

## New activities join old favorites in January

**By Nate Behrends**  
**Evening Activity Coordinator**

January made us all shiver as several really cold days came during the winter month and made us glad we were indoors!

Paul Ramp started the month, returning to perform for Gardenside bringing his sons of yesterday. Next up was Bill Chrastil as Elvis as he celebrated the King's birthday month by bringing his renditions to life in the Gardenside dining room. Next up was Tom Roth, a Merry Maker Performer, brought to us by Dreamweaver Foundation. Linda Bundy also sang her way into everyone's hearts with some classic country hits. Nate finished the month, singing many favorites.

Many activities filled our days and nights: Bingo, ladderball, cooking class, snowball toss, granny pants, armchair travel, movie night, and of course watching the Husker mens' and women's basketball games. We tried some new games—like "Don't Touch that Color" beanbag, granny pants, snowball tick tac toe and William Tell. Tweedle Dee and Tweedle Dum made an appearance, inspired by the new game granny pants. We were able to take a couple of bus rides while the weather was nice. The bus went to see the longhorns, the horses and foals, and of course to see the geese at Crystal Springs.

The January birthday party honored Mary Sasse and Faye Francis. Thank you to Deb Umland for the delicious birthday cakes.

Next month brings many fun events. We will celebrate Groundhog Day, the Superbowl, Fat Tuesday (leading into Mardi Gras), and we will feature entertainers Bill Chrastil and Dream Weaver foundation presents Dave Berman, a Merrymaker Performer. National Chocolate day and National Banana Bread Day sound yummy. And we can't forget Valentine's Day. The crowning of our king and queen this year will be on Friday, Feb. 13.

Families are welcome to come join us for any of our events. Check the schedule on page 3 of this newsletter. Until next time, thank you for your support!



*Playing granny pants are from front, Jan Slater, Mike Slater, Bev Leseberg, Dona Glenn, Mary Adkins, and Keith Snyder.*

## Krystal Ward Earns Social Service Certification

Krystal Ward has received 42 contact hours and successfully completed Social Service Designee Training. Krystal meets the DHHS requirements to be an SSD for Gardenside.

Krystal has been with JCH&L since January 2009, and joined Amanda Lewis in the social services department at Gardenside in October 2025.

Congratulations, Krystal!



## Admissions

- Mary Jo Moyer, Jan. 5
- Barbara Hanlin, Jan. 14
- Donald Richardson, Jan. 19
- Vickie Curry, Jan. 27

## Birthdays

- No resident birthdays in February.

## Deaths

Gardenside was saddened by the death of 1 resident in the past month. Our sympathy is with the families of:

- Elizabeth "Liz" Nimmich, Jan. 9

Facetime and Skype are available. Please schedule calls ahead of time to ensure staff availability to assist. To schedule a time, call (402) 729- 5220 (press 1)

## Our Team to Serve You

### Chief Executive Officer & Administrator

Holly Wolff, MHA

### Director of Nursing—Laura DeBoer RN

### Assistant DON—Heather Kracht, RN

### Infection Preventionist —

Savannah Boomgaarn, LPN

### Social Services Coordinator— Amanda Lewis

### Social Services Designee — Krystal Ward

### Activities Coordinators

Wayne Franzen, Nate Behrends

### Rehabilitation Aide

Mary Feldkamp

### Dietitian

Lisa Edeal, Cassie Whitmore

### Pharmacy Director

Brandon Bleich, PharmD

### Facilities Director— Judd Stewart

### Facilities Supervisor—Chad Mans

### Director of Envir. Services— Steph McDaniel

### Housekeeping/laundry supervisor —

Melissa McBride

### Director of Purchasing

Jennifer Jung

### Director of Public Relations

Lana Likens

## Most recent state survey:

**In a folder on east side of the wall by the Activity Room.**

**E-mail: [wayne.franzen@JCHHealthandLife.org](mailto:wayne.franzen@JCHHealthandLife.org)**

**Website: [JCHHealthandLife.org](http://JCHHealthandLife.org)**

*Gardenside News is a monthly publication of Jefferson Community Health & Life. Subscriptions are free. To subscribe*

*or unsubscribe, write: Gardenside News, P.O. Box 277, Fairbury, NE 68352, call Lana Likens at 402-729-6855, or email [lane.likens@jchealthandlife.org](mailto:lane.likens@jchealthandlife.org).*

## Please don't visit if ill!

As seasonal illnesses make their rounds of the community during this winter season, we ask that you please do not visit if you have symptoms of illness. We are happy to make Facetime, Skype or phone calls available to you to keep in contact with your loved one.

## More facility updates

Thank you for your patience with many facility updates that we have done in the last year. The last segment of our renovation project is to update the activity and restorative rooms. In February, these areas will be redone with paint, carpet and desks. Please note that the restorative exercise programs may be altered during this time period. The main dining room floor will get new flooring and paint in the future, with the date to be determined.

Thank you for your continued patience as we continue to update our facility.

Results of the most recent state survey are available on the east side of the wall by the Activity Room.

Nurse staffing hours are posted west of the nurses station.

# FEBRUARY 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <b>Church</b> <b>Radio/ T.V.</b>	2 10:00 Pitch 2:00 Ground Hog Game 6:45 Movie Night	3 10:00 Snowball Tic-Tac- Toe 2:00 Bingo 6:45 T.V. Games	4 10:00 Balloon Tennis 2:00 Ladder Ball 2:15 Fancy Nails 6:45 Women's Basketball	5 10:00 Coffee with Kitty 2:00 Current Events	6 10:00 Super Bowl Party! 2:00 Social Hour 3:15 Bill Christill 6:45 Headbands	7 <b>Make a Valentine</b> <b>Card for a Loved</b> <b>One!</b>
8 <b>Super Bowl LX</b> <b>Seattle Seahawks vs.</b> <b>New England Patriots</b> 5:30 PM	9 10:00 Pitch 2:00 National Pizza/ Chocolate Day! 6:45 Movie Night	10 10:00 Make Valentine Bags 2:00 Bingo 6:45 NE Men's B-Ball	11 10:00 Valentine Rock Pairing 2:00 Cooking Class (strawberry Cookies) 2:15 Fancy Nails 6:45 Word Games	12 10:00 Gardenside Chapel with Kitty 2:00 Current Events NE Women's B-Ball	13 10:00 What Makes You Heart Happy! 2:00 Valentine King & Queen/ Party! 6:45 T.V. Games	14 <b>HAPPY</b> <b>Valentines</b> <b>DAY</b>
15 <b>Church</b> <b>Radio/ T.V.</b>	16 <b>MEMORIAL DAY</b> 10:00 Memorial Service 1:00 Resident Council 2:00 Presidents Trivia 6:45 Movie Night	17 10:00 Mardi Gras/ Fat Tuesday/ Paczi's 2:00 St Michael's Bingo 6:45 Old Glory 8:00 NE Men's B-Ball	18 10:00 Show & Tell 2:00 Ladder Ball 2:15 Fancy Nails 6:45 Jingo	19 10:45 Pastor Emery 2:00 Current Events 6:45 Community Concert 8:00 NE Women's B-Ball	20 10:00 Hoop Bowling 1:00 Broomweaver Foundation Presents David Bermon a ManyMalar Performer 6:45 T.V. Games	21 <b>Read a</b> <b>Romance Novel!</b>
22 <b>Church</b> <b>Radio/ T.V.</b>	23 10:00 Pitch 2:00 National Banana Bread Day 6:30 Movie Night	24 10:45 Pastor Hart 2:00 Ladder Ball 6:45 Word Games	25 10:00 Balloon Tennis 2:00 Bingo 2:15 Fancy Nails 6:00 NE B-Ball	26 10:00 Bible Trivia 2:00 Current Events	27 10:00 Strawberry Banana Snowmen 2:00 Social Hour	28 <b>Do What You</b> <b>Love Most!</b>
1	2	3	4	5	6	7



No February Birthdays!

# February 2026

## Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> L: Chicken Fried Steak S: Chicken Tenders	<b>2</b> L: Ham loaf S: Egg bake, sausage link and french toast sticks	<b>3</b> L: Pork roast and kraut S: Hamburger pizza	<b>4</b> L: Tator Tot Casserole S: Pork fritter	<b>5</b> L: Chicken Cordon Bleu S: Lasagna	<b>6</b> L: Hot turkey sandwich S: Steak fingers	<b>7</b> L: Oven fried chicken S: Bratwurst on bun
<b>8</b> L: Mock Filet Mignon S: Fish sticks	<b>9</b> L: Hot roast beef sandwich S: Swedish meat balls	<b>10</b> L: Chicken enchilada S: Chili, cinnamon roll	<b>11</b> L: Sirloin tips with peppers and onions S: Chicken broccoli bake	<b>12</b> L: Shrimp alfredo over noodles S: Chicken tenders	<b>13</b> L: Baked fish S: Hot roast beef and Swiss sandwich	<b>14</b> L: Chuckwagon Steak S: Hot turkey sandwich
<b>15</b> L: Oven Fried Chicken S: Patty Melt	<b>16</b> L: Beef stew S: Beer Batter Fish	<b>17</b> L: Roast turkey S: Lasagna, garlic bread	<b>18</b> L: Tacos S: Creamy chicken biscuit	<b>19</b> L: Pork tenderloin, parmesan fried potatoes S: Chili, cinnamon roll	<b>20</b> L: Fried shrimp S: Goulash	<b>21</b> L: Roast beef S: Egg bake
<b>22</b> L: BBQ Meatballs, au gratin hashbrowns S: Chef salad	<b>23</b> L: Spagetti with meat sauce S: Fairbury Hot Dog	<b>24</b> L: Roast turkey S: Hamemade pizza	<b>25</b> L: Beef broccoli stir fry S: Salmon Patty	<b>26</b> L: Oven fried chicken S: BBQ Ribette	<b>27</b> L: Shepherd's Pie S: Pork roast	<b>28</b> L: Breaded ranch chicken S: Sloppy Joe

If you would like to join us for a meal, please let us know a few days in advance by calling 402-729-6849 so we can plan for food and space. Regular meals are \$5 (tax included) and holiday meals are \$10 (tax included.) You will pick up meals and pay for them in the JCH&L cafeteria.

## Residents try new granny pants game



*Residents enjoyed trying a new game called granny pants. Wayne and Nate were the targets wearing the granny pants and catching balls thrown by the residents.*

# Crafting snowmen is a warm activity



*Top left, Pauline Hynek; top right, Bev Leseberg, Savannah Boomgaarn, Kayla Young, and Dorothy Reid; middle right, Don Mahlman, Pauline Hynek and Bruce Grummert; and bottom left, June Weichel.*

# Rolling the dice for a fun activity—Cover that Dice



*Top, from left, Bruce Grummert, Mary Ann Klecan. Bottom left, Bruce Grummert, Elva Smith, June Weichel, Dona Glenn. Bottom right, Mary Ann Klecan and Bev Leseberg.*

# Entertainers interact with residents



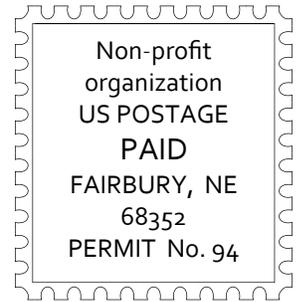
*Top from left, Bill Chrastil as Elvis serenades Idonna Gaston; Paul Ramp sings. Middle left, Helen Keen is greeted by "Elvis." Middle right, Tom Roth, a Merry Maker Performer, brought to us by Dreamweaver Foundation, sings for the group. Bottom, left to right, "Elvis" recognizes Connie and Don Mahlman and Mary Jo Moyer.*

## New activity: William Tell



*Nate and Wayne played "William Tell," allowing residents to shoot with Nerf guns at cups on their heads. Top, Elva Smith and Bev Leseberg; bottom left, Elva Smith and Bev Leseberg; bottom right, Don Mahlman takes aim as other residents look on.*

2200 H St. P.O. Box 277  
Fairbury, NE 68352



CHANGE SERVICE REQUESTED

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*Photos Inside!*

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Happy Birthday!



Happy January birthdays to Faye Francis and Mary Sasse.