

Veterans Honored in November

By Nate Behrends
Evening Activity Coordinator

As November gave way to December, we reflected on those who served our country and are still with us, and those who gave their lives in service, and those who served and are no longer with us. We thank all who have served for their service and commitment to the freedom of our country. Mark Schoenrock honored Gardenside with a visit and talk about those freedoms on Veterans Day. Thank you, Mark! We took the veterans who were interested to the Veterans Memorial in the Fairbury City Park, as well.

We honored residents: Norris Gold, US Army; Mark Schmidt, US Air Force; Dick Bugbee, US Air Force; Keith "Mike" Slater, US Navy; Melvin "Mick" Melander, US Navy; Stanley "Stan" Judd, US Army; Robert Weers, US National Guard; and Darrell Waring, US Air Force. We also honored JCH&L staff who are veterans: Dr. Sean Flor, Carolyn Ferguson, Kevin Faughnder, John Ward, Amy Barber, Kelli Doty and Valerie Snyder. Thank you all for your service!



Gardenside honored our residents who are veterans on Veteran's Day with a program.

Billy Troy brought his show to Gardenside with his background music stemming from his childhood memories of his dad in the Grand Ole Opry. He shared stories of those he met and the songs to go along with each story told. A new crowd favorite, Ben Thomasello finished up his performance with his love of music showing in this performance and beaming in his voice. A retired firefighter Ben sings with a passion. To both of these performers a tremendous thank you!

Residents have started making Christmas cards for a few facilities around Nebraska. If you have one in mind for us to send cards to, please feel free to let me know. Contact Nate at 402-729-6848.

November finished up with Thanksgiving. Several residents joined family to remember all that they are thankful for as a family, and, of course, to devour some turkey.

December rolls in with the anticipation of Santa and the chance to be around the family once more to celebrate our Savior's birth. Things are astir at Gardenside as we welcome Rick Clarence back to entertain. James Hintz brings his talents to Gardenside for the first time to perform a Christmas program.

Our big event this year will be held at On the Bricks venue in beautiful downtown Fairbury, as Gardenside will be dressing up and going out on the town for a family get-together Christmas party. The party will feature food from Vintage Venue, family photos by Holly Troxel Photography, and the return of the incomparable Bobby Gadoury to top off the festivities.

Our New Year's Eve party will be held early this year, but we are sure to have a good time.

Until next time—we hope you had a great Thanksgiving. We wish you a Merry Christmas and a Happy New Year.

Pearl Makes Friends



Pearl keeps Dr. Craig Shumard company as he works in Gardenside.

Admissions

- Ruth Hull, Nov. 14

Return Home/Transfer

- ♦ Margaret Veatch, Nov. 15

Birthdays

- Dorothy Stewart, Dec. 18

Deaths

Gardenside was saddened by the death of 1 resident in the past month. Our sympathy is with the family of:

- Carol Barber, Nov. 22



Our Team to Serve You

Chief Executive Officer & Administrator

Burke Kline, DHA

Director of Nursing—Laura DeBoer RN

Assistant DON—Anne Itzen RN

MDS Coordinator—Melissa Bennett RN

Social Services Coordinator—Kelli Pohlmann

Activities Coordinators

Wayne Franzen, Nate Behrends

Rehabilitation Aide

Karen Spilker

Infection Preventionist

Kelli Doty, RN

Dietitian

Lisa Edeal

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Patrick Hoins

Facilities Supervisor—Mick Bruce

Director of Envir. Services/Purchasing

Jennifer Jung

Director of Public Relations

Lana Likens

Most recent state survey:

In a folder on east side of the wall by the Activity Room.

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Website: JCHHealthandLife.org

Gardenside News is a monthly publication of Jefferson Community Health & Life. **Subscriptions are free.** To subscribe

or unsubscribe, write: Gardenside News, P.O. Box 277, Fairbury, NE 68352, call Lana Likens at 402-729-6855, or email lane.likens@jchealthandlife.org.

Christmas party

The POA for each resident should have received an invitation in the mail for a Christmas party for residents and their families. All family members are invited, but only the POA would have received an invitation. **The party is Wednesday, Dec. 20, at 3:30 p.m. at On the Bricks in downtown Fairbury. It will feature food, music, and family portraits available by Holly Troxel Photography.**

Holly Troxel Photography will take resident portraits at no cost. Families may have family pictures for \$20 (additional cost if more than 3 family groups.) Payment is requested prior to the event.

Reservations were requested by Nov. 30—but if you have not yet responded and want to join us, please call Laura at 402-587-5228 or Kelli at 402-729-6849. Also please let us know if you have questions!



Results of the most recent state survey are available on the east side of the wall by the Activity Room. Nurse staffing hours are posted west of the nurses station.

December 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1 10:00 Snow Ball Throw 2:00 Happy Hour 6:45 Christmas Cards	2 Listen to Christmas Music!
3 Church Radio/ T.V.	4 10:00 Flickin Chicken 2:00 Big Ring Bowling	5 10:00 One on Ones 2:00 Cooking Class (Holiday Cookies) 6:45 Crossword	6 10:00 Balloon Tennis 2:00 Hot Cocoa Bar and Cookies 6:45 Christmas Movie	7 10:00 Coffee with Kitty 2:00 Current Events	8 10:00 Kickball 2:30 Rick Clarence 6:45 Christmas Cards	9 Read A Bible Verse!
10 Church Radio/ T.V.	11 10:00 Snow Ball Throw 2:30 James Hintz 6:45 Christmas Cards	12 10:00 One on Ones 2:00 Birthday Party 6:45 Christmas Cards	13 10:00 Balloon Tennis/ W/C Aerobics 2:00 Cooking Class (Puppy Chow) 6:45 Christmas Movie	14 10:00 Video Church 2:00 Current Events	15 10:00 Horseshoes 2:00 Carolers 6:45 Bus Ride/ Christmas Lights	16 Sing a Christmas Carol!
17 Church Radio/ T.V.	18 10:00 Big Mouth Bass 1:30 Resident Council 2:00 BINGO 6:45 Bus Ride/ Christmas Lights	19 10:00 Balloon Tennis 2:00 Big Ring Bowling 6:45 Crossword	20 Christmas Party! On the Bricks	21 10:00 Pastor Emery 2:00 Current Events	22 10:00 Snow Ball Throw 2:00 Resident Christmas Party 6:45 Christmas Movie	23 Watch a Holiday Movie!
24 Church Radio/ T.V.	25 	26 10:45 Pastor Hart 2:00 Flickin Chicken 6:45 Word Games	27 10:00 Balloon Tennis/ W/C Aerobics 2:00 BINGO 6:45 Head Bands	28 10:00 Video Church 2:00 Current Events	29 10:00 Horse Shoes 2:00 New Years Party!	30 Visit with a Friend!
31 						
Dorothy Stewart 18th 						

December 2023

Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 L: Fried shrimp, onion rings S: Egg bake, sausage, waffle	2 L: Roast beef, baked potato S: Turkey Tetrazzini
3 L: BBQ Meatballs, au gratin hashbrowns S: Chef salad	4 L: Spagetti S: Hamburger pizza	5 L: Roast turkey, mashed potatoes and gravy S: Hot dog, macaroni salad	6 L: Breaded ranch chicken S: Tuna melt	7 L: Chili S: Turkey tetrazzini L: Oven fried chicken S: BBQ Ribette	8 L: Swedish meatballs S: Pork roast, mashed potatoes and gravy	9 L: Ranch chicken S: Sloppy joe
10 L: Pot roast, mashed potatoes and gravy S: Chicken tenders	11 L: Smothered steak with onions S: Chicken Parmesan L: Spaghetti with meat sauce S: Sausage pizza	12 L: Liver and onions S: Smoked Sausage L: Roast turkey S: Fairbury Brand hotdog	13 L: Beef stroganoff with noodles S: Chili	14 L: Baked ham S: Chicken fried chicken	15 L: Baked fish S: Turkey tetrazzini	16 L: Meatloaf S: Reuben
17 L: Chicken fried steak S: Chicken tenders	18 L: Ham loaf S: Egg bake, sausage link and french toast	19 L: Pork roast and kraut S: Hamburger pizza	20 L: Tator Tot Casserole S: Pork fritter	21 L: Chicken cordon bleu S: Lasagna	22 L: Hot turkey sandwich S: Steak fingers	23 L: Oven fried chicken S: Bratwurst on bun
24 L: Mock filet mignon S: Christmas Eve meal	25 Christmas day meals	26 L: Chicken enchilada S: Chili	27 L: Sirloin tips S: Chicken broccoli bake	28 L: Shrimp Alfredo over noodles S: Chicken tenders	29 L: Fish S: Hot roast beef and Swiss	30 L: Chuckwagon steak S: Hot turkey sandwich L: Roast Beef S: Chicken fritter
31 L: Oven fried chicken S: New Year's Eve meal						

If you would like to join us for a holiday meal, please let us know by Dec. 21 by calling 402-729-6849 so we can plan for food and space. Holiday meals are \$10 (tax included.) You will pick up meals and pay for them in the JCH&L cafeteria.

Halloween Fun



Top, left to right—Vivian Belding, Dorothy Reed, and Roger Junker are ready for Halloween. Middle left, residents enjoyed trick or treaters on Halloween. Above, Dale Maatsch and Robert Weers are ready for trick or treaters. Bottom left, the dining room was decorated for fall and Thanksgiving by Nutrition Services staff.

Veteran's Day Excursion



Top, from left, Veterans Darrell Waring, Mike Slater, Robert Weers, Mark Schmidt, and Richard Bugbee visited the Veteran's Memorial in the Fairbury City Park.



Far left, veterans, staff and a family member pose in front of the wall recognizing many county veterans.



From left, Mike Slater and Darrell Waring point out their bricks on the Wall. Robert Weers, and Richard Bugbee sit by their service emblems. Above, right, Mark Schmidt sits by his service emblem.

Birthday flowers



Mike Slater got birthday flowers to present to his wife, Jan.

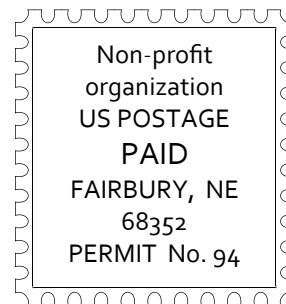


Making and Sampling Apple Pie Bites



Left, Joan McKenzie reads the recipe for Apple Pie bites as Nate and Wayne prepare the treat. Above, Vivian Belding, Dale Maatsch and Leonard Bartels enjoy tasting the Apple Pie Bites.

2200 H St. P.O. Box 277
Fairbury, NE 68352



CHANGE SERVICE REQUESTED

Photos Inside!

Happy Birthday!



Happy November birthday to Melvin "Mick" Melander!