

July Filled With Fun Summer Activities

By Nate Behrends
Evening Activity Coordinator

July was full of fun—car show, entertainment, fireworks, county fair, a trip to the zoo, Czech dancers, beach day and so much more!

Whispering Acres came with some animals to visit here at Gardenside. Residents were able to pet and see the animals up close. Some residents and staff ventured to the Lincoln Children's Zoo. Although it was hot, everyone had fun. The Jefferson County was also fun. Some residents attended the rodeo, rabbit show and saw many exhibits. Lana Likens came and shared a slide show of her trip to Europe to see World War II sites in England, France, Germany and Poland. The Wilber Czech Dancers came and performed as they prepared for the annual Wilber Czech Days celebration. Dave Berman also entertained in July.

The car show, postponed from May, was held on Thursday, July 2. We had a good number of vehicles on display, two food trucks, and a raffle. After the car show Bobby Gadoury played and was enjoyed by Gardenside residents, Cedarwood tenants, and their guests. We shot off fireworks to end the day and celebrate the 250th birthday of the United States.

Gardenside had a beach day. We played beach games, had sand and water to put our feet in, and even had a water bucket drop set up to give residents a chance to soak staff. This was an idea of Savannah's which Chad and the Facilities Department put together. Many thanks to the Facilities Department for making this fun game—and for all of their help with set up. The residents really enjoyed being able to soak Wayne, Krystal and I. Thanks also to Laura for providing pulled pork, Bo and his wife for providing Pickle Bombs, and Nutrition Services for watermelon and pineapple on sticks, cookies, and snacks. Tiffany helped make our pretzel treats—thank you! We had lot of drinks and fun photo opportunities. The looks of joy and happiness and the laughter of the residents is why we do this. Thank you to all of the staff who helped with everything!

Next month is full of entertainment as Billy Troy performs through Merry Makers, brought to us by the Dream Weavers Foundation. We will also have entertainment by Bill Chrastil and Mike McCracken.

Until next time, thank you for your continued support!



***On the beach**—Enjoying some time 'on the beach' are June Weichel, Elinor Krause, Bruce Grummert, Beverly Leseberg and Nate Behrends.*

Receiving a MAN-icure



Jack Westerhoff enjoys some attention to his hands and nails by volunteer Rhonda McDaniel.

Admissions

- Beth Bush, July 7
- Judy Kindhorn, July 27
- Iva "Jean" Zabel, July 28

Birthdays

- Helen Keen, Aug. 4
- Don Mahlman, Aug. 12
- Ruby Hess, Aug. 28

Deaths

Gardenside had no resident deaths since the last newsletter.

Facebook and Skype

Facetime and Skype are available. Please schedule calls ahead of time to ensure staff availability to assist.

To schedule a time, call
(402) 729- 5220 (press 1)

Our Team to Serve You

Chief Executive Officer & Administrator

Holly Wolff, MHA

Director of Nursing—Laura DeBoer RN

Assistant DON—Heather Kracht, RN

Medical Director—Dr. Abby Hanzlicek

Infection Preventionist—

Savannah Boomgaarn, LPN

Social Services Coordinator— Amanda Lewis

Social Services Designee— Krystal Ward

Activities Coordinators

Wayne Franzen, Nate Behrends

Rehabilitation Aide

Mary Feldkamp

Dietitian

Lisa Edeal, Cassie Whitmore

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director— Judd Stewart

Facilities Supervisor— Chad Mans

Director of Envir. Services— Steph McDaniel

Housekeeping/laundry supervisor—

Melissa McBride

Director of Purchasing

Cody Sadowsky

Director of Public Relations

Lana Likens

Most recent state survey:

In a folder on east side of the wall by the Activity Room.

E-mail: wayne.franzen@JCHandLife.org

Website: JCHandLife.org

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or unsubscribe, write: Gardenside News,

P.O. Box 277, Fairbury, NE 68352, call Lana Likens at 402-729-6855, or email

Construction and Renovation Update

We have made some changes at Gardenside because of the JCH&L Construction and Renovation project. During the project there will also be some work in Gardenside rooms 106, 107, and 108. Room 108 will actually function as an emergency exit only during the project. The project is expected to take just more than a year. Work is expected to begin soon.

Fencing is up west of the building. Doors 31 and 32 will not be available for entry or exit for the duration of the project (except in case of emergency.)

Those visiting Gardenside can use the main JCH&L entrance (accessed from H Street) or the main Cedarwood entrance (accessed from 22nd St.) The main entrance is open 5 a.m. to 9 p.m. Monday through Friday, and 7 a.m. to 8 p.m. Saturdays and Sundays. Cedarwood's main entrance is open 8 a.m. to 8 p.m. daily.

JCH&L apologizes in advance for any inconveniences. We strive to keep inconveniences to a minimum. If you have questions or concerns, please visit **with Laura DeBoer, director of nursing.**

Results of the most recent state survey are available on the east side of the wall by the Activity Room.

Nurse staffing hours are posted west of the nurses station.

AUGUST 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1 Walk the Courtyard!
2 Church Radio/ T.V.	3	4	5	6	7	8 Go Bird Watching!
9 Church Radio/ T.V.	10	11	12	13	14	15 Visit with a Friend!
16 Church Radio/ T.V.	17	18	19	20	21	22 Read a Book!
23 Church Radio/ T.V.	24	25	26	27	28	29 Work on a Puzzle!
30 Church Radio/ T.V.	31					

August 2026

Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 L: Turkey tetrazzini S: Hamburger pizza
2 L: Glazed meat loaf S: Chicken Tenders	3 L: Chicken fried chicken S: Smoked pork on bun	4 L: Swiss steak S: Fried Shrimp	5 L: Liver and onions S: Chicken Philly cheese steak sandwich	6 L: Salmon patty S: Steak fingers	7 L: Fish Au Gratin S: Chicken Parnesan	8 L: Chef salad S: BBQ Meatballs
9 L: Oven fried chicken S: Polish sausage on bun	10 L: Beef tacos S: chicken lasagna	11 L: Creamy Swiss chicken S: Sloppy joe	12 L: Meatloaf S: Turkey club on croissant	13 L: Chicken teriyaki S: Pork roast	14 L: Baked fish S: Chili	15 L: Roast beef S: Chicken tender salad
16 L: Bacon wrapped chopped steak S: Tuna melt	17 L: Oriental Beef Stir Fry S: Cream chicken and biscuit	18 L: Pork Tenderloin S: Spagetti with meat sauce	19 L: Chicken Fried Steak S: Homemade pizza	20 L: Sirloin tips with peppers and onions S: Fairbury Hot Dog	21 L: Shrimp alfredo S: Boneless BBQ wings	22 L: Glazed ham S: Patty melt
23 L: Turkey roast S: Philly cheese steak sandwich	24 L: Beef enchilada S: Kielbasa	25 L: Chicken cordon bleu S: Goulash	26 L: Chef salad S: Sloppy joe	27 L: Runza casserole S: BBQ Rib sandwich	28 L: Beer battered fish S: Hot roast beef and Swiss sandwich	29 L: Salisbury steak S: Fried shrimp
30 L: Roast beef S: Pork fritter	31 L: BBQ meatballs S: Cranberry chicken salad sandwich					

If you would like to join us for a meal, please let us know a few days in advance by calling 402-729-6849 so we can plan for food and space. Regular meals are \$5 (tax included) and holiday meals are \$10 (tax included.) You will pick up meals and pay for them in the JCH&L cafeteria.

Whispering Acres Brings Animals to Visit



Enjoying the animals from Whispering Acres—clockwise from top left: Dorothy Reid, Richard Krause, Dona Glenn, and Jack and Janis Westerhoff.



Residents check out the Jefferson County Fair



Fair time— Residents enjoyed making a trip to the fair. Top left, Krystal Ward and Arlene Kellogg check out exhibits in the 4-H building. Top right, Don Mahlman looks at open class photography. Bottom right, Arlene Kellogg, Don Mahlman and Mike Slater at the "Remembering the Fallen" display.

Fresh produce provides activity and treat



Janis Westerhoff and Clarence Marshman peel and slice peaches. Carol Hart, Don Mahlman and June Weichel shuck corn.

Car Show Successful



Our fourth annual Nostalgia of Cars show was held on Thursday, July 2, on 22nd Street.



Looking at cars with friends and family—top left, June Weichel; top right, Clarence Marschman; middle left, Janis Westerhoff; middle right, Don Mahlman; bottom left, Bruce Grummert; bottom right, Keith Snyder.

Residents Enjoy a Trip to the Zoo



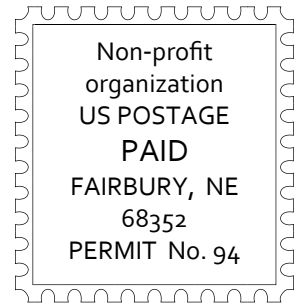
Day at the zoo — Residents enjoyed seeing and feeding the animals at the Lincoln Children's Zoo. To left, Ruby Hess; top right, Dorothy Reid; Bottom left, Idonna Gaston and Dorothy Reid.

Beach Day Brings Smiles and Laughs



Beach day—Top left, Joyce Holes poses in front of the beach backdrop. Top right Nate gets wet on a great shot by Dona Glenn. Middle left, Bruce Grummert tosses a beach ball. Middle right, Wayne gets wet on a great shot by Clarence Marschman; Bottom right, many staff got in the spirit with Hawaiian shirts.

Staff pictured: Nate, Heather, Mary, Amy, Angela, Amanda, Krystal, Tina, Wayne, Natale, Kayla, Kelsey, Krystina, Tiffanie and Walker, and Kristynn.



CHANGE SERVICE REQUESTED

Photos Inside!

Wishing Shelley a Happy Retirement



To celebrate her retirement, Shelley Zimmer and her family enjoyed refreshments with residents. Residents pictured with Shelly and family are Ruby Hess, Arlene Kellogg and Richard Krause. Happy retirement, Shelley!