OF A MAY DAY BASKETI	Your order will include a handmade decorated basket filled with crafted flowers, individually wrapped premium candy and a label with your personalized message. FREE DELIVERY within City Limits. Delivery Date: Wednesday, May 1st. Delivery Hours: 9:00 a.m. to 5:00 p.m. Please specify special delivery times & room number, if applicable.	FOUR CONVENIENT WAYS TO ORDER: Mail your order and payment to: Tiffany Pfaff; c/o Fairbury Rotary, 2811 E Street, Fairbury, Ne 68352. Email your order to: tiffanykp21@yahoo.com; mail payment to address above.	Drop off your order and payment to: Heartland Bank, Main Branch at 423 5th Street, Fairbury Drop off your order and payment to; Fairbury Chamber of Commerce, 518 E St., Fairbury YOUR NAME:			Fairbury Rotary
FT OF A MAN	Your order will include a handmade individually wrapped premium cand FREE DELIVE Delivery Date: Wednesday, May Please specify special deliver	FOUR CONVENIENT WAYS TO ORDER: 1) Mail your order and payment to: Tiffany Pfaff; c/o Fairbury Rotary, 2811 E Stre 2) Email your order to: tiffanykp21@yahoo.com; mail payment to address above.	<ol> <li>Brop off your order and payment to: Heartland Bank, Main Branch at 423 5th Street, Fair brop off your order and payment to; Fairbury Chamber of Commerce, 518 E St., Fairbury YOUR NAME:</li> </ol>	YOUR CONTACT PHONE NUMBER:	DELIVERY ADDRESS: SPECIAL MESSAGE:	ht to you by iry Club #1520 ocal and area youth
	<b>\$0.0</b>					Proudly brought to you by The Fairbury Rotary Club #1520 All proceeds benefit local and area youth

# Health & Life Gardenside News

#### Volume 31 Issue 4

April 2024

## March Brings Many Celebrations

#### By Nate Behrends Evening Activity Coordinator

March was a fun-filled month here at JCH&L Gardenside as we celebrated St. Patrick's day with a green party and photos at the leprechaun house. Holy Week brought Pastor Hart and Pastor Emory preparing us for Easter. We had a party on Good Friday. We also celebrated Social Services month with treats for Kelli Pohlmann and Mary Feldkamp, our social services staff members.

We were entertained this month by Johnny Ray Gomez (a returning favorite) and Louis Wadkins, who shared his talents with our residents for the first time. Cottonwood Hospice came and played Bingo with residents, and residents enjoyed Coffee with Kitty.



We were able to go on bus rides to Crystal Springs, Rock Creek Station and other points of interest. We even found some new places when we decided

Dale Maatsch is all smiles as she poses in the St. Patrick's Day photo booth.

"Let's go down this road." Residents also enjoyed Big Ring Bowling, Wheel of Fortune, American Trivia, They Didn't Teach Me That at School, and other games.

A few residents were able to travel to Fairbury Junior Senior High School for the Fairbury Community Concert presentation of

Divas3. They were a trio of ladies who put on a very good show. Attending were Joan McKenzie, Dale Maatsch, Lois Wrigley, Ervin Hennerberg and Bruce Grummert. A good time was had by all. Special thanks to Emily Jackson for her help.

We honored our March birthdays with cake and ice cream. March birthdays were Vivian Belding, Ella Schafer and Joan McKenzie.

In April, entertainers Billy Troy and Paul Siebert return. We are also planning to watch the solar eclipse, weather permitting.

See you next month!

Mark your calendar for Gardenside Derby Day! On Friday, May 3, at 1:30 p.m. we will have a Kentucky Derby celebration. We'll have residents participating in a decorated hat contest, and staff racing horses. Family members are invited to come and join in the fun!

#### Social Services Month



March was social services month. We thank Kelli Pohlmann and Mary Feldkamp for all they do for our residents and their family members. We honored them with treats.

#### Admissions

- Bruce Grummert, Feb. 26
- Marvin Schultis, March 6
- Lois Welsh, March 7

#### Birthdays

- Helen Fegter, April 10
- Bruce Grummert, April 13
- Roger Junker, April 6
- Dorothy Reid, April 7
- Keith "Mike" Slater, April 18

#### Thank you

Thank you to Mitch Zabokrtsky for a \$500 donation to the activity department. We appreciate your support!

#### Our Team to Serve You

Chief Executive Officer & Administrator Burke Kline, DHA Director of Nursing-Laura DeBoer RN Assistant DON—Anne Itzen RN MDS Coordinator — Tara Sasse RN Social Services Coordinators—Kelli Pohlmann, Mary Feldkamp Activities Coordinators Wayne Franzen, Nate Behrends **Rehabilitation Aide** Karen Spilker Dietitian Lisa Edeal, Cassie Whitmore Pharmacy Director Brandon Bleich, PharmD Facilities Director—Patrick Hoins Facilities Supervisor—Mick Bruce Director of Envir. Services—Steph McDaniel **Director of Purchasing** Jennifer Jung **Director of Public Relations** Lana Likens Most recent state survey: In a folder on east side of the wall by the Activity Room.

E-mail: wayne.franzen@JCHealthandLife.org Website: JCHealthandLife.org

Gardenside News is a monthly publication of Jefferson Community Health & Life. **Subscriptions are free.** To subscribe or unsubscribe, write: Gardenside News, P.O. Box 277, Fairbury, NE 68352, call Lana Likens at 402-729-6855, or email lana.likens@jchealthandlife.org.

## No tape please

We have recently repainted walls, so ask that bulletin boards be used for displays, rather than taping things to walls. Please help us keep our walls looking nice!

#### Radios

Do you have an old-time radio we could display during Nursing Home Week? If you do, please call activities at 402-729-6848.

#### Closets

Changes of seasons are a great time to update your loved one's closets.

## Cerner

We have been working hard to have a smooth transition to our new Electronic Medical Record, Cerner. While it is challenging to learn new things, it will be a benefit to the JCH&L staff facilitywide to be able to view resident charts from all levels of care, whether it's a clinic appt, ER visit or routine physician visit at Gardenside. This EMR will enhance the communication of residents needs/health across all services lines. Thanks to residents and their families for your patience as we work

Results of the most recent state survey are available on the east side of the wall by the Activity Room. Nurse staffing hours are posted west of the nurses station.

	Saturday	6 Listen to Music!	13	Read a Book!	20	Visit with a Friend!	27	Color a Picture!	4	
	Friday	5 10:00 One on Ones 2:00 Social Hour 6:45 Bus Ride	12	10:00 Frog Pond 2:00 Social Hour 6:45 Bus Ride	61	10:00 One on Ones 2:00 Social Hour 6:45 JINGO	26	10:00 Frag Pand 2:00 Social Hour 6:45 JINGO	n	
	Thursday	4 10:00 Coffee with Kitty 2:00 Current Events	Ξ	10:00 Video Church 2:00 Current Events	18	10:45 Pastor Emery 2:00 Current Events	25	10:00 Video Church 2:00 Current Events	2	rihday! Dorothy Reid 7th Mike Slater 18th
2024	Wednesday	3 10:00 Balloon TenrityW/C Aerobics 2:00 Cooking Class (Cream Cheese Cookies) 6:45 Old Glory	10	10:00 Balloan Tennis 2:00 Birthday Partyl 6:45 Crossward	17	10:00 Balloon Tennis/ W/C Aerobics 2:00 Root Beer Floats 6:45 Crossword	24	10:00 Balloon Tennis 2:00 Bus Ride 6:45 Community Concert	-	
978. 1978 1978 1978 1978	Tuesday	2 10:00 Wheel of Fortune 2:00 Bus Ride 6:45 Crossword	6	10:00 One on Ones 2:30 Paul Stewart 6:45 JINGO	16	10:00 Horseshoes 2:30 Billy Troy 6:45 Bus Ride	23	10:45 Pastor Hart 2:00 St. Michael's BINGO 6:45 Word Games	30 10:00 Wheel of Fortune 2:00 BINGO 6:45 Crossword	Happy oger Junker 6th Helen Fegter 10th
9	Monday	1 10:00 Kickball 2:00 BINGO 6:45 Word Games	00	10:00 Horseshoes 1:30 Eclipse 6:45 What Did You See	15	10:00 Jake the Dog 1:30 Resident Council 2:00 Big Ring Bowling 6:45 Word GameS	22	10:00 Horseshoes 2:00 National Earth Day/ Cooking Class 6:45 Crossword	29 10:00 One on Ones 2:00 Bus Ride 6:45 Word Games	ndays He
hello	Sunday	31	2	Church Radio/ T.v.	14	Church Radio/ T.v.	21	Church Radio/ T.v.	28 Church Radio/ T.v.	April Birth

## April 2024

Sunday	Monday	Tuesday	Wedneeday	Thursday	Friday	Saturday
	] L: Ham loaf S: Egg bake, sausage link and French toast	2 L: Pork roast and kraut S: Hamburger pizza	3 L: Tator tot casserole S: Pork tittler	4 L:Chicken cordon bleu S: Lasagna	5 L: Hot turkey sandwich S: Steak fingers	6 L: Oven filed chicken S: Bratwurst on a bun
7 L: Mock fliet mignon S: Fish sticks	8 L: Hot roast beef sandwich with gravy S: Swedish meatbails	9 L: Chicken Enchilada S: Chill	10 L: Sirloin tips S: Chicken brocoil bake	11 L: Shrimp affredo S: Chicken tenders	12 L: Breaded baked fish S: Hot roast beef and swiss	13 L: Chuck wagon steak S: Hot turkey sandwich
14 L: Oven fried chicken S: Patty meit	15 L: Chicken tried chicken S: Smoked pork sandwich	16 L: Swiss steak S: Fried Shrimp	17 L: Uver and onions S: Philly cheese steak sandwich	18 L: Saimon patty S: Steak fingers	19 L: Breaded fish au grath S: Chicken Parm	20 L Chefsalad S: Meatbails
21 L: Oven fried chicken S: Polish sausage on a bun	22 L: Beef tacos S: chicken Iasagna	23 L: Creamy Swiss steak S: Battered fried shrimp	24 L: Meaticaf S: Turkey club	25 L: Salisbury steak S: Breaded chicken on a bun	26 L: Oven filed fish S: Chill	27 L: Roast beef s: Chicken tender salad
28 L: Bacon wrapped chopped steak S: Ham and bean soup	29 L: Beef stir fly S: Hot ham and cheese sandwich	30 L: Spageti with meat sauce S: Fish sandwich				

Guests are welcome to join us for meals. To make planning easier, please notify the charge nurse a day or two in advance if you will join us for a meal. Please pay for guest meals in the cafeteria. Guest meals are \$5 (bax incl.) Guest meals are not billed to resident rooms. Thank you!

If you would like to join us for a meal, please let us know a few days in advance by calling 402-729-6849 so we can plan for food and space. Regular meals are \$5 (tax included.) You will pick up meals and pay for them in the JCH&L cafeteria.

## Car Show Planned for Sunday, May 19

JCH&L Gardenside and Heritage Care Center in Fairbury are planning their second annual fund-raising car show for Sunday, May 19, to conclude Nursing Home Week festivities for both facilities. Proceeds from the show will benefit residents at the two facilities.

Pre-registration for vehicles to be entered is \$15 if entered by May 6, or \$20 if entered after May 6. All types of vehicles are welcome. Awards will be given for Top 10, Best of Show and Residents' Choice. For more information on entries email wayne.franzen@jchealthandlife.org or call 402-729-6848.

Sponsors are now being sought. Sponsorships of \$500 will have a large logo on the back of the show t-shirt. Sponsorships of \$250 will have a small logo on the t-shirt. Sponsorships of \$100 will have a name on the tshirt. All sponsors will also be recognized on programs and in media and social media. The show also welcomes donations of raffle prizes and door prizes.

The show will be held on Sunday, May 19, at JCH&L Gardenside's parking lot (just west of Gardenside.) Cars need to check in from 10:45 a.m. to 11: 45 a.m. that day. The show will be open to the public from 12 p.m. to 3 p.m. Judging will begin at noon and prizes will be awarded at 3 p.m. There is no admission fee for the public. In addition to the car show there will be baked items for sale, a raffle, tshirts for sale, and concessions available to purchase.

For more information or to enter call 402-729-6848, or email wayne.franzen@jchealthandlife.org.



## St. Patrick's Fun



Top left, Ervin Hennerberg; Middle, Mike Slater; right staff member Brenda Placek and Dorothy Stewart; Bottom left, Wayne Stewart.



## Variety of Activities in March





Activities galore—top left, Mike Slater, Dale Maatsch and Dorothy Stewart and balloon tennis; top right, Lois Wrigley, Ruth Hulls and Dorothy Reed make Easter fruit pizza cookies; Above, Mark Schmidt and Virgil Wasserman play Bingo; middle right, staff Shelby James and Mary Adkins show an Easter fruit pizza cookie; bottom right, Dorothy Reed and staff member Wayne Franzen play horseshoes.







### Even More Activities in March











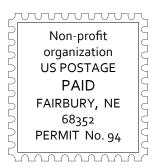
Above, Bruce Grummert poses with the Divas3 at the Fairbury Community Concert; Lois Wrigley and Ruth Hulls play horseshoes.

Top left, residents Dale Maatsch, Dorothy Stewart, Mary Adkins and Mark Schmidt try to bounce a ball into a bucket; top right, Bingo players Virgil Wasserman, Renee Henry and her husband, Bruce Grummert and Mark Schmidt; middle left, Helen Fegter and staff member Billie Eisenhauer at Bingo; middle right Norris Gold and his family play cards.



2200 H St. P.O. Box 277 Fairbury, NE 68352

CHANGE SERVICE REQUESTED



Photos Inside!

#### Happy Birthday!



Celebrating March birthdays were Vivian Belding, Joan McKenzie, and Ella Schafer.