



FAIRBURY CAREGIVER SUPPORT GROUP

Thursday, Nov. 13, 2025 - 4:30 p.m.

PROGRAM: What is Sundowning in Dementia?

SECOND THURSDAY OF THE MONTH

JCH&L Clinic Conference Room

2200 H Street

Fairbury, NE 68352

Use Main Entrance

Questions???

Contact Lana Likens, 402-729-6855

lana.likens@jchealthandlife.org

Visit www.alz.org/nebraska to learn more about caregiver programs and resources. To further extend your network of support, visit ALZ connected, our online community, at alzconnected.org.

JEFFERSON COMMUNITY
Health & Life

Build a support system with people who understand.

Alzheimer's Association Nebraska Chapter Support Groups are conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.

 **ALZHEIMER'S
ASSOCIATION**
Nebraska Chapter

800.272.3900

alz.org/nebraska