

Dry Needling

offered by JCH&L Sports Medicine
and Rehab Services



Callie Engler
PT, DPT,
Board Certified
Orthopedic
Specialist



Nichole Thorp,
PT, DPT



Travis Kostal
PT, DPT, Board
Certified Clinical
Specialist in
Sports Physical
Therapy



**Landon
Zarybnicky,**
PT, DPT

Dry needling is a non-pharmaceutical therapeutic modality which uses a small, filiform acupuncture needle specifically for treating and preventing soft tissue pain and dysfunction.



*Insurance will not be billed.
A physician order
is not required.*

•DN stimulates the healing process in soft tissues, therefore leading to pain relief and restoration of tissue health and mobility.

•Dry needling can be beneficial for back pain, neck pain, headaches, TMJ pain, hip pain, shoulder pain, tennis elbow and many other diagnoses.

Call us today at 402-729-6840 to schedule your treatment session.

Dry Needling session for \$40!
(up to 30-minute treatment session)