Tuna melt | 20 L: Oven fried chicken S: Chicken tenders | 21 L: Swedish meatballs S: Creamed turkey and biscuit | 22 L: Sloppy joe S: BBQ ribettes |
| 23 L: Pot roast S: Ham and bean soup | 24 L: Smothered steak with onions S: Chicken Parmesan | 25 L: Liver and onions S: Smoked Sausage | 26 L: Beef stroganoff with noodles S: Chili | 27 L: Baked ham S: Chicken fried chicken | 28 L: Breaded fish au gratin S: Turkey tetrazzini | 29 Lunch: Meatloaf S: Fish Sticks |
| 30 L: Chicken fried steak S: Chicken tenders | 31 L: Ham loaf S: Egg bake, sausage link and french toast | | | lay or two in advance if you | | |

Guests are welcome to join us for meals. To make planning easier, please notify the charge nurse a day or two in advance if you will join us for a meal. Please pay for guest meals in the cafeteria. Guest meals are \$5 (tax incl.) Holiday meals are \$10 per meal (tax incl.) Holiday reservations must be made several days in advance. Guest meals are not billed to resident rooms. Thank you!