

July: Parades, entertainment and summer activities



By Nate Behrends

Evening Activity Coordinator

July 4 brought the return of Bill Chrastil to entertain for a show that was switched to indoors instead of outdoors because of weather. Bill played all the classics and kept everyone entertained while the outside welcomed a much-needed rain. Fireworks were also cancelled because of the weather. We were looking forward to a big show thanks to donations from the Maatsch family, Cody Moyer Reality, the Schramm family, and Wayne Stewart. The fireworks are safely stored off site for a future fireworks show. Thank you to all!

Chris Sayre brought his storytelling, instrumental and vocal talents to Gardenside, where he was enjoyed by all. The Czech dancers returned to show off their fancy footwork for Gardenside residents. A big thank you to all of our entertainers!

Nine residents attended the Jefferson County Fair parade held in downtown Fairbury on Sunday, July 9, to kick off the fair. Thanks to all of the staff and their families who represented Gardenside in the parade and helped get residents to and from the parade.

We took several bus trips to points of interest in July. Games and activities included armchair aerobics, balloon tennis, Bingo and more. To help stay cool we had watermelon, fruit parfaits and ice cream bars.

As we move toward fall, we will be continuing these activities, as well as returning to happy hour and tailgates on Friday afternoons, and bringing back cooking classes.

In August, Mike McCracken will be joining us to entertain, and the Chengs will return. Giant schedules have been created for both Husker football and volleyball as we anxiously await the return to the field and court.

Until next time—**GO BIG RED!!!!**

Parade time



Gardenside staff and their family members walked through the Jefferson County Fair parade and threw frisbees and candy. They also helped get Gardenside residents to and from the parade, and watched part of the parade with residents.

Admissions

- Leonard Bartels, July 7
- Marion Phillips, July 21

Return Home/Transfer

- ♦ Timothy Sinn, July 12
- ♦ Judy Troxel, July 15

Birthdays

- Dale Maatsch, Aug. 3
- Jane Bakewell, Aug. 7
- Carol Barber, Aug. 24
- Richard Bugbee, Aug. 27

Deaths

Gardenside was saddened by the death of 1 resident in the past month. Our sympathy is with the family of:

- Willard Endorf, July 7

Our Team to Serve You

Chief Executive Officer & Administrator

Burke Kline, DHA

Director of Nursing—Laura DeBoer RN

Assistant DON—Anne Itzen RN

MDS Coordinator—Melissa Bennett RN

Social Services Coordinator—Kelli Pohlmann

Activities Coordinators

Wayne Franzen, Nate Behrends

Rehabilitation Aide

Karen Spilker

Infection Preventionist

Kelli Doty, RN

Dietitian

Lisa Edeal

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Patrick Hoins

Facilities Supervisor—Mick Bruce

Director of Envir. Services/Purchasing

Jennifer Jung

Director of Public Relations

Lana Likens

Most recent state survey:

In a folder on east side of the wall by the

Activity Room.

E-mail: wayne.franzen@JCHealthandLife.org

Website: JCHealthandLife.org

Gardenside News is a monthly publication of Jefferson Community Health & Life. **Subscriptions are free.** To subscribe

or unsubscribe, write: Gardenside News,

P.O. Box 277, Fairbury, NE 68352, call Lana Likens at 402-729-6855, or email

lane.likens@jchealthandlife.org.

Bulletin boards

We are in the process of hanging bulletin boards for all residents. We ask that you please not use tape on the walls. Thank you!

Hats and Sunglasses

We are spending more time outdoors these days. Please make sure your loved one has a hat and/or sunglasses for their comfort and protection from the sun.

Community Involvement

With the COVID emergency ended, we are seeking ways to get our residents more involved with our community. This might be by us taking them out (see the parade photo on Page 1) or by community residents or organizations coming in. If you'd like to come in and provide entertainment, read to residents, play cards or games, help with Bingo, show a collection—or something else—please let us know! Call Nate or Wayne at 402-729-6848.

Results of the most recent state survey are available on the east side of the wall by the Activity Room. Nurse staffing hours are posted west of the nurses station.

August 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1 10:00 Coffee w/Kitty Special Guest 2:00 BINGO 6:45 Word Games	2 10:00 Balloon Tennis 2:00 Cooking Class 6:45 Old Glory	3 10:00 Video Church 2:00 Current Events 6:45 Bus Ride	4 10:00 Kickball 2:00 Chocolate Chip Day! 6:45 Head Bands	5 Enjoy the Sunshine!
6 Church Radio/ T.V.	7 10:00 Van Ride 3:00 Mike McCracken 6:45 This That and Everything	8 10:00 Kickball 2:00 Birthday Party! 6:45 Bus Ride	9 10:00 Balloon Tennis/ W/C Aerobics 2:00 BINGO 6:45 Crossword	10 10:00 Video Church 2:00 Current Events 6:45 Everybody Knows	11 10:00 One on Ones 2:00 Happy Hour! w/Little Smokies 6:45 JINGO	12 Admire the Gardens!
13 Church Radio/ T.V.	14 10:00 Frog Pond 2:00 Chicken Flickin 6:45 Bus Ride	15 10:00 Big Mouth Bass 2:00 Parachute 6:45 Should've Known That	16 10:00 Balloon Tennis 2:00 BINGO 6:45 Crossword	17 10:00 Video Church 2:00 Current Events 6:45 Things They Didn't Teach Me	18 10:00 Kickball 2:00 Happy Hour! 6:45 Finish the Lines	19 Read a Book!
20 Church Radio/ T.V.	21 10:00 One on Ones 3:00 The Chiengs 6:45 Crossword	22 10:00 One on Ones 2:00 Big Ring Bowling 6:45 Finish the Lines	23 10:00 Balloon Tennis/ W/C Aerobics 2:00 Cooking Class 6:45 Old Glory	24 10:00 Video Church 2:00 Current Events 6:45 Head Bands	25 10:00 Kickball 2:00 Happy Hour! 6:45 Bus Ride	26 Work on a Puzzle!
27 Church Radio/ T.V.	28 10:00 Kickball 2:00 BINGO 6:45 Word Games	29 10:00 One on Ones 2:00 Flamingo Toss 6:45 Crossword	30 10:00 Balloon Tennis 2:00 Ring a Bird 6:45 Bus Ride	31 10:00 Video Church 2:00 Current Events 6:45 Everybody Knows	1 10:00 Kickball 2:00 Happy Hour! 6:45 Bus Ride	2 Enjoy the Sunshine!

**Shella
SUMMER**

Happy Birthday!!
Dale 3rd Jane 7th
Carol B. 24th Dick 27th



August 2023

Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<i>1</i> L: Spagetti with meat sauce S: Fish sandwich	<i>2</i> L: Chicken Fried Steak S: Pan pizza	<i>3</i> L: Beef tips with gravy S: Fairbury hot dog with bun	<i>4</i> L: Tuna noodle casserole S: Boneless BBQ wings	<i>5</i> L: Glazed ham S: Patty melt
<i>6</i> L: Virginia Turkey Roast S: Philly cheesesteak sandwich	<i>7</i> L: breaded pork steak S: Kielbasa	<i>8</i> L: Chicken cordon bleu S: Baked ham	<i>9</i> L: chef salad S: sloppy joe	<i>10</i> L: BBQ ribette S: Creamed turkey over biscuit	<i>11</i> L: Beer batter fish S: Hot roast beef and swiss	<i>12</i> L: Salisbury steak S: fried shrimp
<i>13</i> L: Roast beef S: Pork fritter	<i>14</i> L: BBQ meatballs S: Cranberry Chicken Salad on Croissant	<i>15</i> L: Roast turkey S: Rubeen	<i>16</i> L: chicken and dumplings S: BLT	<i>17</i> L: Brown sugar glazed ham S: Pancakes and sausage links	<i>18</i> L: Lasagna S: Chicken Caesar Salad	<i>19</i> L: Turkey tetrazini S: Pan pizza
<i>20</i> L: Glazed meatloaf S: Chicken tenders	<i>21</i> L: Chicken fried chicken S: Smoked pork sandwich	<i>22</i> L: Swiss steak S: Battered fried shrimp	<i>23</i> L: Liver and onions S: Philly cheesesteak sandwich	<i>24</i> L: Salmon patty S: Steak fingers	<i>25</i> L: breaded fish au gratin S: Chicken Parm	<i>26</i> L: chef salad S: meatballs with gravy
<i>27</i> L: Oven fried chicken S: Polish sausage on bun	<i>28</i> L: Beef tacos S: chicken lasagna	<i>29</i> L: Creamy Swiss chicken S: Sloppy joe on a bun	<i>30</i> L: Meatloaf S: Turkey club on croissant	<i>31</i> L: Salisbury steak S: Breaded chicken on bun		

Guests are welcome to join us for meals. To make planning easier, please notify the charge nurse a day or two in advance if you will join us for a meal. Please pay for guest meals in the cafeteria. Guest meals are \$5 (tax incl.) Guest meals are not billed to resident rooms. Thank you!

Czech dancers share their talents



The Czech Dancers, lead by Dirk Altman, brought polka music and lots of dancing to Gardenside. The dancers are preparing for the annual Czech days in Wilber, where about 70 youth are expected to share their talents.



Top—Wayne shows Donna Starr the material he will be putting in the bottom of the aviary. The company we got the aviary through is no longer servicing our area, and our activity staff has taken on the quarterly maintenance and cleaning. Also watching the process are Joan McKenzie, Margaret Veatch and Dale Maatsch. Bottom, Pastor Ken Hart finishes a celebration of community as Dorothy Stewart watches.



Aviary cleaning continues with Joan McKenzie and Donna Starr watching.



The family of July birthday honoree Elda Heidemann join her for the birthday party with cake and ice cream.

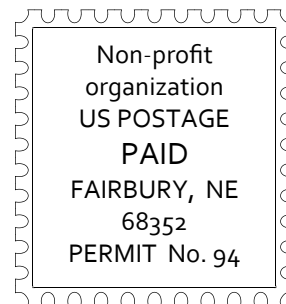


Armchair aerobics—Top, Jen Johnson plays balloon tennis with residents. From left, Carol Barber, Jane Bakewell, Dorothy Stewart (with a hit!), and Judy Dugan.

Bottom left, trying to toss a ball in the bucket are, from left, Dorothy Reid, Jane Bakewell, Dorothy Stewart, Judy Dugan and Bob Weers (who just threw.)

Bottom right, Beverly Leseberg prepares to throw, as Vivian Belding and Dale Maatsch get ready for their next throws.

2200 H St. P.O. Box 277
Fairbury, NE 68352



CHANGE SERVICE REQUESTED

Photos Inside!

Happy Birthday!



Happy birthday to July birthdays, Elda Heidemann and Donna Starr.