

Enjoying lots of fun summer activities

July, where did you go? Our Independence Day celebration on July 3 with Bobby Gadoury was fantastic for us. The fireworks were a blast this year with private donations making it the biggest so far. A special thank you to the Gold family and the anonymous donors, as well!

We had a new performer in July—John Worsham—who was an instant hit. We also went to the Jefferson County Fair for the dog show, rodeo and to see exhibits. Everyone enjoyed the trips to the county fair. A couple of residents attended a Saltdogs game on a perfect night for baseball. Homer the Haymarket Hound took time to take a photo with us. Rootbeer floats and watermelon feeds filled the lazy days of summer.

A big attraction right now is our new television and surround sound system. Old movies starring Herbie have been a big hit. Residents are looking forward to Husker football on the big screen.

Residents shucked some sweet corn brought in by Laura DeBoer, which were then prepared by our fabulous kitchen staff and enjoyed by residents. The Wilber Czeck Dancers performed for us as they prepare for the annual Czech Days in early August. Kids Connection and St. Michaels Altar Society joined us for Bingo.

We thank the nutrition services staff for working with us on letting performers use the dining room. It has been so nice to have performances there and there's a lot more room for residents to enjoy the entertainment.

We celebrated July birthdays with a party featuring cake and ice cream (and some visitors for the honorees.) July birthdays were Linda Achtemeier, July 17, and Lestie Whitehouse, July 29.

We will once again be attending a Saltdogs baseball game in August. Chris Sayre returns to entertain on Friday, Aug. 15, at 3 p.m. and Mary Link on Wednesday, Aug. 20, at 1 p.m. Everyone is welcome to attend entertainment! Kids Connection will be celebrating the end of summer with us this month with cake and ice cream.

Until next month, enjoy your summer!



Cheering on the Saltdogs— Don Mahlman, Wilma Knippelmeyer and Gardenside staff meet the Saltdogs mascot as they cheer on the team.

Church visit



Bev Leseberg and Joan McKenzie attended a performance of the Chungs at the First Christian Church.

Admissions

- Keith Snyder, July 10
- Lestie Whitehouse, July 15
- Helen Keen, July 22
- Jerry Duke, July 29

Return Home/Transfer

- Mike Swartz, June 28

Birthdays

- Helen Keen, Aug. 4
- Don Mahlman, Aug. 12

Deaths

Gardenside was saddened by the death of 4 resident(s) in the past month. Our sympathy is with the families of:

- Thelma Bartels, June 25
- Clarence Musil, July 8
- Geraldine Schreier, July 9
- Janice Churchhill, July 17

Our Team to Serve You

Chief Executive Officer & Administrator

Holly Wolff, MHA

Director of Nursing—Laura DeBoer RN

Assistant DON—Anne Itzen RN

MDS Coordinator & Infection Preventionist—

Tara Sasse RN

Social Services Coordinators—

Amanda Lewis, Mary Feldkamp

Activities Coordinators

Wayne Franzen, Nate Behrends

Rehabilitation Aide

Karen Spilker

Dietitian

Lisa Edeal, Cassie Whitmore

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Patrick Hoins

Facilities Supervisor—Mick Bruce

Director of Envir. Services—Steph McDaniel,

Housekeeping/laundry supervisor—

Melissa McBride

Director of Purchasing

Jennifer Jung

Director of Public Relations

Lana Likens

Most recent state survey:

In a folder on east side of the wall by the Activity Room.

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Website: JCHHealthandLife.org

Gardenside News is a monthly publication of Jefferson Community Health & Life. **Subscriptions are free.** To subscribe

or unsubscribe, write: Gardenside News, P.O. Box 277, Fairbury, NE 68352, call Lana Likens at 402-729-6855, or email lane.likens@jchealthandlife.org.

Facetime and Skype

Facebook and Skype are available. Please schedule calls ahead of time to ensure staff availability to assist. To schedule a time, call (402) 729-5220 (press 1)

Survey

JCH&L Gardenside asked residents and families to complete a satisfaction survey in May. Results showed that over all, residents and their families are very pleased with care—rating “I would recommend Gardenside to family or friends” an average 3.92 out of 4. Care received was rated an average 3.83 out of 4.

Laura DeBoer, RN, Director of Nursing, said food and activities were the areas most identified for improvement. Resident satisfaction with dining services was rated an average 3.3 out of 4. Questions about activities had an overall average rating of 3.63 out of 4.


“Although even our lowest ratings are good, we are working to find ways to better meet all of our residents’ needs in the areas of dining and activities,” DeBoer said.

Results of the most recent state survey are available on the east side of the wall by the Activity Room.

Nurse staffing hours are posted west of the nurses station.

August 2025



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------------------------|--|---|---|---|---|---------------------------------------|
| 27 | 28 | 29 | 30 | 31 | 1 10:00 Wheelchair Walks 2:00 Social Hour 6:45 Ole Glory | 2 Enjoy the Sunshine! |
| 3 Church Radio/ T.V. | 4 10:00 Pitch 2:00 Ladder Ball 6:45 Bus Ride | 5 10:00 Cover the Dice 2:00 Kids Connection Bingo 6:45 Finish the Line | 6 10:00 Wheelchair Walks 2:00 Birthday Party! 2:15 Fancy Nails 6:30 Movie Night | 7 10:00 Coffee with Kitty 2:00 Current Events | 8 10:00 Peel and Slice Peaches 2:00 Social Hour | 9 Watch a Ball Game! |
| 10 Church Radio/ T.V. | 11 10:00 Pitch 2:00 History of Dorothy Heller Hats 6:45 Crossword | 12 10:00 Price is Right 2:00 Farewell to Summer Cake & Ice Cream (Kids Connection) 6:45 This That & Everything | 13 10:00 Balloon Tennis 2:00 Twister Bean Bag Toss 6:45 Movie Night | 14 10:00 Bible Trivia 10:45 Pastor Emery 2:00 Current Events | 15 10:00 Have You Ever? 3:00 Chris Sayre 6:45 Bus Ride | 16 Walk Through the Garden! |
| 17 Church Radio/ T.V. | 18 10:00 Memorial Service 1:30 Resident Council 2:00 Ladder Ball 6:30 Bus Ride | 19 10:00 Resident Outing 2:00 St Michael's Ladies Bingo 6:45 Pitch | 20 10:00 Resident Outing 1:00 Mary Link 2:15 Fancy Nails 6:30 Movie Night | 21 10:00 Bible Trivia 2:00 Current Events | 22 10:00 One on Ones 2:00 Social Hour | 23 Visit with a Friend! |
| 24 Church Radio/ T.V. | 25 10:00 Pitch 2:00 Bingo 6:45 Crossword | 26 10:45 Pastor Hart 2:00 Bus Ride 6:45 Pitch | 27 10:00 Balloon Tennis 2:15 Fancy Nails 4:30 Salsadogs Game | 28 10:00 Gardenside Chapel with Kitty 2:00 Tailgate Party! | 29 10:00 Wheelchair Walks 2:00 Social Hour | 30 Work on a Puzzle! |
| 31 Church Radio/ T.V. |  <p>Happy Birthday!! Helen 4th Don 12th</p> <p>GONE FISHING TACKLE SHOP</p> | | | | | |

August 2025

Menu

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|---|--|--|
| | | | | | 1 L: Breaded fish au gratin S: Chicken Parm | 2 L: Chef salad S: BBQ Meatballs |
| 3 L: Oven fried chicken S: Polish sausage on bun | 4 L: Beef tacos S: chicken lasagna | 5 L: Creamy Swiss chicken S: Sloppy joe | 6 L: Meatloaf S: Turkey club on croissant | 7 L: Chicken teriyaki S: Pork roast | 8 L: Baked fish S: Chili | 9 L: Roast beef S: Chicken tender salad |
| 10 L: Bacon wrapped chopped steak S: Tuna melt | 11 L: Chicken stir fry S: Cream chicken and biscuits | 12 L: Pork tenderloin S: Spagetti and meat sauce | 13 L: Chicken Fried Steak S: Pizza | 14 L: Sirloin tips with peppers and onions S: Fairbury hotdog on bun | 15 L: Shrimp alfredo S: Boneless barbecue wing | 16 L: Glazed ham S: Patty melt |
| 17 L: Turkey roast S: Philly cheesesteak sandwich | 18 L: Chicken enchilada S: Kielbasa | 19 L: Chicken cordon bleu S: Goulash | 20 L: Chef salad S: Sloppy joe | 21 L: Runza casserole S: BBQ Rib sandwich | 22 L: Beer battered fish S: Hot roast beef and Swiss sandwich | 23 L: Salisbury steak S: Fried shrimp |
| 24 L: Roast beef S: Pork fritter | 25 L: BBQ meatballs S: Cranberry chicken salad sandwich | 26 L: Virginia turkey roast S: Reuben | 27 L: Stuffed green pepper casserole S: BLT sandwich | 28 L: Brown sugar glazed ham S: Pancakes | 29 L: Lasagna S: Chicken Caesar salad | 30 L: Turkey tetrazzini S: Homemade pizza |
| 31 L: Glazed meatloaf S: Chicken tenders | | | | | | |

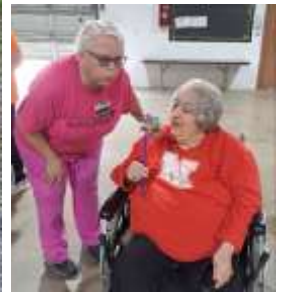
If you would like to join us for a meal, please let us know a few days in advance by calling 402-729-6849 so we can plan for food and space. Regular meals are \$5 (tax included) and holiday meals are \$10 (tax included.) You will pick up meals and pay for them in the JCH&L cafeteria.

Shucking Corn Leads to Yummy Treat



Shucking corn were, clockwise from top left—Vivian Belding, Bruce Grummert, Don Mahlman, Wilma Knippelmeyer, and Dona Glenn.

Visiting the Jefferson County Fair



Visiting the Jefferson County Fair were, from clockwise from to left—Bev Leseberg, Mike Slater and Lois Wrigley at a livestock show; Lois Wrigley and Bruce Grummert at the rodeo; Karen Spilker and Bev Leseberg in the merchants' building; Mike Slater and Wayne Franzen looking at school exhibits; and Lois Wrigley and Mary Feldkamp looking at photography exhibits.

Visiting the Jefferson County Fair



Checking out fair exhibits—top left to right: Lois Wrigley and Mike Slater. Middle left to right, Dorothy Reid (top), Lois Wrigley (bottom), Joan McKenzie, and Carol Hart.

Czech Dancers Perform



Residents enjoy a performance of the Czech Dancers as they prepare for Czech Days.

Fireworks and entertainment celebrate Independence Day



Gardenside celebrated on July 3 with entertainment by Bobby Gadoury and fireworks in the west parking lot.



We Love Our Volunteers!

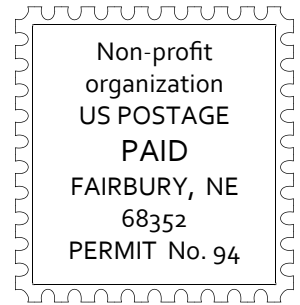


Volunteer Rhonda McDaniel does Dona Glenn's nails.



Dorothy Reid enjoys the music as volunteer Susan Allen plays in the dining room during a meal.

2200 H St. P.O. Box 277
Fairbury, NE 68352



CHANGE SERVICE REQUESTED

Photos Inside!

Amanda Lewis is Ready to Help Residents, Families

Amanda Lewis joined the staff of JCH&L Gardenside as a social services coordinator in May. She is working toward a degree in social work through the University of Nebraska-Kearney.

"It's important for me to meet residents and families where they are—emotionally, mentally, and physically. I approach each interaction with empathy, patience, and respect for each person's unique journey. I believe that everyone, regardless of age or ability, deserves to feel seen, heard and valued," Lewis said.

She said her goal is to help individuals recognize their worth, affirm that they matter, and remind them that they deserve comfort, dignity and good things in every stage of life.

Amanda grew up in Wilber and now lives in Beatrice with her husband and five children. Her hobbies include chickens, reading and her kids' sporting activities.

Residents and families can reach Amanda and Mary Feldkamp in the social services office at extension 4153 or 402-729-5220, extension 2.



Amanda Lewis