

Fall Brings Van Rides to See Seasonal Changes

By Nate Behrends
Evening Activity Coordinator

As the tail end of October begins to blow the leaves of fall away, and the ghouls of Halloween disappear into the dark of night for another year, we buckle down with a warm blanket and maybe hot chocolate and wait for Thanksgiving and reflect on all we are thankful for.

October brought some chilly and some unseasonably warm weather with it this year. Several bus rides were taken as weather permitted. The Houston Solution man and wife country duo came to perform for Gardenside this month. Many games and preparations for this year's trick or treaters filled some final days of October before the ghouls and goblins arrived for their treats.

Margaret Veatch and Melody York celebrated birthdays in the month of October.

As the chilly winds of November blow in we look forward to more Husker football (and tailgates!), a possible volleyball national championship, and Thanksgiving. Tim Javorsky will be here with all his talents to celebrate the November birthdays. We will also welcome Les Liene-man and his instruments. The days here will be filled with fun and love, as always, knowing that right around the corner comes the most wonderful time of the year.

Warm regards

GARDENSIDE ACTIVITIES



Bus riders—left side, front to back: Vivian Belding, Dorothy Reid, Donna Starr. **Right side, front to back:** Bertha Friesen, Eugene Musil.

Tailgates remain popular



Tailgating—Left, Lela Bauer, Beverly Leseberg, Joan McKenzie. Right, Mick Melander.

Admissions

- Margaret Veatch, Oct. 7
- Judith "Judy" Dugan, Oct. 17

Birthdays

- Mick Melander, Nov. 24
- Lillian Adams, Nov. 28

Deaths

Gardenside was saddened by the death of one resident in the past month. Our sympathy is with the family of:

- Helen Riddle, Oct. 25

Facetime and Skype

Please schedule calls ahead of time to ensure staff availability to assist.

To schedule a time, call
(402) 729- 5220 (press 1)

Our Team to Serve You

Chief Executive Officer & Administrator

Burke Kline, DHA

Director of Nursing—Laura DeBoer RN

Assistant DON—Anne Itzen RN

MDS Coordinator —Melissa Bennett RN

Social Services Coordinator—Kelli Pohlmann

Activities Coordinators

Wayne Franzen, Nate Behrends

Rehabilitation Aide

Karen Spilker

Infection Preventionist

Kelli Doty, RN

Dietitian

Lisa Edeal

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Patrick Hoins

Facilities Supervisor—Mick Bruce

Director of Envir. Services/Purchasing

Jennifer Jung

Director of Public Relations

Lana Likens

Most recent state survey:

In a folder on east side of the wall by the
Activity Room.

E-mail: wayne.franzen@JCHealthandLife.org

Website: JCHealthandLife.org

Gardenside News is a monthly publication of
Jefferson Community Health & Life. **Subscriptions
are free.** To subscribe

or unsubscribe, write: Gardenside News,
P.O. Box 277, Fairbury, NE 68352, call Lana Likens at
402-729-6855, or email
lana.likens@jchealthandlife.org.

Christmas Ideas

If you are in need of Christmas ideas for your loved one, talk to Kelli Pohlmann in social services. Kelli will try to help you come up with some ideas of things your loved one might want or need.

Subscriptions

****If you wish to stop receiving this newsletter, please call Lana Likens at (402) 729-6855 and ask to be removed from the Gardenside mailing list. (Voice mail is available at this number 24 hours a day, 7 days a week.)**

****If you have a family member, friend or volunteer who would like to receive the newsletter, please have them call Lana Likens at (402) 729-6855 and ask to be added to the Gardenside mailing list. Please give name, address, and city state and ZIP.**

The newsletter can also be found on our website at JCHealthandLife.org/locations/Gardenside, "download Gardenside News."

Results of the most recent state survey are available on the east side of the wall by the Activity Room. Nurse staffing hours are posted west of the nurses station.

November 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1 10:00 Video Church 2:00 Van/Bus Ride 6:45 Crossword	2 10:00 Balloon Tennis 2:00 BINGO 6:45 Finish the Lines	3 10:00 Flickin Chicken 2:00 Current Events	4 10:00 Kickball 2:00 Happy Hour! 6:45 Head Bands	5 Nebraska vs. Minnesota
6 Church Radio/T.V.	7 10:00 Fancy Nails 2:00 BINGO 6:45 Crossword	8 10:00 Video Church 2:00 Frog Pond	9 10:00 Balloon Tennis 10:30 W/C Aerobics 3:00 Tim Jovanaky BIRTHDAY PARTY! 6:45 Tip of the Tongue	10 10:00 Big Ring Toss 2:00 Current Events 6:45 JINGO	11 10:00 One on Ones 2:00 Happy Hour 6:45 Everbody Knows	12 Michigan vs. Nebraska
13 3:00 Pastor Emery	14 10:00 Kickball 2:00 Cooking Class (Apple Pie Cups) 6:45 Finish the Lines	15 10:00 Video Church 2:00 Les Lienmen	16 10:00 Balloon Tennis 2:00 BINGO 6:45 Crossword	17 10:00 Big Ring Bowling 12:00 Pot Luck 2:00 Current Events	18 10:00 Fancy Nails 2:00 Happy Hour 6:45 Our Town	19 Wisconsin vs. Nebraska
20 Church Radio/T.V.	21 10:00 Jake the Dog 2:00 Cooking Class (Bacon Ranch Dip) 6:45 Crossword	22 10:00 Video Church 2:00 BINGO 6:45 Turkey Trivia	23 10:00 Balloon Tennis 10:30 W/C Aerobics 2:00 Turkey Toss 6:45 Thanksgiving Jingo	24 	25 1:00 Tailgate Party! Nebraska vs. Iowa	26 Name What You're Thankful For!
27 Church Radio/T.V.	28 10:00 Christmas Cards 2:00 BINGO 6:45 Crossword	29 10:00 Video Church 2:00 Flickin Chicken 6:45 5 Senses	30 10:00 Balloon Tennis 2:00 Decorate for Christmas! 6:45 This That and Everything	1	2	3



Mick Melander 24th
Lillian Adams 28th



November 2022

Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 L: Pork roast and kraut S: Egg bake, sausage link, French toast	2 L: Tator Tot Casserole S: Pork fritter	3 L: Chicken cordon bleu S: Lasagna	4 L: Hot turkey sandwich S: Steak fingers	5 L: Oven fried chicken S: Bratwurst on bun
6 L: Mock filet mignon S: Fish sticks	7 L: Hot roast beef sandwich S: Swedish meatballs	8 L: Chili S: Breaded chicken patty	9 L: Sirloin tips S: Chicken broccoli bake	10 L: Chicken tenders S: Ham and bean soup	11 L: Fish S: Hot roast beef and Swiss	12 L: Chuckwagon steak S: Hot turkey sandwich
13 L: Oven fried chicken S: Ham sandwich	14 L: Beef stew S: Beer batter fish	15 L: Roast turkey S: Chicken and dumplings	16 L: Crispy or soft beef taco S: Lasagna	17 L: Chili S: Turkey tetrazzini	18 L: Fried shrimp S: Egg bake, sausage and waffle	19 L: Roast Beef S: Meatballs
20 L: Chicken fritters S: Hamburger or turkey sandwich	21 L: Spaghetti with meat sauce S: Sausage pizza	22 L: Roast turkey S: Fairbury Brand hotdog	23 L: Crispy ranch chicken S: Tuna melt	24 L: Oven fried chicken S: Chicken tenders	25 L: Swedish meatballs S: Creamed turkey and biscuit	26 L: Sloppy joe S: BBQ ribeyes
27 L: Pot roast S: Ham and bean soup	28 L: Smothered steak with onions S: Chicken Parmesan	29 L: Liver and onions S: Smoked Sausage	30 L: Beef stroganoff with noodles S: Chili			

Guests are welcome to join us for meals. To make planning easier, please notify the charge nurse a day or two in advance if you will join us for a meal. Please pay for guest meals in the cafeteria. Guest meals are \$5 (tax incl.) Holiday meals are \$10 per meal (tax incl.) Holiday reservations must be made several days in advance. Guest meals are not billed to resident rooms. Thank you!

Wayne Franzen receives Caring Kind Award

Wayne Franzen was presented a plaque at the Nebraska Hospital Association Convention in La Vista on Friday, Oct. 21, for receiving the Caring Kind award.

Left, Charlotte Tauche, Duane Woutzke, James Franzen, Laura Franzen..

Right, Dr. Burke Kline and Gardenside Nursing Director Laura DeBoer congratulate Wayne.



Current COVID and Masking Guidelines

Our new facility policy allows us to follow CDC and CMS guidance and not require masking of our visitors or staff **WHEN JEFFERSON COUNTY IS NOT IN THE "RED"** according to CMS designations. **When we are in the red—as we are at this writing—masking is required.**

Signage at all of our entrances shows what "designation" our county is in, and whether masking is required or not. Typically these designation changes should come on Thursdays. If you would like to check out our county's color before visiting, you may visit [CDC COVID Data Tracker: Home](https://www.cdc.gov/covid19/data-tracker). Select Jefferson County, NE, and then for Data type go to Community Transmission. This color may be different than the "COVID-19 Community Level" (which is designed to inform community members of how they should be protecting themselves.) **Please note healthcare facilities are required to use the Community Transmission designation for guidance. We check this map for our County Transmission Color every Thursday to guide our masking requirements.**

To ensure the safety and well-being of our residents and staff we take COVID precautions very seriously and if families do not abide by the core principles of infection control, they will be asked to leave and not allowed to visit until further notice.

Visitors may use Door 31 or the JCH&L main entrance and the hallway door to Gardenside. Door 31 is now unlocked from 8 a.m. to 8 p.m. The JCH&L main entrance is open the hours that the fitness center is open.

Please watch our webpage at [JHealthandLife.org/Locations/Gardenside](https://www.jchealthandlife.org/Locations/Gardenside) for updates. We will also communicate changes with our resident's families.



**Check out our website — [JHealthandLife.org](https://www.jchealthandlife.org)
Like us on Facebook— [@jchealthandlife](https://www.facebook.com/jchealthandlife)
Follow us on Twitter— [@jchealthandlife](https://www.twitter.com/jchealthandlife)**



Jake the Therapy Dog Brings Smiles



Therapy dog visits—top left, Dale Maatsch; top right, Wayne Stewart; bottom left, Eugene Musil; bottom right, Dorothy Stewart.

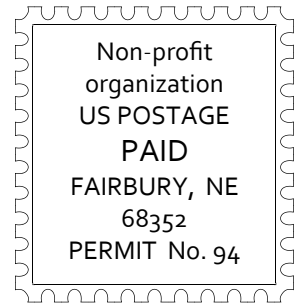


Enjoying Music and Dancing



Music to our ears — staff members dance with, top left, Lillian Adams; top right, Helen Riddle; and bottom right, Jody Brantley. Bottom left, Dorothy Reid enjoys the music.

2200 H St. P.O. Box 277
Fairbury, NE 68352



CHANGE SERVICE REQUESTED

Photos Inside!

Happy Birthday!



Happy October birthdays to Melody York and Margaret Veatch..