

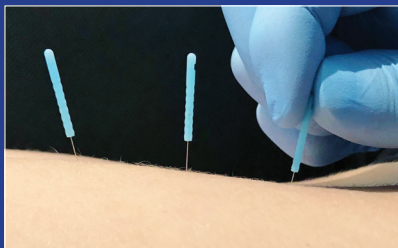
# JCHL Physical Therapy is now offering **DRY NEEDLING** as a stand-alone, cash-based service.



**Physical Therapists Callie Engler PT, DPT, Board Certified Orthopedic Specialist and Travis Kostal PT, DPT are trained in trigger point dry needling for pain management.**



***Dry needling is a non-pharmaceutical therapeutic modality which uses a small, filiform acupuncture needle specifically for treating and preventing soft tissue pain and dysfunction.***



- DN stimulates the healing process in soft tissues, therefore leading to pain relief and restoration of tissue health and mobility.

- Dry needling can be beneficial for back pain, neck pain, headaches, TMJ pain, hip pain, shoulder pain, tennis elbow and many other diagnoses.

**Call us today at 402-729-6840 to schedule your treatment session.**  
**Dry Needling session for \$40!**  
(up to 30-minute treatment session)

***Insurance will not be billed.  
A physician order  
is not required.***

Inspiring a Lifetime of Health

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**Health & Life**

[jchealthandlife.org](http://jchealthandlife.org)

**2200 H St.,  
Fairbury, NE  
402-729-3351**