

Health & Life Gardenside News

Volume 32 Issue 3 March 2025

Valentine King and Queen Crowned

By Nate Behrends

Evening activity coordinator

Six more weeks of winter said Punxsutawney Phil on Groundhog day. Here at Gardenside, the residents did their best to knock some sense into that pesky groundhog, as they enjoyed a rousing game of Whack a Hog. The month also included some new games—like table pong, table hocky and hungry hippos. We had great response and will continue to introduce new activities here and there to reach our ever-changing demographics.

Linda Bundy returned to Gardenside, bringing her singing talents through karaoke with those who wished to sing. Johnny Ray Gomez came to entertain everyone with a squeeze box and witty anecdotes.



Valentine's Day Royalty—Robert Weers was crowned king and Darlene Rehm was crowned queen.

Our Valentine's King and Queen were crowned: Robert Weers was crowned king and Darlene Rehm was crowned queen. Family members were on hand to congratulate our new royalty. Last year's King and Queen, Mike Slater and Joan McKenzie, turned over their crowns.

A return of the Gardenside resident store is in the planning stages, with requests from our residents. The store runs by volunteer donations, and residents earn play money won from various things—attendance at activities, Bingo prizes and such. Residents can save up and bring the play money to the store, which would be set up periodically in the Gardenside dayroom. More details to come!

There were no residents birthdays here in February.

Next month we await the return of Mary Link, who was half of a group called the Links. Now she will bring her talents as a solo act. Mark Irvin will return in March to bring his soulful voice to entertain our residents. Family members and friends are welcome to join us for entertainment! Come share some time with your loved one.

March brings us Mardi Gras and St. Patrick's Day to celebrate, with parties for both. As the days begin to stay light longer, we will return to having as many outdoor activities as possible (weather permitting.)

We will be taking some residents to the Community Concert in March. Watch for photos next month!

We would like to take this time to send out a big thank you to our birthday cake baker and decorator, Deb Umland. Thank you, Deb, your cakes are amazing. Staff and residents thank you for helping us make birthday parties special. See you all next month!

Staff Entertain





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Birthdays

• Geraldine "Gerry" Siemsen, Feb. 24

Admissions

- Vivian Belding, March 3
- Joan McKenzie, March 10
- Utha Furrow, March 15
- Ina Hill Carriker, March 16

Return home/transfer

Jack Westerhoff, Feb. 18

Deaths

Gardenside was saddened by the death of 1 resident in the past month. Our sympathy is with the families of:

• Shirley Zenger, Feb. 2

Our Team to Serve You

Chief Executive Officer Holly Wolff, MHA Administrator Temporary Interim, Deb Sutton, RN Director of Nursing—Laura DeBoer RN Assistant DON-Anne Itzen RN MDS Coordinator & Infection Preventionist — Tara Sasse RN Social Services Coordinators—Mary Feldkamp Activities Coordinators Wayne Franzen, Nate Behrends Rehabilitation Aide Karen Spilker Dietitian Lisa Edeal, Cassie Whitmore Pharmacy Director Brandon Bleich, PharmD Facilities Director—Patrick Hoins

Facilities Director—Patrick Holls
Facilities Supervisor—Mick Bruce
Director of Envir. Services— Steph McDaniel,
Housekeeping/laundry supervisor—
Melissa McBride
Director of Purchasing

Jennifer Jung

<u>Director of Public Relations</u>

Lana Likens

Most recent state survey:
In a folder on east side of the wall by the
Activity Room.

E-mail: wayne.franzen@JCHealthandLife.org Website: JCHealthandLife.org

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P.O. Box 277, Fairbury, NE 68352, call Lana Likens at
402-729-6855, or email
lana.likens@jchealthandlife.org.

Please help us keep residents safe

We ask all visitors to please be aware that not all Gardenside residents are able to leave Gardenside without staff or family assistance. If a resident asks you to open a door to go out of the facility, please check with staff before helping them. If you see a Gardenside resident outside of the facility unaccompanied by staff or family, please notify Gardenside. Thank you for your assistance!

Weather changes mean wardrobe changes

As we get closer to spring, we encourage families to take a look at your loved ones' clothing supplies. Season changes are a good time to make sure your loved ones have the appropriate clothing for the season. We are looking forward to more nice days and opportunities to spend some time outside.

Please make reservations for Easter meals

We welcome family members joining your loved ones for Easter meals. Please make reservations a few days in advance to allow us to prepare for seating and meals. You may pick up lunches in the JCH&L cafeteria. (Suppers you will need order from the kitchen.) Please let social services or the nurses know your plans.

Results of the most recent state survey are available on the east side of the wall by the Activity Room.

Nurse staffing hours are posted west of the nurses station.

Pretty activity calendar goes here

Menus go here

If you would like to join us for a meal, please let us know a few days in advance by calling 402-729-6849 so we can plan for food and space. Regular meals are \$5 (tax included) and holiday meals are \$10 (tax included.) You will pick up meals and pay for them in the JCH&L cafeteria.

New activities test residents' skills













Residents try out table hockey



Family members congratulate new King and Queen



Masking Ends for Visitors

After a long stretch of high levels of community respiratory illness which required masking of visitors and residents since mid-December, our masking requirements have been lifted. On Feb. 19 Gardenside allowed visitors to come into the facility without masks.

We thank everyone for their understand of the need to keep our residents as healthy as possible. We ask that everyone continue to NOT visit if they have symptoms of any illness.

Residents and Staff Paint Valentine Rocks











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**If you have a family member, friend or volunteer who would like to receive the newsletter, please have them call Lana Likens at (402) 729-6855 and ask to be added to the Gardenside mailing list. Please give name, address, and city state and ZIP.

The newsletter can also be found on our website at JCHealthandLife.org/locations/Gardenside, "download Gardenside News."