

# Lymphedema Therapy

Lymphedema is swelling of a body part—most often an extremity but can also occur on the face, neck, abdomen, or genitals—as the result of accumulation of a protein rich fluid.



**Cassidy Bentley MOT, OTR/L**  
**Certified Lymphedema Therapist**

## Causes:

- *Radiation*
- *Surgical Scars*
- *Other cancer treatments*
- *Infection*
- *Trauma*

## Treatment:

- *Manual Lymph Drainage*
- *Compression Wrapping*
- *Compression Garments*

**Doctor's order required for  
evaluation.**

*For questions or to  
schedule an  
appointment call the  
JCH&L Rehab  
Department at  
402-729-6840*

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