

# Join Us to Learn 10 Warning Signs of Alzheimer's



**An education program presented by the Alzheimer's Association**

## **WHAT TO WATCH FOR IN YOURSELF AND OTHERS.**

Alzheimer's causes changes in memory, thinking and behavior that are not normal aging.

Join us to learn about:

- The difference between normal aging and Alzheimer's disease
- Common warning signs
- The importance of early detection and benefits of diagnosis
- Next steps and expectations for the diagnostic process.
- Alzheimer's Association resources.

**Tuesday, September 13th  
5:30 p.m. - 6:30 p.m. CST**

**Jefferson Community  
Health & Life  
2200 H Street  
Fairbury, NE 68352  
in the  
Clinic Conference Room**

**For information about this  
session contact  
Lana at  
402-729-6855**

Visit [alz.org/CRF](http://alz.org/CRF) to explore additional programs online and in your area.  
Ask about our Caregiver Support Group!!

[www.alz.org/nebraska](http://www.alz.org/nebraska)  
24/7 Helpline 800.272.3900