

# October 2024

## Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> L: Liver and onions S: Smoked Sausage	<b>2</b> L: Beef stroganoff with noodles S: Chili, cinnamon roll	<b>3</b> L: Baked ham S: Chicken fried chicken	<b>4</b> L: Baked fish S: Turkey tetrazzini	<b>5</b> L: Meatloaf S: Reuben
<b>6</b> L: Chicken friend steak S: Chicken tenders	<b>7</b> L: Ham loaf S: Egg bake, sausage link and french toast	<b>8</b> L: Pork roast and kraut S: Hamburger pizza	<b>9</b> L: Tator Tot Casserole S: Pork fritter	<b>10</b> L: Chicken cordon bleu S: Lasagna	<b>11</b> L: Hot turkey sandwich S: Steak fingers	<b>12</b> L: Oven fried chicken S: Bratwurst on a bun
<b>13</b> L: Mock filet mignon S: Fish sticks	<b>14</b> L: Hot roast beef sandwich S: Swedish meat balls	<b>15</b> L: Chicken enchilada S: Chili	<b>16</b> L: Sirloin tips S: Chicken broccoli bake	<b>17</b> L: Shrimp Alfredo S: Chicken tenders	<b>18</b> L: Breaded baked fish S: Hot roast beef and Swiss sandwich	<b>19</b> L: Chuck wagon steak S: Hot turkey sandwich
<b>20</b> L: Oven fried chicken S: Patty melt	<b>21</b> L: Beef stew S: Beer battered fish	<b>22</b> L: Roast turkey S: Lasagna	<b>23</b> L: Tacos S: Creamy chicken biscuit	<b>24</b> L: Pork tenderloin S: Chili, cinnamon roll	<b>25</b> L: Fried shrimp, onion rings S: Egg bake, sausage, waffle	<b>26</b> L: Roast beef, baked potato S: Turkey Tetrazzini
<b>27</b> L: BBQ Meatballs, au gratin hashbrowns S: Chef salad	<b>28</b> L: Spagetti S: Hamburger pizza	<b>29</b> L: Roast turkey, mashed potatoes and gravy S: Hot dog, macaroni salad	<b>30</b> L: Beef and broccoli stir fry S: Tuna melt	<b>31</b> L: Oven fried chicken S: BBQ Ribette		

Guests are welcome to join us for meals. To make planning easier, please notify the charge nurse a day or two in advance if you will join us for a meal. Please pay for guest meals in the cafeteria. Guest meals are \$5 (tax incl.) Holiday meals are \$10 per meal (tax incl.) Holiday reservations must be made several days in advance. Guest meals are not billed to resident rooms. Thank you!