

Many fun fall activities in September

Residents took part in many fun fall activities in September. We took bus rides, wheelchair walks, made mini apple pies and apple nachos, made sweet and salty peanut butter caramel Fritos and pumpkin dip, and did a Halloween craft. We went to the Fairbury High School Homecoming parade, and enjoyed a couple of tail-gate parties. We finished the month with a spa day for the ladies.

We had a visit by the Fairbury High School softball team, saw some awesome woodworking by Roger Hevelone, and enjoyed entertainment by Mary Link, a Merry Makers performer funded by the Dream Weavers Foundation, and Dan Reynolds.



Making apple pies are Elinor Krause, Wayne, Don Mahlman and Jack Westerhoff

We appreciate our "regulars," as well - Coffee and chapel with Kitty, Pastor Emery and Pastor Hart, St. Michael's Altar Society with Bingo, and Rhonda with Fancy Nails. Thank you all to come and provide entertainment for our residents.

Looking ahead to October we plan to have a number of Halloween activities - crafts, activities, pumpkin carving, cooking, trivia, and of course welcoming trick or treaters! We will have a special presentation about breast cancer awareness on Wednesday, Oct. 7, at 2 p.m. Everyone is invited to come and learn about breast cancer from Janis Westerhoff and Deanna Lierman, JCH&L acute nursing director. We will also have music by Bill Chrastil and Chris Styre.

Please join us for any activities!

Trick or Treat at Gardenside

Join us for trick or treating on Friday, Oct. 30, from 6 p.m. to 7:30 p.m.

Happy Anniversary Hennerbergs!



Ervin and Betty Hennerberg - at left now, on their 64th wedding anniversary; and at right on their wedding day. Congratulations!

Admissions

Norman Siebe - Sept. 3

Joann Ohlde - Sept. 28

Birthdays

Joann Ohlde - Oct. 11

Gerry Siemsen - Oct. 13

Mark Schmidt - Oct. 15

Deaths

Gardenside had 1 resident death since the last newsletter. Our sympathy is with the family of:

Elva Smith - Sept. 6



Our Team to Serve You

Gardenside Administrator

Debra Sutton, RN, BSN, NHA

JCH&L Interim CEO

Lana Likens

Director of Nursing—Laura DeBoer RN

Assistant DON—Heather Kracht, RN

Medical Director—Dr. Abby Hanzlicek

Infection Preventionist—Savannah Boomgaarn, LPN

Social Services Coordinator—Amanda Lewis

Social Services Designee—Krystal Ward

Activities Coordinators

Wayne Franzen, Nate Behrends

Rehabilitation Aide

Mary Feldkamp

Dietitian

Lisa Edeal, Cassie Whitmore

Pharmacy Director

Brandon Bleich, PharmD

Facilities Director—Judd Stewart

Facilities Supervisor—Chad Mans

Director of Envir. Services—Steph McDaniel

Housekeeping/laundry supervisor—Melissa McBride

Director of Purchasing

Cody Sodowsky

Most recent state survey:

**In a folder on east side of the wall
by the Activity Room.**

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Website: JCHhealthandLife.org

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P.O. Box 277, Fairbury, NE 68352, call Lana Likens at 402-729-6855, or email lane.likens@jchealthandlife.org.

Thank you from the Hennerbergs

Ervin & Betty Hennerberg wish to thank Wayne at Gardenside for the lunch, banner, flowers and cake to help us celebrate our anniversary. Also wish to thank Nate for the quizzes and karaoke singing that took us back to the 60's. It was such fun and very much appreciated.

Thank you quilters!

Many thanks to Judy Baldwin and Rebecca Zabokrtsky who donated lap quilts for residents. Laura DeBoer accepts a quilt for Gardenside. Thank you so much!



Pretty calendar goes here

Menus go here

If you would like to join us for a meal, please let us know a few days in advance by calling 402-729-6849 so we can plan for food and space. Regular meals are \$5 (tax included) and holiday meals are \$10 (tax included.) You will pick up meals and pay for them in the JCH&L cafeteria.

Likens, Sutton Take On Leadership Roles

Lana Likens and Debra Sutton, BS, RN, NHA, have been named interim leaders for Jefferson Community Health & Life, and started in those roles after CEO Holly Wolff's tenure ended on Sept. 23. Wolff, who had served as CEO since January 2025, submitted her resignation in August because of family obligations.

Likens will serve as interim CEO. She has been Director of Public Relations at JCH&L since 1993, and served as temporary interim CEO in 2024.

Sutton will serve as interim long-term care administrator. Sutton, who is currently a transitional care & chronic care management nurse in JCH&L Fairbury Clinic, has been on staff at JCH&L since 2005 and has served as Gardenside Administrator, interim administrator, Gardenside director of nursing, and as an acute care nurse during her career.



Likens



Sutton

JCH&L is now accepting applications for the CEO position.

JCH&L is a 17-bed Critical Access Hospital which offers inpatient and outpatient services, family medicine clinic, Burkley Fitness Center, Gardenside long-term care, and Home Health Services. It is governed by an 8-member board. JCH&L has served Jefferson County and the surrounding area since 1963.

Fall is a Great Time to Review Wardrobe

As we move into fall, it's a great time to review your loved one's wardrobe. Your loved one may want to have more sweaters available to them, and may need a coat for outings. If you need assistance in considering what your loved one's needs may be, please feel free to talk to Amanda and Krystal in social services. Please remember if you bring in new clothing it needs to stop in social services first to allow us to mark it.

Fall is Also Time to Review Medicare D

Social services coordinator Amanda Lewis is also a trained Senior Health Insurance Information Program volunteer. Medicare D open enrollment begins Oct. 15. If you or a family member would like assistance reviewing prescription drug plan options Amanda would be happy to help. To schedule an appointment, please call her at 402-729-6849.

Please help keep our residents healthy!

There are some colds and flu circulating, and we remind you to help keep our residents healthy. Please don't visit when you aren't well. We can make Facebook, Skype and phone calls available to you. Please make arrangements in advance by calling 402-729-5220 (option 1.)

If you must come into Gardenside but feel you may have been exposed to something, please wear a mask. Masks are available at each of our entrances. Of course, we always encourage visitors to use good hand hygiene, as well.

We provided influenza vaccinations for all residents recently. We encourage family members and visitors to get your annual influenza vaccination. Flu shot clinics will be offered Oct. 6 and 7 at JCH&L Fairbury Clinic. To make an appointment call 402-587-5184 and leave a message. Medicare and most insurance plans cover influenza vaccinations.

Residents and Staff Celebrate Dolly Parton Day: 9-25



***Residents colored a Coat of Many Colors (from Dolly's song by the same name.)
Bruce Grummert, second place resident;
Janis Westerhoff, third place resident;
Mary Feldkamp, first place staff.
Second row, Bev Leseberg, first place resident; Amanda Lewis, third place staff;
Arlene Ebke, working on her design.
Bottom right, June Weichel, Bruce Grummert and Joyce Holes vote for their favorites.
Not pictured, second place staff, Krystal Ward.***



Wheelchair Walks Enjoyed on a Beautiful Fall Day



JCH&L staff took residents on wheelchair walks on a beautiful fall day. While out about they checked out construction progress. Top, June Weichel with staff member Krsytal; Arlene Kellogg with staff member Brandi; Clarence Marschmann with staff member Melissa; Beverly Leseberg with staff member Amy; Elinor Krause with staff member Belinda; Don Mahlman with staff member Mikhaela; and Mark Schmidt with staff member Wayne.

Below, residents and staff check out construction around the campus.

Special Guests Tell Us About Their Activities



Top, Fairbury High School softball girls tell residents about their team and their games so far this year. At left, Roger Hevelone shows residents his woodworking projects.

We really appreciate people coming to tell us about their talents and activities.

Fairbury Homecoming Parade



Residents enjoyed the Fairbury High School Homecoming parade. Top left, Arlene Kellogg, Bev Leseberg and Elinor Krause; top right, Jack and Janis Westerhoff and Joyce Holes. At left, Bruce Grummert, Don Mahlman, Arlene Kellogg, Bev Leseberg and Elinor Krause.



Happy 101st Birthday



Family members joined Ruby Hess to wish her a happy 101st birthday.

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Photos Inside!

Happy Birthday!



Celebrating birthdays in September were, from left: Joyce Holes, Mary Adkins, Judy Kinghorn, Jack Westerhoff, and Janis Westerhoff.