

Residents share handmade cards

By Nate Behrends
Evening Activity Coordinator

As we wave goodbye to 2022, Gardenside ended the year with a bang as both Bill Chrastil and Bobby Gaduary blessed us with their entertainment skills. Bill came for the December birthday party. Dorothy Stewart celebrated her birthday on Dec. 18.

Residents made more than 250 "handmade with love" cards and sent them to four facilities in Nebraska. We sent cards to residents at facilities in Gothenburg, Henderson, Stanton and Burwell. Thanks to all the residents who helped make the handmade cards. Valentine cards are already in the works for as many hearts as Gardenside can touch.

Santa came to visit, bringing smiles to the residents' faces and presents for all. Everyone was good this year! Pictures with Santa were very popular this year for the Christmas party, and Bobby Gadoury's music topped off the party with a mixture of Christmas, piano and crooner classics.

Games filled in the days with Christmas Jingo, Christmas Trivia, and Chicken Flickin' turned to Partridge Plunkin in honor of the holiday. We also celebrate each other on Fridays with a get-together with food and drink and visiting in the day room.

In January we welcome Paul Ramp for the birthday party and the Cheng's make their return to bring their beautiful music to Gardenside.

Thank you to everyone for your support throughout the year. We hope you have had a blessed Christmas with family and friends. Wishing you the happiest new year! Until next year!



Santa brings a gift to Virgil Wasserman.

Welcoming carolers



Residents Mary Adkin and Vivian Belding enjoy a group of carolers who came to sing at Christmastime.

Admissions

- No new admissions

Birthdays

- Jody Brantley, Jan. 30



Deaths

Gardenside was saddened by the death of one resident in the past month. Our sympathy is with the family of:

- Gaylord Smith, Dec. 23

Facetime and Skype

Please schedule calls ahead of time to ensure staff availability to assist.

To schedule a time, call
(402) 729- 5220 (press 1)

Our Team to Serve You

Chief Executive Officer & Administrator

Burke Kline, DHA

Director of Nursing—Laura DeBoer RN

Assistant DON—Anne Itzen RN

MDS Coordinator —Melissa Bennett RN

Social Services Coordinator—Kelli Pohlmann

Activities Coordinators

Wayne Franzen, Nate Behrends

Rehabilitation Aide

Karen Spilker

Infection Preventionist

Kelli Doty, RN

Dietitian

Lisa Edeal

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Patrick Hoins

Facilities Supervisor—Mick Bruce

Director of Envir. Services/Purchasing

Jennifer Jung

Director of Public Relations

Lana Likens

Most recent state survey:

In a folder on east side of the wall by the
Activity Room.

E-mail: wayne.franzen@JCHHealthandLife.org

Website: JCHHealthandLife.org

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or unsubscribe, write: Gardenside News,
P.O. Box 277, Fairbury, NE 68352, call Lana Likens at
402-729-6855, or email
lane.likens@jchealthandlife.org.

Crazy Hair Day, Festive Sweater Day



Katie Yoder and Kaitlynn Boomgaarn show off their crazy hair. At right, Katie Yoder created a very festive sweater.

Our staff enjoy getting in the holiday spirit—and the residents enjoy something out of the ordinary.



Results of the most recent state survey are available on the east side of the wall by the Activity Room. Nurse staffing hours are posted west of the nurses station.



January

2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Happy New Year	2 10:00 Big Ring Bowling 2:00 Trivia	3 10:00 Video Church 2:00 BINGO	4 10:00 Balloon Tennis 10:30 W/C Aerobics 2:00 Crossword	5 10:00 Coffee with Kithy 2:00 Current Events	6 10:00 Frog Pond 2:00 Old Glory	7 Work on a Puzzle!
8 Church Radio/T.V.	9 2:00 Everybody Knows	10 10:00 Video Church 2:00 Crossword	11 10:00 Balloon Tennis 1:30 BIRTHDAY PARTY! 3:00 Paul Romp	12 10:00 Coffee with Kithy 2:00 Current Events	13 10:00 Big Ring Bowling 2:00 BINGO	14 Call a Friend!
15 3:00 Pastor Emery	16 10:00 Jake the Dog 2:00 Big Ring Bowling	17 10:00 Video Church 2:00 BINGO	18 10:00 Balloon Tennis 10:30 W/C Aerobics 2-45 The Chenge\$	19 10:00 Coffee with Kithy 2:00 Current Events	20 10:00 Big Ring Toss 2:00 Crossword	21 Read a Good Book!
22 Church Radio/T.V.	23 10:00 Frog Pond 2:00 Crossword	24 10:00 Video Church 2:00 Old Glory	25 10:00 Balloon Tennis 2:00 This That and Everything	26 10:00 Coffee with Kithy 2:00 Current Events	27 10:00 Big Ring Bowling 2:00 BINGO	28 Listen to Music!
29 Church Radio/T.V.	30 10:00 Valentine Cards 2:00 Frog Pond	31 10:00 Video Church 2:00 Valentine Cards	1	2	3	4



Happy Birthday! Jody Brantley 30th



January 2023

Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>1</i> L: New Year's Day Lunch S: Ham and bean soup	<i>2</i> L: Smothered steak with onions S: Chicken Parmesan	<i>3</i> L: Liver and onions S: Smoked Sausage	<i>4</i> L: Beef stroganoff with noodles S: Chili	<i>5</i> L: Baked ham S: Chicken fried chicken	<i>6</i> L: Breaded fish au gratin S: Turkey tetrazzini	<i>7</i> Lunch: Meatloaf S: Fish Sandwich
<i>8</i> L: Chicken fried steak S: Chicken tenders	<i>9</i> L: Ham loaf S: Egg bake, sausage link and french toast	<i>10</i> L: Pork roast and kraut S: Hamburger pizza	<i>11</i> L: Tator Tot Casserole S: Pork fritter	<i>12</i> L: Chicken cordon bleu S: Lasagna	<i>13</i> L: Hot turkey sandwich S: Steak fingers	<i>14</i> L: Oven fried chicken S: Bratwurst on bun
<i>15</i> L: Mock filet mignon S: Fish sticks	<i>16</i> L: Hot roast beef sandwich S: Swedish meatballs	<i>17</i> L: Chili S: Breaded chicken patty	<i>18</i> L: Sinoil tips S: Chicken broccoli bake	<i>19</i> L: Chicken tenders S: Ham and bean soup	<i>20</i> L: Fish S: Hot roast beef and Swiss	<i>21</i> L: Chuckwagon steak S: Hot turkey sandwich
<i>22</i> L: Oven fried chicken S: Ham sandwich	<i>23</i> L: Beef stew S: Beer batter fish	<i>24</i> L: Roast turkey S: Lasagna	<i>25</i> L: Crispy or soft beef taco S: Chicken and Dumplings	<i>26</i> L: Chili S: Turkey tetrazzini	<i>27</i> L: Fried shrimp S: Egg bake, sausage and waffle	<i>28</i> L: Roast Beef S: Meatballs
<i>29</i> L: Chicken Fritter S: Cheeseburger	<i>30</i> L: Spaghetti with meat sauce S: Sausage pizza	<i>31</i> L: Chicken fritter S: Fairbury Brand hotdog				

Guests are welcome to join us for meals. To make planning easier, please notify the charge nurse a day or two in advance if you will join us for a meal. Please pay for guest meals in the cafeteria. Guest meals are \$5 (tax incl.) Holiday meals are \$10 per meal (tax incl.) Holiday reservations must be made several days in advance. Guest meals are not billed to resident rooms. Thank you!

Residents enjoyed tasting many different breads



Enjoying bread tasting are, from left, Dale Maatsch, (top) Beverly Leseberg, Jody Brantly, (bottom) Wayne Stewart, Jane Bakewell, and Lillian Adams. Thanks to Sandy Bauer for making different breads for residents to try!

Current COVID and Masking Guidelines

Facility policy allows us to follow CDC and CMS guidance and not require masking of our visitors or staff **WHEN JEFFERSON COUNTY IS NOT IN THE "RED"** according to CMS designations. When we are in the red masking is required. As of the publication of this newsletter Jefferson County is in the yellow, so visitors are not currently required to mask.

Signage at all of our entrances shows what "designation" our county is in, and whether masking is required or not. Typically these designation changes come early on Friday mornings. If you would like to check out our county's color before visiting, you may visit [CDC COVID Data Tracker: Home](https://www.cdc.gov/covid19/data-tracker). Select Jefferson County, NE, and then for Data type go to Community Transmission. This color may be different than the "COVID-19 Community Level" (which is designed to inform community members of how they should be protecting themselves.) **Please note healthcare facilities are required to use the Community Transmission designation for guidance. We check this map for our County Transmission Color every Friday to guide our masking requirements.**

To ensure the safety and well-being of our residents and staff we take COVID precautions very seriously and if families do not abide by the core principles of infection control, they will be asked to leave and not allowed to visit until further notice.

Visitors may use Door 31 or the JCH&L main entrance and the hallway door to Gardenside. Door 31 is now unlocked from 8 a.m. to 8 p.m. The JCH&L main entrance is open the hours that the fitness center is open.

Please watch our webpage at [JHealthandLife.org/Locations/Gardenside](https://www.jchealthandlife.org/Locations/Gardenside) for updates. We will also communicate changes with our resident's families.



**Check out our website — [JHealthandLife.org](https://www.jchealthandlife.org)
Like us on Facebook— [@jchealthandlife](https://www.facebook.com/jchealthandlife)
Follow us on Twitter— [@jchealthandlife](https://twitter.com/jchealthandlife)**



Christmas fun



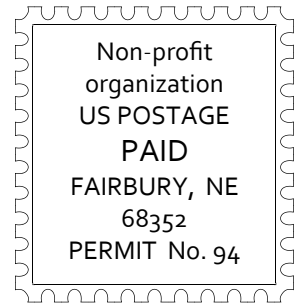
Santa visited Gardenside. Pictured are, top left, Gaylord Smith; top right, Dorothy Stewart; bottom left, Wayne Stewart; bottom right Bertha Friesen.

More Christmas Fun



Residents enjoyed gifts for Christmas. Top, from left, Mick Melander, Melody York, Margaret Veatch. Middle from left, Marlene Schmidt, Dorothy Reid, Dick Bugbee and many others; bottom row, from left, Mary Feldkamp and Dick Bugbee; and Donna Starr.

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Fairbury, NE 68352



CHANGE SERVICE REQUESTED

Photos Inside!

Happy Birthday!



Happy December birthday to Dorothy Stewart.