

## Much to be Thankful For—Christmas Activities Coming

**By Nate Behrends**

**Evening Activity Coordinator**

Word through the halls is that Christmas is on its way, as the fullness of the bountiful Thanksgiving feast is still on our minds. We now begin to envision sugarplums and all the joy that Christmas brings.

November had its share of good times. Tim Javorsky played all of his instruments for the November birthday party. Les Lieneman also brought musical talents to Gardenside to entertain. Turkey games were played during Thanksgiving week—Turkey toss and Turkey Trivia among others. We had cooking demonstrations with Wayne, and played Bingo, Ring Bowling and Chicken Flickin'. We were also able to take some bus rides.

As we move into December we look forward to the return of Bill Chrastil on Dec. 2, and Bobby Gadoury on Dec. 19. Dec. 19 will be our resident Christmas party. We already have several groups scheduled to come and carol, and we hope our county COVID numbers allow this to happen. We are also looking into the long-awaited return of the bell choir! Cross your fingers everyone! December will also feature an ugly sweater contest, and a hot chocolate bar. We will be coloring and writing Christmas cards to send out to other facilities in Nebraska for the fourth year of this tradition. We handmade all the cards and add a colored picture to hopefully bring a smile to someone's face at Christmas.

We will celebrate Dorothy Stewart's birthday on Dec. 18.

Gardenside staff and residents would like to wish you a very Merry Christmas and a Happy New Year.



*Residents shared what they were thankful for in a Thanksgiving Facebook post. Dick Bugbee said he is thankful for church and family.*



## Community Concert Fun Event



Bev Leseberg, left, and Lela Bauer, met the performers at the Community Concert.

### ***Admissions***

- No new admissions

### ***Birthdays***

- Dorothy Stewart, Dec. 18

### ***Deaths***

- No deaths in November

### **Facetime and Skype**

Please schedule calls ahead of time to ensure staff availability to assist.

To schedule a time, call  
(402) 729- 5220 (press 1)

### **Our Team to Serve You**

Chief Executive Officer & Administrator

Burke Kline, DHA

Director of Nursing—Laura DeBoer RN

Assistant DON—Anne Itzen RN

MDS Coordinator —Melissa Bennett RN

Social Services Coordinator—Kelli Pohlmann

Activities Coordinators

Wayne Franzen, Nate Behrends

Rehabilitation Aide

Karen Spilker

Infection Preventionist

Kelli Doty, RN

Dietitian

Lisa Edeal

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Patrick Hoins

Facilities Supervisor—Mick Bruce

Director of Envir. Services/Purchasing

Jennifer Jung

Director of Public Relations

Lana Likens

**Most recent state survey:**

In a folder on east side of the wall by the  
Activity Room.

**E-mail:** [wayne.franzen@JCHealthandLife.org](mailto:wayne.franzen@JCHealthandLife.org)

**Website:** [JCHealthandLife.org](http://JCHealthandLife.org)

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are free.** To subscribe

or unsubscribe, write: Gardenside News,  
P.O. Box 277, Fairbury, NE 68352, call Lana Likens at  
402-729-6855, or email  
[lane.likens@jchealthandlife.org](mailto:lane.likens@jchealthandlife.org).

## Holiday reminders

The staff shares some holiday reminders for Christmas at Gardenside.

- 🔔 Please bring any Christmas gifts your loved one receives to the nurses desk so they can be marked with their name.
- 🔔 Any electronic items need to be checked.
- 🔔 Food items can be brought to residents. Please make sure they are in containers that seal.
- 🔔 Residents can decorate—but we no extension cords or power strips are allowed by fire marshal regulations.
- 🔔 Please note that masking requirements are based on our county positivity and may change throughout the season. (More details can be found on Page 5.)
- 🔔 If you have questions or need assistance, please ask the staff.

Results of the most recent state survey are available on the east side of the wall by the Activity Room. Nurse staffing hours are posted west of the nurses station.

# 



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1 10:00 Big Ring Bowling 2:00 Current Events 6:45 Work on Christmas Cards	2 10:00 Fancy Nails 2:00 Birthday Party! 3:00 Bill Chrastill	3 Happy Harbines Carolers @ 5:15pm In the Day Room
4 Church T.V./Radio	5	6 10:00 Video Church 2:00 Flickin Chicken 6:45 Work on Christmas Cards	7 10:00 Ballroom Tennis 10:30 WFC Australia 2:00 Bored Bowling 2:30 Croquet 6:45 Work on Christmas Lights <b>WAGGY NAIL DAY!</b>	8 10:00 Flickin Chicken 2:00 Current Events 6:45 Word Games	9 10:00 Kickball 2:00 BINGO 6:45 Work on Christmas Cards	10 Listen to Christmas Music!
11 3:00 Pastor Emery	12 10:00 Snow Ball Throw 2:00 BINGO 6:45 Christmas Cards	13 10:00 Video Church 2:00 Make Cookies 6:45 Crossword	14 10:00 Ballroom Tennis 2:00 Hot Cocoa Bar/Cookies & Girch Punch 6:45 Christmas Cards <b>UGLY SWEATER DAY!</b>	15 10:00 Big Ring Bowling 2:00 Current Events 6:45 Go Look at Christmas Lights!	16 10:00 Fancy Nails 2:00 Van/Bus Ride	17 Watch a Christmas Movie!
18 Church T.V./Radio	19 10:00 Jake the Dog 2:30 Resident Christmas w/ Bobby Gradbury 6:45 Word Games	20 10:00 Video Church 2:00 BINGO 6:45 Go Look at Christmas Lights!	21 10:00 Ballroom Tennis 10:30 WFC Australia 2:00 Croquet Class (Philly Chow) 6:45 Movie, Make Christmas <b>ONLY CLOTHES OR NO BINGO DAY!</b>	22 10:00 Flickin Chicken 2:00 Current Events 6:45 Crossword	23 10:00 Bus Ride 2:00 Christmas Eve Eve Party! 6:45 Old Glory	24 
25 	26 10:00 Kickball 2:00 Big Ring Bowling 6:45 Word Games	27 10:00 Video Church 2:00 BINGO 6:45 Crossword	28 10:00 Balloon Tennis 2:00 Frog Pond	29 10:00 Big Ring Bowling 2:00 Current Events	30 2:00 New Year's Eve Eve Party!	31 Read a Bible Verse!





# December 2022

## Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 L: Baked ham S: Chicken fried chicken	2 L: Breaded fish au gratin S: Turkey tetrazzini	3 Lunch: Meatloaf S: Fish Sandwich
4 L: Chicken fried steak S: Chicken tenders	5 L: Ham loaf S: Egg bake, sausage link and french toast	6 L: Pork roast and kraut S: Hamburger pizza	7 L: Tator Tot Casserole S: Pork fritter	8 L: Chicken cordon bleu S: Lasagna	9 L: Hot turkey sandwich S: Steak fingers	10 L: Oven fried chicken S: Bratwurst on bun
11 L: Mock filet mignon S: Fish sticks	12 L: Hot roast beef sandwich S: Swedish meatballs	13 L: Chili S: Breaded chicken patty	14 L: Sirloin tips S: Chicken broccoli bake	15 L: Chicken tenders S: Ham and bean soup	16 L: Fish S: Hot roast beef and Swiss	17 L: Chuckwagon steak S: Hot turkey sandwich
18 L: Oven fried chicken S: Ham sandwich	19 L: Beef stew S: Beer batter fish	20 L: Roast turkey S: Chicken and dumplings	21 L: Crispy or soft beef taco S: Lasagna	22 L: Chili S: Turkey tetrazzini	23 L: Fried shrimp S: Egg bake, sausage and waffle	24 L: Roast Beef S: Soup and sandwich
25 L: Roast turkey S: Cheeseburger	26 L: Spaghetti with meat sauce S: Sausage pizza	27 L: Chicken fritter S: Fairbury Brand hotdog	28 L: Breaded ranch chicken S: Tuna melt	29 L: Oven fried chicken S: BBQ Ribette	30 L: Swedish meatballs S: Creamed turkey and biscuit	31 L: Sloppy joe S: New Year's Eve dinner

Guests are welcome to join us for meals. To make planning easier, please notify the charge nurse a day or two in advance if you will join us for a meal. Please pay for guest meals in the cafeteria. Guest meals are \$5 (tax incl.) Holiday meals are \$10 per meal (tax incl.) Holiday reservations must be made several days in advance. Guest meals are not billed to resident rooms. Thank you!

# More things to be thankful for



Jody Brantley, Willard Endorf, and Donna Starr share what they are thankful for.

## Current COVID and Masking Guidelines

Facility policy allows us to follow CDC and CMS guidance and not require masking of our visitors or staff **WHEN JEFFERSON COUNTY IS NOT IN THE "RED"** according to CMS designations. When we are in the red masking is required. As of the publication of this newsletter Jefferson County is in the orange, so visitors are not currently required to mask.

Signage at all of our entrances shows what "designation" our county is in, and whether masking is required or not. Typically these designation changes should come on Thursday evenings. If you would like to check out our county's color before visiting, you may visit [CDC COVID Data Tracker: Home](https://www.cdc.gov/covid19/data-tracker). Select Jefferson County, NE, and then for Data type go to Community Transmission. This color may be different then the "COVID-19 Community Level" (which is designed to inform community members of how they should be protecting themselves.) **Please note healthcare facilities are required to use the Community Transmission**

**designation for guidance. We check this map for our County Transmission Color every Friday to guide our masking requirements.**

To ensure the safety and well-being of our residents and staff we take COVID precautions very seriously and if families do not abide by the core principles of infection control, they will be asked to leave and not allowed to visit until further notice.

Visitors may use Door 31 or the JCH&L main entrance and the hallway door to Gardenside. Door 31 is now unlocked from 8 a.m. to 8 p.m. The JCH&L main entrance is open the hours that the fitness center is open.

**Please watch our webpage at [JHealthandLife.org/Locations/Gardenside](https://JHealthandLife.org/Locations/Gardenside) for updates. We will also**



**Check out our website — [JHealthandLife.org](https://JHealthandLife.org)  
Like us on Facebook— [@jchealthandlife](https://www.facebook.com/jchealthandlife)  
Follow us on Twitter— [@jchealthandlife](https://twitter.com/jchealthandlife)**





## Honoring our Veterans



On Veteran's Day we honored our veterans, from left, Mick Melander, Dick Bugbee and Willard Endorf.

## Variety of Entertainment



Top left, Joan McKenzie and Melody York watch a program. Bottom left, Dorothy Reid, Lela Bauer, Dale Maatsch and Donna Starr watch entertainment. Above, on a bus ride are: Lillian Aams, Jody Brantley, Lela Bauer, Donna Starr, Bev Leseberg, and Dick Bugbee.

# Bertha Friesen

June 10, 1930, on the Friesen farm just north of Jansen Nebraska, Abraham paced nervously as his wife Elizabeth was bringing a young baby in to the world. "It's a girl," the shout rang out over the first cries from the bedroom. Bertha Friesen was born.

Bertha was part of a five girl two parent farmstead. As a child she loved to play with her dolls and play hide and go seek, fox and goose and tag with her sisters and two friends Vivian Cope and Bernice Smith. Bertha also helped with chores feeding the chickens and milking the cows. She loved her cats and dogs and a couple cows she called pets.

One of Bertha's earliest memories is one day after playing she came into the house where her mother discovered she had chicken pox. Bertha remembers the rationing of stamps during W.W.2.

Bertha loved cabbage soup, chicken noodle soup, and watching and helping her mother make long john doughnuts for guests and knitting sweaters. Bertha loved going to church, the Christmas programs, and special holiday dinners with her family.

Bertha remembers her farming father and him going to a lot of sales as a child. He ingrained in the daughters to take care of each other, and they carried this on into adulthood. Bertha loves to play UNO and word searches and many other activities here at Gardenside. We salute you!!



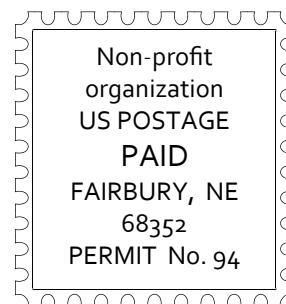
## A Visit with Jake the Therapy Dog



**Jake the Therapy Dog**—Jake is a popular visitor. Residents love to pet him and talk to him. Left, Jane Bakewell, and right, Eugene Musil, enjoy Jake.



2200 H St. P.O. Box 277  
Fairbury, NE 68352



CHANGE SERVICE REQUESTED

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*Photos Inside!*

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Happy Birthday!



Happy November birthday to Mick Melander and Lillian Adams.