

Car Show Finale of Nursing Home Week

By Nate Behrends
Evening Activities

May 2025 is in the books. Gardenside “Downs” hosted our version of the Kentucky Derby, with stick horses were raced by staff (and a family member!) See photos on page 2. Bill Chrastil returned for a show, and was entertaining as always. Mike McCracken entertained during nursing home week. Billy Troy came back to entertain, and boy does he know how to perform. Root beer floats were served, and Kids Connection came to do activities with the residents. We are excited that they are planning several trips here this summer. Five birthdays were celebrated this month with cake and ice cream: Norris Gold, Carol Hart, Beverly Leseberg, Elva Smith and Lois Wrigley. St. Michaels ladies came in and played bingo and Pastor Emery and Pastor Hart each led a service. Coffee with Kity was also held. We enjoyed bus trips to Crystal Springs to see the geese and goslings and to Dr. Winters farm to see horses and foals.

Nursing home week was full of activities. A picture tapestry hung as stories were told. Quilt splotches were a fun project as residents and staff put their handprints on the splotches. A quilt will be completed from the squares and hung in the facility for all to enjoy. Residents experienced a sensory garden of fragrant flowers and fresh herbs. Staff and residents shared some cultural favorite foods as a snack one afternoon. Fun came indoors with some outdoor games. We even had homemade ice cream. We ended a very busy Nursing Home Week with our 3rd Annual car show on Sunday, May 18.

June has Mike Mccracken and Bill Chrastil returning to perform. A melon feed and homemade ice cream will be on the snack menu. Some residents and staff will be attending a Saltdogs game in June. And there will be lot of other fun and interesting activities to fill the month.

Until next time, God Bless



Car show winners— Car show winners (Top 10, Residents’ Choice and Judges Choice) all pose for a group shot with our “trophy girl” Lois Wrigley, seated front and center.



Derby— Dale Hill (son of resident Ina Hill-Carriker), and staff members Anne Itzen and John Ward compete in the Gardenside Derby.

Our own Derby!



Above, Nate Behrends gives prizes to Gardenside Derby winners John Ward, Dale Hill, and David Wroughton. At right, Lois Wrigley sports a Derby hat for the event.



Admissions

- Idonna Gaston, May 14
- Clarence Musil, May 19
- Linda Achtemeier, May 21

Birthdays

- Ervin Hennerberg, June 3
- Virgil Wasserman, June 18
- Dona Glenn, June 22

Anniversaries

- Don and Connie Mahlman, June 25
- Norris and Jan Gold, June 27

Deaths

Gardenside was saddened by the death of 1 resident in the past month. Our sympathy is with the family of:

- Darlene Rehm, May 6

Our Team to Serve You

Chief Executive Officer

Holly Wolff, MHA

Administrator

Temporary Interim, Deb Sutton, RN

Director of Nursing—Laura DeBoer RN

Assistant DON—Anne Itzen RN

MDS Coordinator & Infection Preventionist—

Tara Sasse RN

Social Services Coordinators—Mary Feldkamp

Activities Coordinators

Wayne Franzen, Nate Behrends

Rehabilitation Aide

Karen Spilker

Dietitian

Lisa Edeal, Cassie Whitmore

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Patrick Hoins

Facilities Supervisor—Mick Bruce

Director of Envir. Services—Steph McDaniel,

Housekeeping/laundry supervisor—

Melissa McBride

Director of Purchasing

Jennifer Jung

Director of Public Relations

Lana Likens

Most recent state survey:

In a folder on east side of the wall by the Activity Room.

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Website: JCHealthandLife.org

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or unsubscribe, write: Gardenside News, P.O. Box 277, Fairbury, NE 68352, call Lana Likens at 402-729-6855, or email lane.likens@jchealthandlife.org.

Facetime and Skype

Facebook and Skype are available. Please schedule calls ahead of time to ensure staff availability to assist. To schedule a time, call (402) 729- 5220 (press 1)

Cap It Off!

In honor of Father's Day in June, we invite the families of our residents to bring a hat or cap with meaning to the men who are our residents. **Please bring a hat or cap by June 11. Please write something about the hat explaining the significance or story. Maybe it's a hat that your loved one has worn for work or play. Maybe it's for a favorite team. We will invite the residents to share if they'd like to say anything—and family is welcome to be present for the program and share, as well.** Bring some memories and "cap it off" in honor of Father's Day!



Results of the most recent state survey are available on the east side of the wall by the Activity Room.

Nurse staffing hours are posted west of the nurses station.

JUNE 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Church Radio/ T.V.	2 10:00 Pitch 2:00 Mike McCracken 6:45 Bus Ride	3 10:00 Wheelchair Walks 2:00 Fruit Kabobs 6:45 Pitch	4 10:00 Balloon Tennis 2:00 BINGO 6:45 Crossword	5 10:00 Coffee with Kathy 2:00 Current Events	6 10:00 National Donut Day! 2:00 Social Hour 6:45 Bus Ride	7 Walk Through the Courtvard!
8 Church Radio/ T.V.	9 10:00 Pitch 2:00 Melon Feed Kids Connection 6:45 Crossword	10 9:30-10 Lincoln Softball Game	11 10:00 Kids Connection 2:00 Cap It Off Hats (Fathers Day) 6:45 Bus Ride	12 10:00 The Chosen 2:00 Current Events	13 10:00 Fancy Nails 2:00 Happy Hour	14 Enjoy the Sunshine!
15 <i>Happy</i> FATHER'S Day	16 10:00 Memorial Service 1:30 Resident Council 2:00 BINGO 6:45 Old Glory	17 10:00 Pitch 1:15 Bill Christie 50's Day 3:00 Pictures with Truck	18 10:00 Balloon Tennis Kids Connection 2:00 Birthday Party	19 10:00 Bible Trivia 10:45 Pastor Emery 2:00 Current Events	20 <i>Little Summer</i> 10:00 Fancy Nails 2:00 Social Hour 6:45 Word Games	21 Admire the Flowers!
22 Church Radio/ T.V.	23 10:00 Pitch 2:00 Bus Ride or Roat Beer Floats 6:45 Crossword	24 10:45 Pastor Hart 2:00 St. Michael's Ladies Bingo 6:45 Pitch	25 10:00 Wheelchair Walks 2:00 Nate Singing 6:45 Music with Popcorn	26 10:00 Gardenside Chapel 2:00 Current Events	27 10:00 Fancy Nails 2:00 Social Hour 6:45 Crossword	28 Go Bird Watching!
29 Church Radio/ T.V.	30 10:00 Pitch 2:00 Ladder Ball 6:45 5 Senses	1	2	3	4	5



Happy Birthday!
Ervin 3rd Virgil 18th
Dona 22nd



June 2025

Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 L: Bacon wrapped chopped steak S: Tuna melt	2 L: Chicken stir fry S: Cream chicken and biscuits	3 L: Pork tenderloin S: Spagetti and meat sauce	4 L: Chicken Fried Steak S: Pizza	5 L: Sirloin tips with peppers and onions S: Fairbury hotdog on bun	6 L: Shrimp alfredo S: Boneless barbecue wing	7 L: Glazed ham S: Patty melt
8 L: Turkey roast S: Philly cheesesteak sandwich	9 L: Chicken enchilada S: Kielbasa	10 L: Chicken cordon bleu S: Goulash	11 L: Chef salad S: Sloppy joe	12 L: Runza casserole S: BBQ Rib sandwich	13 L: Beer battered fish S: Hot roast beef and Swiss sandwich	14 L: Salisbury steak S: Fried shrimp
15 L: Roast beef S: Pork fritter	16 L: BBQ meatballs S: Cranberry chicken salad sandwich	17 L: Virginia turkey roast S: Reuben	18 L: Stuffed green pepper casserole S: BLT sandwich	19 L: Brown sugar glazed ham S: Pancakes	20 L: Lasagna S: Chicken Caesar salad	21 L: Turkey tetrazzini S: Homemade pizza
22 L: Glazed meatloaf S: Chicken tenders	23 L: Chicken fried chicken S: Smoked pork on bun	24 L: Swiss steak S: Fried Shrimp	25 L: Liver and onions S: Philly cheese steak sandwich	26 L: Salmon patty S: Steak fingers	27 L: Breaded fish au gratin S: Chicken Parm	28 L: Chef salad S: BBQ Meatballs
29 L: Oven fried chicken S: Polish sausage on bun	30 L: Beef tacos S: chicken lasagna					

If you would like to join us for a meal, please let us know a few days in advance by calling 402-729-6849 so we can plan for food and space. Regular meals are \$5 (tax included) and holiday meals are \$10 (tax included.) You will pick up meals and pay for them in the JCH&L cafeteria.

Gardenside is receiving updates

We thank residents and families for their patience as we've been doing a variety of work at Gardenside!

An update to our west courtyard landscaping has been completed. Envision Landscape has done the work. The courtyard has had dirt work, landscaping, new plantings and rock. This was done using donations made to Gardenside for outdoor spaces and courtyards in memory of Elda Heidemann, Kristi McAuliff and Ronald Bear. We want to thank all of those families again for their gracious gifts.

We've also been painting and laying new carpet, and doing some minor remodeling in the day room. This is all part of the Christmas Mail project from fiscal 2024. We are nearing completion of this project, as well.

We hope you will like the new look! Thank you again for your patience!



Nursing Home Week Shirts

For Nursing Home week, May 11-17, JCH&L Gardenside staff got shirts that proclaim: "Residents are the sunshine of life!"

Staff love the sunshine our residents bring to our lives!



Third annual Car Show a Hit with Residents



Checking out the car show—to left, Norris and Jan Gold; top right, Becky Bellin and Bev Leseberg; Middle left, Bruce and Virgil Wasserman; middle right, Bruce Grummert, Morgan, and Ervin Hennerberg. Bottom, Dona Glenn.

Bringing Outdoor Games Indoors



Playing ladder ball, from top left: Dona Glenn, Nate Behrends and Bev Leseberg, Mary Adkins; Bottom, from left, Elva Smith, Mike Slater.



Special Food and Fun for Nursing Home Week



Top left, Dona Glenn, Don Mahlman and Lois Wrigley sample homemade ice cream and visit with Joy Gaston; top right, Janice Churchill is ready to taste the homemade ice cream as she visits with her daughter Carmen. Middle left, Beverly Leseberg, Lois Wrigley and Elva Smith sample homemade goodies from staff. Middle right, Dale Hill, Ina Hill-Carriker and Elva Smith enjoy entertainment. Bottom—so many memories in our tapestry!

Nursing Home Week Quilt and May Baskets Bring Smiles

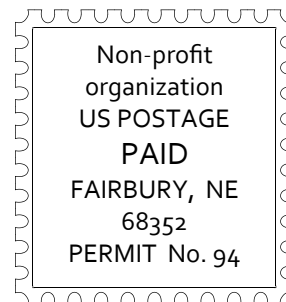


Making hand prints— Left, Natalie helps Dona Glenn paint her hand for a hand print to go on our quilt. Right, Tiff helps Elva Smith put her print on a quilt block.



May baskets—Left, Dorothy Reid gives a May Basket to Carissa Lufkin in Health Information Services. Right, residents Janice Churchill and Dorothy Reid deliver May baskets to staff at JCH&L, including Angela G., Jess D., Cindy E., Cindy L., Ashley H., and Annie K.

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CHANGE SERVICE REQUESTED

Photos Inside!

Happy Birthday!



Happy May birthdays to, from left, Norris Gold, Elva Smith, Lois Wrigley and Bev Leseberg. Not pictured, Carol Hart.