

Sterling Connection News

Enriching lives over 50

Sterling Connection is a service of Jefferson Community Health & Life offered in conjunction with Bryan Health

JEFFERSON COMMUNITY
Health & Life

STERLING CONNECTION

Christmas Party Dec. 16 at Bonham Theatre

We are planning the annual Sterling Connection Christmas party for the Bonham Theatre on **Saturday, Dec. 16. This year we will show the Christmas movie "It Happened on Fifth Avenue."**

This 1947 movie centers around Aloysius T. McKeever (played by Victor Moore) who each winter moves into a mansion on New York City's 5th Avenue while its owners are away for the winter. This year he invites hobo friends to join him. One of the visitors ends up being the owner's daughter Trudy (played by Gail Storm) — who doesn't reveal her identity. Her father Michael J. O'Connor (played by Charles Ruggles) ends up moving in disguised as a hobo himself. Her mother, Mary, (played by Ann Harding) also moves in. This perennial Christmas favorite is about rediscovering family and the joy of being together.

The movie will begin at 10 a.m. We'll provide popcorn and a drink for each person attending. Sterling Connection members are welcome to bring a non-member as their guest. (Our membership contest will end that day—so anyone who signs up will be eligible for the prize drawing. (See more information on the membership contest on Page 2.)

Reservations are appreciated by calling Lana Likens at 402-729-6855 (leave a voice mail, please.)



Coordinator's Corner

Hello, Sterling Connection members!

Fall is upon us once again. It is my favorite season with the beautiful colors and the crops in the field ready to be harvested. Yes, I am a farm wife and love it.

This summer we had some fun travels, going to Jamesport and the Salt Mines.

Sterling Connection will be doing a program on cranberries on Tuesday, Oct. 17 at Fairbury Senior Diners in the community building at the Fairbury city Park. The program will be given by Lisa Edeal and me and will be on the history and nutrition of cranberries. We will also provide a cranberry treat. Please make a reservation by Monday, Oct. 16, by calling 402-729-5258 and join us!

It's time to get your flu shot. JCH&L Fairbury Clinic is having flu vaccination clinics Oct. 18 and 20. Call 402-587-5188 to make your appointment.

Our Sterling Connection Christmas party will be Saturday, Dec. 16. See details above!

We will be doing a membership drive enrolling new members in Sterling Connection. From among the new members and the members who referred them we will draw for winners! See more information on Page 2. We will draw for winners after our Christmas movie.

Pauline Niederklein, Sterling Connection Coordinator

Sterling Connection is offered in conjunction with Bryan Health

Travel with Sterling Connection

Upcoming trips:

***Branson, Mo., Nov. 9-12** — \$799 per person double occupancy, includes 3 nights lodging; motor coach transportation; 6 meals; gratuities; and admission to shows. Shows include: Pierce Arrow and Pierce Arrow Theater; Hot Rods and High Heels at the Clay Cooper Theater; Texas Tenors at the Mickey Gilley Grand Shanghai Theater; Dolly Parton's Stampede Dinner and Show; Sanders Family Christmas at the Little Opry Theater; Daniel O' Donnell at the Mansion Theater; and Queen Esther at Sight and Sound Theater. Meals include Up-town Café and Black Oak Grill. \$75 due upon signing. (See flyer)

***Manley, Dec. 3 — Doublewide Texas Christmas Show, the Loft Theatre** — \$105 per person, includes motorcoach, lunch at Jeannie's Place in Lewiston, admissions and gratuities. Sequel to March 26 show at the Loft Theater. (See flyer)

***Omaha, Dec. 9 — Westside Christmas pageant**— \$115 per person includes motorcoach, lunch at Simply Delicious, Omaha Westside Pageant, and Christmas lights. (see flyer)



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Food and non-alcoholic drinks are allowed on our motor coach trips.

To reserve a seat for any of the Travels with Doris trips mail a check to:

Doris Broz-Clauss,
1794 County Road 1500,
Wilber, NE 68465.

Reservations are not confirmed until paid. Paid reservations will hold your spot on any trip.

Year-end Membership Drive: Your Chance to Win!

Sterling Connection is having a membership drive through Dec. 15 — and it's your chance to win! If you receive this newsletter you are already a member of Sterling Connection. We encourage you to invite a friend (or friends!) to join. **An enrollment brochure is included in this newsletter for you to share with a friend or neighbor who is not already a member. Please put your name next to REFERRED BY at the bottom for a chance to win prizes!** If you need more brochures, call Lana or Pauline at 402-729-3351.

On Dec. 16 (at our Christmas party), we will draw for winners. One new member and the member who referred them will each receive a gift certificate for one of our Sterling Connection one-day trips with Travels with Doris next year. The more you refer, the more chances you have to win a trip.

Help us grow our membership and promote Sterling Connection! Sterling Connection is a free opportunity to receive health and fitness information, programs and travel opportunities, coupons for free Blue Rivers Area Agency on Aging meals after you have been hospitalized, a quarterly newsletter, and a special membership rate at the Burkley Fitness Center for those who are 50-59 (get the senior discount early as a member!) To belong, you must be 50 or older and register for JCH&L Sterling Connection. For more information talk to Pauline or Lana at 402-729-3351.

REFER A FRIEND!

Sterling Connection

Enriching lives over 50

This is a membership application only.
It is not an application for credit.

Hospitals offering *Sterling Connection*
reserve the right to change the
program services or discontinue
the program at any time.

Complete program benefits are
outlined in the *Sterling Connection*
brochure. Some restrictions may
apply to specific program benefits.

Sterling Connection is in conjunction
with Bryan Health.

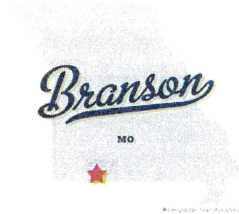
Jefferson Community Health & Life
Sterling Connection
P.O. Box 277
Fairbury, NE 68352

Place
Stamp
Here

☐ Single ☐ Widowed ☐ Divorced

REFERRED BY: _____

**Travels with Doris & Sterling Connection
Invite You to Join Us on Our Trip to
Branson, Missouri
Nov. 9-12, 2023**



\$799 Price includes:

Per Person Double Occupancy, 3 Nights Lodging at Hotel
Motor coach transportation, 6 meals, gratuities, Admission to shows!
Board your Motor coach and set off for the "Live Music Show Capital of the World" –
Branson, Missouri.

Itinerary: Day 1 Depart from Hastings 7:00, Dorchester 8:30 a.m., Fairbury Walmart Parking Lot at 9:15 a.m, Beatrice Walmart Parking Lot at 10:00

Thursday, November 9, 2023

05:30 PM Uptown Cafe Plated Dinner
08:00 PM Pierce Arrow at Pierce Arrow Theater

Friday, November 10, 2023

10:00 AM Hot Rods & High Heels at the Clay Cooper Theater
02:00 PM Texas Tenors at the Mickey Gilley Grand Shanghai Theater
05:30 PM Dolly Parton's Stampede Dinner and Show

Saturday, November 11, 2023

10:00 AM Sanders Family Christmas at the Little Opry Theater in the IMAX Complex
02:00 PM Daniel O'Donnell at the Mansion Theater
05:30 PM Black Oak Grill at the Branson Landing
07:30 PM Queen Esther at Sight and Sound Theater

Day 4 After enjoying continental breakfast at Hotel you'll depart for home. . .a time to chat with your friends about all the fun things you've done, the great shows you've seen, and where your next group trip will take you!

Arrive in Beatrice approximately 5:30, Fairbury 6:00, Crete 7:00 p.m.

\$75 Due Upon signing. Price per person, based on double occupancy. Add \$110 for single occupancy.

Optional Travel Insurance enabling cancellation and refund up to 48 hours prior to trip. Cost is \$25 per person.

To reserve a seat call Doris at 402-821-2547 or

**mail check to: Doris Broz-Clauss
1794 County Road
Wilber, NE 68465**

Double the Fun. . . Travels with Doris & Sterling Connection Invite you to Lunch at Jeannie's & the Loft Theater & A DOUBLEWIDE, TEXAS Christmas

\$105 includes Motorcoach, Tickets for Lunch at Jeannie's Place in Lewiston, Loft Theater in Manley, & Gratuities.

Depart from Dorchester Firehall 8:15 a.m, Fairbury Walmart Restroom Break Depart 9:30 a.m., Beatrice Walmart 10:15 a.m. Return approximately Beatrice 5:30, Fairbury 6:15, Dorchester 7:00

Jeannie Tegtmeier operates the business called "Jeannie's Place". Jeannie says her mother was a good cook, and she herself enjoys cooking, and she thought she might be able to create a dining room. "I always cooked a lot for my brothers, when they had hired hands or people coming to look at their purebred cattle. I got to thinking, maybe there is someone who would pay me to do this," Tegtmeier said. "So I built on this room (on my house), and it's like going to grandma's house.". There is always WONDERFUL homemade pies to finish off the meal. Another Travels with Doris favorite eating place..



A Doublewide, Texas Christmas *December 3, 2023*

Back in one of the smallest trailer parks in Texas, it's beginning to look a lot like trouble! Not only are the trailer park residents dealing with the stress of the holiday season, but they've just discovered that Doublewide is being double-crossed by the County. New problems come up and familiar problems come back as this band of eccentric Texans must band together once more to keep their lifestyle and their holiday spirit! Oh, there's no place like a good ol' Texas-sized mobile home for the holidays!

For more information call Doris at 402-821-2547 , Cell 402-641-7132 To reserve seat mail check to:

Travels with Doris 1794 County Rd 1500, Wilber, NE 68465

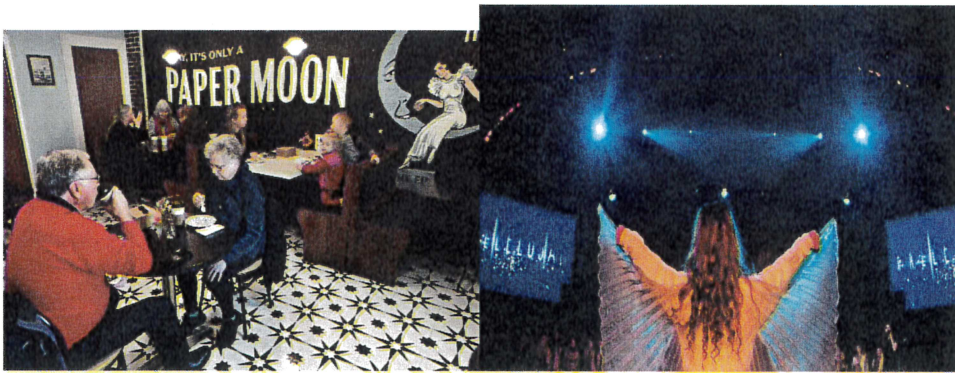
Travels with Doris & Sterling Connection Invite You to Join Us for Christmas Event Progressive Culinary & Westside Christmas Pageant Saturday Dec. 9, 2023

Holiday Progressive Lunch What is a Progressive Lunch? .

At this type of get-together, each course is served at a different place.

Lots of Christmas trivia as we travel along on our tour.

9:00 Enjoy coffee and baked goods at Lindsey Oelling's Paper Moon Pastries in Cortland. For years, as she plied her friends and fellow community theater cast members with "test treats," she had a vision for her bakery: A place to slow down and make memories from food created with love.



THERE WILL BE A
CHRISTMAS
PAGEANT IN 2023!
THE PLANNING
HAS ALREADY
BEGUN.

"Eat... Tour... Shop"
Visit us in Valley!

12:00 Arrive in Valley, NE Visit us in Valley! Lunch at Simply Delicious Restaurant blends small town charm with Big city talents. Beautifully plated meals served on China taste even better than they look. **Eat Laugh. . . Tour . . the Loft above the restaurant.** **Shop . . at Eclectic Gift Shop across the street.** There are many gift items...everything from accessories and jewelry, to scarves.

3:00 Annual Christmas Pageant Matinee with live animals at **Omaha Westside Church** One of Omaha's most popular Christmas traditions! Gives you the hope we are all searching for.

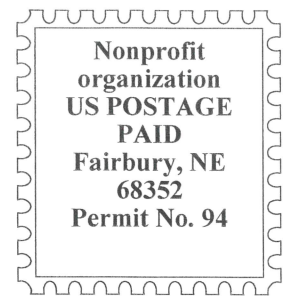
End the day with Christmas cookies & drive-through Christmas lights

Depart from Bus will pickup at Fairmont turn south off Hwy 6 on 6th Ave park on west side of street 7:00 a.m., Dorchester Fire Hall across from Gas Station 7:30 a.m., Fairbury Walmart Parking Lot South End, 8:15, Beatrice Walmart northwest end 9:00

\$115 includes Motorcoach, lunch, admission, & gratuities.

To reserve a seat call Doris at 402-821-2547 or Cell 402-641-7132

mail check to: Travels with Doris, 1794 County Road, Wilber, NE 68465



STERLING CONNECTION

2200 H St., P.O. Box 277
Fairbury, NE 68352

CHANGE SERVICE REQUESTED

Jefferson Community Health & Life
produces this newsletter for its
Sterling Connection® members.
Comments are welcome and
should be addressed to
Sterling Connection.

Burke Kline, DHA, MHA, CHFP, FACHE,
Chief Executive Officer
Pauline Niederklein,
Sterling Connection Coordinator

For more information about
Sterling Connection
call (402) 729-3351.

UPCOMING EVENTS ...

October

Oct. 17 — Fairbury Senior Diners program on cranberries.
Call 402-729-5258 to make your meal reservation! Sug-
gested donation is \$6 for those 60 and older.

Oct. 18 & 20 —7:30 a.m. to 3:30 p.m. Influenza vaccination
clinic, JCH&L Fairbury Clinic Conference Room. Call 402-
587-5188 to make an appointment.

November

Nov. 9-12—Branson trip. \$799 per person double occupan-
cy. Pre-registration required. See flyer.

December

Dec. 3—Manley, Doublewide Texas Christmas Show. \$105
per person. Pre-registration required. See flyer.

Dec. 9—Omaha, Westside Christmas pageant. \$115 per
person. Pre-registration required. See flyer.

Dates, times and program titles subject to change.

Dec. 16—10 a.m. Sterling Connection Christmas party,
Bonham Theater. "It Happened on Fifth Avenue." Free. Pre-
registration encouraged by calling 402-729-6855. (See
more details on Page 1.)

"Autumn teaches us the
beauty of letting go. Growth
requires release—it's what
the trees do,"
ka'ala

