# Health & Life Gardenside News

Volume 31 Issue 6

June 2024

# May Filled With Fun Activities

By Nate Behrends Evening Activity Coordinator



Dale Maatsch, Ruth Hull and Lois Wrigley prepare to cheer on the Derby races in their decorated hats.

May was very busy here at Gardenside. May Baskets were made with love and delivered. Kentucky Derby Day Hats were decorated and worn for Gardenside Downs version of the famous horse race. The Chengs returned and brought their talents to perform and tell stories through the sons so masterfully played.

Nursing Home week brough many events wrapped around the nostalgia of radio theme. Thank you to Norris and Jan Gold, Tom Blobaum, Bill Harris, and Arbor State Pharmacy for the radios we displayed for the week. We painted rocks for the courtyard and entrance. Local radio personality Trevor Steinmeyer came and spoke

about radio. Dan Reynolds returned to perform, and did an excellent job putting the crowd in his hands and singing everyone a memory or two. We had a happy hour and celebrated a wedding anniversary milestone of 61 years. And we finished Nursing Home week with a big car show bringing in 29 vehicles: old, fancy, new, souped up. The Nostalgia of Cars show was a fun event with a chance of showers looming all day—but they held off until after the show. Thanks to all of the staff from JCH&L and Heritage care center for making the show a success. We especially appreciate our Facilities staff, nutrition services, and Wayne for his planning and oversight of the event. The smiles on the residents' faces are proof of a job well done. (See more on the show on page \_\_\_.)

A couple of bus trips to Crystal Springs let the riders aboard check out the new arrivals: fuzzy goslings and new playground equipment.

In May we celebrated birthdays of Norris Gold, Lois Wrigley, Carol Hart, Beverly Leseberg and Rolla Heller.

June promises to be just as fun and busy. Mike McCracken will return to entertain. The Gypsy Cowgirl will return with her folklore tales told through her songs as she makes her annual trek through Nebraska. She will also be at the Gage County Fair. Mary Link returns—solo this time as the other half of her previous duo has retired. We will also have other fun activities such as Coffee with Kitty. If anyone would like to come and enjoy our entertainment, let us know. Dates are on the Gardenside calendar (in this newsletter and on the web at JCHealthandLife.org/locations/Gardenside and look for View Upcoming Activities.

Until next time!

### Salad Festival



#### Our Team to Serve You

Chief Executive Officer & Administrator Burke Kline, DHA Director of Nursing-Laura DeBoer RN Assistant DON—Anne Itzen RN MDS Coordinator — Tara Sasse RN Social Services Coordinators—Kelli Pohlmann, Mary Feldkamp Activities Coordinators Wayne Franzen, Nate Behrends **Rehabilitation Aide** Karen Spilker Dietitian Lisa Edeal, Cassie Whitmore Pharmacy Director Brandon Bleich, PharmD Facilities Director—Patrick Hoins Facilities Supervisor—Mick Bruce Director of Envir. Services—Steph McDaniel Director of Purchasing Jennifer Jung Director of Public Relations Lana Likens Most recent state survey: In a folder on east side of the wall by the Activity Room.

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Gardenside News is a monthly publication of Jefferson Community Health & Life. **Subscriptions are free.** To subscribe or unsubscribe, write: Gardenside News, P.O. Box 277, Fairbury, NE 68352, call Lana Likens at 402-729-6855, or email lana.likens@jchealthandlife.org.

# **Billing update**

We appreciate your patience as we continue to work out the billing system in our new software.

If you do not have a balance from March, you will receive a bill from our new Cerner system. It will still come from JCH&L. With the new bills you will not receive a separate bill for pharmacy, phone, beautician services, etc. It will all be on the one Cerner bill. If you have a balance from March or prior, you will still receive a bill from American Health Tech, in addition to the Cerner bill. They will come in the same envelope. If you have questions please call the JCH&L business office at 402-729-3351, extension 5001.

#### Admissions

- Kathy Smith, May 7
- Ivan Zimmerman, May 15
- Shirley Black, May 20
- Rolla Heller, May 21
- Florence Hines, May 28

#### Return Home/Transfer

- Lois Welsh, May 3
- Ruth Hull, May 7



## Birthdays

- Rolla Heller, May 31
- Ervin Hennerberg, June 3
- Virgil Wasserman, June 18



## Happy Anniversary

 Norris and Janet Gold, June 27, 1992

#### Deaths

Gardenside was saddened by the death of 1 resident in the past month. Our sympathy is with the families of:

• Alice Fairley, May 21

## Facetime and Skype

Facebook and Skype are available. Please schedule calls ahead of time to ensure staff availability to assist.

Results of the most recent state survey are available on the east side of the wall by the Activity Room.

Nurse staffing hours are posted west of the nurses station.

	Saturday	Enjoy the Sunshine!	8 Take a Stroll Through the Gardens!	15 Admire the Flowers!	22 Go Bird Watching!	29 Read a Good Book!	
SUMMER	Friday	8	7 10:00 National Donut Dayl 2:00 Happy Hourl 6:45 Bus Ride	14 10:00 One on Ones 2:00 Strawberry Shortcake Day	21 10:00 W/C Walks 2:00 Happy Hour 6:45 Bus Ride	28 10:00 Horseshoes 2:00 Happy Hourl 6:45 Old Glory	7 4
	Thursday	8	6 10:00 Coffee with Kithy 2:00 Current Events	13 10:00 Video Church 2:00 Current Events	20 10:45 Pastor Emery 2:00 Current Events	27 10:00 Video Church 2:00 Current Events	oerg 3rd nan 18t
	Wednesday	8	5 10:00 Balloon Terinis 2:00 BINGO 6:45 Word Games	12 10:00 Balloon Termis/ W/C Aerobics 2:00 Birthday Party! 6:45 Word Games	19 10:00 Balloon Tennis 2:00 Bus Ride	26 10:00 Balloon Tennis/ W/C Aerobics 6:45 Word Games	Ervin Hennerberg 3rd Virgil Wasserman 18th
2024	Tuesday	28	4 10:00 Kickball 2:00 Bus Ride 6:45 Crossword	11 10:00 The Price is Right 2:00 Cooking Class (Fruit Kabobs) 6:45 Bus Ride	18 10:00 frog Pond 2:00 51. Michael's BINGO 6:45 Crossword	25 10:45 Pastor Hart 2:30 Mary Link 6:45 Crossword	Ervin F Virgil V
	Monday	27	3 10:00 W/C Walks 2:00 Flickin Chicken 6:45 Bus Ride	10 10:00 Horseshoes 2:30 Mike McCracken 6:45 Crossword	17 1070 Joke the Dog 1030 Make Homemode Ica Cream 130 Relident Council 200 Eat Ice Cream	24 10:00 The Price is Right 2:30 Gypsy Cowbells 6:45 Bus Ride	AYS
	Sunday	26	2 Church Radio/ T.V.	9 Church Radio/ T.V.	Acappy <sup>16</sup> FATHER'S • Day •	23 Church Radio/ T.V.	BIRTHD

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday ] L: Roast beef
						S: Chicken tende salad
2 L: Bacon wrapped chopped steak S: Tuna melt	3 L: Beef stir fry S: Cream chicken and biscuits	4 L: Pork tenderion S: Spagett and meat sauce	5 L: Chicken filed steak S: Hamburger pizza	6 L: Beef tips with peppers and onions S: Fairbury hot dog	7 L: Shrimp alfredo S: Boneless barbecue wings	8 L: Glazed ham S: Patty met
9 L: Turkeyroast S: Phily Cheese Stoak	10 L: Olicken enchlada S: Kelbasa	11 L: Chicken cordon bleu S: Baked att	12 L: One/salad S: Stoppyjce	13 L: Runza casserole S: BBQ Rib sandwich	14 L: Beer battered fish S: Hot roast beef and Swiss sandwich	15 L'Safisburysteail S: Fried strimp
16 L: Roast beef S: Pork fitter	17 L: BBQ meatbails S: Cranberry childen salad sandwich	18 L: Virginia turkey roast S: Reuben	19 L: Stuffed green pepper casserole S: BLT sandwich	20 L-Brown sugar glazed ham S: Pancakes, sausage links	21 L-Lasagna S: Ohicken caesar salad	22 L: Turkeytetracat S: Pan picca
2.3 L: Glaasd meatoaf S: Chicken tender	24 L Chicken fried chicken S: Smoked pork sandwich	25 L: Swiss steak S: Fried Shrimp	26 L'Liver and chions S: Philly cheese steak sandwich	27 L'Salmon patty S: Steak fingers	28 L: Breaded fish augratin S: Ohicken Parm	29 L Over salad S: BBQ Meathale
30 L: Oven fried chicken S: Polish sausage on a bun						

June 2024

Guests are welcome to join us for meaks. To make planning easier, please notify the charge nurse a day or two in advance if you will join us for a meak. Please pay for guest meaks in the cafeteria. Guest meaks are \$5 (tax incl.) Guest meaks are not billed to resident rooms. Thank you!

If you would like to join us for a meal, please let us know a few days in advance by calling 402-729-6849 so we can plan for food and space. Regular meals are \$5 (tax included.) You will pick up meals and pay for them in the JCH&L cafeteria.

# Very Special Occasions Celebrated

Gardenside staff love to help our residents and their families celebrate special occasions. We've had several really special celebrations in the past month or so.



At left, Darlene Keuten's family help her celebrate her 100th birthday at the end of April.

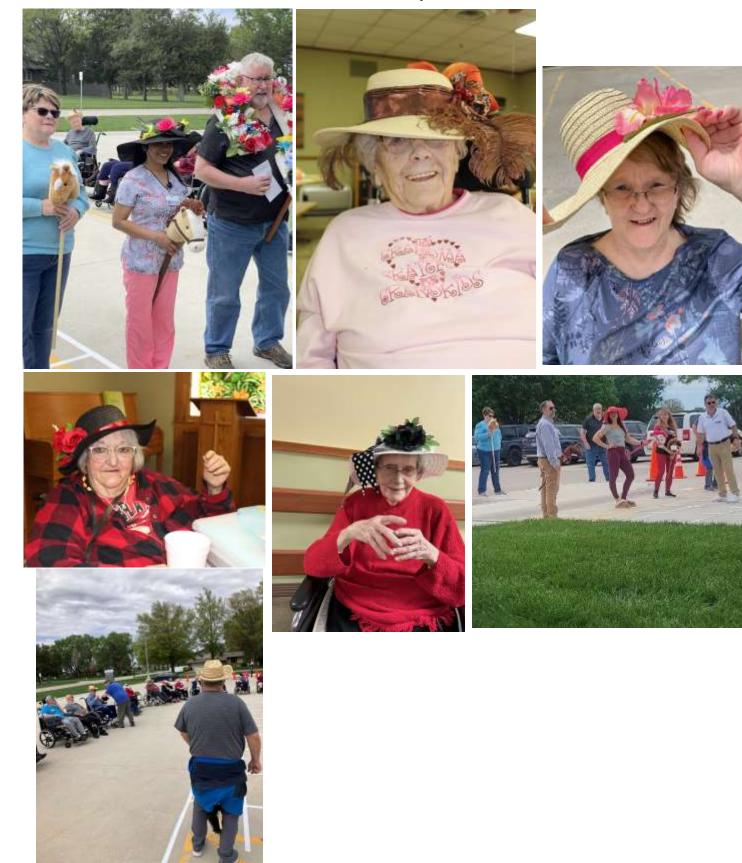
#### At right, Norris Gold's family helped him celebrate his \_\_\_\_\_ birthday in May.





At left, Mike Slater and his wife, Jan, celebrated their 61st anniversary with us in May. They were married May 17, 1963.

# Gardenside Derby Fun for All



## Residents delivery May baskets to JCH&L Departments





JCH&L Gardenside News

## Second Annual Nostalgia of Cars Show Successful







## Trip to the Farm is a Wish Come True



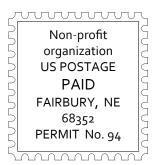
# Nursing Home Week fun





2200 H St. P.O. Box 277 Fairbury, NE 68352

CHANGE SERVICE REQUESTED



Photos Inside!

## Happy Birthday!



Happy May birthdays to Norris Gold, Lois Wrigley and Beverly Leseberg. Not pictured for May birthdays were Carol Hart and Rolla Heller.