

August features van rides, entertainment and more

By Nate Behrends

Evening Activity Coordinator

August only showed its teeth a couple of times this year as the temperatures rose to three digits for few days. We here at Gardenside did several inside games and other activities to help fill the days and stay cool inside. Bingo remains our biggest draw, and we were happy to have the St. Michael's Altar Society back to help with Bingo this month. We also enjoy big ring bowling, flickin' chicken, and a new game, Flamingo Fling. Armchair aerobics helps to keep everyone using their bodies and minds together.



Bob Weers enjoys a visit with his son Brian during a Happy Hour at Gardenside.

In entertainment, we had the return of Mike McCrackin with his musical talents. The Chengs also returned, bringing their musical storytelling to life as they shared television theme songs on the piano and violin.

When weather permitted we got outside and took trips to the daylily farm, Rock Creek Station and Crystal Springs among other points of interest. Jake the dog also made a few visits.

Carol Barber, Jane Bakewell, Dale Maatsch and Richard Bugbee celebrated birthdays in August and we held a birthday party with cake and ice cream.

Aug. 31 was very busy as Husker tailgate and football returned. We have a very strong Husker base, with football and volleyball being mainstays for fall and winter months. Gardenside kicked off the season big with a poster contest. Winners will be announced in next month's newsletter.

We had a few sad days in August, as we said goodbye to 4 residents.

September brings the return of Johnny Ray Gomez and Paul Siebert to the Gardenside stage, along with Husker football and volleyball games, and the changing of the leaves. It is shaping up to be a fun-filled month!

Until next month—Go big red!

Enjoying Entertainment



Residents enjoy The Chengs. They provide music on the piano and violin, and visit with residents about the music.

At right, Dick Bugbee, Jane Bakewell and Bob Weers visit with Mrs. Cheng.



Admissions

- Marion Phillips, July 21
- Alberta L'Ecuyer, Aug. 16
- Mark Schmidt 8/21

Birthdays

- Wayne Stewart 9/20/1938
- Kristi McAuliff 9/22/1949
- Mary Adkins 9/27/1945

Deaths

Gardenside was saddened by the death of 4 residents in the past month. Our sympathy is with the families of:

- Donna Starr, Aug. 14
- Judith Dugan, Aug. 14
- Lela Bauer, Aug. 18
- Ardith Rickers, Aug. 28

Our Team to Serve You

Chief Executive Officer & Administrator

Burke Kline, DHA

Director of Nursing—Laura DeBoer RN

Assistant DON—Anne Itzen RN

MDS Coordinator—Melissa Bennett RN

Social Services Coordinator—Kelli Pohlmann

Activities Coordinators

Wayne Franzen, Nate Behrends

Rehabilitation Aide

Karen Spilker

Infection Preventionist

Kelli Doty, RN

Dietitian

Lisa Edeal

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Patrick Hoins

Facilities Supervisor—Mick Bruce

Director of Envir. Services/Purchasing

Jennifer Jung

Director of Public Relations

Lana Likens

Most recent state survey:

In a folder on east side of the wall by the Activity Room.

E-mail: wayne.franzen@JCHHealthandLife.org

Website: JCHHealthandLife.org

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or unsubscribe, write: Gardenside News, P.O. Box 277, Fairbury, NE 68352, call Lana Likens at 402-729-6855, or email lane.likens@jchealthandlife.org.

Seasons will be changing

With the changing seasons, it's a great time to go through your loved one's closet and prepare for fall. We will soon be needing jackets and sweaters! **If your loved one doesn't have one, they might like a Husker shirt for game days and tailgates!** Please make sure any new items are given to a staff member to be marked. We do have some unmarked clothing. If you would like to look through it please contact Kelli or Mary in social services.

Community Involvement

With the COVID emergency ended, we are seeking ways to get our residents more involved with our community. This might be by us taking them out or by community residents or organizations coming in. If you'd like to come in and provide entertainment, read to residents, play cards or games, help with Bingo, show a collection—or something else—please let us know! Call Nate or Wayne at 402-729-6848.

Results of the most recent state survey are available on the east side of the wall by the Activity Room. Nurse staffing hours are posted west of the nurses station.

SEPTEMBER 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
Church Radio/ T.V.	 10:00 Frog Pond 2:00 Flamingo Toss 6:45 Ole Glory	10:00 Balloon Tennis/ W/C Aerobics 2:00 BINGO 6:45 Crossword	10:00 Coffee with Kithy 2:00 Current Events 6:45 JINGO	10:00 Big Mouth Boss 2:00 Food Bank Drop off 6:45 JINGO	Enjoy the Nice Weather!	Nebraska vs. Colorado @ 11 AM
3	4	5	6	7	8	9
Church Radio/ T.V.	10:00 Jake the Dog 2:00 Birthday Party! 6:45 Word Games	10:00 Horse Shoes 2:00 BINGO 6:45 Crossword	10:00 Balloon Tennis/ W/C Aerobics 2:30 Paul Selfert 6:45 Headbands	10:00 Video Church 2:00 Current Events 6:45 Bus Ride	10:00 Bus Ride 2:00 Happy Hour! National Salam! Day and Cheese Pizza Day! 6:45 Word Games	Nebraska vs. Northern Illinois @ 6PM
10	11	12	13	14	15	16
Church Radio/ T.V.	10:00 Kickball 1:30 Resident Council 6:45 JINGO	10:00 Frog Pond 2:00 BINGO 6:45 Headbands	10:00 Balloon Tennis/ W/C Aerobics 2:00 Bus Ride 6:45 T.V. Games	10:45 Pastor Emery 2:00 Current Events 6:45 Crossword	10:00 One on Ones 2:00 Happy Hour! 6:45 T.V. Games	Nebraska vs. LA Tech TBD
17	18	19	20	21	22	23
Church Radio/ T.V.	10:00 Bus Ride 2:00 Cooking Class 6:45 Crossword	10:45 Pastor Hart 2:00 BINGO 6:45 Bus Ride	10:00 Balloon Tennis 2:00 Catholic Girls 6:45 JINGO	10:00 Video Church 2:00 Current Events 6:45 Headbands	10:00 Big Mouth Boss 2:00 Happy Hour! National Pepperoni Day! 6:45 Word Games	Nebraska vs. Michigan TBD
24	25	26	27	28	29	30
Church Radio/ T.V.						




Happy Birthday!!

Wayne 20th

Kristi 22nd

Mary 27th

September 2023

Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 L: Oven Fried fish S: Chili and cinnamon roll	2 L: Roast Beef S: Chicken Tender Salad
3 L: Bacon wrapped chopped steak S: Ham and bean soup	4 L: Oriental Beef Stir Fry S: Hot ham and cheese sandwich	5 L: Spaghetti with meat sauce S: Fish sandwich	6 L: Chicken Fried Steak S: Pan pizza	7 L: Beef tips with gravy S: Fairbury hot dog with bun	8 L: Tuna noodle casserole S: Boneless BBQ wings	9 L: Glazed ham S: Pattymelt
10 L: Virginia Turkey Roast S: Philly cheesesteak sandwich	11 L: Chicken Enchilada S: Kielbasa	12 L: Chicken cordon bleu S: Baked ham	13 L: Chef salad S: Sloppy joe	14 L: BBQ ribette S: Creamed turkey over biscuit	15 L: Beer batter fish S: Hot roast beef and swiss	16 L: Salisbury steak S: Fried Shrimp
17 L: Roast beef S: Pork fritter	18 L: BBQ meatballs S: Cranberry Chicken Salad on Croissant	19 L: Roast turkey S: Rueben	20 L: Chicken and Dumplings S: BLT	21 L: Brown Sugar Glazed Ham S: Pancakes and sausage links	22 L: Lasagna S: Chicken Caesar Salad	23 L: Turkey tetrazini S: Pan pizza
24 L: Glazed meatloaf S: Chicken tenders	25 L: Chicken fried chicken S: Smoked pork sandwich	26 L: Swiss steak S: Battered fried shrimp	27 L: Liver and onions S: Philly cheesesteak sandwich	28 L: Salmon patty S: Steak fingers	29 L: Breaded fish au gratin S: Chicken Parm	30 L: Chef salad S: Meatballs with gravy

Guests are welcome to join us for meals. To make planning easier, please notify the charge nurse a day or two in advance if you will join us for a meal. Please pay for guest meals in the cafeteria. Guest meals are \$5 (tax incl.) Guest meals are not billed to resident rooms. Thank you!

Happy Hour and Bingo fun



Top left, Leonard Bartels and his sister Jeanette enjoy happy Hour. Top right, Mike Slater and his wife Jan enjoy Happy Hour. Middle left, staff member Alyson Peterson and volunteer Janice Bell assist Ella Schafer, Dorothy Reid and Vivian Belding with Bingo. At right, volunteer Twila Bray plays Bingo with Beverly Leseberg, Marge Veatch and Joan McKenzie watch their Bingo cards. Bottom left, staff member Alyson Peterson helps dale Maatsch with Bingo. Right, Virgil Waserman plays Bingo.

Working to Make Wishes Come True

Gardenside staff want to help make the wishes of our residents come true. We continue to visit with residents about places they would like to visit and activities they would like to participate in. We are working to make these dreams reality for our residents.

This month, we took a group of residents to the Corner Bar in Odell, and also took a resident to see a new movie at the Bonham Theatre.



Wayne Stewart had a wish to see the movie Oppenheimer. He and his daughter, Kim, saw Oppenheimer at the Bonham Theatre—complete with popcorn and a drink!



Top, Bob Weers, and above Bev Leseberg and a family member and Marge Veatch enjoyed a trip to the Corner Bar in Odell for an evening meal.

Coffee With Kitty Featured School Days



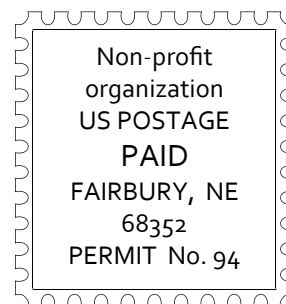
Coffee with Kitty is a monthly program giving residents an opportunity to have coffee and chat about various topics. In August, Kitty DeBoer and Jane Campbell featured "School Days" memories and items for everyone to see. They even sang school days songs!

Top left, Kitty DeBoer and Dorothy Reid chat about memories.

Top right, residents enjoy singing school days songs.

Bottom left, Dale Maatsch sings some favorite school days songs.

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Fairbury, NE 68352



CHANGE SERVICE REQUESTED

Photos Inside!

Happy Birthday!



Happy birthday to August birthdays, Carol Barber, Jane Bakewell, Dale Maatsch and Richard Bugbee.

