

Residents Enjoy Many Christmas and Winter Activities

By Nate Behrends
Evening Activity Coordinator

Decemburr had a couple of cold spells and some windy spells, but we made it through with lots of festivities. Christmas was celebrated all month, as all activities were centered around the Christmas spirit. As for tradition, we made cards to send off to different nursing homes, and did projects such as baking, painting decorations, making snowglobes, and making gingerbread houses. We played reindeer shoot, snowball roll, yarn-ball wind, and Christmas Olympics. We tasted some yummy hot chocolate and pie.

Mark Irvin returned to entertain, Bobby Gadoury played for our open house, the Parkers performed and Susan Dux played and sang for us, as well. We enjoyed all of the entertainment!

We took a couple of bus trips out to see lights at Crystal Springs, and everyone who went enjoyed the lights. Thank you to those from our community who set up the wonderful display!

Christmas with residents was a hit. Thank you to the JCH&L Auxiliary and to the community for providing gifts. Thank you to the families for providing goodies and meals for staff and residents.

January brings Paul Ramp back to Gardenside to entertain. Merrymakers brings Bill Chrastil (who will be here the day after Elvis' birthday). Tom Roth will return to perform for us again. I am a firm believer in the calming effect of music.

Thank you to all staff and residents for the care and support I have received as I recover from a leg injury. See you next year!



Santa pays a visit to Clarence Marschman and Ervin Hennerberg.

Variety of entertainment offered



Residents enjoyed a wide variety of entertainment in December, including The Parkers, left, and Mark Irvin, below.



Admissions

- Elizabeth "Liz" Nimmich, Dec. 1
- Mary Ann Klecan, Dec. 8

Birthdays

- Mary Sasse, Jan. 6
- Faye Francis, Jan. 8

Deaths

Gardenside was saddened by the death of 2 residents in the past month. Our sympathy is with the families of:

- Joyce Brantley, Nov. 25
- Margaret "Ann" Jones, Dec. 21

Facetime and Skype are available. Please schedule calls ahead of time to ensure staff availability to assist. To schedule a time, call (402) 729- 5220 (press 1)

Our Team to Serve You

Chief Executive Officer & Administrator
Holly Wolff, MHA

Director of Nursing—Laura DeBoer RN

Assistant DON—Heather Kracht, RN

Infection Preventionist—

Savannah Boomgaarn, LPN

Social Services Coordinators—

Amanda Lewis, Krystal Ward

Activities Coordinators

Wayne Franzen, Nate Behrends

Rehabilitation Aide

Mary Feldkamp

Dietitian

Lisa Edeal, Cassie Whitmore

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director— Judd Stewart

Facilities Supervisor—Chad Mans

Director of Envir. Services— Steph McDaniel

Housekeeping/laundry supervisor—

Melissa McBride

Director of Purchasing

Jennifer Jung

Director of Public Relations

Lana Likens

Most recent state survey:

In a folder on east side of the wall by the Activity Room.

E-mail: wayne.franzen@JCHHealthandLife.org

Website: JCHHealthandLife.org

Gardenside News is a monthly publication of Jefferson Community Health & Life. **Subscriptions are free.** To subscribe

or unsubscribe, write: Gardenside News, P.O. Box 277, Fairbury, NE 68352, call Lana Likens at 402-729-6855, or email lane.likens@jchealthandlife.org.

Thank you

- 🔔 To the JCH&L Auxiliary for funding for Christmas gifts for residents.
- 🔔 To community members who provided gifts for residents.
- 🔔 To the Fairbury United Presbyterian Church for gifts for residents.
- 🔔 To the Jefferson County Sheriff's office for a police escort for our veterans to the Veterans' Day ceremonies at Fairbury High School.
- 🔔 To the Daughters of the American Revolution (DAR) for goody bags for our residents who are veterans for Veterans' Day, and for Christmas gifts for our residents.
- 🔔 To American Legion Auxiliary Post 24 for fruit baskets for veterans.
- 🔔 To Fairbury FFA for fruit
- 🔔 To all families of residents who remembered residents and staff with goodies and visits during the holiday season. We had an overwhelming amount of food, treats and goodies provided to staff over the holidays. We appreciate these generous gestures of appreciation.
- 🔔 To Santa Claus (aka Pat Kujath) for coming to Gardenside!

New Medicare D Card

If your loved one is changing Medicare D plans for 2026, please share a copy or photo of the new card with Amanda or Krystal in social services.

Thank you!

Results of the most recent state survey are available on the east side of the wall by the Activity Room.
Nurse staffing hours are posted west of the nurses station.

JANUARY 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1 <i>Happy New Year!</i>	2 10:00 Don't Touch That Color 1:30 Social Hour 3:00 Paul Panto 6:45 Jingo	3 Visit With A Friend!
4 Church Radio/ T.V.	5 10:00 Pitch 2:00 Bingo 6:30 Movie Night	6 10:00 Ladder Ball 2:00 Knock the Solo Cup off Staff's Head 6:45 Jingo	7 10:00 Balloon Tennis 2:00 Birthday Party! 2:15 Fancy Nails 6:45 Everybody Knows	8 10:00 Coffee with Kitty 2:00 Current Events	9 10:00 Snowman Mason Jar Craft 2:00 Bill Chrostill 6:45 Headbands	10 Watch a Movie!
11 Church Radio/ T.V.	12 10:00 Pitch 2:00 Cooking Class (Banana Bread) 6:45 Movie Night	13 10:00 Cover the Dice 3:00 Tom Rolt 6:45 Pitch	14 10:00 Snowball Toss 2:00 Snowball Table Tic-Tac-Toe 2:15 Fancy Nails	15 10:45 Pastor Emery 2:00 Current Events	16 10:00 Wheel of Fortune 2:00 Arm Chair Travel - Brazil 6:45 Jingo	17 Read the Newspaper!
18 Church Radio/ T.V.	19 10:00 Memorial Service 1:30 Resident Council 2:00 National Popcorn Day! 6:45 Movie Night	20 10:00 Chicken Fiklin 2:00 St. Michael's Bingo 6:45 Ladder Ball	21 10:00 Balloon Tennis 2:00 Granny Panties 2:15 Fancy Nails 6:45 This That & Everything	22 10:00 Gardenside Chapel with Kitty 2:00 Current Events	23 10:00 Never Have I 2:00 Arm Chair Travel - Sweden 6:45 Old Glory	24 Write a Letter to a Friend!
25 Church Radio/ T.V.	26 10:00 Pitch 2:00 Marshmallow Transfer 6:45 Movie Night	27 10:45 Pastor Hart 2:00 Cooking Class (Cookies) 6:45 Pitch	28 10:00 Snowball Tennis 2:00 Hot Chocolate Bar 6:45 Crossword	29 10:00 Bible Trivia 2:00 Current Events	30 10:00 Don't Touch That Color 2:00 Social Hour 6:45 Headbands	31 Work on a Puzzle!



January 2026

Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 L: Tator Tot Casserole S: Pork Fritter	2 L: Hot turkey sandwich S: Steak fingers	3 L: Oven fried chicken S: Bratwurst on bun
4 L: Mock Filet Mignon S: Fish sticks	5 L: Hot roast beef sandwich S: Swedish meat balls	6 L: Chicken enchilada S: Chili, cinnamon roll	7 L: Sirloin tips with peppers and onions S: Chicken broccoli bake	8 L: Shrimp alfredo over noodles S: Chicken tenders	9 L: Baked fish S: Hot roast beef and Swiss sandwich	10 L: Chuckwagon Steak S: Hot turkey sandwich
11 L: Oven Fried Chicken S: Patty Melt	12 L: Beef stew S: Beer Batter Fish	13 L: Roast turkey S: Lasagna, garlic bread	14 L: Tacos S: Creamy chicken biscuit	15 L: Pork tenderloin, parmesan fried potatoes S: Chili, cinnamon roll	16 L: Fried shrimp S: Goulash	17 L: Roast beef S: Egg bake
18 L: BBQ Meatballs, au gratin hashbrowns S: Chef salad	19 L: Spagetti with meat sauce S: Fairbury Hot Dog	20 L: Roast turkey S: Homemade pizza	21 L: Beef broccoli stir fry S: Salmon loaf	22 L: Oven fried chicken S: BBQ Ribette	23 L: Shepherd's Pie S: Pork roast	24 L: Breaded ranch chicken S: Sloppy Joe
25 L: Pot roast, mashed potatoes and gravy S: Chicken tenders	26 L: Smothered Steak with onions S: Chicken Parmesan	27 L: Liver and onions S: Smoked Sausage	28 L: Beef stroganoff with noodles S: Chili, cinnamon roll	29 L: Baked ham S: Chicken fried chicken	30 L: Baked fish S: Turkey tetrazzini	31 L: Meatloaf S: Reuben

If you would like to join us for a meal, please let us know a few days in advance by calling 402-729-6849 so we can plan for food and space. Regular meals are \$5 (tax included) and holiday meals are \$10 (tax included.) You will pick up meals and pay for them in the JCH&L cafeteria.

Creating ornaments, cookies snow globes and gingerbread houses



Clockwise from top left—Pauline Hynek paints an ornament; Idonna Gaston decorates a cookie; Rhonda McDaniel assists as Bev Leseberg and Bruce Grummert work on gingerbread houses; Janis Westerhoff creates snow globes; Mary Ann Klecan is joined by family members in making a gingerbread house.

Santa Visits



Top, left to right— Santa visits Mary Sasse, Jack Westerhoff, and Virgil Wasserman, as staff member Samantha Starr looks on.



Middle, left to right—Santa visits Mary Ann Klecan and Pauline Hynek; and Bruce Grummert. Bottom, left to right, Santa visits June Weichel; and Don Mahlman as others open gifts.



Santa Visits



Clockwise from top left, Santa visits Carol Hart; Maudie Darling helps Dona Glenn open her gift; Dorothy Reid chats with Santa as she receives her gift; Santa visits Clarence Marschman; and wife Jan helps Norris Gold with his gifts.

Indoor snow activities held in December



Left, Don Mahlman prepares to launch a snowball in the indoor snowball fight as Mike Slater watches. Right, Bruce Grummert has his snowball ready for the indoor snowball fight.



Above, Clarence Marschman is ready to throw his snowball.



Left, Mary Ann Klecan and Bruce Grummert compete in the snow ball roll. Above, Don Malman and June Weichel compete in the snowball roll.

Residents mapping their routes while exercising

By Mary Feldkamp
Restorative Aide

New fun while participating in the restorative room. We have started a new distance destination program while using the Nu-step machine that measures each participant's distance. Each resident who uses the Nu-Step is asked if they would like to join. Then the participant decides where their destination will be, and we track their mileage. When they reach their destination, they are awarded a certificate with a treat. Their destination is tracked on the Nebraska map with their name and their destination town. We will be adding ambulation to this program in the near future.

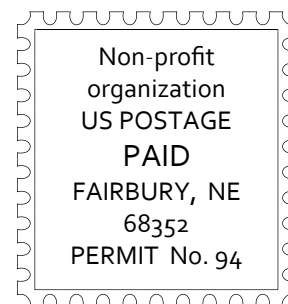


Don Mahlman and Norris Gold made it to their destination cities in Nebraska. Congratulations!

Staff and residents enjoy Wacky Wednesdays in December



2200 H St. P.O. Box 277
Fairbury, NE 68352



CHANGE SERVICE REQUESTED

Photos Inside!

Holiday Open House Held for Residents and Families



Residents enjoying their families at the open house are: top, left to right, Bev Leserberg, Virgil Wasserman, Mary Sasse; Bottom, Mark Schmidt, Jack Westerhoff, Mike Slater.