

April Brings Spring Activities

April started with Easter and was full of fun springtime activities. We took residents who wanted to go outside on some wheelchair walks, and did some van rides out into the community, as well.

We practiced our flexibility by using the day room for meals for a few days while the new dining room floor was laid. Everyone took it all in stride – and some may even have enjoyed a change from the normal routine. The dining room is now done and we are enjoying the updated room.

April birthdays were celebrated with Dorothy, Bruce, Mike and Janis. We had cake and ice cream for everyone.

We made pudding pies and enjoyed tasting them. We made pigs in a blanket and they were enjoyed as treats

at the tailgate/happy hour. We've been enjoying watching Nebraska Baseball and Nebraska Softball whenever we can. We had entertainment from Ben Tomasello, a Merry Maker Performer brought to us by the Dreamweaver Foundation, and Tom Roth.

Crafts have been a fun activity. During April residents made fingerprint flowers and fork flowers. Residents have also been enjoying bringing items to share for show and tell. In April, we had some art projects shown by residents, as well as memories of a national cooking contest. Men's group went to On the Bricks for a chicken dinner, and spent some time reminiscing about downtown Fairbury. The stick horse Derby was a fun event to close out April. Prizes were given for Derby winners, best-dressed jockeys, and best hat decorated by a resident.

In May we will be handing out May Day baskets, we are planning an outing for the ladies, with a meal at On the Bricks, and we will have Merry Makers performer Bill King. We plan some fun crafts – including stain glass painting and paper towel craft. Activities will have special events for International Firefighters Day and Cinco de Mayo.

Also for May we are making plans for Nursing Home Week. On Monday, May 11, we will have show and tell – look for it on the calendar as "Memories in Bloom." On Tuesday, May 12, Bobi Gadoury will perform. On Wednesday, May 13, staff and residents are encouraged to wear their favorite flower, and residents will make their own bouquets. On Thursday, May 14, Captain Morgan will bring his Feathered Family. Come at 1:30 p.m. to see and enjoy the visiting birds. On Friday, May 15, we will make homemade ice cream in the morning, and enjoy eating it in the afternoon. At the close of Nursing Home Week Gardenside is hosting our fourth annual car show on Sunday, May 17. It's not too late to register a vehicle – and everyone is welcome to come and enjoy the day. Admission is free. There will be food trucks, tshirts for purchase, and lots of great vehicles (we expect all kinds – from motorcycles to classic cars to a drag racing car.) Please check the calendar for the many activities scheduled and join us if you can. We love to have family members visit and participate!



Staff and residents get some fresh air with a walk outside.

BINGO!



Bingo is a popular activity. We appreciated the ladies from St. Michael's Altar Society volunteering.

Admissions

- Gayle Durfee, April 27

Birthdays

- Elva Smith, May 8
- Beverly Leeberg, May 15
- Keith Snyder, May 18
- Vickie Curry, May 19
- Carol Hart, May 23
- Norris Gold, May 25

Deaths

Gardenside was saddened by the deaths of 2 resident in the past month. Our sympathy is with the families of:

- Vivian Belding, April 3
- Rickey Beu, April 5

Our Team to Serve You

Chief Executive Officer & Administrator

Holly Wolff, MHA

Director of Nursing—Laura DeBoer RN

Assistant DON—Heather Kracht, RN

Infection Preventionist —

Savannah Boomgaarn, LPN

Social Services Coordinator— Amanda Lewis

Social Services Designee — Krystal Ward

Activities Coordinators

Wayne Franzen, Nate Behrends

Rehabilitation Aide

Mary Feldkamp

Dietitian

Lisa Edeal, Cassie Whitmore

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director— Judd Stewart

Facilities Supervisor— Chad Mans

Director of Envir. Services— Steph McDaniel

Housekeeping/laundry supervisor —

Melissa McBride

Director of Purchasing

Cody Sodowsky

Director of Public Relations

Lana Likens

Most recent state survey:

In a folder on east side of the wall by the Activity Room.

E-mail: wayne.franzen@JCHHealthandLife.org

Website: JCHHealthandLife.org

Gardenside News is a monthly publication of Jefferson Community Health & Life. Subscriptions are free. To subscribe

or unsubscribe, write: Gardenside News, P.O. Box 277, Fairbury, NE 68352, call Lana Likens at 402-729-6855, or email lane.likens@jchealthandlife.org.

Dining room is complete!

We are excited to share that the dining room is complete! We are very happy with the new paint and new flooring and thank everyone for their patience as we shuffled things around to make the project work. We will be getting it decorated and will update countertops and cabinets in the future.

Breezeway updated

The breezeway between Gardenside and Cedarwood was painted and décor was updated. We worked to make the space more welcoming for our loved ones and visitors.

Survey Seeks Input from Family, Residents

The annual survey of residents and families has recently been distributed. We appreciate everyone's responses to help us ensure we are providing the best care and services for all of our residents. Please send the surveys back by May 15 in the Business Reply Mail envelope. Thank you for sharing your thoughts!

Thank you to...

- Lori Sweetser for her painting skills. She painted almost all of Gardenside's interior spaces!
- Shavarra and Sim's Florist for decorating the window in the dining room quarterly. The residents enjoy seeing the changing decor.

Results of the most recent state survey are available on the east side of the wall by the Activity Room.

Nurse staffing hours are posted west of the nurses station.

May 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1	2
Church Radio/ T.V.	10:00 Pilch 12:00 Ladies Group 2:00 International Fire Fighters Day 6:30 Movie Night	10:00 Memorial Day Trivia 2:00 Cinco de Mayo 6:45 Bus Ride	10:00 Balloon Tennis 2:00 Bill King 2:15 Fancy Nails 6:45 Word Games	10:00 Coffee with Kitty 11:00 Salad Festival 2:00 Birthday Party!	10:00 Hand Out May Day Baskets 2:00 Social Hour	Go Outside!
3	4	5	6	7	8	9
Church Radio/ T.V.	10:00 Flower Painting Craft 2:00 Memories in Bloom (Show & Tell)	10:00 Outdoor Yard Games 2:00 Bobbi Gadoury	10:00 Planters with Flowers 2:00 Power Bar 2:15 Fancy Nails Wear Your Favorite Flower Day!	10:00 Paper Towel Craft 1:30 Captain Morgan and his Birds	10:00 Bingo 2:00 Social Hour 6:45 Jingo	Go Bird Watching!
10	11	12	13	14	15	16
Happy Mother's Day	10:00 Memorial Service 1:30 Resident Council 2:00 Old Glory	10:00 Bus Ride 2:00 St. Michael's Bingo	10:00 Stain Glass Painting 2:00 Finish Stain Glass Painting 2:15 Fancy Nails	10:00 Bible Trivia 10:45 Pastor Emery 2:00 Current Events	10:00 Make Homemade Ice Cream 2:00 Eat Ice Cream	See What Has Bloomed!
17	18	19	20	21	22	23
4th Annual Nostalgia of Cars Show! 12-3PM	10:00 Memorial Service 1:30 Resident Council 2:00 Old Glory	10:00 Bus Ride 2:00 St. Michael's Bingo	10:00 Stain Glass Painting 2:00 Finish Stain Glass Painting 2:15 Fancy Nails	10:00 Bible Trivia 10:45 Pastor Emery 2:00 Current Events	10:00 Ladder Ball 2:00 Social Hour	Read a Book!
24	25	26	27	28	29	30
Church Radio/ T.V.	Memorial Day	10:45 Pastor Hart 2:00 Bus Ride 6:30 Movie Night	10:00 Balloon Tennis 2:00 Bingo 2:15 Fancy Nails 6:45 Word Games	10:00 Gardenside Chapel with Kitty 2:00 Current Events	10:00 Never Have I 2:00 Social Hour 6:45 Jingo	Get Some Sunshine!

Happy Birthdays!
 Elva 8th Clarence 12th Bev 15th
 Keith S. 18th Vickie 19th Carol 23rd
 Norris 25th

May 2026 Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 L: Baked fish S: Chili	2 L: Roast beef S: Chicken tender salad
3 L: Bacon wrapped chopped steak S: Tuna melt	4 L: Oriental Beef Stir Fry S: Cream chicken and biscuit	5 L: Pork Tenderloin S: Spagetti with meat sauce	6 L: Chicken Fried Steak S: Homemade pizza	7 L: Sirloin tips with peppers and onions S: Fairbury Hot Dog	8 L: Shrimp alfredo S: Boneless BBQ wings	9 L: Glazed ham S: Patty melt
10 L: Turkey Roast S: Philly cheese steak sandwich	11 L: Beef enchilada S: Kielbasa	12 L: Chicken cordon bleu S: Goulash	13 L: Chef salad S: Sloppy joe	14 L: Runza casserole S: BBQ Rib sandwich	15 L: Beer battered fish S: Hot roast beef and Swiss sandwich	16 L: Salisbury steak S: Fried shrimp
17 L: Roast beef S: Pork fritter	18 L: BBQ meatballs S: Cranberry chicken salad sandwich	19 L: Virginia turkey roast S: Reuben	20 L: Green pepper casserole S: BLT sandwich	21 L: Brown sugar glazed ham S: Pancakes	22 L: Lasagna S: Chicken Caesar Salad	23 L: Turkey tetrazzini S: Hamburger pizza
24 L: Glazed meat loaf S: Chicken Tenders	25 L: Chicken fried chicken S: Smoked pork on bun	26 L: Swiss steak S: Fried Shrimp	27 L: Liver and onions S: Chicken Philly cheese steak sandwich	28 L: Salmon patty S: Steak fingers	29 L: Fish Au Gratin S: Chicken Parnesan	30 L: Chef salad S: BBQ Meatballs
31 L: Oven fried chicken S: Polish sausage on bun						

If you would like to join us for a meal, please let us know a few days in advance by calling 402-729-6849 so we can plan for food and space. Regular meals are \$5 (tax included) and holiday meals are \$10 (tax included.) You will pick up meals and pay for them in the JCH&L cafeteria.

Successful Survey

JCH&L Gardenside had its state health department survey April 6-8, and was pleased to receive a report showing zero deficiencies. State surveys are unannounced inspected conducted at least every 15 months to ensure facilities comply with all care standards.

"Surveyors were very complimentary while they were on site and indicated they were impressed with the wonderful things Gardenside has going on. They said they could see it was family caring for family," said Laura DeBoer, RN, director of nursing at Gardenside. "These compliments and a deficiency free health survey drill home that all of our hard work from each and every staff does not go unnoticed. The size of our facility does allow us to feel like family and we all truly feel like each resident is our family."

Gardenside continues to be rated by Nursing Home Compare as a 5 Star facility by Medicare.gov. The overall rating is based on a nursing home's performance on 3 sources: health inspections, staffing, and quality measures.

Results from the most recent state survey are always available to view. Results can be found in a folder on east side of the wall by the Activity Room.

Gardenside Men Treated to Lunch at On the Bricks



Top left, staff members and men enjoy chicken dinners. Top right, Bruce Grummert. Bottom, from left, Clarence Marschman, Mark Schmidt, Donald Richardson, Jack Westerhoff and Krystal Ward. Bottom right, Jack Westerhoff and Donald Richardson.

Residents Enjoy Show and Tell



Top left, Jan and Norris Gold show some of Norris' carving work. The train has 480 holes carefully carved. Top right, Don Mahlman shows a cross he carved when he was a teenager. It is carved from one piece, and has moving parts inside.



Above left, Bev Leseberg showed crafted items she enjoys. Above right, Arlene Kellogg shows a carved stone that she received as a gift.

More Show and Tell



Arla Hanson and Janis and Jack Westerhoff share memorabilia from a trip Janis and a student took to Washington DC as part of the General Mills Betty Crocker Homemaker Scholarship contest.



Janis Westerhoff and Meridian student Julie Francis. Janis said Julie was one of 2 Nebraska winners, and received a scholarship. Students and instructors attended from throughout the US.



Left, June Weichel shows her wedding photograph, which she sent to Kansas City to be professionally colored. Right, Mary Ann Klecan shows her wedding photo and an anniversary photo.

Crafts Bring Color



Top, Don Mahlman, Bruce Grummert and Clarence Marschman paint tulips with forks. Middle, left, Beverly Leseberg, Wayne and Mary Ann Klecan paint tulips with forks. Right, A great group of residents paint flowers. Bottom left, Wayne assists Janis Westerhoff and Bruce Grummert in an art project. Right, Janis and Jack Westerhoff color Easter eggs.

Fourth Annual Car Show Set for Sunday, May 17

The fourth annual Nostalgia of Cars Show to benefit Gardenside residents is set for Sunday, May 17, from noon to 3 p.m. All types of vehicles are welcome. The entry fee is \$20, and forms are available at Gardenside. T-shirts are also available for pre-order, and will be for sale the day of the show. We will have food trucks on site. There is no admission fee for those who would like to come and see the vehicles on display.

If you need more information, please ask!

Voting



June Weichel and other residents voted in April for the upcoming May primary. Social services staff helped make this opportunity possible.

Enjoying entertainment



Entertainer Tom Roth sings to Vickie Curry and Ervin Hennerberg during his performance in April.

Construction Projects to Affect Gardenside Entrance

The project anticipated to begin in May at Jefferson Community Health & Life will affect entrances to Gardenside. JCH&L is breaking ground this May on an expansive renovation and expansion project estimated at \$4.8 million. The project highlights a state-of-the-art therapy department and renovation of the fitness center pool and locker rooms. The project is expected to take just more than a year. A start date has not yet been set.

When the project begins, Doors 31 and 32 will not be available for entry or exit for the duration of the project. Those visiting Gardenside will be able to use the main JCH&L entrance (accessed from H Street) or the main Cedarwood entrance (accessed from 22nd St.)

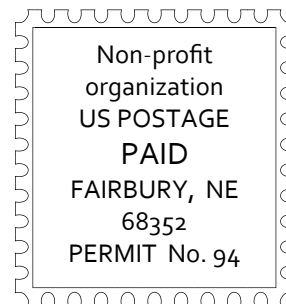
Available parking in the H Street lots will also be reduced because of the construction project.

During the project there will also be some work in Gardenside rooms 106 and 107, and some facia on the outside of the building will be replace.

JCH&L apologizes in advance for any inconveniences. We strive to keep inconveniences to a minimum. If you have concerns, please visit with Laura DeBoer, director of nursing.



2200 H St. P.O. Box 277
Fairbury, NE 68352



CHANGE SERVICE REQUESTED

Photos Inside!

Happy Birthdays



Happy April birthdays to (from left) Bruce Grummert, Janis Westerhoff, Mike Slater and Dorothy Reid.