Cafeteria Menu
June 29-July 5, 2026

JEFFERSON COMMUNITY Health & Life

Hours

Monday – Friday
7:30 AM – 4:00 PM
Saturday – Sunday
9:00 AM – 3:00 PM
Holiday Hours
9:00 AM – 3:00 PM

Serving Times

Monday – Friday
Breakfast: 7:30-10:00
Lunch: 10:30-2:00

Saturday-Sunday-Holidays
Breakfast: 9:00-10:00
Lunch: 10:30-2:00

Week 1 S/S

MONDAY

Breakfast - Oatmeal Omelet Ham Hash Brown Patty

Lunch- Jalapeno Popper Chicken Pasta Bread Stick Peas
Grill Item- Beef Philly Sandwich

TUESDAY

Breakfast - Malt O' Meal Breakfast Casserole Scones

Lunch – Egg Roll Bowl Rice
Grill Item-Bacon Tomato Bagel Melt

WEDNESDAY

Breakfast- Oatmeal Scrambled Eggs Sausage Link Tornado

Lunch – Orange Chicken Fried Rice Mixed Veggie Egg Roll
Grill Item-Wrap

THURSDAY

Breakfast - Cream of Wheat Breakfast Pizza

Lunch –Garlic Mushroom Bacon Burger or Bacon Cheeseburger on Pretzel Bun
Side Winder Fries Beer Cheese
Grill Item-Egg Salad

FRIDAY

Breakfast – Oatmeal Breakfast Sandwich

Lunch –Chicken Salad Panini Roasted Red Potatoes Corn

SATURDAY

Breakfast – Oatmeal Scrambled Eggs Sausage Gravy over Biscuit

Lunch- Chicken Wings BBQ or Buffalo French Fries Broccoli

SUNDAY

Breakfast- Oatmeal Scrambled Eggs Bacon Cinnamon Roll

Lunch- Oven Fried Chicken Mashed Potatoes w/Gravy Peas
Pie

Please Note That Menu Is Subject to Change