

August Offers Many Summer Activities

By Nate Behrends

Evening Activity Coordinator

August was full of activities from pitch to Bingo, ladderball, crosswords, and bus rides. A birthday party and entertainment also helped fill the days and nights.

Ladderball has been a favorite and Bingo always brings a crowd. On Aug. 28 we returned to tailgates as the Huskers traveled to Kansas City to take on the Bearcats of Cincinnati at Arrowhead Stadium. I wonder if Riola's look-alike had anything to do with that?

Chris Sayre came to play in the Dining Room and brought his A game as he played several instruments, sang a Husker song, and had everyone tapping their toes. Mary Link returned to entertain. She is a veteran performer here at Gardenside and had everyone singing along.

We celebrated birthdays this month with Helen Keen and Don Mahlman. Cake and ice cream were served as we celebrated and sang happy birthday.

Movie nights have been a big hit, with the old Disney movies putting smiles on everyone's face from Herbie to the Shaggy Dog on the big screen. With surround sound and popcorn, it's like our own little theater.

We enjoyed having students with us throughout the summer from Kids' Connection. They joined us in playing a variety of games and doing various activities.

Thank you to our pastors who come and serve—and to our volunteers who come and play during lunch. A big thank you to nutrition services staff for all the help with entertainment.

Our last Salt Dogs game for the season was attended by a couple of residents about the time of printing. Stay tuned next month for an update on whether the weather cooperated.

Next month brings a celebration of countries in conjunction with Cedarwood. During one we will bring different countries' cultures to Gardenside. If you have something to share about a particular country please contact Wayne or Nate to discuss how we can incorporate what you'd like to share. (See the calendar for which days we are celebrating which country.)

Entertainers in September will include Mike McCracken on Monday, Sept. 15, at 3 p.m. and Nate (yours truly) at 2 p.m. on Wednesday, Sept. 24.

Until next time, thanks for your continued support.



Bingo time—Kids' Connection students joined residents for Bingo. Don Mahlman and Bruce Grummert enjoy their company.

Happy Anniversary!



Jack and Janis Westerhoff celebrated their anniversary by sharing chocolate malts with everyone!

Our Team to Serve You

Chief Executive Officer & Administrator

Holly Wolff, MHA

Director of Nursing—Laura DeBoer RN

Assistant DON—Anne Itzen RN

MDS Coordinator & Infection Preventionist—

Tara Sasse RN

Social Services Coordinators—

Amanda Lewis, Mary Feldkamp

Activities Coordinators

Wayne Franzen, Nate Behrends

Rehabilitation Aide

Karen Spilker

Dietitian

Lisa Edeal, Cassie Whitmore

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Patrick Hoins

Facilities Supervisor—Mick Bruce

Director of Envir. Services—Steph McDaniel,

Housekeeping/laundry supervisor—

Melissa McBride

Director of Purchasing

Jennifer Jung

Director of Public Relations

Lana Likens

Most recent state survey:

In a folder on east side of the wall by the Activity Room.

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or unsubscribe, write: Gardenside News, P.O. Box 277, Fairbury, NE 68352, call Lana Likens at 402-729-6855, or email lane.likens@jchealthandlife.org.

Retirement party

**Retirement party for
Karen Spilker, Sept. 12, 2 p.m.
Gardenside Dining Room**

Staff News

Amanda Lewis, social services, has completed her Social Worker Designee certification (SSD.)

Amanda has also received State Health Insurance Assistance Program (SHIP) training to enable her to assist residents and their families with Medicare D. Reach out to her if you have questions about Medicare D enrollment. Her goal is to help residents choose a plan that best suits their needs.

Mary Feldkamp will be taking the restorative aide position when Karen Spilker retires in September. Mary has been with Gardenside for 6 years and has worked as a CNA and in social services. Prior to joining Gardenside, she worked as a CNA and restorative aide for another facility.

Results of the most recent state survey are available on the east side of the wall by the Activity Room.

Nurse staffing hours are posted west of the nurses station.

Admissions

- Fern Sell, Aug. 1
- Margaret Jones, Aug. 4
- Randy Brown, Aug. 18
- Richard Shellhorn, Aug. 20

Return Home/Transfer

- Jerry Duke, Aug. 1
- Lois Wrigley, Aug. 11
- Wilma Knippelmeyer, Aug. 13
- Fern Sell, Aug. 22

Deaths

Gardenside was saddened by the death of 3 residents in the past month. Our sympathy is with the families of:

- Roger Junker, Aug. 5
- Florence Hines, Aug. 16
- Robert Weers, Aug. 26

Birthdays

- John "Jack" Westerhoff — Sept. 18
- Mary Adkins—Sept. 27

SEPTEMBER 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Church Radio/ T.V.	1 Labor Day 10:00 Pitch 2:00 Virtual Tour to China 6:45 Crossword	2 10:00 Frog Pond 2:00 Bingo	3 10:00 Balloon Tennis 2:00 Cooking Class (Tasty Snack Mix) 2:15 Fancy Nails 6:30 Movie Night	4 10:00 Coffee with Kitty 2:00 Current Events	5 10:00 Cover the Dice 2:00 Tailgate 6:45 Word Games	6 Nebraska vs. Akron 6:30 P.M.
7 HAPPY Grandparents DAY	8 10:00 Pitch 2:00 Virtual Tour to China 6:45 Crossword	9 10:00 Wheel of Fortune 2:00 Virtual Tour to Italy 6:30 Bus Ride	10 10:00 Balloon Tennis 3:00 Dulcimers 6:30 Movie Night	11 10:00 Bible Trivia 2:00 Virtual Trip to Ireland 2:15 Fancy Nails	12 10:00 Wheelchair Walks 2:00 Karen's Retirement Party 6:45 Ole Glory	13 Nebraska vs. Houston Christian 11 A.M.
14 Church Radio/ T.V.	15 10:00 Memories Service 1:30 Resident Council 3:00 Mike McCracken 6:45 Jingo	16 10:00 Work on Fall Craft 2:00 St. Michael's Ladies Bingo 6:45 Pitch	17 10:00 Balloon Tennis 2:00 Birthday Party 6:30 Movie Night	18 10:00 Bible Trivia 10:45 Pastor Emery 2:00 Current Events	19 10:00 Bus Ride 2:00 Home Coming 6:30 Bus Ride	20 Nebraska vs. Michigan 2:30 P.M.
21 Church Radio/ T.V.	22 hello Fall 10:00 Pitch 2:00 Cooking Class (Pumpkin Snack Mix) 6:45 Crossword	23 10:45 Pastor Hart 2:00 Bingo 6:30 Pitch	24 10:00 Balloon Tennis 2:00 Note Sings 2:45 Fancy Nails 6:30 Movie Night	25 10:00 Gardenside Chapel 2:00 Current Events	26 10:00 Frog Pond 2:00 Tailgate 6:45 Headbands	27 Go Outside!
28 Church Radio/ T.V.	29 10:00 Pitch 2:00 Ladderball	30 10:00 Fall Craft 2:00 Bingo	1 10:00 Pitch 2:00 Ladderball	2 10:00 Gardenside Chapel 2:00 Current Events	3 10:00 Frog Pond 2:00 Tailgate 6:45 Headbands	4 Go Outside!



September 2025

Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 L: Chicken fried chicken S: Smoked pork on bun	2 L: Swiss steak S: Fried Shrimp	3 L: Liver and onions S: Philly cheese steak sandwich	4 L: Salmon patty S: Steak fingers	5 L: Breaded fish au gratin S: Chicken Parm	6 L: Chef salad S: BBQ Meatballs
7 L: Oven fried chicken S: Polish sausage on bun	8 L: Beef tacos S: chicken lasagna	9 L: Creamy Swiss chicken S: Sloppy joe	10 L: Meatloaf S: Turkey club on croissant	11 L: Chicken teriyaki S: Pork roast	12 L: Baked fish S: Chili	13 L: Roast beef S: Chicken tender salad
14 L: Bacon wrapped chopped steak S: Tuna melt	15 L: Chicken stir fry S: Cream chicken and biscuits	16 L: Pork tenderloin S: Spagetti and meat sauce	17 L: Chicken Fried Steak S: Pizza	18 L: Sirloin tips with peppers and onions S: Fairbury hotdog on bun	19 L: Shrimp alfredo S: Boneless barbecue wing	20 L: Glazed ham S: Patty melt
21 L: Turkey roast S: Philly cheesesteak sandwich	22 L: Chicken enchilada S: Kielbasa	23 L: Chicken cordon bleu S: Goulash	24 L: Chef salad S: Sloppy joe	25 L: Runza casserole S: BBQ Rib sandwich	26 L: Beer battered fish S: Hot roast beef and Swiss sandwich	27 L: Salisbury steak S: Fried shrimp
28 L: Roast beef S: Pork fritter	29 L: BBQ meatballs S: Cranberry chicken salad sandwich	30 L: Virginia turkey roast S: Reuben				

If you would like to join us for a meal, please let us know a few days in advance by calling 402-729-6849 so we can plan for food and space. Regular meals are \$5 (tax included) and holiday meals are \$10 (tax included.) You will pick up meals and pay for them in the JCH&L cafeteria.

Bingo with Kids' Connection

Enjoying Bingo with a Kids' Connection student are Lois Wrigley and Bev Leseberg.



Bingo time! Faye Francis, Dorothy Reid and Idonna Gaston enjoy the company of Kids' Connection students for some games of Bingo.

A Kids' Connection helper and student enjoy playing Bingo with Mark Schmidt.



Family members Join to Celebrate



Family members of Helen Keen and Don Mahlman help them celebrate their August birthdays.

Thank you note from a family

Gardenside Nursing Home Team,

On behalf of our family, we would like to extend our deepest gratitude for the incredible care you provided to our mother during her time at Gardenside. From her first days through the final moments, she was treated with dignity, compassion and a level of kindness that brought so much comfort. You not only care for her day-to-day needs, but provided her last days with so much comfort and beauty. For that, we will always be grateful.

To honor your dedication, our family would like to make a memorial gift. We ask that a portion of her gift be used specifically to recognize the amazing staff who cared so deeply for our mother and for us as her family. Their hard work, compassion and presence made all the difference in our family member's final journey.

Thank you again from the bottom of our hearts, for walking alongside us and for the loving care you provided to our mother. We will forever be grateful.

With so much love and respect,

The children of Janice Churchill

Russ and Jayne

David and Gail

Nate and Carmen, Taryn and Wyler

Enjoying Entertainment



Residents enjoyed entertainers in August.



Prepping Fresh Peaches



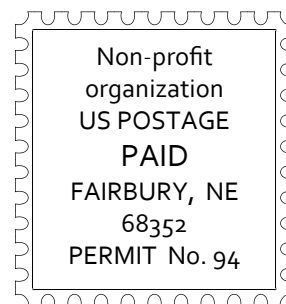
Top left, Wilma Knippelmeyer; top right, Bev Leseberg; Bottom left, Wilma Knippelmeyer, Beverly Leseberg, Mike Slater, Wayne Franzen and Bruce Grummert; Bottom right, Bruce Grummert.

Making Fruit Kabobs



Making fresh fruit kabobs—top from left, Lois Wrigley, Carol Hart, Idonna Gaston. Bottom, from left, Joan McKenzie, Wilma Knippelmeyer, Beverly Leseberg, Donna Glen, Bruce Grummert, Wayne Franzen.

2200 H St. P.O. Box 277
Fairbury, NE 68352



CHANGE SERVICE REQUESTED

Photos Inside!

Happy Birthday!



Happy August birthdays to Helen Keen and Don Mahlman