

Fall brings van rides, football tailgates and more!

By Nate Behrends
Evening Activity Coordinator

Well, that's a wrap for another September. Many activities throughout the month helped us make the days meaningful at Gardenside. We had bus rides, Bingo, entertainment, watermelon feeds, homemade ice cream, pitch, Red Hat Club and Husker Tailgate parties. Several attended Fairbury's Homecoming parade (thanks to the Barber family for saving us a space to enjoy the parade!) Traveling to the Kumpf pumpkin patch was a blast as always. Thank you to Jenny and the Kumpf family for letting us come out! The Men's Group traveled to "On the Bricks" venue for Rowdy's chicken. Thanks to Cody and Jen Moyer for letting us have this time, and a special thanks to Mary Feldkamp and Karen Spilker for assisting with transport and with the meal. I believe all who attended enjoyed the meal. For those who didn't want to venture out, we brought the chicken dinner to them in the day room. There were lots of laugh and chatter about their days butchering chickens.

Entertainment this month included Joyce Torcia, a vocalist out of Omaha, singing songs of yesteryear with her velvet voice. Les Leineman joined us with his plethora of instruments to play and weave a tale of history for everyone.

A birthday party was held celebrating all September birthdays. Mary Adkins and Jack Westerhoff both had birthdays in September. Thanks to the Westerhoff family for the malts. They were greatly appreciated and enjoyed by all.

October looks to bring a lot of fun as football and tailgate parties continue. The leaves are changing as fall continues its decent into—well, I won't say it yet, but we know it's coming. Bus rides will be a big ticket item this month as we go out for a chance to observe not only the changing colors but also the annual migrations as birds stop at Crystal Springs and surrounding watersheds. Of these, the white pelican flock that comes through seems to grow every year and is a favorite, along with thousands of Canada Geese that travel through. If you can, it's a sight to see.

October will also mark the return of some entertainers we've seen before. On Wednesday, Oct. 3, Ben Tomasello will bring his velvet voice to Gardenside, performing at about 3 p.m. On Monday, Oct. 15, Mr. Memories, Joe Taylor, will be back crooning at 3 p.m. Please feel free to join us at Gardenside for any of the entertainment. Fairbury Community Concerts begin in October and some residents will attend. Say hello or give us a wave if you see us out and about!

Bring your ghouls to Gardenside's Haunted Hallway and the Haunted Garden for a treat and a scare if you dare! If anyone would like to add to the scare through your donations, please feel free. We hope to see you Oct. 31 from 6 p.m. to 9 p.m. for the Haunted Gardenside and trick or treating with the residents.

I bid you adieu for now and wish you all an awesome October. Scare ya later!



Staff member Wayne Franzen cheers and Dorothy Stewart watches as Vivian Belding gets a great Big Ring Bowling throw.

Anniversary



Happy anniversary to Ervin and Betty Hennerberg!

Admissions

- Robert Cantu, Aug. 27
- Janis Westerhoff, Sept. 3
- Jane Paul, Sept. 10
- Maurice "Pete" Cumro, Sept. 20
- Don Mahlman, Sept. 23

Return home/transfer

- Leland "Jim" Roth, Sept. 17
- Jane Paul, Sept. 20

Birthdays

- Gaylen Meyer, Oct. 12
- Mark Schmidt, Oct. 15
- Robert Weers, Oct. 22
- Melody York, Oct. 26

Anniversaries

- Ervin and Betty Hennerberg, Sept. 23, 1962

Deaths

Gardenside was saddened by the death of 2 resident in the past month. Our sympathy is with the families of:

- Robert Cantu, Sept. 1
- Ella Schafer, Sept. 25

Rates increasing

Gardenside reviews its rates each year and must take into consideration the cost of labor and benefits, utilities, equipment, supplies, as well as the implications of state and federal regulations. We are experiencing increases in our costs in all of these areas, and therefore will be making adjustments to our rates. The changes will become effective Oct. 1. We remain committed to providing the highest quality care for our residents in the most cost-effective manner possible. Anyone with questions about rates should contact Laura DeBoer, DON, at 402-729-5220.

Our Team to Serve You

Chief Executive Officer

Bill Welch, Interim

Administrator

Temporary Interim, Deb Sutton, RN

Director of Nursing—Laura DeBoer RN

Assistant DON—Anne Itzen RN

MDS Coordinator & Infection Preventionist—

Tara Sasse RN

Social Services Coordinators—Kelli Pohlmann,

Mary Feldkamp

Activities Coordinators

Wayne Franzen, Nate Behrends

Rehabilitation Aide

Karen Spilker

Dietitian

Lisa Edeal, Cassie Whitmore

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Patrick Hoins

Facilities Supervisor—Mick Bruce

Director of Envir. Services—Steph McDaniel

Director of Purchasing

Jennifer Jung

Director of Public Relations

Lana Likens

Most recent state survey:

In a folder on east side of the wall by the Activity Room.

E-mail: wayne.franzen@JCHHealthandLife.org

Website: JCHHealthandLife.org

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or unsubscribe, write: Gardenside News, P.O. Box 277, Fairbury, NE 68352, call Lana Likens at 402-729-6855, or email lane.likens@jchealthandlife.org.

Thank you

- Thank you to Joel and Clarice Fredrickson for your donation of a soup and sandwich meal for staff.
- Thank you to Don Cantu and family for your donation of candy and a ceramic jar.
- Thank you to Cottonwood Hospice for the donation of a mini refrigerator for the Hospice room.

Results of the most recent state survey are available on the east side of the wall by the Activity Room.

Nurse staffing hours are posted west of the nurses station.

2024



October



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1	2	3	4	5
Church Radio/ T.V.	10:00 Pitch 2:00 Bus Ride 6:45 Crossword	10:00 Flickin Chicken 2:00 BINGO	10:00 Balloon Tennis/ 2:30 Ben Tomasello 6:45 Bus Ride	10:00 Coffee with Kitty 2:00 Current Events	10:00 Fancy Nails 2:00 Tailgate Party! 6:45 Head Bands	Rutgers vs. Nebraska @ 3 PM
6	7	8	9	10	11	12
Church Radio/ T.V.	10:00 Pitch 2:00 Bus Ride 6:45 Crossword	10:00 Big Mouth Bass 2:00 Apple Pie Bites 6:45 JINGO	10:00 Balloon Tennis/ W/C Aerobics 2:00 Pumpkin Patch 6:45 Crossword	10:00 Bible Trivia 2:00 Current Events	10:00 Fancy Nails 2:00 Tailgate Party! 6:45 Bus Ride	Watch a Halloween Movie!
13	14	15	16	17	18	19
Church Radio/ T.V.	10:00 Pitch 2:00 Paint Pumpkins 6:45 Crossword	10:00 St. Michael's Bingo 2:30 Joe Taylor 6:45 Crossword	10:00 Balloon Tennis 2:00 Birthday Party! 6:45 Bus Ride	10:00 Bible Trivia 2:00 Current Events	10:00 Horse Shoes 2:00 Tailgate Party! 6:45 JINGO	Nebraska vs. Indiana TBA
20	21	22	23	24	25	26
Church Radio/ T.V.	10:00 Pitch 1:30 Resident Council 2:00 Fishing 6:45 Crossword	10:45 Pastor Hart 2:00 Pumpkin Patch 6:45 Ole Glory	10:00 Balloon Tennis/ W/C Aerobics 2:00 Men's Group 6:45 Crossword	10:00 Bible Trivia 10:45 Pastor Emery 2:00 Current Events	10:00 Wheel of Fortune 2:00 Tailgate Party! 6:45 Bus Ride	Nebraska vs. Ohio State TBA
27	28	29	30	Halloween 31	1	2
Church Radio/ T.V.	10:00 Pitch 2:00 Oreo Dirt Cake 6:45 Crossword	10:00 Frog Pond 2:00 Red Hat 6:45 Sack Candy	10:00 Balloon Tennis 2:00 Judging of Doors/ Halloween Party!	10:00 Sugar Cookies 2:00 Costume Party! 6:00-9:00 Haunted Garden		UCLA vs. Nebraska TBA



Happy Birthday!!
Gaylen Meyer 12th Mark Schmidt 14th
Robert Weers 22nd Melody York 26th



October 2024

Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 L: Liver and onions S: Smoked Sausage	2 L: Beef stroganoff with noodles S: Chili, cinnamon roll	3 L: Baked ham S: Chicken fried chicken	4 L: Baked fish S: Turkey tetrazzini	5 L: Meatloaf S: Reuben
6 L: Chicken friend steak S: Chicken tenders	7 L: Ham loaf S: Egg bake, sausage link and french toast	8 L: Pork roast and kraut S: Hamburger pizza	9 L: Tator Tot Casserole S: Pork fritter	10 L: Chicken cordon bleu S: Lasagna	11 L: Hot turkey sandwich S: Steak fingers	12 L: Oven fried chicken S: Bratwurst on a bun
13 L: Mock filet mignon S: Fish sticks	14 L: Hot roast beef sandwich S: Swedish meat balls	15 L: Chicken enchilada S: Chili	16 L: Sirloin tips S: Chicken broccoli bake	17 L: Shrimp Alfredo S: Chicken tenders	18 L: Breaded baked fish S: Hot roast beef and Swiss sandwich	19 L: Chuck wagon steak S: Hot turkey sandwich
20 L: Oven fried chicken S: Patty melt	21 L: Beef stew S: Beer battered fish	22 L: Roast turkey S: Lasagna	23 L: Tacos S: Creamy chicken biscuit	24 L: Pork tenderloin S: Chili, cinnamon roll	25 L: Fried shrimp, onion rings S: Egg bake, sausage, waffle	26 L: Roast beef, baked potato S: Turkey Tetrazzini
27 L: BBQ Meatballs, au gratin hashbrowns S: Chef salad	28 L: Spagetti S: Hamburger pizza	29 L: Roast turkey, mashed potatoes and gravy S: Hot dog, macaroni salad	30 L: Beef and broccoli stir fry S: Tuna melt	31 L: Oven fried chicken S: BBQ Ribette		

If you would like to join us for a meal, please let us know a few days in advance by calling 402-729-6849 so we can plan for food and space. Regular meals are \$5 (tax included.) You will pick up meals and pay for them in the JCH&L cafeteria.

Indoor horseracing



Residents and staff enjoyed an indoor stick-horse race this month.



Wander Guard System Improved

We continue to seek new and innovative ways to improve the quality of care and the environment we provide to our residents. To support our wander management program, we have made a strategic investment in the WanderGuard Blue solutions from Securix Healthcare.

We are excited about the implementation of this system. It will enable us to safeguard our wander-prone residents without compromising their mobility, comfort or quality of life. Here are some of the key reasons we chose this system:

1. One of the best features is that you won't notice we have it. It is designed to blend seamlessly into our homelike environment.
2. It allows us to conduct regular testing of our residents' bracelets with a wireless device. So we can test without disrupting their activities.
3. Finally, we value the enhanced security capabilities of WanderGuard Blue. Staff members can be assigned individual bypass codes for better tracking.

Of course, WanderGuard Blue is just one component of our larger safety program. Together, our residents, families and staff work without processes to continue to take excellent care of everyone within our community. If you have questions or concerns, please contact Laura DeBoer.

Watching Activities



Watching an activity—Joan McKenzie, Carol Hart, Bev Leseberg, and Lois Wrigley.

Football tailgate—Beat the CU Buffalos!



Residents enjoyed a tailgate party before the Nebraska Cornhuskers took on the Colorado University Buffalos in football. The piñata was a hit! Giving it a hit are, clockwise, from top left, Bob Weers, Ivan Zimmerman, Norris Gold, and Dorothy Reid (with Betty Smith and Kayla watching.)

Football Tailgate Fun



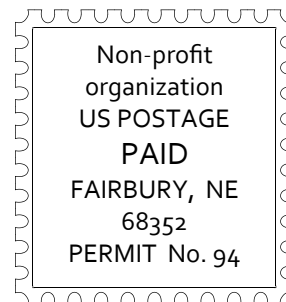
Residents and family members enjoy gathering for tailgates and Friday happy hours.

Scoring Big in Big Ring Bowling



Above Bruce Grummert goes for the spare. Top right, Wayne watches as Beverly Leseberg throws the ring. Bottom right, Ivan Zimmerman gets a good pin count with ring.

2200 H St. P.O. Box 277
Fairbury, NE 68352



CHANGE SERVICE REQUESTED

Photos Inside!

Happy Birthday



*Celebrating September birthdays were
Jack Westerhoff, left, and Mary Adkins.*