

Valentine King and Queen Crowned

By Nate Behrends
Evening Activity Coordinator

February was a blur as it blasted its cold air through Fairbury.

We here at Gardenside were able to keep warm and snug as we welcomed back Bobby Gaduary and all of his talents for our Valentine's followup party on Feb. 15. On the day before, Valentine's Royalty was crowned. Giving up last year's crown, Virgil and Melody turned their reign over to Willard Endorf and Margaret Veatch. The Dulcimer group joined us for entertainment on Feb. 22, bringing their unique sound to Gardenside.

Several Valentines were sent this year, some to Nebraska assisted living facilities and some might have gone global, as we participated in a global Valentines program through our It's Never Too Late program.

Lela Bauer celebrated her birthday with a party where cake and ice cream were served.

A couple of residents participated in the Community Concerts series with a Vaudeville program in February.

Several activities continue to fill the days and evenings here at Gardenside. March is full of goodies—make sure to sport your green on St. Patrick's day!

I am sure you are all as ready for spring as we are here at Gardenside. We are ready for more outside trips and activities. We're also looking forward to the return of Cooking Classes with Wayne and a visit by Jake the Therapy dog. I'm sure the Ground Hog even thinks—Hurry Up, Spring!

'Til next time—don't get pinched!



Margaret Veatch was crowned Valentine Queen and Willard Endorf was crowned Valentine King

Acts of Kindness day



Gardenside staff chose bracelets donated by the Fairbury Jeffs Gone M.A.D. (Making a Difference) group on Acts of Kindness Day. The group also brought treats.

Admissions

- Elda Heidemann 2/3
- Patricia Freauf 2/8
- Carol Barber 2/10

Birthdays

- Vivian Belding, March 3
- Joan McKenzie 3/10

Anniversary

- Carol and Jim Barber,
March 25, 1951

Deaths

Gardenside was saddened by the death of four residents in the past month. Our sympathy is with the families of:

- Merlene Schmidt, 2/4
- Lillian Adams, 2/7
- Eugene Musil, 2/19
- Bertha Friesen, 2/20

Our Team to Serve You

Chief Executive Officer & Administrator

Burke Kline, DHA

Director of Nursing—Laura DeBoer RN

Assistant DON—Anne Itzen RN

MDS Coordinator —Melissa Bennett RN

Social Services Coordinator—Kelli Pohlmann

Activities Coordinators

Wayne Franzen, Nate Behrends

Rehabilitation Aide

Karen Spilker

Infection Preventionist

Kelli Doty, RN

Dietitian

Lisa Edeal

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Patrick Hoins

Facilities Supervisor—Mick Bruce

Director of Envir. Services/Purchasing

Jennifer Jung

Director of Public Relations

Lana Likens

Most recent state survey:

**In a folder on east side of the wall by the
Activity Room.**

E-mail: wayne.franzen@JCHHealthandLife.org

Website: JCHHealthandLife.org

*Gardenside News is a monthly publication of
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are free.** To subscribe
or unsubscribe, write: Gardenside News,
P.O. Box 277, Fairbury, NE 68352, call Lana Likens at
402-729-6855, or email
lane.likens@jchealthandlife.org.*

Updating our rooms

Resident rooms are getting new flooring and walls are getting touched up with a new coat of paint as needed. Residents may be relocated for short periods of time to different rooms as we work our way through the room updates, and we thank everyone for their patience.

New windows have been approved and will hopefully be installed in the spring.

Facetime and Skype

We are glad to help you keep in touch with your loved ones using Facetime and Skype.

Please schedule calls ahead of time to ensure staff availability to assist.

To schedule a time, call
(402) 729- 5220 (press 1)

Results of the most recent state survey are available on the east side of the wall by the Activity Room. Nurse staffing hours are posted west of the nurses station.

St. Patrick's Day 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	1	2	3	4
Church Radio/T.V.	10:00 Fancy Nails 2:00 Frog Pond 6:45 Tip of the Tongue	10:00 Video Church 2:00 Cooking Class 6:45 Word Games	10:30 W/C Aerobics 2:00 BINGO 6:45 Crossword	10:00 Coffee with Kitty 2:00 Current Events	2:00 Big Ring Bowling 6:45 Word Games	Listen to Music!
5	6	7	8	9	10	11
Church Radio/T.V.	2:00 Bus Ride 6:45 Finish the Line	10:00 Video Church 2:00 BINGO 6:45 Headbands	10:00 Big Ring Bowling 2:00 BINGO 6:45 Head Bands	10:00 Everybody Knows 2:00 Current Events	10:00 Kickball 2:00 BIRTHDAY PARTY!! 6:45 Crossword	Phone a Friend!
12	13	14	15	16	17	18
Pastor Emery 3:00	2:00 Bus Ride 6:45 Finish the Line	10:00 Video Church 2:00 BINGO 6:45 Headbands	10:30 W/C Aerobics 3:00 Chris Sayre	10:00 Big Ring Bowling 2:00 Current Events 6:45 Word Games	10:00 Fancy Nails 2:00 St. Patrick's Day PARTY! 6:45 Crossword	Read a Bible Verse!
19	20	21	22	23	24	25
Church Radio/T.V.	10:00 Jake the Dog 2:00 Frog Pond	10:00 Video Church 2:00 Big Ring Bowling 6:45 Crossword	10:00 Kickball 2:00 Frog Pond 6:45 Word Games	10:00 Everybody Knows 2:00 Current Events 6:45 JINGO	10:00 Fancy Nails 2:00 BINGO 6:45 Old Glory	Enjoy the Sunshine!
26	27	28	29	30	31	1
Church Radio/T.V.	10:00 Kickball 2:00 Ring Toss 6:45 Tip of the Tongue	10:00 Video Church 2:00 BINGO 6:45 Head Bands	10:30 W/C Aerobics 2:00 Bus Ride 6:45 JINGO	10:00 Tip of the Tongue 2:00 Current Events	2:00 Cooking Class 6:45 Crossword	APRIL FOOLS DAY



Happy Birthday!
Vivian Belding 3rd
Joan McKenzie 10th



March 2023

Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 L: Crispy or soft beef taco S: Chicken and Dumplings	2 L: Chili S: Turkey tetrazzini	3 L: Fried shrimp S: Egg bake, sausage and waffle	4 L: Roast Beef S: Meatballs
5 L: Chicken Fritter S: Cheeseburger	6 L: Spaghetti with meat sauce S: Sausage pizza	7 L: Roast turkey S: Fairbury Brand hotdog	8 L: Breaded ranch chicken S: Tuna melt	9 L: Oven fried chicken S: BBQ Ribette	10 L: Swedish meatballs S: Creamed turkey and bisout	11 L: Sloppy joe S: Chicken tenders
12 L: Pot Roast S: Ham and bean soup	13 L: Smothered steak with onions S: Chicken Parmesan	14 L: Liver and onions S: Smoked Sausage	15 L: Beef stroganoff with noodles S: Chili	16 L: Baked ham S: Chicken fried chicken	17 L: Breaded fish au gratin S: Turkey tetrazzini	18 Lunch: Meatloaf S: Fish Sandwich
19 L: Chicken fried steak S: Chicken tenders	20 L: Ham loaf S: Egg bake, sausage link and french toast	21 L: Pork roast and kraut S: Hamburger pizza	22 L: Tator Tot Casserole S: Pork fritter	23 L: Chicken cordon bleu S: Lasagna	24 L: Hot turkey sandwich S: Steak fingers	25 L: Oven fried chicken S: Bratwurst on bun
26 L: Mook filet mignon S: Fish sticks	27 L: Hot roast beef sandwich S: Swedish meatballs	28 L: Chili S: Breaded chicken patty	29 L: Sirloin tips S: Chicken broccoli bake	30 L: Chicken tenders S: Ham and bean soup	31 L: Fish S: Hot roast beef and Swiss	

Guests are welcome to join us for meals. To make planning easier, please notify the charge nurse a day or two in advance if you will join us for a meal. Please pay for guest meals in the cafeteria. Guest meals are \$5 (tax incl.) Holiday meals are \$10 per meal (tax incl.) Holiday reservations must be made several days in advance. Guest meals are not billed to resident rooms. Thank you!

Gardenside Has Excellent State Survey

By Laura DeBoer RN
Director of Nursing

Gardenside had its annual Nebraska Department of Health and Human Services survey in January and we are proud to report no deficiencies in nursing. We did have 3 small deficiencies from the State Fire Marshal, but those have all been fixed.

The survey team commended the staff on the excellent care they are providing, as the survey team observed the residents to be happy and well cared for. They also commended the management team on how well they ensured and followed infection control practices to keep COVID-19 exposure low.

Gardenside is extremely proud to remain a remain a 5 star facility.

I can say from all the staff that we care for your loved ones like they are family. Thank you for choosing Gardenside.

Current COVID and Masking Guidelines

Facility policy allows us to follow CDC and CMS guidance and not require masking of our visitors or staff **WHEN JEFFERSON COUNTY IS NOT IN THE "RED" according to CMS designations. When we are in the red masking is required. As of the publication of this newsletter Jefferson County is in the yellow, so visitors are not currently required to mask.**

Signage at all of our entrances shows what "designation" our county is in, and whether masking is required or not. Typically these designation changes come early on Friday mornings. If you would like to check out our county's color before visiting, you may visit [CDC COVID Data Tracker: Home](#). Select Jefferson County, NE, and then for Data type go to Community Transmission. This color may be different then the "COVID-19 Community Level" (which is designed to inform community members of how they should be protecting themselves.) **Please note healthcare facilities are required to use the Community Transmission designation for guidance. We check this map for our County Transmission Color every Friday to guide our masking requirements.**

To ensure the safety and well-being of our residents and staff we take COVID precautions very seriously and if families do not abide by the core principles of infection control, they will be asked to leave and not allowed to visit until further notice.

Visitors may use Door 31 or the JCH&L main entrance and the hallway door to Gardenside. Door 31 is now unlocked from 8 a.m. to 8 p.m. The JCH&L main entrance is open the hours that the fitness center is open.

Please watch our webpage at JHealthandLife.org/Locations/Gardenside for updates. We will also communicate changes with our resident's families.



**Check out our website — JHealthandLife.org
Like us on Facebook— [@jchealthandlife](https://www.facebook.com/jchealthandlife)
Follow us on Twitter— [@jchealthandlife](https://twitter.com/jchealthandlife)**



Bingo!



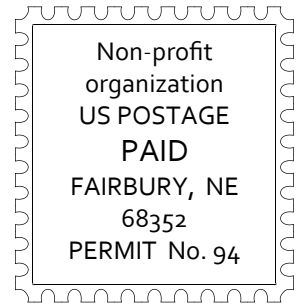
Top, from left, Carol Hart, Joan McKenzie, Bev Leseberg and Margaret Veatch. Bottom right, Mike Slater; Bottom left, Bev Leseberg.

And More Bingo!



Top, Lela Bauer plays and wins, and gets a prize from Wayne Franzen. Bottom left, Donna Starr; bottom right, Virgil Wasserman.

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Fairbury, NE 68352



CHANGE SERVICE REQUESTED

Photos Inside!

Happy Birthday!



Happy birthday to Lela Bauer!