

## March Brings Many Activities, Many Smiles

**By Nate Behrends**

**Evening activity coordinator**

April? How? March came and went so fast! We celebrated Mardi Gras, St. Patrick's day and celebrated birthdays with Joan McKenzie, Vivian Belding, Ina Hill Carriker, and Utha Furrow. Ice cream and cake (by Deb Umland—thank you Deb!) were enjoyed by all residents to celebrate our March birthdays. We also had games, cooking classes and bus rides during the busy month.

Mary Link entertained with her guitar story-telling style, and Mark Irvin returned for a show of story weaving, guitar playing and singing. Both did a great job!

Joan McKenzie and Bruce Grummert traveled to the Fairbury High Musical "Mamma Mia!" They both enjoyed the show! Kudos to all who put in the hard work of putting on the show—the cast and crew were amazing!

Now we move into April, with Easter upon us. We will have an Easter egg hunt with the children from Preschool Learning Center, and hoping for a visit from a youth group at Grace Lutheran Church. We are taking some residents to a Husker softball game this month, and some will attend a Husker baseball game.

A new entertainer to Gardenside, John Johnson debuts here in April. Joe Taylor will make his crooning return in April to woo residents with his velvet voice. Bus rides to Crystal Springs and other places of interest let us see thousands of geese migrating and stopping off to refresh and as of this writing the pelicans have returned for a stop on their migration path. We plan to take as many trips to see the birds as possible, and will watch the growth of the Canada Geese as they begin to pair up.

We will celebrate April birthdays on April 8 with cake and ice cream, and invite family members to come join us. In April we will celebrate Bruce Grummert, Florence Hein, Roger Junker, Gilbert Davis, Dorothy Reid, Mike Slater, Janis Westerhoff and Dorothy Hoops.

A big thank you to all who support Gardenside. Also a big thank you to our CNAs and nurses who do a great job caring for our residents!



*Participating in a leprechaun bean bag toss are (from left) Bruce Grummert, Jack Westerhoff and Janis Westerhoff.*

### Planning to Join us for Easter Dinner?

*Families are welcome to join their loved ones for Easter dinner at Gardenside. Please let the nursing staff know by Tuesday, April 15, so we can make appropriate arrangements for seating and food. Please note that holiday meals are \$10 each. Noon meals will be picked up and paid for by the family in the cafeteria. Evening meals will be delivered to Gardenside by the kitchen.*

## Entertainment



**Linda Bundy entertains in the day room.**

## Admissions

- Gilbert Davis, March 3
- Sylvia Shoemaker, March 10
- Elva Smith, March 11
- Maurice Wiggans, March 18
- Judy Troxel, March 20
- Dorothy Hoops, March 25



## Deaths

Gardenside was saddened by the death of 4 resident in the past month. Our sympathy is with the families of:

- Melody York, Feb. 28
- Melvin "Mick" Melander, March 4
- Darlene Keuten, March 5
- Maurice "Rodeo" Wiggans, March 23

### Our Team to Serve You

Chief Executive Officer

Holly Wolff, MHA

Administrator

Temporary Interim, Deb Sutton, RN

Director of Nursing—Laura DeBoer RN

Assistant DON—Anne Itzen RN

MDS Coordinator & Infection Preventionist—

Tara Sasse RN

Social Services Coordinators—Mary Feldkamp

Activities Coordinators

Wayne Franzen, Nate Behrends

Rehabilitation Aide

Karen Spilker

Dietitian

Lisa Edeal, Cassie Whitmore

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Patrick Hoins

Facilities Supervisor—Mick Bruce

Director of Envir. Services—Steph McDaniel,

Housekeeping/laundry supervisor—

Melissa McBride

Director of Purchasing

Jennifer Jung

Director of Public Relations

Lana Likens

**Most recent state survey:**

In a folder on east side of the wall by the  
Activity Room.

**E-mail:** [wayne.franzen@JCHealthandLife.org](mailto:wayne.franzen@JCHealthandLife.org)

**Website:** [JCHealthandLife.org](http://JCHealthandLife.org)

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**are free.** To subscribe

or unsubscribe, write: Gardenside News,  
P.O. Box 277, Fairbury, NE 68352, call Lana Likens at  
402-729-6855, or email  
[lane.likens@jchealthandlife.org](mailto:lane.likens@jchealthandlife.org).

## Memorial Service Added

Gardenside has begun offering a monthly memorial service for any residents who have passed away in the month prior. In March, we honored those who had passed this year. We remembered: Reuben Pribyl (Jan. 17), Shirley Zenger (Feb. 2), Melody York (Feb. 28), Melvin "Mick" Melander (March 3), and Darlene Keuten, (March 5.) It is often difficult for residents to be at services, and it is important for them to have an opportunity to honor their neighbors and friends.

Friends, family and volunteers are welcome to join us for this monthly service. It is scheduled for the third Monday of each month at 10 a.m. in the day room.

### Thanks for your patience with construction!

We are working on renovations of the day room, and are very excited to see the results. However, we all know improvements take work—and sometimes noise and mess. We apologize for the inconvenience, but thank you for our patience. Work to our day room and courtyards has begun, and we will keep at it step by step! If you have any questions or concerns, don't hesitate to ask Laura DeBoer.

Results of the most recent state survey are available on the east side of  
the wall by the Activity Room.

Nurse staffing hours are posted west of the nurses station.



# April 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1 10:00 Wheel of Fortune 2:00 BINGO 6:45 Pitch	2 10:00 Balloon Tennis 2:00 Bus Ride 6:45 Virtual Trip to Europe	3 10:00 Coffee with Kitty 2:00 Current Events	4 10:00 Fancy Nails 2:00 Social Hour 6:45 Bus Ride	5 <b>Go Outside!</b>
6 <b>Church</b> <b>Radio/ T.V.</b>	7 10:00 Pitch 3:00 John Johnson 6:45 Crossword	8 10:00 Paint Easter Rocks 2:00 Bus Ride 6:45 Spring Jingo	9 10:00 Make Easter Baskets 2:00 Birthday Party 6:00 Husker Softball	10 10:00 Bible Trivia 2:00 Current Events	11 10:00 One on Ones 2:00 Social Hour 6:45 Bus Ride	12 <b>Watch the Birds!</b>
13 <b>Church</b> <b>Radio/ T.V.</b>	14 10:00 Pitch 11:00 Ladies Group 2:00 Bus Ride 6:45 Crossword	15 10 a.m. Preschool egg hunt 2:00 St. Michael's BINGO 6:45 Pitch	16 10:00 Balloon Tennis 2 p.m. Preschool egg hunt 6:45 Sing Along with Nate	17 10:00 Bible Trivia 10:45 Pastor Emery 2:00 Current Events	18 10:00 Fancy Nails 2:45 Social Hour 6:45 Bus Ride	19 <b>Read a Good Book!</b>
20 <b>Happy Easter</b>	21 10:00 Memorial Seive 1:30 Resident Council 2:00 Bus Ride 6:45 Crossword	22 10:45 Pastor Hart 3:00 Joe Taylor 6:45 Pitch	23 10:00 Frog Pond 2:00 Work on May Day Baskets 6:45 Bus Ride	24 10:00 Songs and Prayer 2:00 Current Events	25 10:00 Wheelchair Walks 2:00 Social Hour 6:45 Crossword	26 <b>Write a Letter to a Friend!</b>
27 <b>Church</b> <b>Radio/ T.V.</b>	28 10:00 Pitch 2:00 Fishing 6:45 Crossword	29 10:00 One on Ones 2:00 Work on May Day Baskets 6:05 Nebraska Baseball	30 10:00 Balloon Tennis 2:00 Sing Along with Nate 6:45 Movie	1 10:00 Songs and Prayer 2:00 Current Events	2 10:00 Wheelchair Walks 2:00 Social Hour 6:45 Crossword	3

**HAPPY BIRTHDAY**

**Roger 6th** **Florence 7th** **Gilbert 7th**

**Dorothy R. 7th** **Dorothy H. 12th** **Bruce 13th**

**Mike 18th** **Janis W. 19th**

# April 2025

## Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<i>1</i> L: Pork roast and kraut S: Hamburger pizza	<i>2</i> L: Tator tot casserole S: Pork fritter	<i>3</i> L: Chicken cordon bleu S: Lasagna	<i>4</i> L: Hot turkey sandwich with gravy S: Steak fingers	<i>5</i> L: Oven fried chicken S: Bratwurst on bun
<i>6</i> L: Mock filet mignon S: Fish sticks	<i>7</i> L: BBQ meatballs S: Cranberry chicken salad sandwich	<i>8</i> L: Virginia turkey roast S: Reuben	<i>9</i> L: Stuffed green pepper casserole S: BLT sandwich	<i>10</i> L: Beef tips with peppers and onions S: Fairbury hot dog	<i>11</i> L: Shrimp alfredo S: Boneless barbecue wings	<i>12</i> L: Glazed ham S: Patty melt
<i>13</i> L: Glazed meatloaf S: Chicken tenders	<i>14</i> L: Chicken fried chicken S: Smoked pork on bun	<i>15</i> L: Swiss steak S: Fried Shrimp	<i>16</i> L: Liver and onions S: Philly cheese steak sandwich	<i>17</i> L: Salmon patty S: Steak fingers	<i>18</i> L: Breaded fish au gratin S: Chicken Parm	<i>19</i> L: Chef salad S: BBQ Meatballs
<i>20</i> L: Easter dinner S: Polish sausage on bun	<i>21</i> L: Beef tacos S: chicken lasagna	<i>22</i> L: Creamy Swiss chicken S: Sloppy joe	<i>23</i> L: Meatloaf S: Turkey club on croissant	<i>24</i> L: Chicken teriyaki S: Pork roast	<i>25</i> L: Oven fried fish S: Chili	<i>26</i> L: Roast beef S: Chicken tender salad
<i>27</i> L: Bacon wrapped chopped steak S: Salmon loaf	<i>28</i> L: Pork tenderloin S: Spagetti and meat sauce	<i>29</i> L: Chicken stir fry S: Cream chicken and biscuits	<i>30</i> L: Chicken Fried Steak S: Pizza			

Guests are welcome to join us for meals. To make planning easier, please notify the charge nurse a day or two in advance if you will join us for a meal. Please pay for guest meals in the cafeteria. Guest meals are \$5 (tax incl.) Guest meals are not billed to resident rooms. Thank you!

If you would like to join us for a meal, please let us know a few days in advance by calling 402-729-6849 so we can plan for food and space. Regular meals are \$5 (tax included) and holiday meals are \$10 (tax included.) You will pick up meals and pay for them in the JCH&L cafeteria.



## *Leprechaun Game Brings Laughs*



*From left, Beverley Leseburg, Darlene Rehm, Ina Hill Carricker, Don Mahlman, Norris Gold, Bruce Grummert,, Jack Westerhoff, Janis Westerhoff, and Lois Wrigley.*



*Above, Gilbert Davis puts a whipped cream pie o Wayne Fanzen's face. Right, Wayne, post-pie. Far right, Lois Wrigley put the pie on the face of Tara Sasse, RN, and the two enjoy a laugh.*





# Bingo with Miss Jefferson County and Children



*Top left, Beverly Lesbeurg and visiting children; Top right, Miss Jefferson calls bingo for the group. Middle left, children and residents play bingo together. Middle right, Mike and Jan Slater and visitors. Bottom, Jack Westenhoff, Virgil Wasserman, and staff member Kristynn are joined by visiting children.*



## *Celebrating Social Services Month in March*

During March, we have celebrated social services month. Mary Feldkamp has been working alone in the department since we have been working to hire another Social Services staff member. We thank Mary for all of her extra work in meeting the needs of our residents. Social workers in long-term care facilities serve as a bridge between residents, families and the health care team; ensure emotional, social and psychological needs are met; provide support and advocacy for residents and families; help residents adjust to life in their new home (whether short- or long-term); provide supportive counseling; and assist with Medicaid applications and paperwork.

We honored Mary with a meal for staff, treats for residents and a gift basket. Thank you, Mary, for all you do for all of us!

*Social Services Designee  
Mary Feldkamp holds  
her cake as residents  
Mark Schmidt and  
Gilbert Davis look on.*



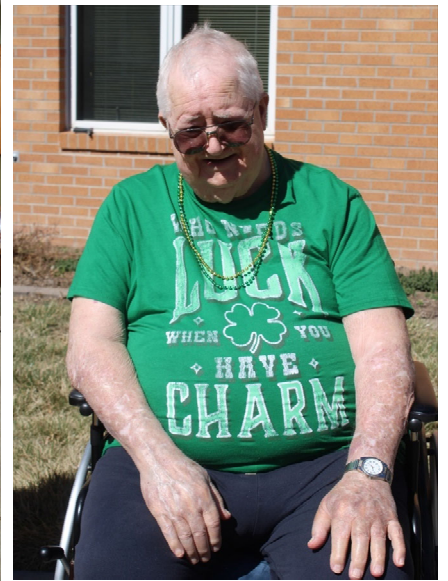
## **Residents Enjoy Entertainment**



*In the front row watching  
Mary Link are, from left,  
Faye Francis, Jack and  
Janis Westerhoff, Connie  
and Don Mahlman, and  
Mike Slater.*



## More March Fun



*Top left, Bruce Grummert, Ina Hill Carricker, Joan McKenzie, Darlene Rehm, Janis Westerhoff and Wayne Franzen decorate cupcakes. Top right, Mike Slater shows his St. Patrick's Day shirt. Middle, decorating cupcakes, from left, Darlene Reh, Janis Westerhoff, Bev Leseburg and Lois Wrigley.*



*Above, Janis Westerhoff in her St. Patrick's Day attire. Janice Churchill, Mary Adkins and Wayne decorate.*



# Thank you note from a family

*Dear Gardenside staff,*

*We want to extend our deepest gratitude for the care, kindness and dedication you have shown to our father (Melvin "Mickey" Melander).*

*Your hard work, patience, and the love you put into caring for him and all the residents do not go unnoticed. It takes a special kind of person to do what you do every day, and we truly appreciate all that you do and have done to keep him comfortable, safe, and well cared for.*

*We thank you from the bottom of our hearts for making a difference in his life and ours.*

*Thank you! The entire Melander family*

## *Our thanks ....*

Thank you to Mitch Zabokrtsky for a donation of \$500 to the activity department. Donations like these help us to provide excellent entertainment and lots of fun activities for our residents! Thank you, Mitch!

To several residents who were willing to allow the radio station to record their thoughts about Gardenside. Listen for Lois, Darlene, Bruce and Don on KUTT 99.5!

## Looking forward to Nursing Home Week in May!

Nursing home week 2025 is May 11-17—and we will extend our celebration to May 18. The theme of this year's celebration is Tapestry of Life—celebrating the meaningful stories that make up each person's journey. We celebrate residents, their families and our staff—each adding a unique thread that is woven into a vibrant tapestry. The theme celebrates the connections, resilience and strength that unite us all.

We are already planning for this special week—with meals, activities, and concluding with our third annual car show. We hold the car show in our parking lot in a joint project with Heritage Care Center. It is a fund-raiser, and the funds that are raised go to help residents at Gardenside and Heritage—activities, entertainment, gifts, etc. If you'd like to show a car, be a sponsor or donate in any way, please let us know! No matter what, we hope you join us on May 18 from 12 p.m. to 3 p.m. Admission is free—the cars are awesome—and there will be food available.

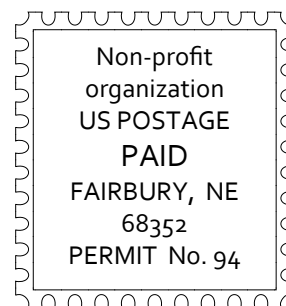
**We are asking families to send a baby photo of each resident that we can scan in and use in a special display, where will try to connect each resident with their baby picture.**

More details on Nursing Home week to come!





2200 H St. P.O. Box 277  
Fairbury, NE 68352



CHANGE SERVICE REQUESTED

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***Photos Inside!***

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**Happy Birthday!**



Happy March birthdays to (from left) Vivian Belding, Ina Hill Carricker, Joan Mckenzie, and Utha Furrow (not pictured.)

***Happy  
April Birthdays!***

- Roger Junker, April 6
- Gilbert Davis, April 7
- Florence Hines, April 7
- Dorothy Reid, April 7
- Dorothy Hoops, April 12
- Bruce Grummert, April 13
- Keith "Mike" Slater, April 18
- Janis Westerhoff, April 19

