

February Brings Many Celebrations

By Nate Behrends

Evening Activity Coordinator

Did he? Or didn't he? That was the question early in February as Groundhog Phil made his appearance at Gobbler's Knob. Here at Gardenside, we celebrated with a full day of ground hog events. Whack a hog was a big hit for everyone, followed by a party with Phil and entertainment by Chris Sayre, who sang a few songs featuring Phil and Groundhog Day.

Mardi Gras was celebrated with a party. Valentine's Day was a big day of celebration as Joyce Torcia came with her voice to help with the celebration. We crowned our king and queen—Keith "Mike" Slater and Joan McKenzie. Treats were served to all.

Yea! We were able to get out for a few rides with the great weather in February.

March will be full of entertainment as Louis Wadkins visits for the first time to bring his performance talents. Louis was once a



Above, Miss Jefferson County Kenzie Strein crowns Gardenside Valentine Queen Joan McKenzie and King Mike Slater. Below, residents and staff wear red on Feb. 2 for heart health.

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Hospice Shining Star



Bobbi Ortgies Myers was presented the Shining Star Award from Cottonwood Hospice. The award recognizes those who support hospice.

Congratulations, Bobbi!

Transfer/Return Home

- Irene Gibson, Feb. 23, 2024

Birthdays

- Vivian Belding, March 3
- Ella Schafer, March 4
- Joan McKenzie, March 10

Deaths

Gardenside was saddened by the death of 5 resident in the past month. Our sympathy is with the family of:

- Robert Dein, Jan. 31
- Darrell Waring, Feb. 5
- Ralph Gobel, Feb. 7
- Leonard Bartels, Feb. 12
- Orvil Reinke, Feb. 21

Our Team to Serve You

Chief Executive Officer & Administrator

Burke Kline, DHA

Director of Nursing—Laura DeBoer RN

Assistant DON—Anne Itzen RN

MDS Coordinator—Tara Sasse RN

Social Services Coordinators—Kelli Pohlmann,

Mary Feldkamp

Activities Coordinators

Wayne Franzen, Nate Behrends

Rehabilitation Aide

Karen Spilker

Dietitian

Lisa Edeal

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Patrick Hoins

Facilities Supervisor—Mick Bruce

Director of Envir. Services/Purchasing

Jennifer Jung

Director of Public Relations

Lana Likens

Most recent state survey:

In a folder on east side of the wall by the Activity Room.

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Website: JCHhealthandLife.org

Gardenside News is a monthly publication of Jefferson Community Health & Life. **Subscriptions are free.** To subscribe or unsubscribe, write: Gardenside News, P.O. Box 277, Fairbury, NE 68352, call Lana Likens at 402-729-6855, or email lane.likens@jchhealthandlife.org.

Easter Dinner

If any family members would like to join us for Easter dinner, please let staff know a few days ahead so we can plan for seating space and food. Holiday meals are \$10 and will be picked up in the cafeteria.

Car show

Mark your calendars for our 2nd annual car show with Heritage Care Center—Sunday, May 19, at JCH&L Gardenside. Watch for flyers!

No tape please

We have recently repainted walls, so ask that bulletin boards be used for displays, rather than taping things to walls. Please help us keep our walls looking nice!

Closets

Changes of seasons are a great time to update your loved one's closets.

Results of the most recent state survey are available on the east side of the wall by the Activity Room. Nurse staffing hours are posted west of the nurses station.

MARCH 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	1	2
3 Church Radio/ T.V.	4 10:00 Kickball 2:00 Flickin Chicken 6:45 Crossword	5 10:00 Horseshoes 2:00 Big Ring Bowling 6:45 Headbands	6 10:00 Balloon Tennis/ W/C Aerobics 2:30 Louis Walkin 6:45 Old Glory	7 10:00 Video Church 2:00 Current Events	8 10:00 One on Ones 2:00 Happy Hour 6:45 Word Games	9 Read a Bible Verse!
10 Church Radio/ T.V.	11 10:00 Frog Pond 2:00 BINGO 6:45 JINGO	12 10:00 Wheel of Fortune 2:30 Johnny Ray Gomez 6:45 Word Games	13 10:00 Balloon Tennis 2:00 Birthday Party! 6:45 Crossword	14 10:00 Coffee with Kitty 2:00 Current Events	15 10:00 Horseshoes 2:00 St. Patrick's Party! 6:45 Headbands	16 Watch a Movie!
17 <i>Happy St. Patrick's Day</i>	18 10:00 Kickball 1:30 Resident Council 2:00 Flickin Chicken 6:45 Community Concert	19 10:00 Frog Pond 2:00 Big Ring Bowling 6:45 TBA	20 10:00 Balloon Tennis/ W/C Aerobics 2:00 BINGO 6:45 TBA	21 10:45 Pastor Emery 2:00 Current Events	22 10:00 Kickball 2:00 Social Hour 6:45 TBA	23 Write a Letter to a Loved One!
24 Church Radio/ T.V.	25 10:00 Wheel of Fortune 2:00 Big Ring Bowling 6:45 Word Games	26 10:45 Video Church 2:00 Bus Ride 6:45 Crossword	27 10:00 Balloon Tennis 2:00 Bus Ride 6:45 Headbands	28 10:45 Pastor Hart 2:00 Current Events	29 10:00 One on Ones 2:00 Dye Easter Eggs 6:45 TBA	30 Work on a Puzzle!
31 <i>Happy Easter</i>	<div>  <p>Happy Birthday! Vivian Belding 3rd Ella Schafer 4th Joan McKenzie 10th</p>  </div>					

March 2024

Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 L: Hot turkey sandwich S: Steak fingers	2 L: Oven fried chicken S: Bratwurst on bun
3 L: Mook fllet mignon S: Fish sticks	4 L: Hot roast beef sandwich with gravy S: Swedish meatballs	5 L: Chicken enchilada S: Chili	6 L: Sirloin tips S: Chicken broccoli bake	7 L: Shrimp Alfredo S: Chicken tenders	8 L: Breaded baked fish S: Hot roast beef and Swiss sandwich	9 L: Chuck wagon steak S: Hot turkey sandwich
10 L: Oven fried chicken S: Patty melt	11 L: Beef stew S: Beer battered fish	12 L: Roast turkey S: Lasagna	13 L: Tacos S: Creamy chicken biscuit	14 L: Pork tenderloin S: Chili, cinnamon roll	15 L: Fried shrimp, onion rings S: Egg bake, sausage, waffle	16 L: Roast beef, baked potato S: Turkey Tetrazzini
17 L: BBQ Meatballs, au gratin hashbrowns S: Chef salad	18 L: Spagetti S: Hamburger pizza	19 L: Roast turkey, mashed potatoes and gravy S: Hot dog, macaroni salad	20 L: Beef and broccoli stir fry S: Tuna melt	21 L: Oven fried chicken S: BBQ Ribette	22 L: Swedish meatballs S: Pork roast, mashed potatoes and gravy	23 L: Ranch chicken S: Sloppy joe
24 L: Pot roast, mashed potatoes and gravy S: Chicken tenders	25 L: Smothered steak with onions S: Chicken parmesan	26 L: Liver and onions S: Smoked Sausage	27 L: Beef stroganoff with noodles S: Chili, cinnamon roll	28 L: Baked ham S: Chicken fried chicken	29 L: Baked fish S: Turkey tetrazzini	30 L: Meatloaf S: Reuben
31 L: Easter Lunch S: Chicken tenders						

Guests are welcome to join us for meals. To make planning easier, please notify the charge nurse a day or two in advance if you will join us for a meal. Please pay for guest meals in the cafeteria. Guest meals are \$5 (tax incl.) Holiday meals are \$10 per meal (tax incl.) Holiday reservations must be made several days in advance. Guest meals are not billed to resident rooms. Thank you!

If you would like to join us for a meal, please let us know a few days in advance by calling 402-729-6849 so we can plan for food and space. Regular meals are \$5 (tax included.) You will pick up meals and pay for them in the JCH&L cafeteria.

February

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performer in Las Vegas. Johnny Ray Gomez returns to Gardenside for an always-anticipated performance. At 80 years young he still brings it. We will also celebrate St. Patrick's Day with a green party and a picture house. If anyone would like a picture of your loved one from any of our events, please ask. If your loved one participated we are glad to share photos!

I would like to take time to thank everyone who helped with the decorating of picture booth, Kayla who helped with Whack a mole, the kitchen staff for making all the great treats and snacks for each activity and to Rhonda and Steph for help with food planning.

We will continue to get outside as often as weather permits.

We will be watching the weather to see if the saying comes true—if March comes in like a lion it goes out like a lamb.

Until next time!



Posing at the Valentine photo booth are:

Top left, Ervin Hennerberg; top right Norris and Jan Gold; Bottom left, Mike and Jan Slater; bottom right, Helen Fegter

Superbowl party and worship service



Top left, Bob Weers, Mark Schmidt, Laura DeBoer and Mike Slater enjoy a Superbowl party; top right, Dorothy Reid; middle left, Vivian Belding, Wayne Franzen and Dale Maatsch at the Superbowl party Middle right, Norris Gold, Morgan Laflin and Bob Weers at the Superbowl party.

Bottom, Pastor Glen Emery of Grace Lutheran Church Leads a worship service

Balloon Tennis and Groundhog day



Balloon tennis players—Top left, Dale Maatsch, Mike Slater, Bob Weers; Top right, Joan McKenzie, Virgil Wasserman, Dale Maatsch, and Mike Slater.

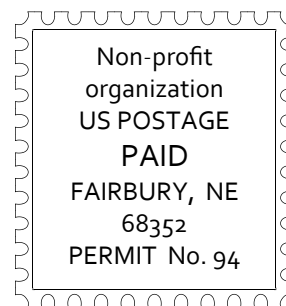
Middle, from left, Lois Wrigley and Ruth Hull at the groundhog photo booth; Ruth Hull, Dorothy Reid, Dorothy Stewart, Joan McKenzie, and Virgil Wasserman play balloon tennis.

Bottom, from left, Dale Maatsch; Ervin Hennerberg and other residents play a game on groundhog day.



2200 H St. P.O. Box 277
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CHANGE SERVICE REQUESTED



Photos Inside!

Happy Birthday!



Leonard Bartels celebrated his birthday in February.

