



Meet JCH&L's Women's Health Therapists

Skilled treatments to assist with:

- *Pelvic Pain*
- *Urinary Incontinence*
- *Low Back Pain caused by Pelvic Floor Dysfunction*
- *Strengthening post childbirth or injury*
- *Vaginal Prolapse*
- *Increasing flexibility and reducing swelling after cancer treatments*
- *Manual lymph drainage and compression therapy*
- *Decreasing bone loss*
- *Nutrition recommendations*
- *Pre and Post Natal Care*

Amy Martin, MPT
Cassidy Bentley, MOT, OTR/L, CLT
Kasey Murphy, PT, DPT,
Board Certified Pediatric Clinical Specialist,
Lactation Counselor
Nichole Thorp, PT, DPT, CNPT

Certifications:

- *All 4 therapists are Certified Pelvic Floor Therapists which allows for internal and external pelvic floor exams.*
- *Lymphedema Certification*
- *Nutrition Certification*
- *Lactation Consultation*

Contact JCH&L Rehab Department with questions or to schedule an appointment at 402-729-6840.

Doctor's order required for evaluation.