

## Christmas party enjoyed by residents, families



*Enjoying the Christmas party are, top left: Norris Gold and family; Top right: Galen Meyer; Above left, Mark Schmidt and family; middle, Ella Schafer and family; right, Bob Dein and family. Bottom, Leonard Bartels and family.*



## Carolers



Student's and teachers from St. Paul's School in Plymouth came caroling.

## Admissions

- Maureen Gobel, 11/30/23
- Ralph Gobel, 12/5/23
- Robert Dein, 12/18/23
- Lois Wrigley, 12/21/23

## Birthdays

- Stanley Judd, Jan. 5
- Joyce Brantley, Jan. 30

## Deaths

Gardenside was saddened by the death of 3 resident in the past month. Our sympathy is with the families of:

- Richard Bugbee, 12/4/23
- Jane Bakewell, 12/5/23
- Elda Heidemann, 12/14/23

## Our Team to Serve You

Chief Executive Officer & Administrator

Burke Kline, DHA

Director of Nursing—Laura DeBoer RN

Assistant DON—Anne Itzen RN

MDS Coordinator—Tara Sasse RN

Social Services Coordinators—Kelli Pohlmann,

Mary Feldkamp

Activities Coordinators

Wayne Franzen, Nate Behrends

Rehabilitation Aide

Karen Spilker

Infection Preventionist

Kelli Doty, RN

Dietitian

Lisa Edeal

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Patrick Hoins

Facilities Supervisor—Mick Bruce

Director of Envir. Services/Purchasing

Jennifer Jung

Director of Public Relations

Lana Likens

**Most recent state survey:**

In a folder on east side of the wall by the Activity Room.

**E-mail:** [wayne.franzen@JCHhealthandLife.org](mailto:wayne.franzen@JCHhealthandLife.org)

**Website:** [JCHhealthandLife.org](http://JCHhealthandLife.org)

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or unsubscribe, write: Gardenside News, P.O. Box 277, Fairbury, NE 68352, call Lana Likens at 402-729-6855, or email [lane.likens@jchealthandlife.org](mailto:lane.likens@jchealthandlife.org).

## Help us help Pearl

Pearl has been to obedience boot camp, and has learned a number of very important things. This means we all have to learn some important things, as well, so we are consistent with her continued training and obedience.

We ask family members and visitors to help us reinforce Pearl's behavior with some hand signals:

\*If she jumps, please point down with one finger and say down.

\*To ask her to sit, say sit and hold your hand palm up, bent down.

\*To ask her to stay, say stay and hold your hand up with fingers up—palm facing Pearl. (Like you might use to signal "stop.")

\*To get her to come to you, hold your hand at your waist and wave your fingers toward you and say come.

If you have trouble, please ask a staff member for guidance. We are all learning together!

Results of the most recent state survey are available on the east side of the wall by the Activity Room. Nurse staffing hours are posted west of the nurses station.





# January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 <b>NEW YEAR'S EVE</b>	1 <b>Happy New Year!</b>	2 10:00 One on Ones 2:00 Old Glory 6:45 Headbands	3 10:00 Balloon Tennis 2:00 Joe Taylor 6:45 Crossword	4 10:00 Coffee with Kitty 2:00 Current Events	5 10:00 Kickball 2:00 BINGO 6:45 Words Games	6 <b>Call a Friend!</b>
7 <b>Church T.V./ Radio</b>	8 10:00 Frog Pond 2:00 Bus Ride 6:45 Headbands	9 10:00 Big Mouth Bass 2:00 BINGO 6:45 Valentine Cards	10 10:00 Balloon Tennis/ W/C Aerobics 2:00 Cooking Class 6:45 Word Games	11 10:00 Video Church 2:00 Current Events	12 10:00 Snowball Throw 2:00 Happy Hour! 6:45 Crossword	13 <b>Write a Letter or a Card!</b>
14 <b>Church T.V./ Radio</b>	15 10:00 Kickball 1:30 Resident Council 2:00 Big Ring Bowling 6:45 Headbands	16 10:00 Horseshoes 2:00 Flickin Chicken 6:45 Word Games	17 10:00 Balloon Tennis 2:00 Birthday Party! 6:45 Word Games	18 10:45 Pastor Emery 2:00 Current Events	19 10:00 Video Church 2:00 BINGO 6:45 Crossword	20 <b>Visit with a Friend!</b>
21 <b>Church T.V./ Radio</b>	22 10:00 Word Games 2:00 Big Ring Bowling	23 10:45 Pastor Hart 2:00 BINGO	24 10:00 Balloon Tennis/ W/C Aerobics 2:30 Don Reynolds	25 10:00 Video Church 2:00 Current Events	26 10:00 Crossword 2:00 Bus Ride	27 <b>Read a Good Book!</b>
28 <b>Church T.V./ Radio</b>	29 10:00 Horseshoes 2:00 Word Games 6:45 Valentine Cards	30 10:00 Big Mouth Bass 2:00 Big Ring Bowling 6:45 Headbands	31 10:00 Balloon Tennis/ W/C Aerobics 2:00 BINGO 6:45 Crossword	1	2	3



# January 2024

## Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> L: Beef stew S: Beer battered fish	<b>2</b> L: Roast turkey S: Lasagna	<b>3</b> L: Tacos S: Creamy chicken biscuit	<b>4</b> L: Pork tenderloin S: Chili	<b>5</b> L: Fried shrimp, onion rings S: Egg bake, sausage, waffle	<b>6</b> L: Roast beef, baked potato S: Turkey Tetrazzini
<b>7</b> L: BBQ Meatballs, au gratin hashbrowns S: Chef salad	<b>8</b> L: Spagetti S: Hamburger pizza	<b>9</b> L: Roast turkey, mashed potatoes and gravy S: Hot dog, macaroni salad	<b>10</b> L: Beef and broccoli stir fry S: Tuna melt	<b>11</b> L: Oven fried chicken S: BBQ Ribette	<b>12</b> L: Swedish meatballs S: Pork roast, mashed potatoes and gravy	<b>13</b> L: Ranch chicken S: Sloppy joe
<b>14</b> L: Pot roast, mashed potatoes and gravy S: Chicken tenders	<b>15</b> L: Smothered steak with onions S: Chicken Parmesan	<b>16</b> L: Liver and onions S: Smoked Sausage	<b>17</b> L: Beef stroganoff with noodles S: Chili	<b>18</b> L: Baked ham S: Chicken fried chicken	<b>19</b> L: Baked fish S: Turkey tetrazzini	<b>20</b> L: Meatloaf S: Reuben
<b>21</b> L: Chicken fried steak S: Chicken tenders	<b>22</b> L: Ham loaf S: Egg bake, sausage link and french toast	<b>23</b> L: Pork roast and kkuat S: Hamburger pizza	<b>24</b> L: Tator Tot Casserole S: Pork fritter	<b>25</b> L: Chicken cordon bleu S: Lasagna	<b>26</b> L: Hot turkey sandwich S: Steak fingers	<b>27</b> L: Oven fried chicken S: Bratwurst on bun
<b>28</b> L: Mock filet mignon S: Fish sticks	<b>29</b> L: Hot roast beef sandwich with gravy S: Swedish meatballs	<b>30</b> L: Chicken enchilada S: Chili	<b>31</b> L: Sirloin tips S: Chicken broccoli bake			

If you would like to join us for a meal, please let us know a few days in advance by calling 402-729-6849 so we can plan for food and space. Regular meals are \$5 (tax included.) You will pick up meals and pay for them in the JCH&L cafeteria.

# December Brings Many Holiday Activities

**By Nate Behrends**

**Evening Activity Coordinator**

Santa has come and gone for another year, leaving gifts for Gardenside residents. Aside from a few nurses and activities personnel, all made the good list!

December was full of fun, music and food. Rick Clarence brought his musical talents and James Hintz gave a Christmas message through his singing and storytelling. Bobby Gadoury was our “big ticket” this month, as he performed his Christmas and memories program for the residents and their families at a Christmas party extravaganza held at On the Bricks in downtown Fairbury. Many thanks to Cody and Jenny Moyer and On the Bricks for the use of the beautiful venue. Colleen’s Catering and JCH&L Nutrition Services provided food, and Holly Troxel Photography took photos of residents and their families. Special thanks to Heritage Care Center who helped us transport residents to the party. We appreciate the work of our amazing staff here at Gardenside, our awesome Nutrition Services staff, and Lana Likens, PR, and Dr. Burke Kline, CEO. Helping with all the planning and preparations were Laura, Lisa, Steph, Wayne, Nate, Kelli, Mary, nurses and CNAs. Many thanks to all of the family members who attended! The event was a huge success—and all involved had smiles on their faces. Residents had Christmas gifts from staff members on Friday, and Christmas from Gardenside and the JCH&L Auxiliary on Christmas. All in all, it was a joyous holiday season.

A New Year’s party was held on Friday, Dec. 29, with goodies and drinks.

In January, Joe Taylor and Dan Reynolds will perform for residents.

As we rap up 2023, we await the new year. We hope for peace in our nation, in our hearts and for all of your loved ones. Thank you for entrusting us with their care.

See you next year!



*Residents and their families enjoy Bobby Gadoury performing at the Christmas party held at On the Bricks.*



# Here Comes Santa Claus



*Receiving gifts delivered by Santa Claus (Pat Kujath) are:*

*Above, Mark Schmidt*

*Top right, Melvin Melander*

*Middle right, Norris Gold and Wayne Stewart*

*Bottom right, Leonard Bartels*

## Gardenside residents receive gifts



*Top, Laura DeBoer looks on as Virgil Wasserman receives a gift from Santa Claus.*

*Bottom left, Dorothy Stewart receives a Santa gift.*

*Bottom right, Roger Junker gets a gift from Santa.*



# Gifts Galore



*Residents enjoyed their gifts!*

*Top left to right, Bob Weers, Mike Slater, Darrell Waring.*

*Middle, left to right, Ruth Hull, Joan McKenzie, Dorothy Reid.*

*Bottom, Laura DeBoer looks at a new calendar with Bob Weers.*

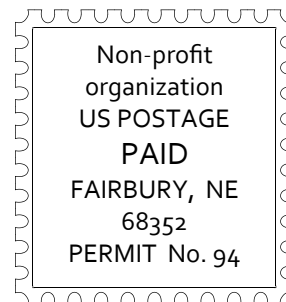


# Indoor Snowball Fight



*Top, Mary Adkins and Bob Weers enjoy tossing snowballs at Wayne Franzen. Bottom, from left, enjoying the snowball fight are Mary Adkins, Dorothy Stewart, Beverly Leseberg, Dorothy Stewart, and Jane Bakewell.*

2200 H St. P.O. Box 277  
Fairbury, NE 68352



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***Photos Inside!***

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## ***Happy Birthday!***



*Happy December birthday to Dorothy Stewart.*

## ***Thank you!***

- Debbie Hellbusch for a large print Guideposts subscription for residents.
- The family of Norris Gold for cookies
  - Julie Dein for a fruit basket
  - Adelia Maatsch's family for muffins
- The family of Kristi McAuliff for a donation toward a staff lunch, courtyard flowers and day room remodeling.
  - Galen Meyer family for a "Caregiver" picture
  - Wanda Johnsen for a memorial to Elda Heidemann
- Pam Jones and family for donations in memory of Carol Barber for the residents holiday party
- On the Bricks for the use of the venue for our resident and family Christmas party.
  - Holly Troxel Photography for photos
  - Heritage Care Center for transportation for the party
- Colleen's Catering and JCH&L Nutrition Services for food for the resident and family party
  - Pat Kujath (aka Santa Claus)
  - Gardenside staff
- Families and friends who were so kind to bring treats for residents and staff during the holidays. They were enjoyed and we appreciate it!