

August Includes Many Celebrations

By Nate Behrends
Evening Activity Coordinator

August was fun at Gardenside, with a lot going on. During the month we celebrated with Ruby Hess for her 101st birthday. Her birthday was Aug. 28, 1925. We had birthday cake and ice cream with family attending. We also celebrated birthdays in August with Helen Keen and Don Mahlman. Jack and Janis Westerhoff celebrated their anniversary with malts for everyone brought in by their daughter.

Bill Chrastil played guitar and sang his Elvis songs and others. Billy Troy, coming to us through the Merry Makers with funding by the Dream Weavers Foundation, did a fantastic job weaving stories into his show. Mike McCracken returned with his talents during August, as well. And Dr. Rebecca Stroklund made balloon art for the residents. Such fun to watch her work her magic! We appreciate all of our performers sharing their talents.



Joyce Holes and Bruce Grummert show some balloon art made by Dr. Stroklund.

We also had Rhonda doing Fancy Nails—and she's always willing to lend a hand for activities, as well. Thank you, Rhonda.

Bingo with St. Michael's Altar Society is always a big draw. Bus rides visited the Kumpf Pumpkin Patch and animal farm. Other bus rides visited the Winter farm to see the horses and the recently born foal, and of course Crystal Springs to see the geese and their goslings. We had homemade ice cream, visited Kitty Hawk virtually to celebrate Orville Wright's birthday and his work with his brother in aviation. Pastor Emery from Grace Lutheran and Pastor Hart from Faith Lutheran offered monthly services at Gardenside. Kitty DeBoer held Coffee with Kitty and also Songs and Prayers with Kitty. Other games and activities filled the month.

Looking toward September, we will have bus trips to see the beautiful colors of the changing of the trees and keep an eye on the harvest. We look forward to our performers coming in September: Dan Reynolds returns to sing songs by Neil Diamond and others, and Mary Link returns through Merry Makers made possible by the Dream Weavers Foundation. All are welcome to come and join in our activities!

Until next time, hope to see you at one of next month's events! Thank you for your continued support!

Happy Anniversary!



Janis and Jack Westerhoff celebrated 67 years of marriage in August. They were married Aug. 9, 1959. Their daughter Arla provided chocolate malts and cookies for everyone in honor of the occasion.

Admissions

- No new admissions

Birthdays

- Joyce Holes, Sept. 8
- Judy Kinghorn, Sept. 10
- John "Jack" Westerhoff, Sept. 18
- Mary Adkins, Sept. 27

Anniversary

- Ervin and Betty Hennerberg, Sept. 23, 1962

Return Home/Transfer

- Iva Jean Zabel, Aug. 25

Deaths

Gardenside had 2 resident deaths since the last newsletter. Our sympathy is with the families of:

- Mary Sasse - Aug. 7
- Beth Bush—Aug. 8

Our Team to Serve You

Chief Executive Officer & Administrator

Holly Wolff, MHA

Director of Nursing—Laura DeBoer RN

Assistant DON—Heather Kracht, RN

Medical Director—Dr. Abby Hanzlicek

Infection Preventionist—

Savannah Boomgaarn, LPN

Social Services Coordinator—Amanda Lewis

Social Services Designee—Krystal Ward

Activities Coordinators

Wayne Franzen, Nate Behrends

Rehabilitation Aide

Mary Feldkamp

Dietitian

Lisa Edeal, Cassie Whitmore

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Judd Stewart

Facilities Supervisor—Chad Mans

Director of Envir. Services—Steph McDaniel

Housekeeping/laundry supervisor—

Melissa McBride

Director of Purchasing

Cody Sodowsky

Director of Public Relations

Lana Likens

Most recent state survey:

In a folder on east side of the wall by the Activity Room.

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Website: JCHandLife.org

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P.O. Box 277, Fairbury, NE 68352, call Lana Likens at 402-729-6855, or email

Construction and Renovation Update

Thank you for your patience as we deal with all that comes with construction. We have begun work necessary for the project on the Gardenside rooms. We've experienced a Fire Watch, which means staff serving as a "fire panel," for a few days—and thankfully got the fire panel repaired in just a few days. We've had some temperature issues in hallways and rooms—which also seems to be taken care of now.

We know parking is a concern. For those who need assistance getting into Gardenside, please let us know. Remember, doors 31 and 32 are not be available for entry or exit for the duration of the project. Only construction staff and their vehicles are allowed inside the fence.

Those visiting Gardenside can use the main JCH&L entrance (accessed from H Street) or the main Cedarwood entrance (accessed from 22nd St.) The main entrance is open 5 a.m. to 9 p.m. Monday through Friday, and 7 a.m. to 8 p.m. Saturdays and Sundays. Cedarwood's main entrance is open 8 a.m. to 8 p.m. daily. Extra maps are available in the breezeway.

JCH&L apologizes in advance for any inconveniences. We strive to keep inconveniences to a minimum. If you have questions or concerns, please visit **with Laura DeBoer, director of nursing.**

Results of the most recent state survey are available on the east side of the wall by the Activity Room.

Nurse staffing hours are posted west of the nurses station.

September 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1 10:00 I Used To Be 2:00 Bus Ride (Men's Group) 6:45 Jingo	2 10:00 Wheelchair Walks 2:00 Softball Girls 2:15 Fancy Nails 6:45 Word Games	3 10:00 Coffee with Kitty 1:30 Wood Working with Roger Hevelone	4 10:00 Labor Day Trivia 2:00 Tailgate	5 Nebraska vs. Ohio 11 A.M.
6 Church Radio/ T.V.	7 LABOR DAY	8 10:00 Bingo 2:00 Mini Apple Pies 6:30 Movie Night	9 10:00 Balloon Tennis 2:00 Birthday Party 2:15 Fancy Nails 6:45 Word Games	10 10:00 Bible Trivia 1:00 Mary Link	11 10:00 Fall Craft Leaves 2:00 Tailgate	12 Nebraska vs. Bowling Green
13 HAPPY Grandparents DAY	14 10:00 Pitch 3:00 Dan Reynolds 6:30 Movie Night	15 10:00 Harvest Trivia 2:00 Pumpkin or Scarecrow Craft 6:30 Bus Ride	16 10:00 Show & Tell 2:00 Apple Nachos 2:15 Fancy Nails 6:45 Ole Glory	17 10:45 Pastor Emery 2:00 Current Events	18 10:00 Highschool Memories 3:00 Homecoming 6:45 Word Games	19 Nebraska vs. North Dakota
20 Church Radio/ T.V.	21 10:00 Memorial Service 1:30 Resident Council 2:00 Welcome Fall (Pumpkin Coffee) 6:30 Movie Night	22 10:45 Pastor Hart 2:00 St. Michael's Bingo 6:45 Word Games	23 10:00 Balloon Tennis 2:00 Women's Group (Spa Day) 2:15 Fancy Nails 6:45 Jingo	24 10:00 Gardenside Chapel with Kitty 2:00 Current Events	25 10:00 Bus Ride 2:00 Tailgate	26 Nebraska vs. Michigan State
27 Church Radio/ T.V.	28 10:00 Pitch 2:00 Sweet & Salty Peanut Butter Caramel Fritos	29 10:00 Make Pumpkin Dip 2:00 Bingo 6:30 Movie Night	30 10:00 Halloween Craft 2:00 Ladder Ball 2:15 Fancy Nails 6:30 Bus Ride	1 10:00 Gardenside Chapel with Kitty 2:00 Current Events	2 10:00 Bus Ride 2:00 Tailgate	3 Nebraska vs. Michigan State



BLACKSHIRTS

Happy Birthday!!
Joyce 8th Judy 10th
Jack 18th Mary 27th



Huskers

September 2026

Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 L: Virginia turkey roast S: Reuben	2 L: Green pepper casserole S: BLT Sandwich	3 L: Brown sugar glazed ham S: Pancakes	4 L: Lasagna S: Chicken Caesar Salad	5 L: Turkey tetrazzini S: Hamburger pizza
6 L: Glazed meat loaf S: Chicken Tenders	7 L: Chicken fried chicken S: Smoked pork on bun	8 L: Swiss steak S: Fried Shrimp	9 L: Liver and onions S: Chicken Philly cheese steak sandwich	10 L: Salmon patty S: Steak fingers	11 L: Fish Au Gratin S: Chicken Parmesan	12 L: Chef salad S: BBQ Meatballs
13 L: Oven fried chicken S: Polish sausage on bun	14 L: Beef tacos S: chicken lasagna	15 L: Creamy Swiss chicken S: Sloppy joe	16 L: Meatloaf S: Turkey club on croissant	17 L: Chicken teriyaki S: Pork roast	18 L: Baked fish S: Chili	19 L: Roast beef S: Chicken tender salad
20 L: Bacon wrapped chopped steak S: Tuna melt	21 L: Oriental Beef Stir Fry S: Cream chicken and biscuit	22 L: Pork Tenderloin S: Spagetti with meat sauce	23 L: Chicken Fried Steak S: Homemade pizza	24 L: Sirloin tips with peppers and onions S: Fairbury Hot Dog	25 L: Shrimp alfredo S: Boneless BBQ wings	26 L: Glazed ham S: Patty melt
27 L: Turkey roast S: Philly cheese steak sandwich	28 L: Beef enchilada S: Kielbasa	29 L: Chicken cordon bleu S: Goulash	30 L: Chef salad S: Sloppy joe			

If you would like to join us for a meal, please let us know a few days in advance by calling 402-729-6849 so we can plan for food and space. Regular meals are \$5 (tax included) and holiday meals are \$10 (tax included.) You will pick up meals and pay for them in the JCH&L cafeteria.

Amanda Lewis Available to Assist with Medicare D

Social services coordinator Amanda Lewis has been trained as a SHIP volunteer through the Nebraska State Insurance Information program. Medicare Part D Open Enrollment begins Oct. 15. If you or a family member would like assistance reviewing prescription drug plan options. She would be happy to help. To schedule an appointment, call her office a 402-729-6849.

CEO Holly Wolff Announces Resignation

Jefferson Community Health & Life CEO Holly Wolff, MHA, LNHA, FACHE, is resigning her position effective Sept. 23 because of family obligations.

Wolff, who joined JCH&L in January 2025, will be going to Colfax, Washington, to serve as a hospital CEO. She said leaving JCH&L was a difficult decision to make.

"This has been one of the most difficult decisions I have made because this organization has become so much more than a workplace; it has become home. Serving alongside such an exceptional team and caring for the communities we serve has been one of the greatest honors of my career. My personal responsibilities are centered on my family, my health and the care needs of my parents that have developed recently," Wolff said.

During Wolff's tenure as CEO, JCH&L has begun a \$5.5 million therapy expansion and fitness center renovation project; added a Chief Medical Officer position; hired two new physicians and two new Nurse Practitioners; added a Behavioral Health program; added orthopaedic and general surgery robotics; earned recognition as a Top 20 Critical Access Hospital in the nation; and earned a number of Top Workplace recognitions.

"We have experienced a great amount of success with Holly in our leadership roll, and we thank her for her leadership. While we hate to lose her, we all understand that family is very important, and we wish her the best in her future endeavors," said Ross Boeckner, JCH&L Board Chair.

Wolff said she knows JCH&L will continue to serve its community well.

"It has been a privilege to help advance healthcare in this community, and I leave knowing that this organization will continue to provide exceptional care with compassion and integrity," Wolff said.

The board will name an interim CEO to serve from the time Wolff leaves in September until a new CEO is hired. JCH&L is initiating a comprehensive search for a new Chief Executive Officer who can lead JCH&L in its continued growth and success.

Please help keep our residents healthy!

There are some colds and flu circulating, and we remind you to help keep our residents healthy. Please don't visit when you aren't well. We can make Facebook, Skype and phone calls available to you. Please make arrangements in advance by calling 402-729-5220 (option 1.)

If you must come into Gardenside but feel you may have been exposed to something, please wear a mask. Masks are available at each of our entrances. Of course, we always encourage visitors to use good hand hygiene, as well.

As we get into fall, we encourage family members and visitors of residents to get your annual flu vaccination.

Loving Our Entertainers in August



Gardenside welcomed entertainers Bill Chrastil, Billy Troy and Mike McCracken during August. Billy Troy was made possible by Merry Makers through the Dream Weaver Foundation.

The Art of Balloons—by Dr. Stroklund



Top—Dr. Rebecca Stroklund crafts balloon art for the residents.

Creating Our Own Paper Bag Kites



Top left, Don Mahlman and Mark Schmidt. Top right, Bev Leseberg, Bruce Grummert, and Joyce Holes. Middle left, Ruby Hess and Janis Westenhoff. Middle right, Arlene Kellog, Bruce Grummert, Kayla Garst and Joyce Holes. Bottom left, Beverly Leseberg and Arlene Kellog.

More Paper Bag Kites



June Weichel and Beverly Leseberg show their paper bag kites.

Thank you from Klecan Family

To the staff, RNs, caretakers, coordinators and ALL the employees at Gardenside,

The Klecan family wishes to express our utmost gratitude for the exceptional care our mother received during her stay. Your facility is absolutely amazing and believe your 5 Star rating is MOST WORTHY. It provided us so much peace knowing oOur mother, Mary Ann, was getting the best possible care. You have to know Gabby loved it there.

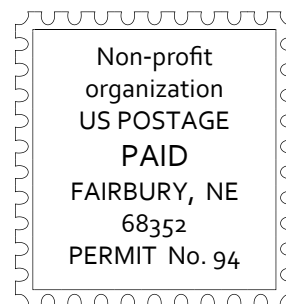
Without question, we believe you are angels on earth because of the patience and compassion you have expressed to mom, our family and all the residents. It takes special people to care for those in need, and during their final chapter on earth. Keep shining your light upon others and thank you for sharing your love and compassion to Mary Ann and her family. Thank you for taking such wonderful care of our wonderful mother. May God bless all of you and the vocation you are chosen to live. Thank you, angels, and thank you for always spending that extra time with mom. We love you all!



The family gave this angel wing picture in memory of Mary Ann.

The Mary Ann Klecan Family

2200 H St. P.O. Box 277
Fairbury, NE 68352



CHANGE SERVICE REQUESTED

Photos Inside!

Happy Birthday!



Helen Keen and her daughter Suzanne Gird, Connie and Don Mahlman and Ruby Hess.

Helen, Don and Ruby celebrated birthdays in August.