

June—entertainment, bus rides, melon and more

June brought the return of Paul Siebert to entertain with his versatility on musical instruments. He is very, very talented. He had everyone intrigued as he wove stories around the instruments and music. We are glad to have him back entertaining us! Kudos to him for coming again.

The Gypsy Cowbell stopped by on her annual pilgrimage through Nebraska, singing and playing guitar while spinning her tales of yesteryear.

Bus rides, games, melon feed and rootbeer floats were all great activities in June.

Rootbeer floats almost surpassed Bingo as the number one activity for the month. But Bingo held strong. Jake the dog visited and brought smiles to all the faces he visited. Big Ring Bowling, Flicikin' Chicken and balloon tennis rounded out the month. We celebrated National Bingo Day with great prizes.

A June birthday party was thrown June 18 celebrating Judy Dugan and Virgil Wasserman. Cake and ice cream were enjoyed by all. We also wished all of our fathers happy Father's Day in June.

Willard Endorf and Lela Bauer went to the restaurant in Daykin to enjoy a meal and reminisce about the Good Ol' Days.

July comes in with a bang as we anxiously await the return a performance by Bill Chrastil, 2-time Branson Entertainer of the Year. Everyone is invited to this show which will be held in the northwest parking lot at 7 p.m. on Tuesday, July 4, followed by the Cedarwood/Gardenside fireworks extravaganza set to music. Snacks will be served and fun promised for all. Please bring your lawn chair!

We also look forward to a performance in July by the very talented Chris Sayre. Bus rides, games, Jake the dog, and other fun activities will fill up the calendar for July. Gardenside residents plan to participate in the Jefferson County fair parade.

For now I will say, God bless and good journey until next month!

Do not forget to join us for the Fourth of July. It is sure to be a blast!



Gypsy Cowbell entertains residents with music.



Happy Anniversary



Congratulations to Norris and Janet Gold, who celebrated 31 years of marriage on June 27.

Admissions

- Timothy Sinn, June 12
- Judy Troxel, June 15

JUDY TROXEL 06/15/23

Birthdays

- Elda Heidemann, July 24
- Donna Starr, July 30



Anniversary

- Norris and Janet Gold, June 27

Deaths

Gardenside was saddened by the death of one resident in the past month. Our sympathy is with the family of:

- Fred Achtemeier, June 3

Our Team to Serve You

Chief Executive Officer & Administrator

Burke Kline, DHA

Director of Nursing—Laura DeBoer RN

Assistant DON—Anne Itzen RN

MDS Coordinator—Melissa Bennett RN

Social Services Coordinator—Kelli Pohlmann

Activities Coordinators

Wayne Franzen, Nate Behrends

Rehabilitation Aide

Karen Spilker

Infection Preventionist

Kelli Doty, RN

Dietitian

Lisa Edeal

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Patrick Hoins

Facilities Supervisor—Mick Bruce

Director of Envir. Services/Purchasing

Jennifer Jung

Director of Public Relations

Lana Likens

Most recent state survey:

In a folder on east side of the wall by the

Activity Room.

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Website: JCHHealthandLife.org

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are free. To subscribe

or unsubscribe, write: Gardenside News,

P.O. Box 277, Fairbury, NE 68352, call Lana Likens at

402-729-6855, or email

lane.likens@jchealthandlife.org.

New procedure for leaving the building

We are returning to pre-COVID protocols for resident outings. When you are taking a resident out of the facility, please stop and check out at the nurses' desk. There is a special notebook there for checking and checking out. This includes a release of responsibility. It also helps us know which residents are out of the building, and who they are with. Thank you for your assistance!

Room work is nearly complete

We are very close to being done with our room updates. We have just two rooms to finish painting and flooring. We expect to have all of the rooms updated by mid-July.

We would like to thank residents and their families for their patience as we did some "shuffling" to make this update possible.

No tape on the walls, please!

With our newly painted walls, we ask that residents and their families not use tape on the walls please. We are working on bulletin boards for each room!

Results of the most recent state survey are available on the east side of the wall by the Activity Room. Nurse staffing hours are posted west of the nurses station.

JULY 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	1 Phone a Friend!
2 Church Radio/T.V.	3 2:00 Big Ring Bowling 6:45 Bus Ride	4 Happy 4th of July	5 10:00 Balloon Tennis 2:00 BINGO	6 10:00 Coffee with Kiffy 2:00 Current Events	7 10:00 Kickball 2:00 National Chocolate Day	8 Go Outside!
9 Church Radio/T.V.	10 10:00 Big Ring Toss 3:00 Chris Sayre	11 10:00 Chicken Flickin 2:00 BINGO	12 10:00 Balloon Tennis 10:30 W/C Aerobics 2:00 Root Beer Floats	13 10:00 Video Church 2:00 Stylish Nails	14 10:00 Bus Ride 2:00 Watermelon	15 Read a Good Book!
16 Church Radio/T.V.	17 10:00 Jake the Dog 2:00 Big Ring Bowling 6:45 Crossword	18 2:00 BINGO 6:45 Word Games	19 10:00 Balloon Tennis 2:00 Strawberry Shortcake 6:45 Old Glory	20 10:00 Video Church 2:00 Current Events 6:45 Bus Ride	21 10:00 Kickball 2:00 National Junk Food Day 6:45 Headbands	22 Read a Bible Verse!
23 Church Radio/T.V.	24 10:00 Kickball 2:00 Birthday Party!	25 10:45 Pastor Hart 2:00 BINGO 6:45 Word Games	26 10:00 Balloon Tennis/ W/C Aerobics 2:00 Big Ring Bowling 6:45 Bus Ride	27 10:00 Video Church 2:00 Current Events 6:45 Headbands	28 2:00 Frog Pond 6:45 Bus Ride	29 Work on a Puzzle!
30 Church Radio/T.V.	31 10:00 Frog Pond 2:00 Chicken Flickin 6:45 Crossword	<p>Happy Birthday! Elda 24th Donna 30th</p>				

July 2023

Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 L: Glazed ham S: Patty melt
2 L: Virginia Turkey Roast S: Philly cheesesteak sandwich	3 L: breaded pork steak S: Kielbasa	4 L: Chicken cordon bleu S: Baked ham	5 L: chef salad S: sloppy joe	6 L: BBQ ribette S: Creamed turkey over biscuit	7 L: Beer batter fish S: Hot roast beef and swiss	8 L: Salisbury steak S: fried shrimp
9 L: Roast beef S: Pork fritter	10 L: BBQ meatballs S: Cranberry Chicken Salad on Croissant	11 L: Roast turkey S: Rueben	12 L: chicken and dumplings S: BLT	13 L: Brown sugar glazed ham S: Pancakes and sausage links	14 L: Lasagna S: Chicken Caesar Salad	15 L: Turkey tetrazini S: Pan pizza
16 L: Glazed meatloaf S: Chicken tenders	17 L: Chicken fried chicken S: Smoked pork sandwich	18 L: Swiss steak S: Battered fried shrimp	19 L: Liver and onions S: Philly cheesesteak sandwich	20 L: Salmon patty S: Steak fingers	21 L: breaded fish au gratin S: Chicken Parm	22 L: chef salad S: meatballs with gravy
23 L: Oven fried chicken S: Polish sausage on bun	24 L: Beef tacos S: chicken lasagna	25 L: Creamy Swiss chicken S: Sloppy joe on a bun	26 L: Meatloaf S: Turkey club on croissant	27 L: Salisbury steak S: Breaded chicken on bun	28 L: Oven Fried fish S: Chili and cinnamon roll	29 L: Roast Beef S: Chicken Tender Salad
30 L: Bacon wrapped chopped steak S: Ham and bean soup	31 L: Oriental Beef Stir Fry S: Hot ham and cheese sandwich					

Guests are welcome to join us for meals. To make planning easier, please notify the charge nurse a day or two in advance if you will join us for a meal. Please pay for guest meals in the cafeteria. Guest meals are \$5 (tax incl.) Guest meals are not billed to resident rooms. Thank you!

Pohlmann, Feldkamp Earn Social Services Certification

Kelli Pohlmann, social services coordinator, and Mary Feldkamp, social services assistant, successfully completed a 42-hour in-person course to become Social Worker Designees. The course was offered by the Nebraska Health Care Association.

The Social Worker Designee must act as part of the interdisciplinary team in assessing the individual needs of the residents and participate in the development and implementation of the individualized care plan. The SSD must have interventions in place to meet resident's goals, address resident needs, and provide SS support and guidance as needed. The SSD must establish and maintain relationships with the resident and their families.

Laura DeBoer, RN, Gardenside Director of Nursing, also is a certified social worker designee.

Pohlmann has been social services coordinator since July 2022. Feldkamp has been a certified nurse aide at Gardenside and will become a full-time part of the social services department on July 1.

Congratulations, Kelli and Mary!



Pohlmann



Feldkamp

Outing to Daykin

Gardenside staff are striving to find some ways to help some of our residents' "wishes" to come true—wishes like going to a favorite restaurant from their past, for example. Lela Bauer and Willard Endorf

enjoyed a trip to the Roadrunner Bar and Grill in Daykin on June 13 for lunch. Our staff is glad to help residents have some wishes come true, and be part of the community.



Lela Bauer



Lela Bauer, Mary Feldkamp, Willard Endorf



Willard Endorf

Donut Day Brings a Tasty Treat!



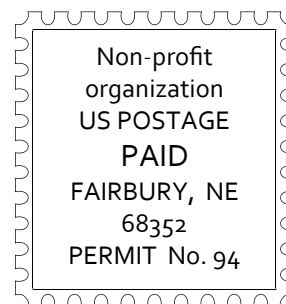
Residents enjoyed National Donut Day with special treats. Top left, Ella Schafer, top right, Mary Adkins. Bottom, from left, Virgil Wasserman, Carol Barber, Willard Endorf.

More Donut Day Enjoyment



Top left, Robert "Bob" Weers; top right, Donna Starr; bottom , from left, Beverly Leseberg, Marge Veatch and Joan McKenzie. Bottom right, Dale Maatsch.

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CHANGE SERVICE REQUESTED

Photos Inside!

Happy Birthday!



Happy birthday to June birthdays, Virgil Wasserman and Judy Dugan.